



BINSEY LINK

The magazine that reaches out to everyone in our communities

binsey.org.uk

Charity Number:
1169267

Serving and informing the Mission Community of:
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,
Torpenhow, Uldale and Wythop

October 2023

Autumn

All around the signs of Autumn are apparent as the trees begin to shed their leaves; the colours of summer change to the brown and golden ones of autumn; and the daylight hours start to shorten once again. Whether or not, we welcome the ending of summer and beginning of autumn, these natural changes are inevitable and of course essential to the whole rhythm of creation.

This summer, I have been able to enjoy some holiday and do plenty of walking in Scotland and the Yorkshire Dales as well as here on the Cumbrian fells. In Britain we know that we are very fortunate to have such a variety of landscapes and the freedom to enjoy these beautiful settings.

In Binsey, we wake up each day to the wonderful back-drop of the fells and the Scottish hills across the Solway, alongside the daily reminders of the wonder of nature in our gardens and all around us.

Inevitably, the changing of the seasons and the moving from summer to autumn and then to winter, brings a different rhythm and routine to life. Some find that change more challenging and especially the winter months themselves. Yet, whilst the arrival of autumn means that winter is around the corner, it also signals that spring is not too far away again as creation goes through this natural cycle of change. We enjoy the fruits of creation in summer and into autumn before there is a resting period, and spring brings re-growth and new life.



I'm aware that it might be said I have entered the 'autumn' of my earthly life and those of us, who are getting older wish this natural cycle of life could be repeated in us, so the unwelcome aspects of older age could be changed and our bodies renewed!

Yet, from a Christian perspective this cycle of life shows the hand of God at work and is a sign of the transformation and new life that he wants to bring to each of us through the love of Jesus Christ. There are some things in life that we can do nothing to change, but God looks to come alongside each of us in his son, Jesus Christ, to bring purpose and meaning at whatever stage of life we have reached. God's love supremely demonstrated in the life, death and resurrection of Jesus, is a constant reassurance that whatever changes happen in our lives and in the world around us, his love will never change.

'Jesus Christ is the same yesterday and today and for ever.' (Hebrews 13:8)

Stephen

Revd Stephen Banks



October 2023

October Services

Sunday 1st October– 17th Sunday after Trinity			Sunday 8th October– 18th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Boltons	9.30am	Holy Communion	Embleton	9.30am	Holy Communion
Plumbland	9.30am	Holy Communion	Torpenhow	9.30am	HARVEST Service
Bassenthwaite Chapel	11am	Morning Worship	Allhallows	11am	HARVEST Service
Isel	11am	HARVEST Service	St. John, Bassethwaite	11am	Holy Communion
Wythop	11am	HARVEST Service	Setmurthy	11am	HARVEST Service
St. Bega, Bassenthwaite	3pm	HARVEST Service with Communion			
Embleton	6pm	Evening Prayer	Ireby	6.30pm	HARVEST Service
Sunday 15th October– 19th Sunday after Trinity			Sunday 22nd October– 20th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Isel	9.30am	Holy Communion	Boltons	8am	Holy Communion
Bassenthwaite Chapel	11am	Morning Worship	Ireby	9.15am	Holy Communion
Plumbland	11am	Morning Worship	Torpenhow	9.30am	Holy Communion
Wythop	11am	Holy Communion	Setmurthy	9.30am	Holy Communion
			Allhallows	11am	Family Service with Baptism
			St. John, Bassethwaite	11am	Morning Worship
Embleton	6pm	Evening Prayer			
Sunday 29th October– Last Sunday after Trinity					
Church	Time		Service		
<u>Team Service</u> All Saints, Allhallows	10.30am <i>(remember the clocks go back one hour)</i>		Holy Communion		

From the Registers

BAPTISMS

Zachary Ferguson was baptised at St. Michael & All Angels, Isel on 20th August 2023.

Noah Mostyn was baptised at St. James, Ireby on 3rd September 2023.

WEDDINGS

The wedding of Peter Sutton and Katherine Miller took place at St. Margaret, Wythop on 19th August 2023.

The wedding of Joseph Finnerty and Caitlin Cosgrove took place at St. Margaret, Wythop on 26th August 2023.

The wedding of Ben Armstrong and Lucy Callaghan took place at St. Michael & All Angels, Torpenhow on 2nd September 2023.

FUNERALS

The funeral of Annie Perrins, from Wythop Mill, took place at St. Cuthbert, Embleton on 30th August 2023.

The funeral of Peter Irving, from Plumbland, took place at St. Cuthbert, Plumbland on 31st August 2023.

The funeral of Peter-John Dixon, from Setmurthy, took place at St. Michael & All Angels, Isel on 1st September 2023.

The funeral of Roy Sessford, from Torpenhow, took place at St. Michael & All Angels, Torpenhow on 6th September 2023.

The funeral of Frances Moore, from Bassenthwaite, took place at St. John, Bassenthwaite on 8th September 2023.

Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child.

Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.



BAPTISM

To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541. Please note that St James, Uldale is not currently available because of major restoration work.



If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests, and St James, Uldale is not currently available because of major restoration work

Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

Book Review

The Marriage Portrait by Maggie O'Farrell

Having been an English teacher for a very long time, I found myself teaching the same poems repeatedly. Some I loved; some I definitely didn't! One that I did love was Robert Browning's 'My Last Duchess' so when I heard that one of my favourite authors (remember Hamnet?) was writing a fictional back story to the poem I was excited and intrigued. This is historical fiction at its best. Full of bustling detail injecting life into the pages and putting flesh onto the dusty bones of a past so distant we can barely imagine it.

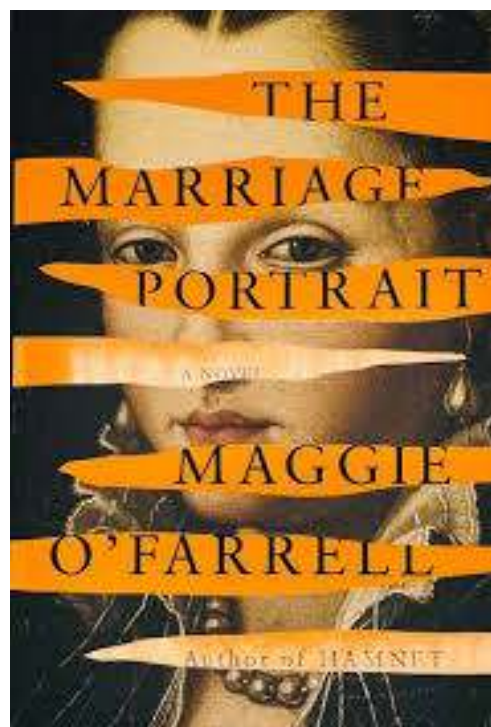
Florence, the 1550s. Lucrezia, third daughter of the grand duke, is comfortable with her obscure place in the palazzo: free to wonder at its treasures, observe its innermost workings, and devote herself to her own artistic pursuits. But when her older sister dies on the eve of her wedding to the ruler of Ferrara, Modena and Reggio, Lucrezia is thrust unwittingly into the limelight: the duke is quick to request her hand in marriage, and her father just as quick to accept on her behalf.

Having barely left girlhood behind, Lucrezia must now enter an unfamiliar court whose customs are opaque and where her arrival is not universally welcomed. Perhaps most mystifying of all is her new husband himself, Alfonso. Is he the playful sophisticate he appeared to be before their wedding, the aesthete happiest in the company of artists and musicians, or the ruthless politician before whom even his formidable sisters seem to tremble?

As Lucrezia sits in constricting finery for a painting intended to preserve her image for centuries to come, one thing becomes worryingly clear. In the court's eyes, she has one duty: to provide the heir who will shore up the future of the Ferranese dynasty. Until then, for all of her rank and nobility, the new duchess's future hangs entirely in the balance.

This is a novel full of surprise. It makes a stark comparison with the way we treat children today and shines a light on the expectations of both women and men at the time. Maggie O'Farrell seems to have an incredible talent for bringing the past to life in a real and emotional way so that the reader can feel a genuine attachment to the characters. I felt so protective of Lucrezia; I cheered when she triumphed and feared when she was under threat. This is a book I couldn't put down...and although I had read the poem it's based on, there's certainly no need for prior knowledge. O'Farrell's rich tapestry of language leads you and entices you through a bewitching story. Don't miss it.

Clare Doherty
(Chapel House, Plumbland)



10th October World Mental Health Day

Free Carer Relaxation Sessions

Every year on 10th October World Mental Health Day takes place to raise awareness of mental health issues around the world. We know that caring can be an emotionally draining role and many carers report feelings of stress and depression. To help combat this Carer Support West Cumbria offer Free Online Carer Relaxation Sessions with Simone from Soul Work Studio. Simone's sessions involve a mixture of breathing exercises and guided meditation to help Promote inner peace and stillness. They also provide a much needed short break from the responsibilities of caring, just 30 minutes can be enough to calm the mind and ease your soul. If you feel you need to take some time to relax, restore and renew contact us on 01900 821 976 or general@carersupportwestcumbria.co.uk to register as a carer and/or book your place on an upcoming session.

