

BINSEY LINK

The magazine that reaches out to everyone in our communities

binsey.org.uk

Charity Number: 1169267

Serving and informing the Mission Community of: Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy, Torpenhow, Uldale and Wythop

October 2025

Welcome to October!

Autumn is well and truly here, and as you'll see when you turn the page to our service listings, it's where we celebrate the Harvest. It's a time in the year when we pause and give thanks to God for all the good things he has given to us particularly in relation to crops and agriculture. We gather in what has grown, and we thank God for it: for his provision and for the ways we see him at work in our lives.

"Thank you." It's a phrase we use a lot. I wonder—what was the last thing you said thank you for? In our household, we have James, our two-and-a-half-year-old son, and we're trying to teach him to say please and thank you for the things he receives. The results are very mixed! But usually it's for the bigger things, or the things he gets most excited about, that we hear him say "thank you" unprompted.

A couple of weeks ago, we sat down for our evening meal when James piped up: "Thank you, Mummy and Daddy, for making a lovely dinner." It was completely unprompted and took Rachel and me by surprise. We sit down to eat as a family every evening, but this was the first time he had thanked us for cooking for him. Since then, the penny has dropped, and we now frequently hear: "Thank you, Mummy/Daddy, for..."

Harvest time is when we give thanks to God. As the hymn We Plough the Fields and Scatter says:

"All good gifts around us are sent from heav'n above;

Then thank the Lord, O thank the Lord, for all His love."

As Christians, we acknowledge that every good thing comes from God: the earth, all its produce, our friends, our families—the list goes on. At Harvest, we pause, take stock, and look around at the good things we have. And as Christians, we thank God for them. It's also a time of generosity, when we think of those who do not have. We look at what God has given us, and we share it with those in

As we go into October, and see all the beautiful autumn colours, or go to Harvest Suppers or Coffee Mornings, take a moment to think about what you are truly thankful for this year. And so we step into this month giving thanks for all that we have.

With every blessing,

Rev. Charlie Day – Binsey Mission Community



Services For October

Sunday 5th October – 16th Sunday after Trinity			Sunday 12th October– 17th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Boltons	9.30am	Holy Communion	Setmurthy	9.30am	Holy Communion
Plumbland	9.30am	Holy Communion	Torpenhow	9.30am	HARVEST Service
Bassenthwaite Chapel	11am	Morning Worship	Uldale	10.30am	HARVEST Service
Isel	11am	HARVEST Service	Allhallows	11am	All-Age HARVEST Service
Uldale	11am	Morning Worship	St. John, Bassenthwaite	11am	HARVEST Service
Wythop	11am	HARVEST Service	Embleton	11am	Holy Communion
St. Bega, Bassenthwaite	3pm	Holy Communion			
Embleton	6pm	Evening Prayer	Ireby	6.30pm	HARVEST Service
		October – fter Trinity		day 26th O	
		October – fter Trinity Service		day 26th O t Sunday afte Time	
18th	Sunday a	fter Trinity	Last	Sunday afte	er Trinity
18th Church	Sunday a	fter Trinity Service	Church Last	Sunday afte	er Trinity Service
Church Wythop Bassenthwaite	Sunday a Time 9.30am	Service Holy Communion	Church Boltons	Sunday after Time 8am	Service Holy Communion
18th Church Wythop Bassenthwaite Chapel	Sunday a Time 9.30am 11am	Service Holy Communion Morning Worship Family Service	Church Boltons Ireby	Sunday after Time 8am 9.30am	Service Holy Communion Holy Communion
18th Church Wythop Bassenthwaite Chapel Isel	Sunday a Time 9.30am 11am 11am	Service Holy Communion Morning Worship Family Service with Baptism	Church Boltons Ireby Setmurthy	Sunday after Time 8am 9.30am 9.30am	Service Holy Communion Holy Communion Morning Worship
18th Church Wythop Bassenthwaite Chapel Isel Plumbland	Sunday a Time 9.30am 11am 11am	Family Service Worship Family Service with Baptism Morning Worship	Church Boltons Ireby Setmurthy Torpenhow	Sunday after Time 8am 9.30am 9.30am 9.30am	Service Holy Communion Holy Communion Morning Worship Holy Communion

The monthly Binsey Team Prayer Meeting will be on Thursday 16th October from 9am to 9.30am at St. James, Uldale.

^{*} Please remember that the clocks go back one hour on Sunday 26th October*

From the Registers

BAPTISMS

Margot Hutchison was baptised at St. Michael & All Angels, Torpenhow on 17th August 2025.

Christopher Newby was baptised at St. Margaret, Wythop on 7th September 2025.

Penelope Ward was baptised at St. Bega, Bassenthwaite on 7th September 2025.

Harry Hodgson was baptised at All Saints, Allhallows on 14th September 2025.

WEDDINGS

Thomas Pearce and Grace McBride were married at St. Bega, Bassenthwaite on 23rd August 2025. Jonathan Fraser and Sophie Thompson were married at St. Michael & All Angels, Torpenhow on 12th September 2025.

Edward Hunter and Samantha Riglin were married at St. Margaret, Wythop on 13th September 2025.

FUNERALS

The funeral of Brenda Rayson formerly of Bothel took place at St. Michael & All Angels, Torpenhow on 4th Sept 2025.

The funeral of Billy Evans from Embleton took place at St. Cuthbert, Embleton on 15th September 2025.

Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child. Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.



To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible.

After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541



Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you. If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences. We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests.



As the days get shorter and the weather turns colder, I find myself still remembering the joy of summer, and the time with family and friends, as well as a chance to step back from the usual routines of life.

One of the real highlights for us at St. Aidan's was our St. Aidan's Day celebration at the end of August. It marked our first birthday as a community, and at the heart of it all was Jesus: giving thanks for who he is. for the difference he makes in our lives. and for the new friendships and community that have grown around him in iust a year. It was a day full of joy, music, food, and fun – and you can see some of the

Now, as we settle into autumn and our second year together, we'd love to invite you

article.



to come and see what St. Aidan's is all about. Whether you've never been to church before, are curious about faith, or are simply looking for a warm community to connect with, you'll find a welcome here.

We meet every Sunday at 3pm at St. Bridget's Bridekirk, with groups and activities for children and young people running alongside the service for adults. You can find out more at www.staidanscumbria.org. Why not come along one week and see for yourself?

