



# BINSEY LINK

*The magazine that reaches out to everyone in our communities*

[binsey.org.uk](http://binsey.org.uk)

**Charity Number:**  
**1169267**

Serving and informing the Mission Community of:  
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,  
Torpenhow, Uldale and Wythop

**September 2022**

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## Farewell

When I first came up North here to Cumbria [apologies to our Scottish readers, who are really North!] I was given three bits of advice:

never pass by a petrol station without filling up,  
take every opportunity to 'spend a penny',  
and always bring a coat, whatever the forecast!  
Wise words....

I'm sad to tell you that this will be my last Binsey letter. As some of you may have heard, I am moving on from the post of Team Vicar for Binsey.

I am grateful for many kindnesses and friendships I have experienced, and for the sublime context of the beautiful Lake District. Both, I trust, will endure.

Begging the pardon of Tolkien, The Lake District, is really The Shire, rather like Hobbiton's, fictional dwelling of the Hobbits in *The Lord of the Rings*. The good humour, hospitality, and neighbourliness Bridget and I have experienced is similar to Tolkien's allusions to his happy childhood in the Warwickshire countryside which inspired his books. The Cumbrian dialect is something precious too - 'as gam yam!' And almost as impenetrable to me as the languages of Tolkien's, Middle Earth peoples.

I think most people have in their mind's-eye a fuzzy view of our rural counties - but the reality is tinged with the harsher realities of life that all humans encounter. Tolkien was deeply impacted by the Great War, no doubt the germ for his hordes of evil and engines of destruction spewing from Mordor.

The countryside has its own challenges, such as recession, viruses, strained infrastructure, losses, rising prices, many types of rain at any time of year. But there are many gains alongside the grief and joys. There are glorious vistas, new-born lambs and calves in season, birdsong, abundant greenery, and a calm pace of life, excellent local produce and delights - real ale and cheese, charming villages, shops [not enough] and delicious cakes. I've certainly enjoyed a few cheese scones with the occasional coffee.

So, thank you. Enjoy our green paradise and remember me with good thoughts, - I will do the same.

God bless you all.

*Peter*

Peter  
Revd. Peter Gilroy

On behalf of everyone from the Binsey Team I want to offer thanks to Peter for his ministry with us these past four years, and we wish Peter & Bridget every blessing as they prepare to move on.

*Stephen*

Revd. Stephen Banks

# September Services

Sunday 4th September– 12th Sunday after Trinity			Sunday 11th September–		
Church	Time	Service	Church	Time	Service
<b>Boltons</b>	8am	Holy Communion	<b>Embleton</b>	9.30am	Holy Communion
<b>Plumbland</b>	9.30am	Holy Communion	<b>Torpenhow</b>	9.30am	Morning Worship
<b>Wythop</b>	9.30am	Morning Worship	<b>Allhallows</b>	11am	Morning Worship
<b>Bassethwaite Chapel</b>	11am	Morning Worship	<b>Setmurthy</b>	11am	Holy Communion
<b>Isel</b>	11am	Family Service with Baptism	<b>St. John, Bassethwaite</b>	11am	Morning Worship
<b>St. Bega, Bassethwaite</b>	3pm	Family Service with Baptism			
<b>Embleton</b>	6pm	Evening Prayer	<b>Ireby</b>	6.30pm	Evening Prayer
Sunday 18th September– 14th Sunday after Trinity			Sunday 25th September–		
Church	Time	Service	Church	Time	Service
<b>Boltons</b>	8am	Holy Communion	Team Service in Torpenhow Church followed by a bring and share lunch in Torpenhow Village Hall.		
<b>Ireby</b>	9.15am	Holy Communion			
<b>Isel</b>	9.30am	Holy Communion			
<b>Bassethwaite Chapel</b>	11am	Morning Worship			
<b>Plumbland</b>	11am	Morning Worship	<b>Torpenhow</b>	10.30am	Holy Communion
<b>Wythop</b>	11am	Family Service with Baptism			
<b>Embleton</b>	5pm	HARVEST Service			

# From the Registers

## BAPTISMS

Elizabeth Newby was baptised at St. Margaret, Wythop on 19th June 2022

Jack Gill was baptised at St. John, Bassenthwaite on 10th July 2022

## WEDDINGS

The wedding of Scott Hodgson & Nicola Cain took place at St. Bega, Bassenthwaite on 25th June 2022.

The wedding of Joseph Parsonage & Karina Molby took place at St. Michael & All Angels, Torpenhow on 9th July 2022

## FUNERALS

The funeral of Herbert (Bert) Eden, from Blindcrake, took place at St. Michael & All Angels, Isel on 4th July 2022

The funeral of Thomas (Tom) Slater, from Prospect, took place at St. Cuthbert, Plumbland on 10th August 2022

The funeral of Ann McAvoy, from Ireby, took place at St. James, Ireby on 12th August 2022

## Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child. Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.



BAPTISM

To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541. Please note that St James, Uldale is not currently available because of major restoration work.



## Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests, and St James, Uldale is not currently available because of major restoration work

# Monthly Letter

## England win! (At last)

Since the last edition of the Binsey Link, England has won a major football tournament, the European Cup; the first major international football trophy since 1966. The national England football team beat Germany in the final (without going to penalties!). The women's team, of course.



Throughout their matches England played with an optimistic determination, a creativity and an enjoyment of their play despite the pressures they were under, despite being at times outplayed by both Spain and Germany. They rarely argued with the referee. It was all very refreshing to watch.

The team was full of individual talent. There was the reliable Mary Earps in goal, who even managed to see the humour of the situation after a desperate goal mouth scramble before she could securely hold the ball. There was Beth Mead dribbling past

defenders as if they were rooted to the spot. There was the calm presence of the captain, Leah Williamson in defence, with her confident runs forward. There was Keira Walsh, delivering exact and precisely timed passes that allowed others to score, despite opponents attempting to mark her out of the march. There was, of course, the 'super-sub' such as Alessia Russo with her back-heeled goal that surprised everybody (perhaps even herself!). The list could go on.

But, of course, most important of all they brought these individual skills to play as a team. The team would not have been a team without their individuality but their individuality would not have been expressed or developed without being in a team. It seemed clear from both on the pitch and the celebrations afterwards that they liked and respected each other.

Likewise, it might be said the Binsey Mission Community is a team, consisting of people from twelve churches and one chapel. We have a 'Team Rector', Stephen. Sadly Peter has just left us, so we no longer have a 'Team Vicar'. So now, perhaps, we have to plan for the future as a team. Each congregation within the team have a unique individuality or identity. The team would not be the team without them but our present and future ability to express and develop our Christian identity needs a team.