Julie Crellin—Carer Support West Cumbria

October

Around The Parishes

Allhallows

Allhalows Church

Afternoon Tea on the 10th September raised £240 for Allhallows Church funds. Many thanks to everyone who came along and supported us.

See you in October for more tea, cake and company.
Gillian.

8th October 2023 at 11am, Harvest Sunday Service at Allhallows Church.

Please give us your kind support.

15th October 2023 2pm to 3-30pm, Afternoon Tea in the Community Centre.

Tasty home made treats to enjoy. Supporting the Community Centre and Allhallows Church.

YOUR COMMUNITY CENTRE NEEDS YOU...!

As you will be aware, the centre is a very old building and requires some modernising to keep it running for many more years to come. We need the support of our local community at events and fundraisers, for us to keep our centre at the heart of our community.

VOLUNTEERS NEEDED

Lunch Club plays an important part for so many in our community and provides a social gathering for people of all ages. Lunch Club is held on the last Thursday of each month, between 12noon and 1:30pm. A delicious selection of soup and a roll, puddings and hot drinks are available at £5 per person. We are looking for volunteers to join the "Lunch Club Crew" and keep this event thriving, as it has done for so many years. If you are interested or know of someone who is, please contact the management committee on allhallowscentre@gmail.com for further information.

We are also looking for new members to join the Management Committee. If you feel you can spare some of your time and would be willing to join the committee, please contact us on allhallowscentre@gmail.com

REGULAR EVENTS

📅 Bingo - First Friday of every month, Eyes Down at 7:30pm

£1.00 Entry fee (including refreshments)

50p per book, 5 games (including 1 snowball game)

Adults and children* (8 years+ only) *Children must be supervised by an adult, at all times

Adults are welcome to bring their own drinks

📅 Quiz - Dates to be confirmed for September/October; keep an eye on our Facebook page for further details

📅 2 by 2 Baby and Toddler Group (0-4 Years) - Every Tuesday (Term Time Only), 10am until 11:30am

Parents, grandparents, childminders, carers, etc., £1.50 per family

📅 Derwent Patchworkers - Every 2 weeks, on Wednesdays, 10am until 4pm

For further details or information, please contact Barbara Strong on 07833 692144

📅 Tales in the Tea Room - First Friday of every month, 7-9pm

📅 Allhallows Readers (Wordsworth Trust) - First Friday of every month, 1:30-3:30pm

Please let us know if there are any particular events or activities you would like to see happen at your community centre

ROOM HIRE

If you wish to make a booking for room hire, please ring 07593 638830, leave a message and someone will get back to you, as soon as possible. Alternatively, you can message us, directly, via the following:

Facebook: www.facebook.com/allhallowscentre

Website: <https://www.allhallowscentre.org>

Email: allhallowscentre@gmail.com

Bassenthwaite

St. John's Bassenthwaite.

October Cleaning : S. Stockdale.

October Flowers : S. Stockdale & M. Jackson

St. Bega's :Flowers & Cleaning : Janaki and John Spedding.

St. Bega's Church. Bassenthwaite's **Harvest Service** will take place at St. Bega's on Sunday 1 October starting at 3pm. All are welcome to attend.

Electronic giving is now available at St. Bega's Church and proving very popular with visitors. Thanks go to James and Janaki for setting this up.

St. John's Churchyard.

The Cherry Trees in the back corner of the Churchyard have become a safety issue.

The roots which are spreading above ground are a trip hazard. The DCC are proposing to have the trees taken down. If anyone is concerned by this or wants to comment please contact one of the Churchwardens. Several of the graves are in need of levelling and the DCC will be arranging for this work to be carried out. If anyone is concerned please contact the Churchwardens.

Bassenthwaite

Mrs Jean Gatty has been organist at St. John's and often St. Bega's for many years. Jean recently retired from these duties and we miss her so much. We send you our sincere thanks Jean for enhancing our worship for so long with your wonderful music. Apparently the wedding Jean first played for was that of Sheila and Albert Delaney and she continued to play for services and weddings for over 40 years. Best Wishes from us all Jean.

Words from Jean: "I would like to express my thanks to Bassenthwaite PCC for the package of tokens and cards they left for me on my retirement as organist. I have loved every minute of the last 45 years, playing the organ in the Binsey Group—some churches more frequent than others but you all welcomed me so warmly.

I would like to thank everyone who has enquired about my health over the last few weeks, I have been very well looked after. Believe me I am feeling quite overwhelmed by everyone's kind wishes, thank you again"

Jean Gatty

BASSENTHWAITE DROP-IN/POP-IN at Bassenthwaite Parish Room Call in any time between 10.30 am and 2 pm on the Tuesday dates Identified below for a chat, coffee and refreshments – £1 per person
Tuesday, 3rd October & Tuesday 17th October
Tuesday, 3rd October & Tuesday 17th October
Helen 017687 76222 or Margaret 017687 76175

Please note there will **NOT** be a Senior Citizens Christmas Lunch in the Parish room Bassenthwaite this year. There will still be a Lunch but at a different venue.
More information in next months Binsey Link

DON'T FORGET! Soup Lunch 10th October. Parish Room 12 - 1.30pm. £4 for Church Funds.

TABLE TOP SALE

SATURDAY 20 TH OCT 10am-2pm
BASSENTHWAITE PARISH ROOM
IN AID OF ST JOHNS CHURCH FUNDS

A group stall can be arranged as well as individual stalls.

For details of Stall hire, contact Alison:
stay@amtrafford.co.uk or tel 07967207645

SAVE THE DATE: Bassenthwaite Christmas Fayre on Sunday 26th November in Bassenthwaite Parish Room

Scottish Country Dancing

Bassenthwaite Scottish Dancing Class started again in Bassenthwaite Parish Room (CA12 4QJ) in September

Our friendly group welcomes new members, all ages, all abilities!

Every Monday 7pm until 9pm, only £2 per session.

For further details contact Marlene Jackson on 017687 76054 or marlenejjackson@btinternet.com

Join us for Fun, Fitness and Friendship!

TO BOOK OR ENQUIRE ABOUT BASSENTHWAITE PARISH ROOM FOR YOUR MEETING/FUNCTION/CLASS OR ANY EVENT PLEASE CONTACT OUR CO-ORDINATOR, LOUISE, BY EMAIL bookbassenthwaiteparishroom@gmail.com
Our web address - www-bassenthwaite.org.uk>book-the-parish-room

Boltons

BOLTONS PARISH HALL weekly events:

Monday. SHORT MAT BOWLS 1.30 - 3.30
Call 07879613838 for info.

Monday. CIRCUITS 9.30 - 10.30am

Tuesday. NEW CLASS!!

MUMS & TOTS PILATES 10.30 - 11.30am

Wednesday. PILATES 9.30 - 10.30am

All the above classes with Helen 07900410076

Thursday. BEGINNERS LINE DANCING 2-3pm. Fun, friendly class, No experience needed, just come along and join in!

Call Ness 07718264700 or just turn up, all welcome!

The Parish Hall is an ideal venue for meetings, classes, parties etc., Central Heating and WiFi! To hire the Hall call 07879613838.

Boltons Parish Hall

CHRISTMAS FAYRE & CRAFT SALE

Saturday 25th November 10.00am –2pm

Craft stalls, Tombola, Lucky Bags
Coffee & Cakes!!

Free Admission

To book a table or for more information:

Email boltonsparishhall@gmail.com

Call 07879613838

October

Embleton

St Cuthbert's.

Our next event is the annual harvest supper; Pie and Pea Supper and Beetle Drive; 6-30pm October 21st at Embleton Village Hall. Adults £7, Child £4, Family ticket £17. Please contact Barbara; 017687 76750 or Pauline; 017687 76414 for tickets - it really helps us to plan how many portions to buy. At the end of October, we plan to hold a pop-up stall; early offerings for Christmas will hopefully be on sale, but a Christmas themed one with raffle will also be held in December.

You may know that The Old School at Wythop Mill is currently run, very successfully, as group self-catering accommodation. Embleton and Wythop School Foundation administered by local trustees is a charity that receives income from the lease of the Old School at Wythop. The committee of trustees can award grants for educational purposes to any school serving the parishes of Embleton and Wythop. It can also award individual grants to any person under 25 years of age who, or whose parents are, resident in either of the parishes. The grants are for the purpose of promoting education, including social and physical training. If you would like further information, or a grant application form, please contact Chris Albon; Tel 01900826125 or email chrisalbon@btinternet.com.