Around the Parishes

Allhallows

Allhallows Centre, Fletchertown

Allhallows Management Committee needs more members and volunteers for events etc to keep the centre open. If you, or anyone you know, would like to join the committee, please contact us via email (allhallowscentre@gmail.com). We are looking for a handyman/person as well as anyone wishing to join the committee, in a non-specific role to help with events.

REGULAR EVENTS

Bingo

First Friday of every month, next date 3rd October 2025. Eyes Down at 7:30pm

£1.00 Entry fee (including refreshments)

50p per book, 5 games (including 1 snowball game) Adults and children* (8 years+ only)

Adults are welcome to bring their own drinks *Children must be supervised by an adult at all times

2 by 2 Baby and Toddler Group (0-4 Years)

Every Tuesday (Term Time Only), 10am until 11:30am Parents, grandparents, carers, etc. £3 per family Derwent Patchworkers

Every 2 weeks, on Wednesdays, 10am until 3pm For further details or information, please contact Barbara Strong

on 07833 692144

Tales in the Tea Room

(Wordsworth Trust)

Last Thursday of every month, 7-9pm

Allhallows Church Afternoon teas

Every third Sunday each month 1.30-3.30pm Choir

Great News Choir is back! Starting Monday 1st September 7-8.30pm

EVENTS FOR YOUR DIARY

9th October 2025 at All Saints Church, Allhallows 2:30pm. Come and join the school children from St Michael's School, Bothel to celebrate harvest.

11 th October 2025 – Pamper evening – Treat yourself to some "me" time in the run up to the festive season! Look Out for more info on posters and social media. 6-9pm

12th October 2025, Harvest Festival Service at All Saints Church, Allhallows 11am.

7th October 2025 at 7pm, Flower arranging with Margaret Abbott. £5 pay at the door, supporting

Allhallows Church.

19th October 2025. Fantastic Afternoon Teas in the Community Centre 2pm to 3:30pm.

Delicious home baking at it's best. £5 adults £2 children. Supporting Allhallows Church.

25th October, 10:30am to 12:30pm.

Allhallows and District Senior Citizens invite you to join us for brunch. Bacon butty, sausage butty, vegetarian options, all with tea, coffee or hot chocolate, £4, plus raffle.

Raising funds for the annual Christmas Lunch, which this year will be at the Green Hill hotel on Friday 12th December 2025. Eat or Take-Away.

For more details please contact Gillian Marr on 016973 71478, please support us.

31 st October 2025 – Our ever-popular Halloween party – tricks and treats galore, fancy dress and pumpkin competition...4-6pm £5 per child under 2's FREE to book a place please email allhallowscentre@gmail.com or call 07849713207. Pay upfront to receive your wristband on the door

15 th November 2025 – Christmas Fayre -10am-3pm-stalls can be booked for this in advance £5 per table – please email allhallowscentre@gmail.com or call 07849713207 for more information.

For more information about events and how to book visit our facebook page.

https://www.facebook.com/AllhallowsCentre We are looking for a Secretary please email allhallowscentre@gmail.com for more information.

BOOKINGS

Parties, meetings, training events, social gatherings... we have a space for it all!

Whether you're looking for a venue with separate rooms, or the entire building; we can accommodate your requirements. Hire costs include Wifi, the use of chairs and tables, kitchen and dishwasher. You can even fit a bouncy castle in the Main Hall! If you wish to make a booking for room hire, please ring 07849713207, leave a message and someone will get back to you, as soon as possible. Alternatively, you can message us, directly, via the following: Facebook: www.facebook.com/allhallowscentre Website: https://www.allhallowscentre.org

Bassenthwaite

St. John's Church.
October cleaning.Sandra Stockdale.
Flowers Sandra Stockdale
St. Bega's church.
Flowers and cleaning Janaki Spedding.

SOUP LUNCH IS BACK

Tuesday 14th October 12noon - 1.30pm in the Parish Room Bassenthwaite.

Soup, scone, cheese and biscuits, tea or coffee.

Meet up with friends old and new.
£4.50. All welcome.

BASSENTHWAITE DROP-IN/ POP-IN

Bassenthwaite Parish Room

Call in any time **between 10.30 am and 1.30 pm** on the Tuesday dates Identified below for a chat, coffee and refreshments

Tuesday 7 th October and Tuesday 21 st October Tuesday 4 th November and Tuesday 18 th November

£1 per person
You can also join in a "bring and share" lunch at 12 noon or bring your own lunch. Catch up with friends or spend time on your favourite pastime/hobby. You may also fancy a game of cards, bingo or join in a board game

PLEASE JOIN US – ALL ARE WELCOME

Further information from:

Helen 017687 76222 or Margaret 017687 76175

WI COFFEE MORNING

Wednesday 29th October 10 am to 12 noon

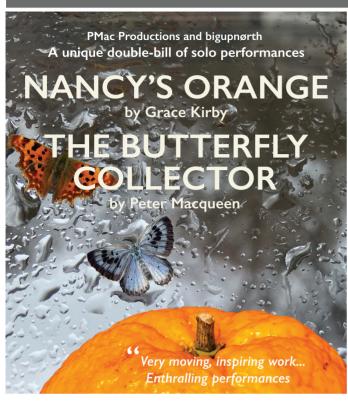
Methodist Chapel Bassenthwaite

Coffee or Tea Home-made Biscuits £3.00

Produce Stall Raffle



Bassenthwaite



Bassenthwaite Parish Room with the support of Arts Out West are delighted to be hosting a Cumbrian Double Bill of Nancy's Orange and The Butterfly Collector.

We look forward to seeing you! Doors open 6.30 pm Bar and raffle.

Bassenthwaite Parish Room

Saturday 18th October 7pm

Tickets £12, £6 (u18s/students), £25 family

Tel: 07743 893489 Email: clairewebzell1@gmail.com Online: www.kirkgagteartsandheritage.org.uk

Save the Date!!

Bassenthwaite Senior Citizens - Christmas Dinner, Thursday December 4th at the Sun Inn Bassenthwaite. More information in November's Binsey Link

Tabitha Barton

Formerly of Bassenthwaite passed away on the 19th August. A celebration of Tabitha's life will be held at Bristow Hill, Keswick on Saturday the 18th of October from 2.00pm. All friends and family welcome.

Boltons

Boltons Parish Hall Weekly Events

Monday: 9.15 - 10.15 Trim & Tone Pilates (gentle

exercise)

Wednesday: 9.30 - 10.30 Pilates

Both classes with Helen - Tel. 07900410078

Monday: 1.30 - 3.30 Short Mat Bowls. All welcome!