We are facing challenges, but hopefully we too can show an optimistic determination, a creativity. There is one difference between the England football team and the Binsey Mission Community. The England team had to achieve the victories they won. Our victory has already been won. The life of Christ, his mission, his death and resurrection reveal what is always true. The love, the acceptance, the compassion of God are always with us. The challenge is not to achieve God's love but to accept and live it.

May that love continue to motivate and inspire us.

*Richard*

Richard Cox





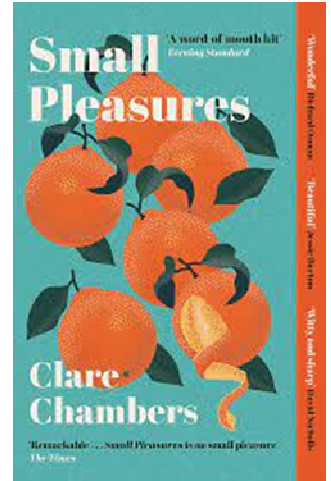
# Book Review

## Small Pleasures by Clare Chambers.

Small Pleasures was long-listed for the 2021 Women's prize for Fiction and featured on BBC's Between the Covers. It is a historical romance set in 1957 with an interesting twist at the end.

A journalist on a local newspaper, Jean Swinney seems trapped in life of duty and drudgery without much expectation of escape. She lives with her aging and demanding mother as the daughter left behind, her sister having left for an exciting life overseas. Jean's quiet life is thrown into turmoil when one day a young woman contacts the newspaper claiming her daughter is the result of a virgin birth. Intrigued and desperate to find something to focus her interest on, Jean begins an investigation with the aim of discovering whether this is a miracle, a fraud or a misunderstanding.

The path of Jean's investigation makes up the main narrative of this novel. The closeness she finds with the family at the heart of it, leads her dangerously close to a glimpse of happiness she could barely conceive of before embarking on this journey of discovery. Although it seems like a mistake to her at times, Jean is inexorably drawn to this small family group and finds herself pulled into dark waters where she never imagined herself to be.



I thoroughly enjoyed this novel. It's an easy read and yet well written with a simple but effective story-telling style. It gives a realistic glimpse into life in the 1950's for both men and women. The relationship of the main character with her manipulative house-bound mother gave much food for thought and discussion. Although I won't give the plot away, the main love interest in the story was refreshingly 'ordinary'. No Love Island beauties or smartly-dressed, wealthy business owners with flashy cars. Just realistic people experiencing realistic emotions.

The ending? Well...that's debatable. Very debatable. It caused a great deal of discussion amongst my reading group. Read it and see! Feel free to let me know your views!

Clare Doherty  
(Chapel House, Plumbland)  
info@thecreativereadingcompany.co.uk

**Introducing Clare Doherty**, Clare is an English teacher from St Jospeh's, Workington. Clare has kindly offered to supply us with a book review each month, next month a children's book

## Lift Share for Bothel & The Wharrels

Interested in a car sharing initiative Liftshare across Bothel & the Wharrels?

*"Lift share is a great way to meet people, do your bit to cut carbon and save money. It's win, win, win."*

Green Councillor Jill Perry

To sign up:

1. Add your journey on Liftshare.com
2. Find local people in your area to car share with
3. Start sharing lifts, saving money and the planet!

**Visit: [www.liftshare.com/uk](http://www.liftshare.com/uk)** for more details

Save £100s on fuel bills every year ,  
More connected, trusting communities,  
Quieter roads: reduced traffic & potholes,  
Reduced CO2 emissions

# Around The Parishes

## Allhallows

### Upcoming events:

Saturday 10th September 10am to 5pm. Annual Gift Day at All Saints Church, Allhallows.

Sunday 18<sup>th</sup> September 2pm-4 30pm Senior Citizens' Tea. Allhallows Centre

Sunday 9th October Harvest Sunday Service at 11am, All Saints Church, Allhallows.

Saturday 15th October 11am to 1:30pm, Harvest Lunch in the Community Centre, Fletchertown

### BOOKINGS:

If you would like to make a booking for room hire, please ring

07849 713207.

Alternatively you can message via the Facebook page .

[www.Facebook.com/allhallowscentre.org](http://www.Facebook.com/allhallowscentre.org)

Website:<https://allhallowscentre.org>

Email:[allhallowscentre@gmail.com](mailto:allhallowscentre@gmail.com)

## Bassenthwaite

### St, Johns church Bassenthwaite.

St. John's Bassenthwaite.

September Cleaning - R. Barnes.

September Flowers - D Mattinson, Bassenthwaite Hall Farm.

**Scottish Country Dancing** - for fun, fitness and friendship!

Bassenthwaite Scottish Dancing Class starts again in Bassenthwaite Parish Room

(CA12 4QJ) on Monday, **5th September 2022**. New dancers always welcome, no experience is needed. Full tuition is given, come and join our friendly group! You don't need a partner, just bring soft shoes.

Every Monday 7pm until 9pm, only £2 per session.

For further details contact Marlene Jackson on 017687 76054 or at

[marlenejackson@btinternet.com](mailto:marlenejackson@btinternet.com)

McMillan Coffee Morning at Southerndale Bassenthwaite on the **30th September** at 10am to 12 noon.

All welcome usual cake stall, Tombola and drawing.

On **Saturday the 1st October** come along to our Jigsaw and Jewellery sale, in the Parish Room. 10am—2pm Refreshments include coffee, served from 10am, soup, scones, and cakes. We look forward to seeing you. All proceeds to Church funds.

### Keep up to date with the Parish Room:

Sign up for our Friends of Bassenthwaite Parish Room Newsletter by emailing [fobpr.newsletter@gmail.com](mailto:fobpr.newsletter@gmail.com) and join the mailing list for our regular news and updates.

Facebook: [www.fb.me/bassparishroom](http://www.fb.me/bassparishroom)

Website:

[www.bassenthwaite.org.uk/parish-room.html](http://www.bassenthwaite.org.uk/parish-room.html)

### Hall for Hire

Available for classes, events, functions and weekend group accommodation

Large well-equipped kitchen

AV system

Accessible facilities

Reasonable Rates

For further details: [www.bassenthwaite.org.uk](http://www.bassenthwaite.org.uk)

**Contact the Parish Room Coordinator for bookings**

Email: [bookbassenthwaiteparishroomroom@gmail.com](mailto:bookbassenthwaiteparishroomroom@gmail.com)

Phone: 07786 434411

### BASSENTHWAITE POP-IN IS BACK

TUESDAY, 20th SEPTEMBER

Parish Room

10.30 am – 1.30 pm

£2 per person, including tea/coffee

Spend some time doing crafts, sharing of ideas

knitting or just catching up

Enjoy a bring and share lunch

For any further information – call

Helen on 017687 76222 or

Alison on 017687 76393

## Boltons

### All Saint's Church, Boltons

Coffee morning Friday 5th September 10am---11-30am in The Bell Institute Boltongate come and enjoy coffee home baking and a chat .All proceeds to Church funds.