Dates for your Diary:

Pie and Pea Supper

21st October 6-30pm Village Hall.

Adults £7, Child £4, Family ticket £17.

Please contact Barbara; 017687

76750 or Pauline; 017687 76414 for tickets

October 28th /29th ; Pop-up on the hill at Wythop Mill. Art and craft groups at St Cuthbert's Sunday School, all are welcome. Cuthbert's Crafters on Mondays at 2pm & artists meet on Wednesdays at 2pm.

Ireby

Coffee and Chat

We are delighted to resume our monthly invitation to enjoy each other's company over a cup of coffee together, beginning on Thursday 12 October, 10.30am, at Val Grayson's home Crosby House, Ireby. All welcome!

Harvest

Please check the October services page for our Harvest Festival Service!

Binsey Link

We are in need of more volunteers to help sort and deliver the Binsey Link in Ireby village and area. If you could help, please contact Lindsay, tel. 016973 71446.

October 2023

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's OR in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode. Any items or comments for the next edition please send to Jean at jeanmaca@aol.com or 01768776184 by October 7th please.

Embleton Village Hall Notice Board. Hi everyone, schools are back, the sun's out! If you want to book an event in the hall, please give plenty of notice, if possible, as the hall is very popular now. When you leave the hall, please check all lights and kitchen equipment is switched off as our electric bills are going through the roof and we really don't want to raise the hourly rate unless we have to.

What's on in October?

Monday: Moo-Music 9.50 lou@moo-music.co.uk.

Monday: Mah-jong 2.30 pm Vivian 01900829490.

Monday: Dance class 6.30pm. Edna 01768776630.

Tuesday: Yoga 6.15pm Rebecca 07735 439126.

Thursday: Circle dance 7pm, Kathleen 76532.

Friday: Yoga 9.45 am Sarah 07712531365.

Friday: Youth Club 6.30pm.

Sunday; Dance class 7.00pm, Edna .76630.

Tuesday 3rd : U3A Folk dancing group 2pm.

Thursday 5th : U3A Photography group 9.30am.

Saturday 7th : Art Class 10-12pm.

Saturday 7th : Private function 2pm- 6pm.

Wednesday 11th : W.I. 7.30pm.

Saturday 14th : Social dance 7.30pm Edna 76630.

Tuesday 17th : U3A Geology group 9.30am.

Tuesday 17th : U3A Folk dance 2- 4pm.

Wednesday 18th : Flower club 12.30 pm.

Wednesday 18th : Parish Council 7pm

Saturday 21st: Private function 10am- 12pm.

Saturday 21st : Pie and pea supper 7.30pm.

Sunday 22nd Yoga 11.30am.

IREBY FILM NIGHT

at the Globe Hall in association with CINE NORTH



Friday 20 October 2023 6:00pm - Doors open 5:45pm

Tickets £5 (cash on door)

For every 3 tickets bought for one booking, get 1 ticket free!

Bookings: Irebyfilmlight@gmail.com or Mick 07885802204

COMING SOON: Barbie 24 November 7:30pm



Refreshments available at Snig's Black Lion

Tea, Coffee, Squash & Popcorn available for cash contribution in the interval at the Globe Hall.

Ireby

The Ireby Carnival & Sports Committee would like to invite all Ireby and Boltongate senior residents to -

AFTERNOON TEA With Entertainment



Sunday 15th October 2023
2.30pm W I Hall, Ireby

Please contact Emma on 016973 71796 or Diane on 016973 71283 by Monday 9th October to book your place.

Thank You

This is a free event for all those eligible. There will be a donation box in the hall.

BOOK YOUR STALL FOR: **IREBY CHRISTMAS FAIR & LIGHT SWITCH ON SATURDAY 2nd DECEMBER**

WE WILL BE HOLDING THE CHRISTMAS FAIR IN THE GLOBE HALL FROM 4-6pm BEFORE

THE LIGHT SWITCH ON.

I AM TAKING BOOKINGS FOR STALLS AT £5 EACH OR FREE FOR A CHARITY.

PLEASE CONTACT EMMA ON 71796 IF INTERESTED IN HOLDING A STALL.
THANK YOU

Isel

A Harvest Festival Service will be held in St. Michael and All Angels' Church, Isel on Sunday 1st October at 11am. The Annual Harvest Pie and Pea Supper and Auction will take place on Tuesday 3rd October at 6pm. in Blindcrake Village Hall. Tickets will cost £8.50, but will be half price for children under 12. If you have any produce to spare that is suitable for the auction please either give it to a member of the church committee or bring it with you on the night. Tickets are available from any DCC member or from Ann Thompson 01900 823763 or David Roberts 01900 823547

Memorial Service at St. Michael and All Angels' Church, Isel. The Annual Memorial Service at St. Michael and All Angels Church, Isel, will be held on Sunday 5th. November. The service time is yet to be confirmed but the time will be displayed in the November Binsey Link. This service is especially for those who have been recently bereaved and for anybody else to remember loved ones who are no longer with us. We have chosen this particular Sunday because it falls between All Souls Day and Remembrance Sunday.

If you would like a name to be mentioned during the service, please contact David Roberts (01900 823547) before the end of October.

Isel and Bridekirk Parishes First Responders 150 Club Draw September 2023

1st Prize WB Allinson, 2nd A Haworth
3rd M Dawson, 4th A Lester
Drawn 13th September 2023 First Responders Business
Meeting Beech Farm Sunderland



October

Application are still open for both **Blindcrake Parish Charity & The Wybergh Fund**—please see September Binsey Link for how to apply.

Blindcrake Village Hall

OCTOBER

Tuesday 3rd **Harvest Supper.** 2pm-10pm

Wednesdays **Pilates** 6:30-7:30 Please contact Angela Price for more information. <https://www.mipilates.co.uk/>

Tuesday 10th **Village Hall Committee** meeting 7:30pm

Saturday 7th Bible Study Group 10am-4pm

Saturday 14th **Evening Inn** 8pm. The first of the season, join us for the usual good company, good cheer, and good craic... Oh yes, and the quiz and the beer!

Saturday 21st Bible Study Group 10am-4pm

Tuesday 24th **Village Hall Committee** meeting 7:30pm

NOVEMBER

Wednesdays **Pilates**

Monday 20th **Parish Council Meeting** 7:30pm

Friday 24th and Saturday 25th Angela's **Christmas Market** (more information next month)

TO HIRE BLINDCRAKE VILLAGE HALL:

Look at <https://blindcrakevillagehall.org.uk/>, click on HIRING, and use the CONTACT FORM to request bookings, or to make enquiries, etc.

Hiring charges: £8 per hour for meetings, classes, etc, and £12 per hour for parties and functions. Do have a look to see what else you can find, on the website. (We have an automatically updating calendar on the Home page, worth checking to see what's coming up soon, or plan what date you'd like to hire the hall, based on current bookings.)

Plumbland

St Cuthbert Church

Hope all have had a decent Summer break and been able to have a time to relax with family and friends. Life still goes on and here at St Cuthbert's we are continuing to hold our regular services and maintain a place of peace and tranquillity for all who come and join us. We are so fortunate to have a team of willing volunteers who help to maintain our Churchyard and building, we couldn't manage without their help or the donations freely given for our upkeep. Last month we said our farewell to a well respected friend and member of our congregation as we attended the funeral of Peter Irving, he will be sadly missed by many.

The winter months are fast approaching and our village hall activities are into full swing, please feel free to join the various groups, make new friends and join in village life. Our regular services continue and all are welcome
Best wishes to all our friends, see you soon ? Graham Cox

Plumbland Village Hall

What a success the Plumbland Show was, held Sunday 10th September. Without counting we could say perhaps over 150 (maybe 200?) entries with again perhaps 200 people attending—it was beyond any expectation of our hopes. So many people to thank so just a big thanks to you all and everyone who attended for making the event a success. The Committee are of the opinion that a 2024 Show is now assumed.

All regular activities have now recommenced and welcome new starters. Come along to: Bowls 7pm Mondays & Tuesday, Salsa 7pm Wednesdays, Dancing 7pm Thursdays. Contact first: Toddlers 9am Fridays—Gillian Winder 07789542736, Yoga Saturday 10.15am Craig Williamson 07967635238
Youth Club is 1st Friday Monthly 6pm & Film Club 2nd Friday Monthly 7pm

Setmurthy

St Barnabas Church

Cleaning & Flowers October: Mrs Anne Richardson & Mrs Betty Richardson
Services: HARVEST THANKSGIVING will be a service at 11am on Sunday 8th October followed by lunch & sale of produce in the Parish Hall . Everyone welcome.
Please check the Binsey Link ,Church Notice Board or website for details of services.