For details - Tel. Judy 07879613838

Thursday: 2pm - 3pm Line Dancing for Beginners. A fun, friendly Class, no experience needed. Phone

Ness 07718264700

Boltons Parish Hall is available for private Hire for meetings, classes, parties etc. Central heating, free WiFi, Kitchen facilities and a licenced bar! For details call Judy 07879613838

Monthly Events

2nd Tuesday of the month 1.30 - 3pm NFG "Pop In" Catch up with friends and make new ones with cake & a cuppa. All Welcome. Phone Gill on 07874241604

4th Tuesday of the month 1.30-3.30pm NFG "Move it & Grove it" - Gentle exercise and a singalong for people living with Dementia and their Carers. For more information call Jackie Clayton on 07376225134

Embleton

From the Isle of Luing to Ling Fell by Land and Sea.

Start date; October 11 th for Doug's fund-raising challenge! He will sail, kayak and cycle, finishing with a walk up Ling Fell. Info on DeWoDe website. More details below....

Pie and Pea Supper and Beetle Drive; Embleton Village Hall. October 25 th at 6-30pm Adults £7, Child £4, Family ticket £17.



Phone Barbara 07733441109 or Pauline 017687 76414 to book a place. Designed by Freepik

Dewode Luing to Ling Challenge by Kayak and Bike.

The Health Centre in Uganda needs an ultra sound machine in the maternity unit. To raise money for this I am kayaking and cycling from the Island of Luing, Scotland to Ling Fell, Wythop. I intend to set off on the 11th October from Luing. The route will take me from Luing, by kayak, to Crinan, cycle to Kames, kayak the west side of the Island of Bute to Portencross, cycle to the Solway through the Galloway Forest, kayak across the Solway, cycle to Wythop Mill, walk up Ling Fell. This will be a multi-day challenge. The actual mileage is uncertain but will be posted each day.

If anyone would like to sponsor the challenge and help to purchase a much-needed piece of equipment for DEWODE's Health Centre, you can do so on Dewode's JustGiving page. There will be regular updates on DEWODE's Facebook page and a link to the Justgiving page. Thank you for any support. Doug Hardie.

Embleton Village Hall.

Hi everyone, we are well into autumn now so can I remind all users to please make sure they do not leave the front door wedged open, apart from making the hall cold for the group following, our heating bills go through the roof. Can I ask that if you put your own attachments into music system that you return it to the way you found it. A new yoga is class starting on Monday mornings.

What's on in October.

Monday: Yoga 10am Judy 01900 821936

Monday: Mah-jong 2.30 pm Vivian 01900 829490. Monday: Dance class 6.30p.m. Edna 017687 76630.

Tuesday: Footy tykes 10.30 -11.30 am.

Tuesday: Yoga 6. 15pm. Rebecca 07735 439126. Thursday: Yoga 1pm. Rebecca 07735 439126. Thursday: Circle dance 7pm, Kathleen 76532. Sunday; Dance class 7.00pm, Edna.76630. Wednesday 1 st: Young farmers quiz 7pm. Thursday 2 nd: U3A Digital Photography Class

9.30am.

Saturday 4 th : Social Dance 7.30pm. Edna Sunday 5 th : Yoga 11.30 -1.30 pm Rebecca

Wednesday 8 th: W.I. 7.30pm. Friday 12 th: CADS 5-11pm.

Tuesday 14 th: U3A folk Dance 2pm.
Wednesday 15 th Flower Club 2pm.
Wednesday 15 th: Parish Council 7pm.
Saturday 18 th: Private Function 10-1pm.
Tuesday 21 st: U3A Music Appreciation 2pm.

Friday 24 th: Private Function 6-10pm. Saturday 25 th: Pie and pea supper Tuesday 28 the: U3A Folk dance 2pm.

Wednesday 29 th: Keswick Arts Society 9.30 am.

Friday 31 st: Seniors 11am.

The Ducks are preparing for Halloween pumpkins at the ready.

Chris.

Next Event; November 1 st & 2 nd Pop-up - On the Hill at Wythop Mill!

It's getting ready for Christmas time!

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's OR in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode. Any items or comments for the next edition please send to Jean at jeanmaca@aol. com or 017687 76184 by October 7th please.

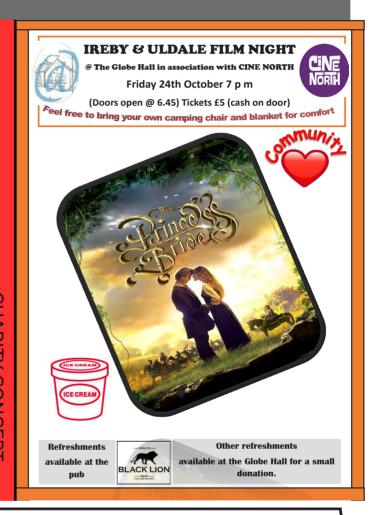
Halloween pop-up Shed at Scales Farm. Investigate at your peril!



Ireby

IN AID OF LIVES NOT KNIVES

11TH OCTOBER 7.00 PM



Parish Church of St. James, Ireby

Our Harvest Festival will be held on Sunday, 12th October at 6.30pm. We hope to decorate the Church on Saturday, 11th October at 2pm. As in previous years we are not inviting gifts of food or produce. Instead, we invite donations for the Bishop's Harvest Appeal.Please gift your donation in Church or to the Churchwarden.

We are planning another Boon Day in the Churchyard to do some more tidying. Volunteers, with tools, will be most welcome. Saturday, 11th October at 9.30am -12noon. It's going to be a busy day!!

Coffee and Chat will be on Thursday, 16th October at 10.30am, at 8, Suncroft, Ireby November's C and C will be on Thursday, 20th November, at 10.30am, at Fell Edge, High Ireby.

Ireby



Heading into winter

FILM NIGHT @ The Globe



19th

September





The Princess
Bride
24th October





Singalong Movie







Elf - Family Movie 27th





Refreshments available at the pub



available at the Globe Hall for a small donation.

In the midst of a biodiversity crisis, Borrowdale's ancient yew trees are singing a special song just for you, so step into the sacred grove and let the breath sigh out of you.





Join Cumbrian musicians JP
Worsfold and Anne-Marie
Sanderson, along with storyteller
Jessie McMeekin, as they guide you
through a soulful meditation on the
beautiful and fragile natural world
which surrounds us. The Singing
Bones is a powerful celebration of
the difference that humans can
make in the world when we work
and act together.