**Pilates** with Helen Monday evening 6.45pm and Wednesday morning 9.30am at Bolton Low Houses Village Hall. Suitable for all ages and abilities. £5 per session. For further info contact Helen on 07900410076 Or email [helknight@hotmail.co.uk](mailto:helknight@hotmail.co.uk)

**CRAFTy THURSDAYS** At the Bell Institute, Boltongate starting at 1.30 pm Every fourth Thursday of the month 2022. Bring along your own crafty thing or join in with some group work.

**Pop In** At Bolton Low Houses Parish Hall at 10am — 11.30am On the second Monday of the month 2022 . Bake a cake or some biscuits, help with making the tea, all offers welcome. Please contact Maggy Bateman on 016973 49919 or Gill Skillicorn

14<sup>th</sup> September **GET IN LINE & Mosey on down** to Bolton Low Houses Parish Hall for Line Dancing classes! No experience necessary. Classes are from 2-3pm and cost £2. Contact Ness For more information on 0771 8264700 or Gill Skillicorn.

**Boltons Oil Syndicate:** Orders February, May, September & November & **Septic Tank Syndicates.** Significant savings can be made on orders Order dates March & November. Please contact Gillian Skillicorn 07874 24160 for either.

## Embleton

### St Cuthbert's:

We were blessed with a bright, sunny day for our 'Afternoon Tea with Strawberries' - so gazebos, tables and chairs were set up in the churchyard on a beautiful Sunday morning and later in the afternoon we welcomed our guests. Thank you to everyone from our community and beyond who set up and dismantled, baked, waited on, served, washed up and to all who came along to support our event.(Special thanks to our two young helpers; Harry and Jack.) Thanks also to our organist Val, who played during the tea, and Graham who asked for favourite hymns and presented a varied, joyful 'Songs of Praise' in the sunshine.

Our next event is our **harvest market on September 17<sup>th</sup> and 18<sup>th</sup>**. Refreshments will be available from 10am to 4pm in the Sunday School. Hope to see you there. Dewode are hosting an evening of; "Tales of Adventure" on October 15<sup>th</sup> at 7pm at Dalston Victory Hall. Geoff Somers M.B.E. will present an illustrated talk; he is one of the world's most accomplished Polar travellers. Allana Hardie will also share her experience of cycling the length of Japan.

### Dates for your diary:

Harvest Market at St Cuthbert's on September 17th & 18<sup>th</sup>. Pie and Pea Supper; October 29<sup>th</sup> – more details next month.

Art and craft groups at St Cuthbert's Sunday School, all are welcome. Cuthbert's Crafters on Mondays at 2pm & Artists meet on Wednesdays at 2pm.

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's or in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode. Any items or comments for the next edition please send to Jean at [jeanmaca@aol.com](mailto:jeanmaca@aol.com) or 01768776184 by September 7th please.

September 2022

### Embleton Village Hall Notice Board.

Hi everyone. Good news, the hall floor isn't as bad as we thought but still quite expensive. The hall will be closed from the 19th December for a week to enable the work to be done therefore please plan any Christmas parties with this in mind. The Wi-Fi is up and running and the new Av/sound system should be in by the time you get this magazine. Please bear in mind that I will be explaining this new system to users, so you could end up logged in to China! Believe it or not I am getting a number of bookings for next year, if you have a special event coming up book now, please.

### What's on in September?

Monday: Mah-jong 2.30 pm Vivian 01900829490.

Monday: Dance class 6.30p.m. Edna 01768776630

Tuesday: Yoga 6.15pm Rebecca 07735 439126.

Thursday: Circle dance 7pm, Kathleen 76532.

Friday: Yoga 9.30am, private function.

Friday: Youth Club 6.30pm.

Sunday; Dance class 7.30pm, Edna76630.

Thursday 1<sup>st</sup>: U3A digital photography group 9.30 am.

Wednesday 7<sup>th</sup>; Parish council meeting 6.45pm.

Saturday 10<sup>th</sup>: Bee seminar, private function 9am

Tuesday 13<sup>th</sup>: U3A folk dance 2pm.

Wednesday 14<sup>th</sup>: W.I. 7pm.

Sunday 18<sup>th</sup>: Meeting, Private Function 12pm.

Wednesday 21<sup>st</sup>: Flower club, private function 12.30pm.

Wednesday 21<sup>st</sup>: Village Hall meeting 7.15pm.

Thursday 22<sup>nd</sup>: Art class C.C.C. private function 10am.

Saturday 24<sup>th</sup>: Social dance 7.30 pm, Edna 76630

Tuesday 27<sup>th</sup>: U3A folk dance 2pm.

Thursday 29<sup>th</sup> Art class C.C. | C private function

Friday 30<sup>th</sup>: Seniors Group 11am.

Daisy is recovering from winning gold in the Commonwealth Games for synchronised duck diving. Not for ducking and diving as reported in the paper. Chris.

## Ireby

### Parish Church of St James, Ireby

Storm & Tree damage to the Church: External repairs to the building are now completed and the steps have been repaired. We are still waiting for the ceiling to dry out before it can be repainted.

### Ireby Globe Hall Lunch Club

Thursday 22nd September at 12 noon. Please contact Barbara Johnson on 016973 71578 by the previous Saturday, to book or cancel.

Northern Fells Group \*TEA, CAKE and CHAT, Third Thursday of the month at Ireby WI Hall 10.30 – 11.30am

NFG Septic Tank Syndicates. Significant savings can be made on orders Please contact Gillian Skillicorn 07874 24160 Order dates March & November



## Setmurthy

### St Barnabas Church

Cleaning & flowers ; Mrs Julia Fisher & Mrs Marjorie Swales

DCC meeting Tuesday 20<sup>th</sup> September at 1.30pm in the Parish hall

**Parish Hall** The next meeting of the hall committee is on Tuesday 27th September at 7pm.

Disabled Ramp : The hall have a ramp that they would be pleased to loan out to parishioners within the Binsey team who need to improve access to their property. Please contact Elizabeth (01900 823329) or Nicola (017687 76483) for further details.

The Parish hall is available for bookings, please contact Mrs Nicola Laws tel: 017687 76483

## Uldale

### St James, Uldale Building Work

In order for any building work to be undertaken on any of our Churches we need to submit what is called a faculty application to seek permission for the work, we are pleased to say, at last, the Faculty application in its final form has been submitted to the Chancellor. We now await his decision before we can plan to resume work on the Church.