The Parish Hall is available for bookings, please contact Mrs Nicola Laws tel 017687 76483
Further Education classes
Please come along to the Parish hall on Tuesday 10th October at 1.30pm & bring any craft item you are working on at present & we can discuss any ideas for future classes. For further information contact Elizabeth tel 01900 823329

Parish Hall

Events:-- no events in October

Torpenhow including Bothel & Blennerhasset

St Michael Church

Harvest Service Sunday 8th October 2023 9.30 am
Followed by refreshments

Come and join us in this celebration of our harvest and the food we have.

We will also collecting donations for the North Lakes Foodbank, to support those struggling to feed themselves and their family. Donations can be left in Church and at Bothel village hall (in dedicated bin)

Souperday

Our autumn souperday will be held on Saturday 11th Nov 2023 12noon – 1.30pm.

In Torpenhow Village Hall.

Torpenhow Brownies will be attending to raise funds for Children in need.

Everyone welcome, put the date in your diary

Torpenhow including Bothel & Blennerhasset

Blennerhasset & Baggrow Village Hall

The Treasure Hunt was great fun and lovely to see folks enjoying themselves. Now looking ahead to Christmas.

COFFEE MORNING - Next WEDNESDAY 4TH OCTOBER

Every 1st Wednesday of the month is our Coffee Morning. We give such a warm welcome to visitors from neighbouring villages and locals, plus our baking is brilliant. **FROCK SHOP – SATURDAY 21ST - SUNDAY 22ND OCTOBER** Our final, Frock Shop of the year, is Mams & Lambs. That's clothing & accessories for the Ladies and Kids. Shoes, Bags, Trousers, Jewellery, Jackets, Coats - the whole gambit. Come and grab some bargains.

GAMES NIGHT – FRIDAY 27TH OCTOBER

Every last Friday of the month is home to Games Night. Table Tennis is joined with 3 new additions: Pool, Table Football & Air Hockey. Bar & Tuck Shop make this a firm favourite for the whole family.

SING FOR UR SUPPER – BACK AGAIN IN NOVEMBER (Date to be confirmed)

If you love Musical Theatre, this is a MUST. An evening of theatre songs from talented Locals who just love to sing. A cracking night, we're thrilled to have the team back again. Tickets strictly limited. Book at www.bbvh.uk.

CHRISTMAS SANTA GROTTO & BEST DRESSED WINDOW - SATURDAY 2ND DECEMBER

Join us from 7pm for a festive minced pie and mulled wine, at the Village Hall. Santa will be paying us all a visit too in his Grotto. We also have our best dressed window competition throughout the village for everyone to enjoy.

GET FIT – STAY FIT – Weekly classes

We have a weekly programme of exercise classes to appeal to all ages, abilities and goals. These include Dance, Yoga, Step & Circuits. The class timetable can be found on our website www.bbvh.uk

Check out our website www.bbvh.uk (Blennerhasset & Baggrow Village Hall BBVH) for more information on all of our events. Follow us on our Facebook page: Village Hall, Blennerhasset & Baggrow

Bothel Village Hall

Weekly activities

Mondays Bowling 7.30pm

Wednesdays Yoga with Fiona 10am

Wednesday 7.30pm Fencing group

Thursdays 7pm Circuits

Fridays 4.30pm Dance Classes

ANNUAL RACE NIGHT

SATURDAY 28TH OCTOBER. ENJOY A FAMILY NIGHT OUT.

TICKETS £6 AND £3 FOR CHILDREN - AVAILABLE FROM BETTY (20217) TO INCLUDE PIE AND PEAS. OR ADMISSION ONLY £4

October

October

Tuesday 3rd October W I Hayley Slack " Household waste "

Wednesday 11th October Craft group 7.30pm

Tuesday 17th October Gardening Club 7.30pm

Monday 23rd October Lunch Club 12 noon

Tuesday 24th October Wild Life Group 7.30pm

Wednesday 25th October BINGO 6pm

Friday 27th October PUMPKIN FEST 6 - 8 pm

100 Club winners September 1. M & R Potter 2 B.

Sanderson 3 D & P Shankland

Rainbows is a Girlguiding group for



all girls ages 4-7 years old, for fun, games, crafts and learning through

adventures. We are also opening a waiting list as we seem to have quite a few 3 year olds in the community who are interested but a bit young yet! We will be running

Tuesdays 5.15-6.15pm in Bothel Village Hall. We can be contacted at bothelrainbows@gmail.com for more

information.

Torpenhow Village Hall

Saturday 7th October 10 – 12 noon

Coffee Morning and Book Share



Saturday 14th October

Ceilidh

Featuring

The Solway Band

7.30 – 10.30pm

Adults £10, Family ticket £25



Please call or message Julie on 07803 619725 to book and pay for Ceilidh tickets

You can also book tickets for our Anniversary Quiz – Friday 24th November &

Stalls at our Christmas Tabletop Sale On Saturday 4th November

1st Torpenhow Brownies is on a Tuesday evening in Torpenhow Village Hall. We meet from 6.00 to 7.30pm during term time for games, crafts and much more. Just ring 016973 71514 or email torpenhowbrownies@gmail.com for more information



Uldale

St James

Uldale Sports committee. The relaunch of Uldale 100 club.

If you would like a number please contact Marion Pattinson 016973 71287 The committee look after the tennis court and playground.

Your support is greatly appreciated.

NFG Septic Tank Syndicates. Significant savings can be made on orders Please contact Gillian Skillicorn 07874 24160 Order dates March & November

Uldale Foundation Governors Educational Grants 2023

Applications are welcome for the coming school academic year- September 2023

Individual grants are awarded, by the Uldale Foundation Governors, to those who are resident in Uldale Parish, are aged between 16 and 22 and are in education. Up to three grants can be made to individuals. Any other grants may be awarded at the discretion of the Committee.

If you wish to apply, please do so in writing to:-

Uldale Foundation Governors

c/o Mrs Marion Pattinson

Uldale Hall

Uldale

Wigton

CA7 1HA

For further details contact 016973 71287

Applications need to be made prior to or at the latest by the end of October 2023

Wythop

This year's Harvest Service and Gift Day is at 11.00 a.m. on 1st October. We would be grateful if anyone wishing to make donations of food and/or money would do so directly to the Cockermouth Food Bank.

On one of the hottest nights this summer we enjoyed an evening of entertainment from the Whitehaven Male Voice Choir. Many thanks to them for soldiering on and to our supporters who helped to make the evening such a success.

Grants Available from Aspatria Charity Shop

Aspatria and District Community Charity Association have grants of up to £1,000 available for organisations such as Churches, Schools, Village Halls and Clubs who are in need of financial help to complete their projects.

The areas available for these grants cover all parts of the Binsey Link distribution area.

The committee meets monthly

For further information or application forms please ring Marie Rose on 016973 21230

or call in the shop for a form.

The shop is completely volunteer run and managed and provide a wonderful service supporting the local community

Remember: Change the Clocks Sunday 29th October

An easy way to remember which way the clocks change is to think of the seasons:

in spring the clocks 'spring forward', while in autumn they 'fall back'.

The clocks go back on the last Sunday of October, changing from **2am to 1am**

School News

Ireby

Hello and welcome to a new school year here. The two pupils who left us in the summer are settling into their new learning environment at Keswick School and we have welcomed new starters in to our Early Years unit. As well as our pupils moving up through the school into new classes, three of our teachers will be teaching different classes this year so plenty of new beginnings and changes to get used to. We congratulate Mrs Salmons (Miss Jackson) as she has returned to school having got married over the summer break. Many congratulations Hannah! This year our youngest pupils, Nursery and Reception (Early Years / Foundation Stage), will be taught by Ms Hartwell in Binsey Class. Year 1 and 2 (Key Stage 1), our Whinlatter Class, will be taught by Mrs King, and Year 3-6 (Key Stage 2), will be taught by Mrs Salmons and Mr John in Skiddaw Class.

This term in Binsey Class, the topic is "All About Me" where the children will explore and identify a range of different feelings and learn to understand how to express and control them. This new term will also be about building awareness of rules in the school and classroom, gaining knowledge in how to stay healthy and build relationships with classmates and staff. This half term our school Christian Value is Friendship so the whole school will be focusing, discussing, and exploring the roles of families and friendships. Whinlatter Class will be thinking about this big question in RE – "Is it possible to be kind to everyone all of the time?" In Science, Binsey Class will be focusing on minibeads and habitats and looking at the season of Autumn. Through our Woodland Wednesday afternoons with Whinlatter Class too, the children will be looking very closely at seasonal changes that happen at this time of year. This term Whinlatter Class will be visiting Watchtree Nature Reserve to support their science topic of investigating living things and their habitats. Topics in Skiddaw Class this term will include learning about the Stone Age, Iron Age and Bronze Age in Year 3 and 4, and the Tudors in Year 5 and 6. In computing through the school Year 1 and 2 will be working to improve their mouse skills, Year 3 and 4 pupils will be exploring networks and the internet and Year 5 and 6 will examine the Microbit. To find out more about the learning here at Ireby School, please have a browse through our school website to see how Mr John and the staff have been developing a strong, challenging and creative curriculum that is tailored to Ireby but also incorporates exciting and enriching outdoor learning opportunities. You will also see what activities and visits have been enjoyed by the pupils throughout the year. We would lastly like to welcome you in joining us at our Harvest Service on 6th October in St. James Church, Ireby, at 9am.