~******~

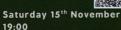
Tickets: £5-£25

Friday 17th October 19:30

☑ jomicromo101@gmail.com

• Ireby Globe Hall, The Square, Ireby, Wigton, CA7 1EA

© 07885 802204



rosehilltheatre.co.uk

St Bees Village Hall,

St. St Bees, Cumbria

(01946 692422





THE GLOBE HALL EVENTS



October

- Fundraising concert by Luke Scott in aid of 'Livesnotknives' 11th October 7pm
- The Singing Bones 17th October £5-£25 for tickets email jomicromo101@gmail.com
- Ireby and Uldale Film Night The Princess Bride (£5)
 24th October
- Ceilidh with The Bald Mountain String Band 7pm £10/£5 under 18. Pay on the door or phone 07885 802204 to book

November

- Drama Wild (£6 to £25) 14th November -
- Ireby and Uldale Film Night Grease Singalong (£5)
 22nd November
- Music Martyn Joseph (SOLD OUT) 28th November

December

- 2nd December Community Christmas Wreath Making event organised by St James Ireby & St James Uldale
- Ireby Christmas Fair 6th December 4-6pm £3 per adult includes a glass of mulled wine and a mince pie.
- Ireby and Uldale Film Night Family Film Elf (£5)
 27th December 5pm start

Are you are looking for a space for a group activity, family event, or party? The Globe Hall may be the space you need.

To book the Globe hall for your event please email irebyglobehallbookings@gmail.com

Prices start at £12 per hour



The Globe Hall Trustees
are looking for a Treasurer to
join the committee. You don't
need to currently be in a
financial role but just be good
with numbers and full
training and a though
handover will be provided.
For more information please
email

Follow us https:// www.facebook.com/ globehallireby

steven.proctor@talktalk.ne





Tuesday 2nd December 6-8pm

Price approx. £10

To book your place and for more details please contact:-

Anne Forrest - 07909 941 947 or anne.forrest@talktalk.net

Ruth Pearce - 07527136030 or ruthinruthwaite@gmail.com



Christmas Wreath Making Event @The Globe Hall

Hosted by
St James Ireby and
St James Uldale
Churches

Isel

Isel Coffee Group get together will be at The Great Escape, Moota on Monday 13th October at 10. 30 am. Everyone is welcome, it is not exclusive!



ntrance includes a hot drink and a sweet treat. Diary Date: 4 and 5 October - Harvest at Isel. Isel church will be open on 4 October at 1030 for coffee and cake and to support our Foodbank drive. All proceeds to the Foodbank. The pumpkin decorating station is open to the young at heart – please let us know if you or your children are going to attend so we can buy the right number of pumpkins

Isel and Bridekirk Parishes First Responders 150 Club Draw

September 2025

1 st Prize J Moore

2 nd Prize D Roberts

3 rd Prize S Buckwell

4 th Prize G Tomlinson

Drawn 9 th September 2025 Great Escape Coffee Shop, Moota

...Parish Coffee Morning

The First Responders offer an invaluable service to the parishes

of Isel, Bridekirk and Setmurthy; they all trained in life support

and give their time freely, bringing their skill and equipment to

an emergency in those vital first few minutes.

ISEL & BRIDEKIRK

RESPONDERS

FIRST

Plumbland

Plumbland St Cuthbert,

Greeting to all our friends, trust you will have managed to have some good 'down' time during the last few weeks of the Summer' break, as it is now the metrological Autumn, a time for change. But to bring you up to date.

Our flower arranging display by Margaret Abbott was well attended and enjoyed by all, and realised over £700 for church funds and thanks to all concerned.

As a time for change, do you remember our notice about the intended social meet for us all in the village hall on the 20th September, for a chat, refreshments tombola and various stall, and free to enter, hope you did.

With a 'deadline' for publication there is always the problem of trying to gauge notices for best effect, and that is shown by the 'mid-month' dates of our last two social events, sorry!

What we can say with some certainty is that we

look forward to our School annual harvest service, due to take place, in Church, at 9.15 am on Tuesday 7th October. A normally joyous event with the school children taking a full part in worship with their parents and other members of their families and friends, as all are invited, why not come along and experience the vibrancy of the occasion?

Back to flowers. Thanks to all who each week provide the church flower decorations, If anyone would like to make such a display to remember a family member, or special occasion in their lives, please speak to one of the church members when we are sure that the date can be fixed for you.

Blessings and best wishes to you all,

Your family and friends at Plumbland.

Setmurthy

St Barnabas Church

Cleaning & Flowers Mrs A Richardson & Mrs B Richardson

Services

Please check the Binsey Link ,Church Notice Board or website for details of services

Parish Hall

The Parish Hall is available for bookings. please contact Mrs Nicola Laws tel 017687 76483

FE Classes

Please contact Elizabeth (01900 823329) for information.



Torpenhow including Bothel & Blennerhasset



FEATURING poetry from:

Phil Hewitson (poet, performer, film-maker and small press publisher, Caldew Press), Hazel Stewart (poet and celebrant) and guests. There will be an open mic part of the night too so bring your own poetry!

Open mic. Bar open.

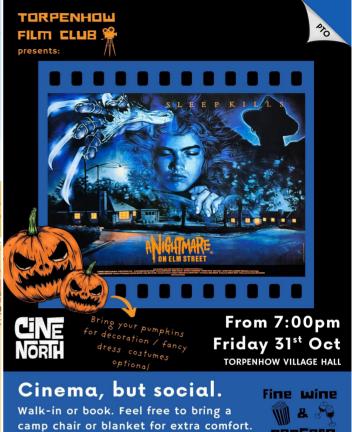




torpenhowvillagehall@gmail.com



torpenhowvillagehall.org.uk



07787 038859 £5 cash torphallbookings@gmail.com

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popCorn available

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Come and Sing at Christmas!

It wont be long before Christmas will be upon us again! Last year, we put out an advert asking if there were people who wanted to sing carols and some other festive songs for a special carol service. In the end we had a very strong choir of around 30 to come and sing at our carol service at Torpenhow. If you missed out on the fun and would like to sing this year then please do get in touch. You don't have to go to church, you don't need any experience, there is nobody too old or young! If you would like to be a part of this group please email Charlie (curate@ binsey.org.uk) or phone him on 01697 744589 and he will let you know more info on meeting times and concert dates.

We have one exciting commitment booked for the choir for 14th December – which I'll tell you more about at our first rehearsal and while not confirmed it is likely that there will be a carol service to sing at on Sunday 21st December.