**Uldale Foundation Governors Educational Grants 2022.** Applications are welcome for the coming school academic year. Individual grants are awarded to those who are resident in Uldale Parish, are aged between 16 and 22 and are in education. Up to three grants can be made to individuals. Any other grants may be awarded at the discretion of the Committee. If you wish to apply, please do so in writing to:- Uldale Foundation Governors c/o Mrs Marion Pattinson Uldale Hall, Uldale, Wigton CA7 1HA. For further details contact 016973 71287 Applications need to be made prior to or at the latest by the end of October 2022

**ART 4 ALL At** Maes Tea Rooms, Uldale From 10.30am – 12pm. Second Wednesday of the month. A fun, informal get together, all levels welcome

**Uldale Sports committee.** The relaunch of Uldale 100 club. The new 100 club was drawn in Mae's tearooms on 9th August 2022 Jeanette Huddart was our £100 prize winner this month If you would like a number please contact Marion Pattinson 016973 71287 The committee look after the tennis court and playground. Your support is greatly appreciated.

**NFG Septic Tank Syndicates.** Significant savings can be made on orders Please contact Gillian Skillicorn 07874 24160 Order dates March & November



## Church Services

Please check the service page, website, Church and Village notice boards for details of our services.

The **Strawberry event** at the Almshouses in Isel raised over £700 for church funds. Many thanks to all who attended. The rain kept off this year as well!

Coffee Morning, will be at the Great Escape Café, Moota on Monday 12th September at 10.30 am.

## Harvest

A Harvest Festival Service will be held in St. Michael and All Angels' Church, Isel on Sunday 2nd October. The time of the service is yet to be confirmed and will be in the October edition of Binsey Link

The Harvest Pie and Pea Supper and Auction will take place on Tuesday 4th October at 6pm in Blindcrake Village Hall. Tickets will be available by the middle of the month and cost £7.50. They will be half price for children under 12.

If you have any produce to spare that is suitable for the auction please either give it to a member of the church committee or bring it with you on the night.

Village Hall bookings: [September Events](#):

Mondays: **Yoga** classes every week: 6-7pm with Sarah Green. [sarah.e.green@hotmail.com](mailto:sarah.e.green@hotmail.com) for more information

Wednesdays: **Pilates** classes every week: 6:30-7:30pm with Angela Price <https://www.mipilates.co.uk/> for more information

Saturday 10th: **Charity Quiz Night for details.**

Monday 19th: **Parish Council meeting 7:30pm**

## BLINDCRAKE VILLAGE HALL NEWS:

We are delighted to let you know that we now have Wi-Fi, and also a new Audio-Visual equipment system installed, blue-tooth enabled, including projector.

CARPET BOWLS: We have a complete set of carpet bowls equipment. For years we had a thriving bowls club, but sadly this ceased a few years ago. Is anyone interested in forming a new club in the hall? We'd love to see this equipment used again.

**OUR WEBSITE:** <https://blindcrakevillagehall.org.uk/s> is our website, which we hope you will check now and again, to find out what's new, and to use the Booking Enquiry Form to request bookings, or the Contact Form to make enquiries, etc. To hire the hall for your event, class, exhibition, or party, please book on the new website [click on 'Hiring'], <https://www.blindcrakevillagehall.org.uk> or

contact the bookings secretary using 07503 763590, TEXT ONLY, please, (due to poor signal) Please also look for up-to-date information on our parish's facebook page <https://www.facebook.com/groups/166193357452161>

## Quiz Night at Blindcrake Village Hall

7pm Saturday 10 September. Popular Quizmaster Keith Baty. Bar open. Raffle.

Come as a team or make up a team on the night.

Proceeds to Blindcrake Village Hall and Cumbria Overseas Aid Trust.

Book your place or for more information email [sue.buckwell@btopenworld](mailto:sue.buckwell@btopenworld) or phone Sue on 017687 76056.

## Isel and Bridekirk Parishes First Responders 150 Club

**Draw Aug 2022**

1st Prize A Britcher

2nd Prize L Berry

3rd Prize C Rawlinson

4th Prize A Thompson

Drawn 12th August 2022 Mission



## Art Exhibition in Blindcrake at The Barn, Blindcrake.

Local artist Joan Prickett will be displaying a wide selection of her art for two weeks in September, as a part of the Open Studio/Arts Trail organised by Eden Valley Artistic Network. **3-18 September, 1-5pm daily.**

Visit Blindcrake to see some amazing paintings, drawings, and prints. Some are finished and framed, and some are work in progress.

On show will be studies for *First Meeting* (the first meeting between a baby and his great-grandmother.) The finished work is currently on display in Grasmere for the Lakes Artists Society's summer exhibition). Also some paintings from a visit to Mongolia (a number of years ago!), and more portraits including some commissions over the last year or so, sketches (posed and un-posed) of members of the Cockerthorpe Mechanics Brass Band, and more! Finished pieces, sketchbooks, and work-in-progress will be on view.

And also some cards made from her paintings, and also fellow artist/photographer Keith Snell (wildlife and landscapes from around the world), will be available for purchase.

**FREE to ENTER & ALL WELCOME.**

"Art is made to be seen, so come along and have a look!" says Joan, who will be pleased to see you.

# Plumbland

## St Cuthbert's

The last Sunday in July saw us holding a Team service (the first for a long time), when over 40 members of our Team community joined us in worship. It was indeed joyous to see so many there.

The service was led by Rev Peter who announced, before the Blessing, that he and wife Bridget would be leaving the team and going on to new pastures. While enjoying refreshments after the service, all were able to express their thanks and best wishes to Peter and Bridget.

As in all things, we must carry on, and in this respect we are holding a festival in Church, between Friday 9th and Monday 12th September to commemorate building the Church 150 years ago. In truth it is longer than that as we were unable to hold the event two years ago, due to Covid restrictions.

We are indeed grateful for a generous donation from the Aspatria Charity Shop of £750, and to the organisers and helpers, especially Margaret and Hylarie for making the weekend possible. So, if you are able, please come and visit us between 11am and 4pm each day, when you can be sure of a warm welcome, and good refreshments! A big thank you also to all the volunteers who help to keep our Church and Churchyard clean and tidy, eliciting favourable comments from visitors and regulars alike.

Best Wishes to you all, see you soon.

All your friends at Plumbland.

Graham

## Plumbland Village Hall

You will have seen changes at the Hall over recent months including the painting of the exterior and new flower beds. At the time of writing the Village Hall is closed for the installation of our long awaited Mechanical Ventilation Heat Replacement system (MVHR), the hall will reopen ready for our September events:

Friday 2nd Youth Club, Friday 9th Film Club

Saturday 17th Whisky Club,

Bowls restarts on the 5<sup>th</sup> & 6<sup>th</sup> Mondays & Tuesdays weekly, we have a new tutoring class starting on

Wednesdays, Dancing on Thursdays weekly, Toddler Group on a Friday – a busy place to be!

