

This is the day that the Lord has made.

Let us rejoice and be glad in it.

Give us the joy of your saving help

and sustain us with your life-giving Spirit.

A candle may be lit and silence is kept.

Opening Prayer

Lord, direct our thoughts and teach how to pray,

Lift our hearts to worship you in spirit and truth

through Jesus Christ our Lord. **Amen.**

Prayer of Confession

God shows his love for us in that while we were still sinners, Jesus died for us.

Let us then show our love for him by confessing our sins in penitence & faith.

Almighty God, our heavenly Father,
we acknowledge that we are all sinners.

We turn from the wrong
that we have thought and said and done,
and are mindful of all that we have failed to do.

For the sake of Jesus, who died for us,
forgive us all that is past,
and help us to live each day
in the light of Christ our Lord. Amen.

The Absolution

May the God of love bring us back to himself,
forgive us our sins and assure us of his eternal love
in Jesus Christ our Lord. **Amen.**

Prayer of Thanksgiving

Blessed are you, creator of all,
to you be praise and glory for ever.
As your dawn renews the face of the earth
bringing light and life to all creation,
may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

Psalm 42

- 1 As the deer longs for the water brooks, ♦
so longs my soul for you, O God.
- 2 My soul is a thirst for God, even for the living God; ♦
when shall I come before the presence of God?
- 3 My tears have been my bread day and night, ♦
while all day long they say to me, 'Where is now your God?'
- 4 Now when I think on these things, I pour out my soul: ♦
how I went with the multitude and led the procession to the house of God,
- 5 With the voice of praise and thanksgiving, ♦
among those who kept holy day.
- 6 *Why are you so full of heaviness, O my soul, ♦
and why are you so disquieted within me?*
- 7 *O put your trust in God; ♦ for I will yet give him thanks,
who is the help of my countenance, and my God.*
- 8 My soul is heavy within me; ♦
therefore I will remember you from the land of Jordan,
and from Hermon and the hill of Mizar.
- 9 Deep calls to deep in the thunder of your waterfalls; ♦
all your breakers and waves have gone over me.
- 10 The Lord will grant his loving-kindness in the daytime; ♦
through the night his song will be with me, a prayer to the God of my life.
- 11 I say to God my rock, 'Why have you forgotten me? ♦
and why go I so heavily, while the enemy oppresses me?'
- 12 As they crush my bones, my enemies mock me; ♦
while all day long they say to me, 'Where is now your God?'
- 13 *Why are you so full of heaviness, O my soul? ♦
and why are you so disquieted within me?*
- 14 *O put your trust in God; ♦ for I will yet give him thanks,
who is the help of my countenance, and my God.*

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The Bible readings for the 1st Sunday after Trinity

- 1 Kings 19:1-15a – *Elijah flees in fear for his life, but God sends an angel and he then travels to Horeb where God speaks to him after the wind, earthquake & fire.*
- Galatians 3:23-29 – *Paul teaches that through Christ all of us are justified by faith and become children of God and are made one in Christ.*

Luke 8:26-39 - *Jesus heals a demon-possessed man and refuses to let the man come with him, but instructs to stay and tell others what God has done for him*

A few moments of quiet for thought, thanksgiving & reflection.

So, in Christ Jesus you are all children of God through faith, for all of you who were baptized into Christ have clothed yourselves with Christ.

There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus

Galatians 3:26-28

Let us affirm our faith in God.

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us with power from on high.**

We believe in one God;

Father, Son and Holy Spirit. Amen.

(cf Ephesians 3)

Prayers *(we can add our own prayers at each section)*

High and holy God, Father, Son and Spirit robed in majesty, Lord of heaven and earth, hear us as we pray for the world you sent your Son to redeem.

Saviour of the world, be present in all places of suffering, violence and pain, and bring hope even in the darkest night.....

Inspire us to continue your work of reconciliation and healing today.

Lord of the Church, empower by your Spirit all Christian people in our community and diocese and the work of your Church in every land. We pray for the members of the church in our vocation & ministry that we may serve Christ in one another.....

Give us grace to proclaim the gospel joyfully in word and deed.

Shepherd and Guardian of our souls, guide and enable all who lead and serve our community and those on whom we depend for our daily needs.....

Grant that we may seek the peace and welfare of this place.

Great Physician, stretch out your hand to bring comfort, wholeness, and peace to all who suffer in body, mind or spirit.....

Fill us with compassion that we may be channels of your healing love.

Conqueror of death, remember for good those whom we love but see no longer.....

Help us to live in the sure and certain hope of your eternal victory.

Lord God, hear our prayers, and make us one in heart and mind, to serve you with joy for ever. **Amen.**

The Collect for the First Sunday after Trinity

O God, the strength of all those who put their trust in you,
mercifully accept our prayers and,
because through the weakness of our mortal nature,
we can do no good thing without you,
grant us the help of your grace,
that in the keeping of your commandments
we may please you both in will and deed;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit
one God, now and for ever. **Amen.**

The Lord's Prayer *(or traditional form, if you prefer)*

Our Father in heaven, hallowed be your name;
your kingdom come; your will be done;
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins, as we forgive those who sin against us.
Lead us not into temptation; but deliver us from evil.
For the kingdom, the power and the glory are yours,
now and for ever. **Amen.**

Father of light,
in whom is no change or shadow of turning,
you give us every good and perfect gift
and have brought us to birth by your word of truth:
may we be a living sign of that kingdom
where your whole creation will be made perfect
in Jesus Christ our Lord. **Amen.**

Blessing

May God keep us in all our days.
May Christ shield us in all our ways
May the Spirit bring us healing and peace.
May God the Holy Trinity drive all darkness from us
and pour upon us blessing and light.
And the peace of God, which passes all understanding,
keep our hearts and minds in the knowledge and love of God
and of his Son, Jesus Christ our Lord, now and always. **Amen.**