We look forward to hearing from you!

<u>C</u>harlie

Torpenhow including Bothel & Blennerhasset

Blennerhasset & Samp; Baggrow Village Hall Weekly Exercise Classes

Thursday 6pm Yoga Shirley

Thursday 7.15pm Dancefit Shirley

Shirley - 07775 528786

Monthly Coffee Mornings

Our monthly coffee morning runs on the 1 st Wednesday of every month. A chance to catch up with friends and enjoy delicious cake. We also hold a raffle at our coffee mornings. 10:30 – 12PM. Our coffee mornings will be held on Wednesday 1 st October and Wednesday 5 th

Monthly Bingo Night

November.

Every second Tuesday of the month. Doors open 7pm eyes down 7.30pm.

Full bar and snacks available, over 8s only. Children must be accompanied by an adult.

Turn up & bring your dabber, raffle to be held on the night. Tuesday 14 th October and

Tuesday 11 th November.

Children's Halloween Disco

Friday 24 th October 5 – 7pm

Halloween fancy dress, disco, games, party dances and a hot dog - hosted by Winifred

Sanderson from Hocus Pocus!

To book a ticket please contact us on help@bbvh. uk or call Rachael on 07747611185

Hire Our Hall

If you would like to hire the village hall for meetings, conferences, exhibitions, indoor sports or all kinds of social events inc birthday parties & amp; christenings please contact us at help@bbvh.uk or call Emma on 07746513793. We have a fully licenced bar available which can be staffed on request.

Contact Us

All of our events are listed at www.bbvh.uk (Blennerhasset & Baggrow Village Hall BBVH) Follow us on our Facebook page: Village Hall, Blennerhasset & Baggrow

To book the hall email help@bbvh.uk or send us a FB message.



THE WEEKEND STARTS HERE

Sat 4th Oct 10am - 12pm

Torpenhow Village Hall

Cosy up with friends old and new over coffee and cake. Lots of books to browse - bring a pageturner to swap.

Join us the first Saturday of every month.



Fri 24th Oct - Poetry Evening Fri 31st Oct - Torpenhow Film Club Sat 22nd Nov - Ceilidh Fri 28th Nov - BNI Feat. Live Music





torpenhowvillagehall@gmail.com torpenhowvillagehall.org.uk



BOTHEL VILLAGE HALL

HUB

JOIN US
EVERY MONDAY
2pm - 4pm

CUPPA, CHILL AND CHAT

Free hot/cold drinks
Biscuits
Meet others
Chill and chat

EVERYONE WELCOME

Torpenhow including Bothel & Blennerhasset

Bothel

Monthly

WI Tue 4th 7.30pm
Craft Group Wed 12th 7.30pm
Garden Club Tue 18th 7.30pm
Lunch Club Mon 24th 12 noon
Bingo Fri 28th 6pm

The village hall has a fantastic selection of clubs and groups weekly and monthly:

Yoga(starting back 3rd September) Indoor bowling (starting back 27th August)

Wildlife club,
Fencing,
Keep fit,
Rainbows,
Gardening club,
Mother and baby group

To hire the hall call Betty on 01697320217

Events

Chocolate and Prize Bingo

Race night 11th October (More information to follow)

Lunch club 4th monday of every month 12 till 1.30 £5 a head

27th October

Craft club

8th October

Bothel Community Wildlife Group , Bothel Village Hall ,7PM October 28th Tony Marsh Wildlife From your door . free entry , coffee ,cake and meet the Harvest Mice

Bothel Community Wildlife Group ,Bothel Village Hall ,7pm
November 25th Pete Jones
CWT Skiddaw Reserve project free entry ,coffee and cake to be followed by a special AGM .

Uldale

We hope that you have all had a lovely summer! Thank you to people who have donated money towards flowers in church in memory of a loved one. If this is something you would like to do, to mark a Birthday or other important event, please contact Marion Pattinson on 016973 71287.

Thank you to Matthew Jardine of MJ Cabinetmakers who have completed the restoration on our 18 th Century Cape Alms board. Thank you too to Gary Simpson from Heritage Consolidation who came across from Greenhead to rehang it in its usual spot high up on the west wall. This is an important part of Uldale village history, and it is lovely to have it back. Please take a look, the church is always open. Our Harvest festival service falls on Sunday October 12 th this year. The service starts at 10.30 and will be followed by refreshments. There will be a particular focus upon giving thanks for our farming community locally. Everyone is welcome, please come along and celebrate our farmers!

Knit, Craft, Sew Drop-in sessions will be held on Wednesday 1 ST October 10.30-12.30 and Saturday 11 th October 10.30-12.30. Please come along and join us. Bring along a piece of work: it could be knitting, sewing (hand or machine) crocheting or any other form of craft. Our main aim is to meet, craft, chat and have a cuppa together.

In November, our midweek session will be held on Wednesday 5 th November 10.30-12.30 as usual, but on Saturday 15 th November we will be running a 'crafting for Christmas' session, making cards and other festive items. Please make a note in your diary and come along! Save the date.

On Tuesday 2nd December 6 till 8pm in the Globe Hall, there will be an 'Christmas Wreath making' evening. This is a joint venture between lreby and Uldale Churches, with proceeds going to church funds. This exciting session is being led by Debra Binns of Evergreens florist. For further details, please see the poster in the 'Ireby' section of the magazine. Requests for help

Uldale

If anyone would be willing to join our flower and cleaning rota, we would be delighted to hear from you! Please contact Marion on 01697371287 or Ruth on 07527136030.

Treasurer for Uldale Church

After many years of devoted service our Treasurer has decided to stand down at the end of this year. We are very grateful for all he has done for us at Uldale.

We are hoping that someone in our community would be willing to step forward to help us by becoming our Treasurer. You do not need to live locally or be a worshipping member of a church. We would be so grateful for your help. We meet briefly four times a year, with one Finance In the meantime, October is setting in, the nights are report needed at our annual meeting each Spring. There is ample support available if needed from the Binsey Team Treasurer. If you are interested in this role please contact Ruth Pearce, Churchwarden on 07527136030. Our current Treasurer John Chaddock would be happy to talk through the role in detail and support you for the first few months.

Thank you

Wythop

St. Margaret's, Wythop

The Open Air Service at Kelsick was blessed this year with a gorgeous sunny day and a light breeze to ensure a good congregation.

Our Harvest Service and Gift Day will take place on Sunday, 5th October. Your kind donations of food and/or money may be brought to Church or taken directly to the Cockermouth Food Bank.