Please check the Hall's notice board for up to date information: <https://plumbland.org/index.php/village-hall>

## Plumbland pre-school and toddler group

Our toddler group runs on a Friday morning and everyone is welcome when accompanied by a child aged birth to four. We operate in term time only from 9am to 11am. Attendees include parents, grandparents, carers, childminders, for any further information please contact Gillian Winder 07789542736

## Plumbland Church Presents

### ‘When I was Built’ An Exhibition

A Celebration of the 150th Birthday of  
St Cuthberts Church  
in Flowers & Displays

Friday 9th to Monday 12th September

Open 11am–4pm Each Day

Admission FREE and Refreshments

## Support our 12 Churches in Binsey

The Binsey Team receives no external funding and is entirely reliant on donations. Therefore, if any of you could consider making a financial donation, your gift would be very gratefully received. Your donation can be made as a one-off gift or you can make a regular monthly donation instead. If you are able to make a financial contribution, then you can send a cheque (made payable to the ‘Binsey Team Ministry’) to the Binsey Team Treasurer and his address details are on the back page. Please give details of whether you wish your gift to be used for any specific purpose or a specific church.

Alternatively, you can visit our website - [www.binsey.org.uk](http://www.binsey.org.uk) and click on the ‘donate’ button on the home page or ‘give’ on the church pages, where a direct internet link allows a financial gift to be made to any of our 12 churches using your debit card.

# Torpenhow

## Torpenhow

### Torpenhow Village Hall.

All are welcome at Torpenhow Village Hall as we kick off our autumn season with a busy weekend on 3rd and 4th September. We start with a coffee morning on Saturday and then have our Annual Village Show on Sunday. There is still time to enter the Show and with over 40 classes available for adults and children there is something for everyone. Why not email [torpenhowshow@gmail.com](mailto:torpenhowshow@gmail.com) for more details.

After a summer break the Big Night Inn is back at the end of September. We would love to see you there.

Saturday 3rd September Coffee Morning 10.00 am

Sunday 4th September The Village Show - Open to the public at 2.30pm

Friday 30th September The Big Night Inn - from 7.30pm

Also back this month are our weekly classes and groups including a free taster session run by our Bowls group. Why not come down to our Village Hall on 19th September and give indoor bowls a try. For further details of any of the classes or groups please contact us by email at [torpenhowvillagehall@gmail.com](mailto:torpenhowvillagehall@gmail.com) and see the start dates below.

Monday 19th September - 8pm Indoor Bowls - Free Taster session

6pm Tuesdays from 13th September Brownies

1pm Wednesdays from 14th September Yoga

Every Thursday - 2pm Craft Group

## Blennerhasset

### Blennerhasset Village Hall

We thought we'd use the first part of August to really push on with our programme of improvement and oh my we didn't expect it to be so warm. Armed with cool drinks and ice-pops we've scrubbed and cleaned, sanded, primed and painted and now have a very pretty Village Hall complete with a gorgeous pine floor in all of its glory.

### FROCK SWOP

At the end of July, we held our first Frock Swop. Transforming the hall into a boutique of Ladies clothes, shoes and accessories for all sizes and occasions. Frock Swop tackled something we hadn't done before, raising funds for the hall and putting money back into homes across Allerdale. A staggering £1,050 was raised for the hall and an additional £1,150 was handed back to the Ladies whose items we had sold. That was a great feeling. Thank you to everyone who came and supported us. Frock Swop is back in November when we'll be adding kids clothing, ready for Christmas.

Table Tennis Every 4<sup>th</sup> Friday of the month we have a

Table Tennis evening 7-9pm. With 3 tables we have singles, doubles, games of chance and skill. In fact, everything for novices and fancy pants.

Coffee Morning Every 1st Wednesday of the month is our Coffee Morning. This has such warmth and is a wonderful chance to catchup and of course eat cake. Our new library trolley is ready to keep you stocked up on books for the month ahead too.

Weekly Exercise Classes Staying fit and healthy is easy here. With classes for the beginners and the seasoned pro. Those wanting to stretch and those wanting to sweat. For those in their 90's or those from the noughties. We have 6 classes a week from dance to yoga, circuits to step. Check out [www.bbvh.uk](http://www.bbvh.uk) for more information.

Bingo Tuesday 7pm. Eyes down at 7.30pm. Turn up & bring your dabber.

### Contact Us

All of our events are listed at [www.bbvh.uk](http://www.bbvh.uk) (Blennerhasset & Baggrow Village Hall BBVH)

Follow us on our Facebook page: Village Hall, Blennerhasset & Baggrow

To book the hall email [help@bbvh.uk](mailto:help@bbvh.uk) or send us a Fb message.

## Bothel

### Bothel Village Hall

Activities which take a summer break will be resuming in September ( dates tba )

Bowling Mondays 7.30pm

Yoga Wednesday 10.00am

Bingo last Wednesday 6.00pm

Circuits Thursdays 7.00pm

100 Club winners July 1. B. Earle 2. A & S. Helling 3. D. Bewick

Aug 1. L. & B. Clegg 2. I. Steele 3. D. Bewick

Sports Day on Saturday 16th July was enjoyed by many on a lovely day. Thanks to all who helped and attended.

Jenny and the "Team" are holding their  
**Annual Macmillan Coffee Morning**

on Friday 30th September 2022

from 10am - 12 noon

in Bothel Village Hall

Come along and enjoy a cuppa and a chat with friends while supporting this worthwhile charity.

**All welcome.**



# School News

## Bothel

The summer term has been full of excitement and different experiences for us here at Bothel and the time has simply flown by! We finished the first half of the summer term with a celebration for the Queen's Platinum Jubilee, where we invited parents to a performance of songs from each decade of the Queen's reign, followed by an afternoon tea party. We sang outside in the sunshine and everyone enjoyed the celebration!

The second half term started with our annual sports day and it was fantastic to be able to invite parents again after two years of Covid. The children were fantastic, supporting each other as they ran and everyone enjoyed the dressing up race at the end! This half term, Years 4, 5 and 6 enjoyed a residential visit to Lockerbie Manor, where they abseiled, climbed, canoed, paddle-boarded and so much more. It was a fantastic experience and it was wonderful to see the children persevering and pushing themselves to succeed. While our oldest children were away on residential, years 1, 2 and 3 went swimming at Cockermouth Pool each afternoon. KS2 went swimming earlier in the year, but as swimming is such an important skill to master, particularly living near to so many beautiful lakes, rivers and the coast, we felt we wanted to get the children swimming as early as possible.

We have had a visit from Dove Cottage this term to bring our learning about poetry and our local area to life, and we have had lots of visits to Stocks Wood outdoor learning centre too.

We have also done lots of activities with our local cluster of schools, including a Nursery and Reception teddy bears' picnic, a year 3 and 4 science visit to Watch Tree Nature Reserve and a cricket competition at Cockermouth Cricket Club.