Boltons

We have only been back in school a few weeks and the children have all settled in well to their new classes, with many of the children being with a different teacher and in different classrooms too. The children in Year Reception have adapted to life at Boltons brilliantly and we are all enjoying getting to know them (especially their Year 6 buddies)! Year 6 are most definitely enjoying the responsibility of looking after their buddies in Year Reception and are great at reading them stories throughout the day, as well as teaching them how to cut up their food at lunchtime.

It has already been a busy few weeks at Boltons with the coaches from CUFC teaching PE throughout the whole school on Thursdays and Mr Gibson teaching cricket to the juniors on Wednesdays. It has been great seeing so many children attend the selection of afterschool clubs that are running this term too: Lego/Games club for the infants, infant art club, junior art club, netball, cricket, gardening and football.

Years 3-6 had a great time at Watchtree Nature Reserve taking part in forest school activities. It was great seeing them learn outdoors and exploring nature. The whole school visited All Saints Church in Boltongate and it was lovely taking part in worship in the church. Thank you to Reverend Banks for holding the service for us all. The children have all enjoyed taking part in Collective Worship and thinking carefully about our Christian value this half term – Hope. It has been lovely welcoming Reverend Banks, Reverend Freeman and Stuart Christian from the Foodbank back in to school to lead some of our assemblies.

The school held a coffee afternoon for MacMillan and it was great seeing so many family members enjoying the delicious cakes which were baked by the children in school.

The children are all currently busily practising their assemblies for our Harvest Festival, where we will be donating food to the local Foodbank.

School News

Bothel

Welcome back to another fantastic new year at St Michael's! We have had a brilliant start to the new school year after the summer holidays and it is great to be back in school with everyone smiling and enjoying all of the new term's learning. We are particularly excited to now have both our new front playground area completed and our wonderful new library too. School is looking and feeling great with both of these new developments; our youngest children have been enjoying using their new riverbed and water wall for playing and learning with water, and we all love the new natural wood and rope climbing area! We hope some of you have managed to enjoy it too over the holidays and weekends as our grounds are always open to the public once school is closed for the day. Our library looks wonderful too: it has been fully redecorated, refurbished and restocked and the children have been really excited to use it, enjoying the new comfy seating areas and especially choosing from the new "poetree", our special tree of poetry books!

Next week, our KS2 children will be going off for a block of swimming sessions at Cockermouth Leisure Centre and following that they will be enjoying an interactive science show at Lakes College. Our younger children are looking forward to forest school sessions and a visit from a paramedic this half term too.

We have also started the term with a global neighbours focus and the children will be learning how they can become courageous advocates for positive change in our world, both locally and globally. We are just getting started so are looking forward to sharing with you some of our plans as we go along!

We would, as always, love to show you round our lovely, friendly, spacious and well resourced school, so please get in touch on admin@bothel.cumbria.sch.uk or on 016973 20632 if you are looking for a school place, as we do have places available currently in all year groups. We would love to meet you and everyone is always welcome!

WI

Bothel & Kirkland For our September meeting we welcomed Jane Shaw who works for Oxfam, she gave us a very interesting talk. Because of Covid the numbers of volunteers has reduced. One project has been to provide clean water and toilets, for many communities which greatly improves people's health. Women have been helped by providing clinics, encouraging girls to attend school and lobbying governments to improve these. Providing seeds and loans have helped to combat malnutrition and give women an income. The earthquake in Turkey/Syria caused devastation and still needs ongoing aid for refugees. Safe well lit toilets have been provided for women and girls. The Ukraine-Russia conflict as results in many displaced people, aid has been given to the Roma people in Ukraine and Moldova who are discriminated against. East Africa is suffering from conflict and drought so many are facing starvation, much help is needed. She said that instead of buying gifts, money could be spent on a card which could go to a specific cause. She was thanked by Jenny. For our August meeting we went to Upfront and enjoyed some food and a look around the gallery, also recently members met in Philippa's field one night and sat around the fire pit toasting marshmallows.

Uldale & Ireby We have had an enjoyable few meetings since Summer came – then went and then came back again! Back in June, a large group of us went for our regular meal out. We have been to Craggs in Bothel for the past couple of years and have a super time there. We are looked after wonderfully, are cooked great food and we are glad to get out into the community and support our local businesses.

The July meeting came, and with it a good few thousand bees! Thankfully, capably supervised by Tony Edwards from Cockermouth Beekeepers Association. We were all genuinely fascinated by the hive Tony brought and the wealth of information he shared. Tony took up beekeeping on his retirement and he encourages people to give it a go. If you check Cockermouth Beekeeper's website - they run courses for new keepers every year. They also personally support people starting out – and Tony got stung on the nose as a thank you the last time he did!

In August, we don't have a regular meet but arranged a get together at Woodlands in Ireby. The cakes and scones were SO GREAT that we have decided to return – monthly! These meetings are during the day and days/ dates will change every month so do check in with Janice or Jennie from the committee for more details.

September brought chocolates – made by Keith Tattersall from Castle Chocolates in Carlisle. They were marvellous. He showed us how he makes some of his products and strives to have everyone leave his shop with a smile – we certainly left our last meeting with one – and a bellyful of chocolate to boot! Thanks to our hostesses in July and September – Linda Yoxon, Lesley Philip, Marion Pattinson, Susan Little and Susan Irving. The July competition for 'A bee in any medium' was won by Doreen Gleed with Betty Lawson in second. Betty won the September competition for 'Two Pieces of Traybake'. Finally we have had two significant birthdays amongst our members this Summer – they know who they are because we sang to them. Many many happy returns to Elizabeth and also to Sarah. We meet at Ireby WI Hall on the first Thursday of every month at 7.30pm. New members are most welcome – please call Jennie on 07980752606 or email UldaleandIrebyWI@gmail.com so we can help you settle in to our friendly group.

Parish Council

Allhallows

The Allhallows Parish Council September meeting was held at the Allhallows Centre on 6th September.

Apologies were sent verbally by our County Councillor but unfortunately there was no report as well.

Cumberland Council informed the Parish Council that three minor roads all eventually leading to the A596 will have a weight limit imposed.

An application has been received to fill a vacancy on the Council. This was enthusiastically welcomed by the Council.

The Play Park will have its inspection soon.

A councillor has had a meeting with an official about grant applications. This had been fruitful and helpful.

The former bonfire site, now a carefully restored nature site is progressing very well indeed.

Parking is an ongoing problem in Fletchertown, but as long as parking is legal, little more can be done.

The Produce Show, held at the end of July, the first of its kind had been a tremendous success, and will be held again next year.

A councillor raised the question of the prolonged closure of Aspatria Library. As the County Councillor was absent an email will be sent instead.

Allhallows still has a vacancy for a councillor. We would welcome an application.

Boltons

Report on the Ordinary Bi-Monthly Meeting held in Boltons Parish Hall, Bolton Low Houses on Tuesday 7th of September 2023.

Cllrs. Present: David Colborn (Chair), Richard Benson, Geoff Bateman, Mike Johnson, Malcolm Grainger, Ian Ridley & Chris Littlewood.

The council agreed to progress the purchase of a defibrillator in the old telephone kiosk at Sandale.

Cllr Bowness to assess the kiosk's electricity supply and the clerk to apply for funding from the Cumbria Community Foundation.

A donation to Boltons Parish Hall for £1000.00 was considered and approved. The money is to go towards new flame retardant curtains, the annual insurance & premises licence.

It was noted that Bolton Low Houses school road had been marked up by highways for repairs.

It was asked if Boltongate could apply for a 30mph speed limit – parish council to request a speed review.

There is currently a parish councillor vacancy - Are you interested in your local community? If so, please contact the clerk to find out more on how to become a Parish Councillor.

Full copies of the Minutes & Agendas are available from the clerk, Elizabeth Clark on

016973 45665, boltonspc@aol.com or see www.boltonsparishcouncil.wordpress.com.

The next meeting of the parish council will be held on Tuesday the 21st of November 2023 in The Bell Church Institute, Boltongate commencing at 7.00pm.

ALL PARISHIONERS WELCOME TO ATTEND.

Embleton & District

Serving the Parishes of Embleton, Setmurthy and Wythop.