The Northern Fells Group

NOTES FOR OCT & NOV:

We had an amazing summer with our ever-popular pop-up Coffee Shop at Mosedale and the summer Youth Activities Scheme. Both were very well attended. It was great too, to see some of you at the Hesket Newmarket Agricultural Show and so lucky that the rain held off until the end.

Now we are in full planning mode for our next fund raiser; The Mungrisdale Arts & Crafts Fair on Saturday 29th of November. We will have some of the area's best crafters showing with an array of delightful gifts on sale to tempt (don't forget to treat yourself too!!).

The craft fair will be accompanied by our friendly Tea Room, serving lovely cakes, rolls and soups, and run by our totally wonderful volunteers! All in all, it will make for a lovely day out so put it in your diary now and we'll look forward to seeing you there!

longer, and we may all need to think about getting out those woollies and lighting those fires. It's a good time to think about our older friends, neighbours and relatives too, who might just need a little extra help preparing for winter.

.....And, if the longer nights make you feel a bit down, then why not come and join one of our groups to get out and meet a few new people and keep active.

MAIN DIARY:

Every Tuesday & Thursday - MEN in SHEDS workshop on the Green Caldbeck 10 – 2pm - Andrew 07984 940128 Every Wednesday - TAI-CHI Caldbeck Parish Hall 10.30-11.30am - Doreen Gleed 016973 71264 Every Thursday (term time) - LINE DANCING Bolton Low

Houses Parish Hall. 2 - 3pm, cost £3. Ness 07718 264700 Every Friday - DROP IN Coffee Morning Millhouse 10 -11.30am Antoinette Ward 016974 78220

October 1 Wednesday

ROSLEY HUB - Rosley VH 12-2pm - Make friends, chat and share a bowl of soup. JC

LUNCH & NATTER Denton House Hesket Newmarket - No meeting in October but hope to see you in November! MILLHOUSE MAKERS Millhouse VH - All crafters welcome 1 - 4pm Carol Hine 016974 76308

SINGING FOR FUN Millhouse Village Hall 7pm Alison Scott 016974 78674

October 6 Monday

BEREAVEMENT CAFE - Rosley Village Hall, Millennium room 11 - 1pm JC

October 7 Tuesday

FRIENDLY WALKERS - approx. 3 mile/1.5 hr Walks - 2pm at Caldbeck Parish Hall - Helen Sturges 07552 417458 DANCE and SING! Sebergham Village Hall 2 - 3.30pm. JC October 8 Wednesday

WOODLANDS WEDNESDAY LUNCH CLUB - Woodlands Country House 12 - 2pm. 2 courses £14.95. GS SEW & SEW - Millhouse Village Hall 1.30 - 3.30pm JC

The Northern Fells Group

October 9 Thursday

WOODLANDS THURSDAY LUNCH CLUB - Woodlands Country House 12 - 2pm. 2 courses £14.95. GS

CRAFTY THURSDAY at Hesket The Old Crown Hesket Newmarket 1.30 - 3.30pm JC

LINE DANCING Bolton Low Houses Parish Hall. 2 - 3pm, cost £3. Ness 07718 264700

October 13 Monday

FRIENDLY WALKERS - Short Walks - meet at 10am location to be decided nearer the time Barbara Stoddart 07881725515

October 14 Tuesday

ART at IREBY in the WI Hall, 10 - 12 noon GS

POP-IN and more Bolton Low Houses Parish Hall 1.30 -

3pm. Judy Naylor 07879 613838

October 15 Wednesday

ROSLEY LUNCH CLUB - Village Hall - 12 noon - Ann Parry 016974 78417

MILLHOUSE MAKERS Millhouse VH - All crafters welcome 1 - 4pm Carol Hine 016974 76308

October 17 Friday

MONTHLY WALKING GROUP – A more challenging walk - Route tbc - Contact Peter Burgess to book 07885 276496 or email p.burgess@gmail.com

October 21 Tuesday

FRIENDLY WALKERS - approx. 3 mile/1.5 hr Walks - 2pm at Caldbeck Parish Hall - Helen Sturges 07552 417458 October 22 Wednesday

SEW & SEW - Millhouse Village Hall 1.30 - 3.30pm - JC SINGING FOR FUN Millhouse Village Hall 7pm Alison Scott 016974 78674

October 23 Thursday

CALDBECK LUNCH CLUB Oddfellows Arms, Caldbeck 12 noon - Antoinette Ward 016974 78220

CRAFTY THURSDAYS Bell Institute Boltongate, 1.30 - 3.30 IC

October 27 Monday - HALF TERM WEEK

FRIENDLY WALKERS - Short Walks - meet at 10am location to be decided nearer the time Barbara Stoddart 07881725515

C.R.A.F.T (Can't remember a flipping thing) group, Mill-house village hall, 2 - 4pm. Please book your place by Friday 24th with Philippa Groves on 07557 913183 October 28 Tuesday

ART at IREBY in the WI Hall, 10 - 12 noon GS

MOVE IT AND GROOVE IT Bolton Low Houses Village Hall 1.30 - 3.30pm Gentle activities, exercise and a singalong for people living with Dementia. Transport can be provided. JC

October 29 Wednesday

COOKING FOR MEN Caldbeck Parish Hall 10.30am BOOK-ING ESSENTIAL - CD

MILLHOUSE MAKERS Millhouse VH. ALL crafters welcome 1 - 4pm Carol Hine 016974 76308

Event dates and times do occasionally have to be changed at short notice, so please always double check with the organisers OR on our website before attending:

www.northernfellsgroup.org.uk

Contacts:

CEO - James Baggley: 07539 495245 james.baggley@northernfells-group.org.uk

ADMIN & FINANCE OFFICER (General Enquiries, Donations & Memberships) -

Ilona Furrokh: 07376 211995 office@northernfellsgroup.org.uk MINIBUS (for those without their own transport or temporarily unable to drive):

Kitty Booth: 07984 940127 kitty.booth@northernfellsgroup.org.uk LEND A HAND & MEDICAL LOANS:

Chloe Duerdin: 07940 237745 chole.duerdin@northernfellsgroup. ora.uk

BENEFITS HELP & DEMENTIA AWARENESS AND SUPPORT

Jackie Clayton: 07376 225134 jackie.clayton@northernfellsgroup.org. uk

MEN IN SHEDS

Andrew Swainson: 07984 940128 andrew.swainson@northernfells-group.org.uk

VILAGE AGENTS:

Caldbeck & Hesket Newmarket, Sebergham & Welton - Chloe Duerdin (CD)

07495 132416 chloe.duerdin@northernfellsgroup.org.uk Ireby, Uldale & Boltons - Gillian Skillicorn (GS) 07874 241604 gillian.skillicorn@northernfellsgroup.org.uk Rosley & Westward, Mungrisdale and Castle Sowerby - Jackie Clayton

07376 225134 jackie.clayton@northernfellsgroup.org.uk

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Bassenthwaite WI

In August six members walked 'Round the Block' and were then joined by others for a delicious bring and share lunch in the Methodist Chapel Sunday School Room. Thanks go to Valerie and Alison Trafford for preparing the room, tea and coffee, and for looking after everyone as they arrived. Following President Kate Calvert's suggestion about members going on informal outings, Verena Cannon, Ros Downing, and Val Ryder thoroughly enjoyed a visit to a most impressive art exhibition at Rheged, with, of course, coffee and cake afterwards! At the October meeting, we will hear member Val Pitkethly talking about her charity 'LED: Light, Education, Development', and see remarkable pictures of the people who benefit from her efforts, and the remote and spectacular parts of Peru and Nepal where they live. Visitors from Bothel & Kirkland, Embleton, and Uldale & Ireby WIs have been invited to attend this meeting. The competition will be a picture of Nepal or Peru, hostesses will be Gill Mawson and Ros Roberts, and entertainment will be provided by Sandra Hill and Valerie Trafford. Our Coffee Morning will be on Wednes-

October 2025

WI

day 29th October from 10am to 12 noon in Bassenthwaite Methodist Chapel.

Embleton WI meeting on Wednesday 10 September

Embleton WI members met for their first meeting of the Autumn at the Village Hall on Wednesday 10 September. Back in July we had welcomed, Kathleen Bowron, the Cumberland federation WI chair, who visited to present certificates to eight of our members who had been in the WI for over 40 years, including Myrtle Hind for 80 years. In August several members enjoyed our annual outing: afternoon tea at Ravenglass and a trip on La'al Ratty. Deborah, from Great North Air Ambulance (GNAAS. co.uk), was our speaker for September and gave a fascinating insight into the running of the charity. GNAAS is funded entirely by donations and receives no government support. It has 2 air ambulances for daytime rescues, one in based in the Northeast and one based in Langwathby. At night and in poor weather GNAAS uses cars which are equipped with the same level of equipment as the helicopters.

The competition for an aeroplane related item was won by Liz Bell, with her photograph of herself and her husband presenting a cheque to GNAAS in Langwathby in 2016, 2nd was Evelyn Varty with her photo of her enjoying flying lessons. Liz also won the raffle.

The speaker at our next meeting on 8 October will be from the RSPB and our AGM will take place on 12 November.

Our meetings are held at 19.30 at the village hall on the second Wednesday of each month. We are always pleased to welcome guests and new members; please contact our secretary Judy Sanderson on 07709 089982

School News

Ireby School News

"We are one big family, made up of lots of different people."

It's been a busy few weeks back at school and we have enjoyed welcoming new pupils and new staff members to Ireby. Fresh faces, smiles, new uniforms, and shiny shoes – so far so good! As always, the term is packed full of exciting learning activities and trips. The EYFS are loving their topic "Who am I". The pupils are exploring their emotions and senses through stories, music and dance, through role-play and through songs. They are going to visit Just Messin' in Carlisle for a fun outing encouraging creativity, confidence building and learning together. KS1 will be visiting Crummock Water this term for a geography field trip. The first PE session of the term for KS2 was working on football skills. There was a great amount of teamwork and collaboration which was wonderful to see. Everyone worked well together, displaying our value of Friendship where we are learning how to support each other during our activities and getting to know and care for each other. We are all looking forward to getting involved on National Fitness Day on 18th September.

Mrs John has been welcoming pupils across school to our Ireby CofE Choir. This meets every Tuesday lunchtime and is proving to be very popular. Their performance at the end of the summer term was wonderful and we all look forward to watching them grow and develop. The choir is planning to put on live performances every half-term in church and Mrs John would love to welcome a drummer, guitarist, and keyboard player from our local community to support us with our performances. This would only involve minimum commitment! If you feel you may be able to support our choir and would like more information, we would love to hear from you. Please contact Kate@ireby.cumbria.sch.uk.

Our Harvest Festival this year is on 24th October in St. James' Church at 9.30am. We look forward to seeing many of you there. Half-term week is 27th -31st October.

St Michael's CE School, Bothel

It is the start of a new school year and it has been so lovely to welcome all of our children and their families back to school with all-round enthusiasm for all that lies ahead! Last week, we welcomed Reception into their first term of full-time school which they have embraced along with the rest of the school, with huge smiles, infectious enthusiasm and super-smart uniforms! We have also heard lots about the Year Sixes we said farewell to last term and wish them luck as wonderful Year Sevens, ready for new adventures and opportunities.

Over the summer holidays, we have replaced all of our school lighting with new environmentally friendly LED lighting, which, as well as being better for the planet, has made our lovely environment even brighter and better to learn in. We have also had some new fencing erected in our outdoor area to create a further outdoor learning space and have some new planters ready to create a sensory garden. Our vegetable garden has been growing superbly over the summer too, and we have come back to school to wonderful crops of apples, damsons, corn, pumpkins and much more. We have already enjoyed harvesting lots of corn on the cob, which we have cooked and hungrily devoured, and we are looking forward to trying our homegrown cucumber for snack time.

Learning is well underway and we already have lots planned to enhance our curriculum. KS2 will be enjoying a week of swimming next week, and taking part in an interactive science show the following week. There are sports events planned in for the whole term ahead,

where the children can meet, have fun with and compete against children from our other local small schools, and if it is not too early to mention it, we have also planned in our annual trip to Whinlatter for Nursery, Reception, Year 1 and 2 to collect our Christmas tree!

We are also looking forward to starting up our FIDS sessions for the year, which is our new approach to giving all of our pupils a voice. It stands for Feel, Imagine, Do, Share and all of our children have chosen a group to join from Community, Wellbeing, Global and School Environment. With the help of school staff to guide them, the children began making a real difference to each of these areas last term: Our Community group organised a local litter pick; our Wellbeing group organised the purchasing of planters and resources for our outdoor area; our Global group researched the impact of single use plastics and shared this with the school through an assembly; and our School Environment group wrote to a member of our community and asked for a new fenced in area to be built, which has taken place over the summer. We are really looking forward to what each group plans next and it is great to see our children learning that they have a voice and that they can make a real impact!