We have lots of exciting developments planned for our Nursery, Reception and KS1 classroom over the summer holidays, so do come along and have a look at the finished result in September! We are replacing our flooring, decorating the entire space and have had our room re-planned by Early Excellence to get the best possible use of space and resources to give our youngest children the best possible start in school. We can't wait to see it finished at the end of August!

Finally, this is the term where we say goodbye and good luck to our fantastic Year 6 children. They have taken part in the Leavers' service at Carlisle Cathedral, a leavers' assembly in school and have organised a party for all their friends in school. They really are a brilliant group of children and we wish them every success in their bright, wonderful futures!

## Plumbland

We had an eventful second half of the Summer term, which began with an Ofsted inspection. Our inspection graded us as a 'good' school and some of the comments included: 'relationships between pupils and staff are strong' 'pupils are polite and well mannered' 'leaders have designed an ambitious and interesting curriculum' 'in lessons pupils behave well' 'trips and visits are exceptionally well planned to enhance pupils' learning experiences' and 'the wider personal development curriculum is a strength of the school.' We are exceptionally pleased with the outcome of our report and it is recognition of all the hard work and dedication of all the pupils, staff and governors.

Our children in Key Stage one enjoyed their visit to Carlisle castle where they learnt about the features of castles and famous prisoners held there. Children in Year 3 and 4 joined children from our cluster of schools on a visit to Watch tree nature reserve where they learnt about habitats, wild life as well as taking part in pond dipping. Children in our EYFS had a brilliant time at the teddy bear's picnic hosted by St Michael's CE School, Bothel. We all enjoyed our visit to school from Paralympian Stuart Robinson MBE who inspired us with his presentation and talked about winning gold at the Tokyo Games and European championships, in wheelchair rugby. The physical workouts we took part in were quite challenging but also lots of fun.

Our Year 5 and 6 children took part in a cricket competition at Cockermouth cricket club, where they played brilliantly and we came joint second. We held our annual sport's day and were so impressed with the dedication of all of our children and the way in which they supported each other. We welcomed our ten new starters on their induction visit to school where they took part in a range of activities and we look forward to them joining us in Reception in September. Children in Key Stage two had an exciting time on their residential experience with children from Allonby School to Lockerbie manor where they built rafts, abseiled, paddle boarded, took part in archery and rifle shooting, went on the high zip wire and played lots of fun games.

Our Year 6 children had a farewell 'forest' experience where they played games and cooked on the camp fire. They also enjoyed their trip to Silloth, playing in the waterpark, adventure park and having chips and ice cream on Silloth green. They also took part in the year 6 leavers service at Carlisle Cathedral and enjoyed seeing their tile displayed alongside many other schools' designs in the 'labyrinth' creation. In our leavers service we said farewell to our amazing year 6 children and wish them good luck in their new schools, we know they are all going to do really well.

## School News continued

### Ireby

Our school year finished with a beautiful and special leavers service in St. James's Church. We heard personal memories and reflections from six Year 6 pupils who were then sung to by the Early Years/KS1 class and also by all of the staff who performed a song written specially for the occasion by Miss Hartwell. Our pupil numbers have been steadily rising over the last few years but with thirty eight children on roll, Ireby School is essentially one big family and it is always hard to say goodbye. We know they are ready to embrace and tackle new challenges and exciting adventures at secondary school. Thank you Rev. Banks for opening and closing our service with thoughtful reflections and prayers. The KS2 class recently enjoyed a few days away staying in a pod village at Lockerbie Manor where they took part in a wide range of activities including watersports, climbing and fencing, and the whole school also spent a day together at Whinlatter thanks to the PTA. The close friendship bonds within year groups and across classes and the whole school really are wonderful and were clearly evident in our school sports day when the children competed for a team trophy. The team tug of war contest at the end was a definite highlight and very close in the final heats!

This September we are pleased to be in a position to create a third class in school and look forward to welcoming a new member of staff, Miss Jackson.

We will now have a dedicated Early Years and Foundation stage taught by Mrs King, a Year 1 and 2 class taught by Miss Jackson, and a junior class taught jointly by Miss Hartwell and Mr John. Our school day will also be starting slightly earlier, in line with the new Government guidelines requiring schools to be open for 32.5 hours a week.

We will open our doors at 8.35am ready for the school day to begin at 8.45am. The curriculum has been a big focus for us over the last year and the staff have worked very hard together to reorganise our timetable and make significant developments and improvements. Mr John and his teachers have been busy ensuring that every subject has robust resources that support their ability to deliver quality lessons. To learn more about our long term plans and how children learn at Ireby, the structure and aims of each subject can be found on our school website - [www.irebycofeschool.co.uk](http://www.irebycofeschool.co.uk). As well as finding out about the wide range of activities and events that also take place throughout the year.

It is always exciting to start a new school year and we are looking forward to welcoming six pupils moving up from Nursery to Reception. Topics this term will include People who Help Us (EY/FS), Transport and Travel across history (KS1) and Vikings, Anglo Saxons and Scots (KS2). Plenty of trips and activities planned too including Bikeability training Level 1 and 2 for the older children.

## Parish Council Information

### Embleton

**GOODBYE AND THANK YOU.** We have regretfully said goodbye to Kate Brandwood, who stood down from the Parish Council in July after more than twenty years of dedicated service. Her knowledge and wisdom will be much missed and we should like to take this opportunity to heartily thank Kate and to wish her well in the future.

**PLAY AREA.** The new safety surfaces under the swings are a great success and we should like to similarly replace the tiger mulch under the Multi-Activity items of equipment. However, this work is very costly and the Council is not in a position to have that work done at the present time. Meanwhile, huge thanks are due to Cllr Paul Carr for co-ordinating the whole process.

**BIOBLITZ.** A Bioblitz event was held at the Play Area on 7 July and about a dozen of us had a great time down on eye-level with the various plants and insects present, attempting to identify them for this nationally organised event. Our survey in Embleton was 'paired' with a similar one being held in a park in Glasgow so as to compare the biodiversity of a rural setting with that of an urban one.

We'll let you know the results as soon as we have them, but here in Embleton alone some 50-plus different species of animals and plants were recorded. **PLEASE NOTE EARLIER DATE OF THE NEXT MEETING.** The next meeting of the Parish Council will be on WEDNESDAY, SEPTEMBER 7, 2022 at 7.00pm in Embleton Village Hall. If you have a matter that you would like to raise, please contact our Clerk, Becx Carter, on 077866 78283 or email her at [embletonparishclerk@hotmail.com](mailto:embletonparishclerk@hotmail.com).