COMMUNITY PANELS - Cumberland Council's eight new Community Panels are now open for business, and community groups can apply for support, including Local Councils. The panels were designed to put residents at the heart of decision making in their communities. Made up of ward councillors, they will liaise with a network of local partners and residents to ensure effective investment.

Each panel has an amount of funding, but can also support projects with lobbying, signposting and leveraging further help. The areas covered by each panel, their membership, and future meeting dates, can be found here <https://www.cumberland.gov.uk/your-council/community-panels>

REPORTING PROBLEMS ON THE ROADS - If you are wanting to report issues on the roads this can all be done by you as a member of the public. Many of the issues that are regularly raised with the Parish Council are actually better reported by individuals, as one report from the Parish Council counts as just that 1 report, where as if a number of individuals report the same issue, they count as multiple reports. Potholes/drains/white lines/street lights issues etc can all be reported via: <https://www.cumberland.gov.uk>

Both of the above types of reports are much better if supported by photos and accurate locations. What Three Words is a good location provider

VACANCIES - There are vacancies on the Parish Council. If you are interested in joining us contact any Parish Councillor or our clerk, Becx Carter.

DATE OF NEXT MEETING - The next meeting of the Parish Council will be WEDNESDAY, 18th OCTOBER 2023 at 7pm in Embleton Village Hall. All are welcome to attend.

If you have a matter that you would like to raise, please contact our clerk, Becx

Carter on 077866 78283 or e-mail her at embletonparishclerk@hotmail.com

Parish Council

Ireby & Uldale

Summary of the Meeting of the Parish Council held on 5th September, 2023 in the WI Hall, Ireby.

Present: Cllrs K. Bridges (Chair), R. Cockburn, A. Forrest, J. Logan and G. Moore. Also present nine parish members.

Matters discussed included: Public Participation at Meetings - Members adopted the protocol for public participation at parish council meetings. A copy is available to view or download from the website. Planning -

Applications received: LDNPA –7/2023/2135 - Field Opp Limedale Farm, Ireby - Erection of livestock barn on site of previous temporary shelter. 11m x 11m (121 m sq)

Hardcore base, timber frame with timber (Yorkshire Boarding) cladding. Clear corrugated roof panels on a mono pitch roof with living roof edging. 7/2023/2153 –

The Old School, Uldale - Use of shepherd's hut as holiday accommodation. Decisions: T/2023/0073 - Overwater Hall

Hotel, Ireby—Removal of 8 Ash trees due to Ash die-back –

Withdrawn. Speeding Issues - Cllr Perry, Cumberland

Councillor agreed to meet with residents and

representatives from the parish council on Friday 15th

September at 8.00am in Uldale to see the speeding problems in Uldale. Highway Lengthsman – Members discussed the feasibility of employing a parish lengthsman. Following consideration, it was agreed this would not be viable. Benches on Greengate Lanning – It was agreed to approach a local contractor to provide a quotation to carry out the repairs. New Woodland Planting, Ellen Bridge, Ireby - Notification had been received from the Agents Forest Manager that they are investigating the potential to carry out a small new planting project on a paddock at Ellen Bridge in Ireby on behalf of their client. Members had no objections to the proposal. Resignation – A letter of resignation had been received from Cllr Paul Crooks. The Returning Officer at Cumberland Council will be advised of the vacancy. Date of next meeting: Bi-monthly meeting 7th November, 2023 - WI Hall Ireby – 7.30pm

Clerk: Janice Rae, 1 Sun Croft, Ireby, CA7 1ES
Telephone: 07547 368 323 Email: info@ireby-uldalepc.org.uk

General

Caldbeck Surgery

As we have recommenced our Protected Learning Times (PLT) dates when we will close at 1 pm.

Thursday 14th September & Thursday 12th October

Please ensure you order your meds in plenty of time to allow us to process them. You can order 24 hours a day, 7 days a week by ringing **016974 78296**

Uldale Lunch Club

First Thursday of the month.
Please contact Mark Nellist 016973 71369

Cockermouth u3a:

The u3a movement caters for those people who are no longer in full time employment but who wish to pursue their hobbies and interests or learn something new with like minded people in a friendly environment. Check out our website for more information.

cockermouthu3a.org.uk

Skiddaw U3A: Our monthly meetings are now being held in Crosthwaite Parish Room Keswick. We have more than 50 different activity groups so if you are retired or semi-retired and want to stay active, learn new things and make new friends, pick up a copy of our Annual Guide to Groups which is available in Keswick Library or visit our website www.skiddawu3a.co.uk or or contact our Chair, John Hunston via email at chair@skiddawu3a.co.uk

Belfagan Womens Morris Dancing

Belfagan is a friendly open group and always welcomes new members. If you would like to try this we are holding an open event on Saturday 7th October between 2—4pm. No Dancing experience necessary. Refreshments will be provided. For further information see our website: <https://belfagan.blogspot.com>, find us on facebook or contact our Secretary Jan Dickins on 01697 321375 email jandickins230@gmail.com

Job Vacancies

NORTHERN FELLS GROUP ACTION THROUGH COMMUNITY JOB VACANCIES!



Lend A Hand and Medical loans Coordinator

Supporting volunteers to provide practical help and support to anyone of any age who is struggling because of ill health, disability, caring responsibilities etc.

12 hrs per week

£13.10 per hour

Closing date 2nd October

Village Agent

Providing support for local residents in a variety of ways, from home visits to group drop ins, signposting to targeted support within our team or to other organisations.

12 hours per week

£12.00 per hour

Closing date 2nd October

If you are interested in one or more of these posts please contact us at:

office@northernfellsgroup.org.uk

or call **07376 211995**



HIGHAM HALL

Front of House Staff Required.

24 hours per week—4 days on a rota system with one weekend off in three.

Straight shifts 07:30-14:00 or 12:30-20:00 (including 30min meal break, meals provided) plus casual evening shifts 18:00-20:00 available. £11.19 per

This post involves serving meals and refreshments for students and staff with some related support tasks, e.g. dishwashing and food preparation. We provide breakfast, lunch and dinner for around 40 covers per service, 7 days a week, 50 weeks per year. You will work alongside and have the support of a team of dedicated staff in a unique environment. Experience is not essential; the right person will be flexible, amiable, conscientious, and happy to work in a team.

Cook Required

FULL TIME (5 days per week- straight 7.5hr shifts between 7am-8pm, on a rota system with 3 other cooks. To include some weekends.) £12.11 per hour

This post involves preparing breakfasts, lunches and dinners for students and staff 7 days a week, 50 weeks per year. Around 40 covers per service. All meals are freshly prepared on site, and the set menu changes daily. We offer good, homestyle cooking that caters for all diets and allergies. All ingredients are carefully sourced and we have excellent facilities. The right person will be: an appropriately experienced Cook, happy to work in a team, flexible, professional and amiable

A unique and special place to be, Higham is a rural residential college located between Cockermouth and Keswick attracting adult students from across the UK for short learning breaks. Food is an important part of the experience of coming to Higham alongside excellent courses in a friendly and homely environment.

Interested applicants are encouraged to visit for an informal chat about the role.

Application Form available from <http://highamhall.com/jobs-at-higham>

HIGHAM HALL Bassenthwaite Lake, Cockermouth, CA13 9SH tel. 017687 76276

An Educational Trust providing a creative hub for enrichment and development for adults of all ages Charity number 1124959



HOLIDAY LET

We specialise in a home away from home for your visiting Family & Friends.
Come & take a look.

WWW.LAALYAM.CO.UK

Est. 1876

J Hill & Sons

Funeral Undertakers

Wigton

www.jhillandsons.co.uk

Email: info@jhillandsons.co.uk

016973 42635

Station Road, Wigton CA7 9AE

COMMERCIAL SPACE FOR RENT

A centrally located commercial space (Outgang Road) for rent in the heart of Aspatria

Suitable for a multitude of businesses, such as:

Optician, Dentist, Healthcare and Wellbeing Practitioners

Independent small business entrepreneurs etc

3 bays parking available in front of building

Very competitive rates and various lease options available

INTERESTED: Contact - peanut9@btinternet.com

R & J CARPENTRY & JOINERY

ADVANCED CRAFT CITY & GUILDS QUALIFIED

Free estimates on all joinery, including internal joinery, roofing, cladding, kitchens, wardrobes, windows, doors and commercial work.

Russell Crompton - 01697 321725

07976 962720 /

rj.joinery@hotmail.co.uk

Swan House, Bothel, Wigton, CA7 2JG

Music Tuition

Mrs Yvonne Griffin

GBSM ABSM ARCM

07949 821375

M Richard Griffin ARCM

07790200274



Piano - Clarinet - Saxophone
Music Theory - Accompaniment
All Grades

BINSEY RED SQUIRREL GROUP

Red squirrels are classed as Near Threatened in England, without conservation they could be extinct in 10 years. We're a volunteer conservation group, working closely with landowners, farmers & our community to protect our local red squirrel populations.