News From Your Parish Councils

EMBLETON & DISTRICT

Serving the Parishes of Embleton, Setmurthy and Wythop

MY ALLERDALE - It takes less than a minute to register to be able to submit and track the progress of enquiries and reports on-line using myAllerdale on-line reporting. Click on the Register now button and create your account to be kept informed, and track progress of, your report and enquiries. Once registered you can report problems such as blocked gullies and drains, potholes, damage to roads 24 hours a day, 7 days a week through the website or by downloading the free myAllerdale app to your smart phone or tablet.

There is a host of useful information and advice and a full A-Z of services on www.allerdale.gov.uk REPORTING PROBLEMS ON THE ROADS - If you are wanting to report issues on the roads this can all be done by you as a member of the public. Many of the issues that are regularly raised with the Parish Council are actually better reported by individuals, as one report from the Parish Council counts as just one report, where as if a number of individuals report the same issue, they count as multiple reports. Reports are much better if supported by photos and accurate locations. What Three Words is a good location provider.

WOODLAND CREATION- The National Trust are looking to create woodland at various sites including Kirkhouse Farm. The proposed woodland would expand the existing ancient semi natural woodland and increase the tree cover to provide better connectivity for wildlife.

EMBLETON VILLAGE HALL DEFIBRILLATOR – The Parish Council have paid for replacement pads and batteries for the defibrillator at Embleton Village Hall. The current volunteer who undertakes the weekly checks and replaces the consumables as needed is looking for additional support with these tasks. MINUTES - Copies of the minutes of the Parish Council meetings can be found on the council's website www.embletonwordpress.com and on the parish noticeboards.

VACANCIES – Be part of the community and help to look after it - There are vacancies on the Parish Council. If you are interested in joining us, contact any Parish Councillor or our clerk, Becx Carter. DATE OF NEXT MEETING – The next meeting of the Parish Council will be held on WEDNESDAY, 15th October 2025 at 7pm in Embleton Village Hall. All are welcome to attend.

If you have a matter that you would like to raise, please contact our clerk, Becx Carter on 077866 78283 or e-mail her at embletonparishclerk@hotmail.com

ALLHALLOWS PARISH COUNCIL

The September meeting of the Parish Council took place on Wednesday September 2nd.

Present: M. Abbott (Chair) M Bowness, B. Williamson, J. Pegler, G. Marr, S. Barton, K. Thurlow(Cumberland Council)

Apologies: K. Faulder.

PUBLIC PARTICIPATION:. A member of the public attended a meeting with our MP Markus Campbell Savours about the speeding issues on the B5299. This meeting was held at the scene itself. It had been positive and the difficulties suffered by residents was noted.

Another resident welcomed the new benches and the future salt bin.

CORRESPONDENCE: Much of the ensuing discussion involved the lack of clarity from Cumberland Council who, despite correspondence from the Clerk, deny that they have received anything.

There is much disquiet throughout the Parish about traffic and in particular speeding. The B5299 is a

through route from Mealsgate to Aspatria and the Parish is within that route. A large section has no footway and residents have been deliberately driven at and sworn at. At present Cumberland Council has shown little interest.

There had been an enquiry about dangerous parking in Fletchertown. The immediate danger seems to have been resolved.

COUNCILLORS' REPORTS:

The allotments are in good order.

There are no flooding problems in Baggrow

The playpark is in good order

There have been no public meetings

K. Thurlow reported on Council activity

PLANNING: A decision was recommended

HIGHWAYS: As reported earlier, Cumberland Council have not acknowledged receipt of any correspondence from the Parish Council

RESTORATION OF FORMER BONFIRE SITE: More trees are to be planted.

GRANT APPLICATION: An application from Citizens'Advice was approved.

PARISH UPKEEP: Grass cutting and mole eradication is in progress.

General News

Your Patient Participation Group Needs You!

Dear Patient of Castlehead Medical Centre,

If you would like to have more say in how local health services are delivered and act as critical friend of your GP practice, why not join the Patient Participation Group of the Castlehead Medical Centre? Although the group is up and running, it needs a few more members – particularly those from outside Keswick – to ensure that it represents all those registered with the practice and that all the patients' voices are heard.

Patient Participation Groups are grass-roots voluntary organisations contributing to the long-term improvement to the quality of patient care. Members will have the opportunity to:

- · convey patients' feedback to the practice;
- help the practice to make the most effective use of its resources;
- · improve two-way communication;
- · help to promote good heath in their community;
- influence decisions about which services are provided; and
- · offer practical support to the practice.

The group meets only four times a year for about an hour and a half.

If you would like to obtain further information, please contact the group's Chair, Kelvin Rushworth, who will be delighted to hear from you. Kelvin's e-mail address is: KelvinPPG@outlook.com



General News

Skiddaw U3a Talks

Annual Skiddaw u3a Open Morning

Date: 15th October 2025 Time: 10:00 am - 12:00 pm

Venue: Southey Street Methodist Church

Cost: Free

The Annual Skiddaw u3a Open Morning will be held in the Methodist Hall in Keswick on October 15th. This is a month later than usual: as many members are away in September, it has been decided to put this event back a month.

Caldbeck Surgery News

NHS

The PLT (Protected Learning Times) are to re commence at Caldbeck Surgery, in line with other practices in Cumbria.

We will close at 1 pm on the following dates, and I would appreciate you advertising these for us. Medical help can be obtained from NHS 111 whilst we are closed.

Closed from 1 pm 16th October and Wednesday 12th November

Also we will hold Flu clinics on Saturday 4th October and Saturday 15th November here at the surgery. If patients are eligible and we have COVID vaccine available they will be offered it at the flu appointment .Our patients will be contacted by post or text.

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restaurant and rooms.







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Ravenstone Lodge, A591, Bassenthwaite, Keswick, CA12 4QG 017687 76629| www.ravenstonelodge.co.uk enquiries@ravenstonelodge.co.uk

Food service times: 18:00 - 21:00 Everyday. Bar & Terrace open for drinks every day from 15:00

HEALTH

**** Kids Eat Free ****

At The Ravenstone Manor 1 free main course from our Children's menu with each full price main course from our main menu purchased

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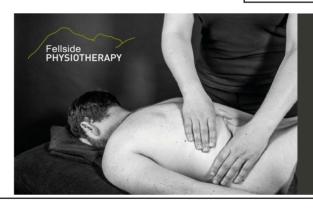
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