All councillors and members of the public present must comply with the risk assessment for face-to-face meetings. (Available on <https://embleton.wordpress.com/governance/>)

# Parish Council Information continued

## Allhallows

The meeting of Allhallows Parish Council took place on Monday July 18th. Councillor Margaret Abbott was in the chair. Gates at Harby Brow have been mended. Footpath issues were resolved. Allhallows Church requested a donation towards the 'To Have and to Hold' celebration. £50 was granted. The Allotments are in excellent condition. The installation of an old mining wagon and the subsequent filling with summer flowers has been a great success. Councillor Bowness will make a plaque to attach to the wagon commemorating with their names, miners killed at the Fletchertown Pit. Councillor Bowness is also continuing his tree planting project encouraging children to become involved by 'naming a tree'. **We still have vacancies on Allhallows Parish Council.**

If you are interested, email Trevor Gear our Clerk on [allhallows.parishcouncil@yahoo.co.uk](mailto:allhallows.parishcouncil@yahoo.co.uk)

## Bassenthwaite

Summary of the Parish Council Meeting held on Thursday the 4th of August 2022 in Bassenthwaite Parish Room.

Councillors Present: J Stephens (Chair), J Mattinson, N Harrop, C Grace, K Armstrong & S Langcake.

Also Present: Cllr Bowness, Cllr Perry, B Cooper-Holmes, L Briggs & E Clark (clerk).

Cllr Grace has kindly supplied an appropriate album which displays the jubilee photographs. Album to be kept in the parish rooms for all to view. An email in respect of evidence for short-term holiday letting in England was circulated and it was noted that the questionnaire did not cover the main concerns. The council agreed that it was imperative they reply but to reply by email so all the relevant points could be covered. There being two parish councillor vacancies, Barbara Cooper-Holmes & Lynn Briggs were co-opted on to the council and duly completed the relevant paperwork. Please can all dog owners act responsibly and clean up after their pet! It is a criminal offence not to clean up after your dog and you can be fined up to £1000. The Law states that being unaware a dog has fouled or not having a suitable bag is not a reasonable excuse! For a copy of the full minutes please contact the clerk or see [www.bassenthwaite.org.uk](http://www.bassenthwaite.org.uk).

Next meeting will be held on Thursday 1st September 2022 at 7.30pm ALL PARISHIONERS WELCOME TO ATTEND  
Clerk: Elizabeth Clark, 11 Standingstone Heights, Wigton, CA79DS Telephone: 016973 45665 Email: [bassenthwaiteclerk@aol.com](mailto:bassenthwaiteclerk@aol.com)

## Blindcrake

The Parish Council met on the 18th July and discussed The full meeting minutes can be found on the Parish Council website.

**Councillor vacancy.** The Council had a vacancy following Joe Marrs retirement in May. After advertising the

September 2022

vacancy for election and then for co-option the Council decided to co-opt Steven Bell onto the Council to bring the Council back to its full complement of 9 members. It was noted that the next Council elections are due in May 2023 and unlike previous and future elections this one would not occur at the same time as an Allerdale election or a Cumberland election and thus currently the Parish Council would bare all the costs. Our Unitary Authority Councillor agreed to ask what support the Unitary Authority would be giving to the May 2023 election process.

**Financial Regulations.** The Council reviewed the regulations to ensure that they were still fit for purpose. Following the review the Council agreed to some minor changes such as amending the thresholds for tenders to reflect cost of living increases.

**Citizens Advice.** The Council noted that it had received a funding request from Citizens Advice as had other local councils. Citizens Advice is a charity and receives no government funding and similar to other charities is struggling with funding due to Covid and cost of living increases. It was accepted that the Citizens Advice provide a useful service to residents of the parish and the Council agreed to donate £50/y to help with running costs.

## Boltons

Report on the Ordinary Bi-Monthly Meeting held in the Bell Church Institute, Boltongate on Tuesday the 19th of July 2022.

Cllrs. Present: David Colborn (Chair), Alan Bowness, Ian Ridley, Malcolm Grainger & Chris Littlewood.

The Parish Council thanked the Village Hall Committee for arranging the Jubilee Celebrations which were a great success and thoroughly enjoyed by all that attended. The council have now taken delivery of five brown wave style recycled benches of which Cllr Benson has kindly installed the first one on the top road in Bolton Low Houses. The remaining four will be put in place very soon.

It was noted that work had been carried out to improve the footpath (The Ghyll) which goes from Bolton New Houses to Boltonwood Lane. **There is currently one parish councillor vacancy - do you have time to spare?** Are you interested in your local community? If so, please contact the clerk to find out more on how to become a Parish Councillor.

Full copies of the Minutes & Agendas are available from the clerk, Elizabeth Clark on 016973 45665, [boltonspc@aol.com](mailto:boltonspc@aol.com) or see [www.boltonsparishcouncil.wordpress.com](http://www.boltonsparishcouncil.wordpress.com).

The next meeting of the parish council will be held on Tuesday the 20th of September 2022 in Boltons Parish Hall commencing at 7.00pm. ALL PARISHIONERS WELCOME TO ATTEND.

### **Bassenthwaite**

Many of our members witness with awe the spectacle of a full moon rising over Skiddaw. At our July meeting we heard from John McCarthy about a group of friends who gather every full moon to enjoy adventures and companionship. John, a founding member of the group, described how he and some like minded friends gather once a month to enjoy outdoor pursuits. It was challenging to find an evening of the week where everyone was free, gathering at the time of a full moon meant the day of the week changed every month and, unless very cloudy, there would be light enough to pursue their activities. They gather to enjoy a variety of activities - to, canoe, cycle, sail, walk, climb and swim, and are always seeking new adventures. John has described these in his book "Full Moon Lunarantics" along with celebration meals and feasts under the moon with always plenty of cheese, a necessary part of most adventures. By coincidence we should have been enjoying a 'nearly full moon', on our meeting night but unfortunately, we had thick cloud cover. The competition was a countryside photo which was won by Mary Brewis with a view depicting a lovely sunrise over Bassenthwaite. A picture quiz of people connected to Cumbria was won by Barbara Cooper-Holmes, Grace Mitchell and Irene Harrington. Ross Brewster will be our speaker at the September meeting on Thursday 8th, with a talk titled 'It shouldn't happen to a journalist'. The competition will be "an old newspaper".

### **Uldale and Ireby**

Twenty five members attended our July meeting when Nathan Studholme demonstrated the skills needed to be a farrier. We started the evening by going outside, where Nathan made a horseshoe from scratch using the mobile forge which he had in his van. After this he showed us an amazing array of different shoes including aluminium ones for racehorses, tiny ones for Shetland ponies and very old ones for cart horses treading on cobbled streets. It was lovely to see a young man with such obvious skill and infectious enthusiasm for the job and for the horses he deals with. We all enjoyed his most interesting talk immensely. It was in complete contrast to our June meeting when we went to the Craggs café and had a lovely meal together! The competition for a forged metal tem was won by Kathryn Fielding with Emma Marsh coming second and the drawing was won by Linda Yoxon. The excellent hostesses for the evening were Judith Ort and Lorna Reynolds.