AREAS COVERED: Applethorpe, Aughterley, Boussethorpe, Ireby, Isl, Halkwate, Sunderland & Ulkale.

WE NEED YOU!

REPORT
All sightings of Red & Grey Squirrels via our website. Please include the location, time & date. This information is vital in allowing us to monitor & conserve our red squirrel populations.

DONATE
We're thankful for all donations. It's quick & simple using PayPal via our website. £15 will pay for a squirrel feeder. £30 a bag of feed. £45 will train a conservation volunteer. £1000 will buy a thermal orange camera.

VOLUNTEER
Join our conservation volunteers to help us at one of our fundraising events throughout the year. Contact us to find out how your skills can help!

binseyreds@gmail.com
www.binseyredsqirrelgroup.com
[@binsey_red_squirrel_group](https://www.facebook.com/binsey_red_squirrel_group)

To advertise

Here

Contact

Craig

accounts@binsey.org.uk

M CROSSLEY Builder / Stonemason & Dry Stone Waller

Time served

30 years experience

Free estimates

Fully insured

07989 564 591

Acupuncture

Massage

Acupressure

Peter Thompson over 27 years training and experience.

Pain, Stress, Arthritis, Headaches & more.

016973 71003 / 07952 113 531

www.acupuncturemassage.co.uk

M & E ELLIOT (Agricultural Merchants) LTD

For all your.....

Lime

Fertiliser

Bedding Lime

Salt

.....needs

Just Call 016973 71379

Fiona's Footcare

Qualified Foot Health Practitioner

Fiona Atkinson

BSc, DipCFHP, MPSPract

Clinic or home visits dealing with foot and nail care. Callus, corns, fungal nails. Ingrowing toe nails. Diabetic foot care.

Tel: 07704 484287

Evening: 016973 42688



JM Tree Services

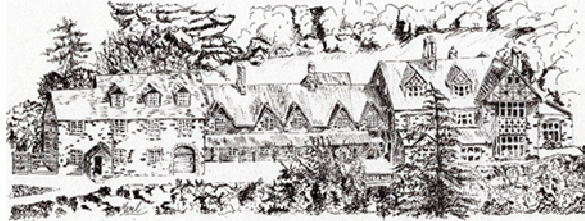
Tree Surgery and hedge maintenance
Logs & woodchip for sale. Chainsaw training.
For free quotations phone 07513 769750

or email info@jmtreeesurgery.co.uk

Public Liability Insurance
ABA and NPTC qualified
www.jmtreeesurgery.co.uk

RAVENSTONE MANOR

Ravenstone Manor is dog friendly, next to Dodd Wood at the foot of Skiddaw, overlooking Bassenthwaite Lake and onto the Whinlatter Hills. Originally built in 1860 for Lady Charlotte Howard as a dower house, now a family owned 22 bedroomed hotel with new bar, restaurant and rooms.



Ravenstone Manor, A591,

Bassenthwaite, Keswick, CA12 4QG

017687 76240 | www.ravenstonemanor.co.uk | info@ravenstonemanor.co.uk

SPRUCE GARDEN SERVICES

Grass Cutting
Hedge Trimming
Leaf Clearance
Odd Jobs

Free Quotes

Tel: 07964879007

spruceygardens@gmail.com



LOOKING FOR A CLINIC SPACE?

A fresh clinical space for Healthcare Professionals and Wellbeing Practitioners.

Fully serviced clinic rooms. Competitive rates. Various lease options available. Contact us via the website.

www.thehealthcollective.uk
43 -45 High Street, Wigton



Planting Weeding Grass Cutting
Hedge Cutting Garden Consultancy
General Maintenance

Fully Qualified Gardener & Horticulturalist
with over 30 years experience

Contact: Mike Bell
edenplantsman@gmail.com 07843 562864



**Blaithwaite,
Bolton Low Houses,
Wigton, CA7 8PW**

Did you know that Cumbria's award winning 'Secret Garden Spa' is right on your doorstep? It means from now on you don't have to travel to Carlisle, Wigton or Cockermouth & cope with the stress of traffic & parking to enjoy exceptional treatments in a beautiful, peaceful setting.

Intrigued & would like to know more

Please call Tina on:

07749 696693

or visit

secretgardenspa.co.uk

**The Larches
Caravan Park
Mealsgate, CA7 1LQ**
Caravan and Camping
Accessories,
Also Caravan Servicing
Tel: 016973 71379


Mike Taylor
printing services

printing - plan printing - posters - banners - canvases - signage
- vehicle lettering - stationery supplies and a great deal more

Friendly reliable service - call us or drop in to discuss your requirements.

Tel: 01900 818884 Mob: 07885 264388

Email: michaeltaylor123@btconnect.com

Mealpot Road, Maryport, Cumbria CA15 6NE

CHIMNEY SWEEP

NEIL BEATY
N.A.C.S member

Power Sweep Prompt reliable
M 07835976030
01768779085

Find me on FACEBOOK

G. Dixon Decorating Ltd

For all your painting and
Decorating Needs

Over 40 Years experience

Tel: 016973 23829 Mob:

07562 139805

gdixondecorating@yahoo.com

Whitewater Dash Organics
Organic Beef & Lamb
Certified organic, frozen,
vacuum packed.

Tel: 016973 71217

Stockdale, Uldale
(nr Overwater).

Ian the Electrician

Your Local Connection

All Domestic Electrical Installations,
Repairs, Inspection and Testing.

Friendly, Reliable and Professional Service.



Beech House, Langrigg

016973 23420
07727 127000

WE SELL & DELIVER

Peat Free Compost - Screened Topsoil

Decorative Woodchip / Bark

Coal / Smokeless Fuel

KILN DRIED Softwood / Hardwood

Pizza Logs & Kindling

BSL Virgin Woodchip - BSL Wood Pellets

www.west-coast-group.co.uk

info@westcoastcomposting.co.uk

WEST COAST COMPOSTING LTD, Wilson Pit Rd, Whitehaven CA28 9QJ

01946 328008 or 07795113434

LAKELAND
PHYSIOTHERAPY

Sophie Likeman BSc Hons MCSP
HCPC

Chartered Physiotherapist
Providing rehabilitation in your own home
07584688391

lakelandphysiotherapist@gmail.com

WE'VE GOT THE COUNTY COVERED!

HANDY CONCRETE

(Cumbria) Ltd.

Your Local Independent Company

From a driveway to a full construction site.
CALL US FIRST FOR A COMPETITIVE QUOTE!

www.handyconcrete-cumbria.co.uk

Workington—01900 606646

Penrith—01768 483633

Carlisle—01228 712323



BSI
Registered
Company
KM505220

Delivery
6 Days A
Week

Colin Graham Antiques

43 Market Place, Cockermouth

We buy & sell antiques,
collectables and lots more!
Scrap gold purchased.

Shop: 01900 824418

Mobile 07712206786

Well worth a visit

Home visits by appointment.

MEMBER
SAIF
INDEPENDENT
FUNERAL
DIRECTORS

W.S. REID LTD

(Mark Szandurski)

Joiner and Funeral Director
24hour Service

Private Parlour of Repose

OUTGANG ROAD, ASPATRIA

Residence:

Willow Dene, Outgang Road, Aspatria

Telephone: (016973) 20551



Selection of homemade
cakes & scones
Breakfast
Light lunches
Daily specials

23 Market Square,

Aspatria, CA7 2HB (next to Esso Garage).

Contact Liz: 07901 812160

Monday - Friday - Open 9am—2.30pm

Saturday 9am—1.30pm

The Old Bank Tearooms

STRUGGLING TO
WALK YOUR DOG?



Whatever the
reason, we can
help.

THE COUNTRYSIDE DOG WALKER

Keeping your dog happy & healthy

EXPERIENCED • FULLY INSURED • DBS CHECKED • COMPETITIVE RATES

Contact us for a "WALKER"
you can trust.

Williamsgate, Redmain, Cockermouth
07826516620

thecountrysideogwalker@gmail.com



JILL GLENCROSS

Independent Funeral Director

An independent family business. Jill offers a friendly, personal and
professional service, and is available 24 hours a day.

Please call Jill 24 HOURS / Tel: 01228 317373

PRIVATE CHAPELS OF REST - 16 The Square, Dalston,
Carlisle, CA5 7PY.



ARBORSCAPE

YOUR LOCAL TREE EXPERTS
COVERING ALL ASPECTS OF TREE,
SHRUB AND HEDGE, INSTALLATION,
MAINTENANCE AND REMOVAL.