### **Plumbland**

Plumbland WI met on the 8th June at Ravenstone Manor after the half term holiday for lunch with former members for a belated WI Birthday party. Flyers for the Blindcrake garden safari were distributed and the annual trip out in July discussed. The garden safari proved very successful on 26th as we avoided the rain but did not manage to see every garden. It was good to meet erstwhile friends from Bassenthwaite WI over refreshments. The July trip to Lingham Gardens which had been delayed from both last year and then the beginning of the month proved to be an enlightening and interesting experience. The walled garden was now well developed with some rare and unusual specimens and members were fascinated by the links with Beatrix Potter explained in the exhibits. The weather was glorious and the flowers in full bloom so we spent a long time admiring the new planting in many areas. This was followed by refreshments in the popular eatery. Plans are to meet up in September venues permitting. We hope Tessa will enjoy life in her new home in the south of the County. Plumbland WI meets on the first Wednesday in the month. New members are always welcome. Contact us on [plumblandwi@yahoo.com](mailto:plumblandwi@yahoo.com) or telephone the secretary on 016973 20889.

# General

## Caldbeck Surgery

Our Protected Learning Times is 14th September. On this date the surgery will close at 1 pm.

Please ensure you order your meds in plenty of time to allow us to process them. You can order 24 hours a day, 7 days a week by ringing 016974 78296

## Flu & Covid vaccination

We will be holding joint flu & Covid vaccination clinics from mid-September until the end of October and our patients will be invited by a letter or text.

The timing of the Covid booster is dependent on the vaccine supply from NHS England. If we have no supplies for our joint clinics we will go ahead with flu only and contact everyone separately about a Covid booster. The invite will be for an AM or PM clinic and we ask that you attend at this time and date if at all possible. We are not able to offer vaccinations on a drop in basis.

We will be offering both vaccines to all over 50s and those who have a medical condition that puts them more at risk.

## Northern Fells Group Annual General Meeting

The Annual General Meeting will be held at Caldbeck Parish Hall on Monday 26th September at 7.00pm. We look forward to seeing everyone.

Contact Andrea on 016974 78094 or email-

[andrea.sales@northernfellsgroup.org.uk](mailto:andrea.sales@northernfellsgroup.org.uk)



## Special cost of living event

The Northern Fells Group and Dementia Action Alliance are staging a special drop-in at Mungrisdale village hall on September 7th from 11-2pm, free refreshments.

Experts will give advice and ideas on money saving tips and how to save energy in the home. Representatives from AgeUK and Cold to Cosy Homes from Cumbria Action for Sustainability, Alzheimers' Society, Cumbria Community Catalysts, DWP, NFG benefits expert Di Bowes and NFG/Dementia Awareness Advisor Janet Wilkinson will be there along with other advisors.

## 1ST TORPENHOW BROWNIES

Calling all girls aged 7 to 9, 1ST TORPENHOW BROWNIES would love to meet you so why not

come along to our meeting on Tuesday, 13th September and see what we do. You will be able to join in the fun of being a Brownie including crafts and games. We meet every Tuesday during term time from 6.00 to 7.30pm in Torpenhow Village Hall. Ring

016973 71514 or email

[torpenhowbrownies@gmail.com](mailto:torpenhowbrownies@gmail.com) for more information.



**Cockermouth u3a:** On the 1st October we are holding our annual Open Day at United Reform Church rooms on Main Street from mid morning to mid afternoon. In addition to displays of group's activities we will have representatives from the committee and publicity material available with display boards showing most of the 50 or so different activity groups that we offer. The u3a movement caters for those people who are no longer in full time employment but who wish to pursue their hobbies and interests or learn something new with like minded people in a friendly environment. Come along, see what we do or check out our website for more information.

[cockermouthu3a.org.uk](http://cockermouthu3a.org.uk)

**Skiddaw U3A:** On 21<sup>st</sup> September, we will be hosting our Annual Open Morning, which will be held in Southey Street Methodist centre and is open to all retired or semi-retired people. Here you can find out what we have to offer and sign up for groups. We have more than 50 different activity groups so if you want to stay active, learn new things and make new friends or pick up a copy of our Annual Guide to Groups, visit our website [www.skiddawu3a.co.uk](http://www.skiddawu3a.co.uk) or contact Tony Marsh on 017687 72137.

**Uldale Lunch Club** First Thursday of the month. Please contact Mark Nellist 016973 71369

## Open Studios

Pop in and see us  
3rd – 17th September  
10.30am-4.30pm

Marshalls Cottage, Nr Ruthwaite  
Jacquie Cowan (Paintings/Prints/Cards)  
Old Barn Studios, Ruthwaite

Ruth Charlton (Ceramics)  
Kevin O'Connor (Paintings)  
Danny Charlton O'Connor ( Pottery)

CA7 1HG We are part of the Evan Art Trail, there will be orange signs directing people to us from the main roads during the event.



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Red squirrels are classed as Near Threatened in England, without conservation they could be extinct in 10 years. We're a volunteer conservation group working closely with landowners, farmers & our community to protect our local red squirrel population.

AREAS COVERED Applethwaite, Angbertree, Bassenelwaite, Emby, Inel, Runhwaite, Sunderland & Uldale.

**REPORT**  
All sightings of Red & Grey Squirrels via our website. Please include the location, time & date. This information is vital in allowing us to monitor & conserve our red squirrel populations.

**DONATE**  
We're thankful for all donations. It's quick & simple using PayPal via our website. £15 will pay for a squirrel feeder, £30 a bag of feed. £45 will train a conservation volunteer. £100 will buy a thermal image camera.

**VOLUNTEER**  
Join our conservation volunteers or help us at one of our fundraising events throughout the year. Contact us to find out how your skills can help!

binseyreds@gmail.com  
www.binseyredsquirrelgroup.com  
07463979726  
@binsey\_red\_squirrel\_group

**Changes at Your Eyes Optician**  
Your Eyes Optician has been serving the people of Aspatria and the surrounds for 10 years, but things are changing. The practice will be merging with Heals Opticians in Cockermouth. The staff there and I are looking forward to continuing your eye care in Cockermouth.  
I would like to thank all my patients for their support over the past 10 years. It has been a privilege to have known and served you. Janet Wilson  
When you need an appointment please call:  
**Heals Opticians, Cockermouth. 01900 822328**

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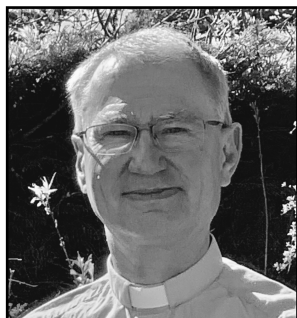
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