FREE NO OBLIGATION QUOTE

07876 747098 | SAM@ARBORSCAPE.UK
WWW.ARBORSCAPE.UK

This advert costs £7.50 per month or £68 for a Full year.
 Contact
 Craig
 accounts@binsey.org.uk

Emma Deyn Holistic Therapies

To support your body and mind.
 Sessions available in Bolton Low Houses.
 Kinesiology Emmett Technique
 Access Bars
 Crystal Therapy and Pet Therapy.
 Tel: 07941188773
emmadeyntherapy@gmail.com
www.emmadeyntherapies.co.uk



HUMMINGBIRD GARDEN DESIGN

Bring love and joy to your outdoor space

Planting Plans | Design Concepts | Design Development | Project Management

Call: 07539 422665 Email: info@hummingbirdgardendesign.co.uk
www.hummingbirdgardendesign.co.uk



40 King Street, Aspatria, CA7 3AA
 Tel: 016973 20443
www.giftandstitch.com

Facebook @ GiftandStitchAspatria

Gift Shop
 Birthday & Party Balloons
 Suppliers of Embroidered
 Workwear, School Uniforms &
 Club Uniforms
 Personalised Gifts

 On the Corner of the Co-op Car park in
 Aspatria

Micro Digger and Dumper hire

1 tonne Micro Digger with optional concrete breaker
 500kg tracked hi - tip barrow
 Self drive or operated hire
 8ft x 4ft ground protection mats also available
 Daily, weekly or weekend rates

Contact John Todhunter 07740 902221

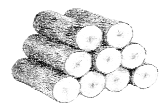
**MASSAGE,
 THE BOWEN TECHNIQUE,
 HUMAN & EQUINE,
 REFLEXOLOGY,
 REIKI HEALING,
 FACIALS AND WAXING,
 TOENAIL CUTTING.**

Helen M Cahill
 Tel: 016973 71682, Ireby
www.helenmcahill.com

James Richardson Groundwork Contractor

Concreting & Foundations
 Drainage & External Works
 Ground Clearance & Tree Felling
Wood Chipper/Log Splitter Hire
 Mob 0782 552 5557
 Tel 016973 22583
www.richardsoncivils.co.uk
 Croft End Plumbland

Sibson Firewood



Hardwood and Softwood,
 Barrowbags
 Nets
 ½ Loads or Full Loads



Contact
 Peter: 07803602954 Kate: 07742585038



HILL TOP FURNITURE

BEAUTIFUL FURNITURE
MADE FOR YOU IN ULDALE

Commissions welcome; please get
in touch to discuss your ideas

WWW.HILLTOPFURNITURE.CO.UK

TEL: 016973 71317

jismacgregor@gmail.com

Cass and Telford Roofing Services

Traditional slating,
Re-roofing and
Roofing Repairs
07766 394390 /
016973 21602

Higham Hall College



Bassenthwaite Lake CA13 9SH 017687 76276

Day & Residential experiences with amazing tutors
across the arts, humanities & sciences

An Independent Educational Trust Charity no:1124959

David Hopkinson

Chartered Financial Planner

We give independent advice on: reviewing your existing investments,
making a new investment, how to draw your pension, protecting your assets
from inheritance tax & funding for long term care fees

Expert advice - No hidden charges - Free initial meeting

5 Old Kings Arms Lane, Cockermouth

www.finman.co.uk 01900 510179

...FMB Authorised and regulated by the Financial Conduct Authority

Trotman Opticians

Friendly and Professional
Eye Examinations
and Contact Lenses

16 King Street, Wigton, Cumbria
CA7 9DT

Open 9.02am to 5.30pm Mon to Fri

www.trotmanopticians.co.uk

016973 44408

KEVIN BARTON

Motor Body Repairs

Modern and Classics undertaken

Property Maintenance

No job too large or small

Portable Appliance Testing (PAT)

Holiday Cottage Management

016973 71672 / 07733 107 177

handyladbarton72@gmail.com



Fellside
PHYSIOTHERAPY

Dual qualified Sports
massage therapist and
Chartered physiotherapist
specialising in Sporting
injuries, Musculoskeletal
(MSK) conditions and
Poly-trauma recovery.

Contact Emma on 07593 672 188

www.fellsidephysiotherapy.co.uk

[f](#) [t](#) [i](#) @fellsidephysio

LYNN EMERY

Wills, tax & probate solicitor

One of the few true specialists.
Large city firm experience
without the high prices.
Have saved millions of £'s of tax

Lynn Emery 01697 478303
| 07901 229218 | lynn@lynnemery.co.uk

Advertise here
This advert cost
£7.50 per month
Or
£68 for a full year

Email
accounts@binsey.org.uk

Foot Health Practitioner Brenda Hankin

DipCFHP (Higher) , FPSPract

Home visits dealing with routine foot
& nail care, corns, callus,
verruca, fungal conditions,
ingrowing toe nail,
diabetic foot care.

Tel:- Mobile-07887 820 924
Evening:- 016973 71752

P Mason Painting & Roofing Contractor

All Work Fully Guaranteed
Free Estimates and Advice
For Fast Friendly Service
Call Perry on
07766 311036

ED BIRKETT
PLASTERING
TRADITIONAL LIME
PLASTERING
POINTING
HOUSE RENOVATIONS
GARDEN LANDSCAPING
FOR A FREE ESTIMATE OR
ADVICE CONTACT ED ON
016973 42471 / 07969 063747

**Lakeland Cleaning
Services**
Specialising in Domestic &
Holiday properties.

Contact: 07757 906980.
Sales@lakelandcleaningservices.com

JOHN HUNTER - ROOFING CONTRACTORS

Slating and tiling specialists, flat roofing specialists, liquid rubber
approved installer, Upvc roofline, lead work,
Velux windows, chimney stack work.

ALL ROOFING WORK FULLY GUARANTEED.

24 HR EMERGENCY CALL OUT

Tel: 016973 26103 / 07764 357812



DECOR

Cumbria Based Painters and Decorators

Outstanding reputation for high quality workmanship and excellent
professional customer service. We can meet all your painting and
decorating needs.

We are a professional, friendly, family run locally based painters
and decorators with over 20 years experience.

From a complete internal or external redecoration to a single wall we can
do it all. Some of our work can be viewed at www.berrylitedecorators.com

Please call Ashley on
07908 640 607 or **01900 878335**
and **017687 85120**



PLUMBER

General plumbing/heating
Oil boilers Installed, Serviced
and Repaired

Oil cookers serviced
and repaired

Tel. Chris
07709 022935

APPROVED COAL MERCHANT & MINI DIGGER HIRE

J G MUMBERSON

Home 016973 71796

Mobile 07968 170967

Field House, Ireby, Wigton, CA7 1EQ

HELLON ELECTRICAL LTD

Domestic | Agricultural
Industrial | Commercial



Friendly and reliable service,
from extra sockets to full rewires.
Based in Mealsgate, covering all local areas.
016973 71771 or 07747114058.



CELEBRATING 10 YEARS OF YIN

with Senior Instructor
Rebecca Shepherd

I have practiced Yin Yoga since 2003
and began studying modern Yin with it's
founder, Paul Grilley, in 2006. I have
over 1000 hours of study with him
now making me one of the most senior
instructors in the world. I started my
first class here in 2013 and new
students can now sign up for 4
consecutive classes for £10 to
experience the deep physical and
mental relaxation found in Yin Yoga, or
go for both dynamic Yang followed by
Yin.

Call/Text: 07735 439126

Email: theyincrowd@me.com

ROBIN HOOD SAWMILL LIMITED BASSENTHWAITE

BESPOKE LARCH
DRIVEWAY GATES
AND
PRESSURE TREATED TIMBER
CUT TO CUSTOMERS
REQUIREMENTS.

TEL: 017687 76437

Garden Services

GRASS/HEDGE CUTTING,
FIREWOOD MERCHANT,
SEASONED LOGS,
ALSO, LIMESTONE
GRAVEL/SUBASE TYPE 1
AND 3, 1 AND HALF TON
LOADS OR DUMPY BAGS

ANDREW CARR
TEL: 07729070155

ASPATRIA FARMERS

FOR ALL YOUR HOUSEHOLD AND GARDENING NEEDS

**COME
IN AND
GRAB A
BARGAIN!**

Pet Foods · Equestrian Foods & Supplements
Pest Control · Household Cleaning Products
DIY · Decorating & Hardware · Gardening Supplies
Country Clothing and Wet Weather Gear

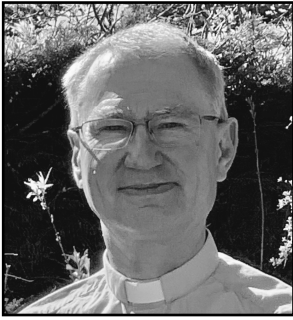


Station Works, Aspatria, CA7 3JW 016973 20207
www.aspatriafarmers.co.uk

Aspatria Farmers

The Binsey Team Mission Community

Mission Community Leader



The Revd. Stephen Banks
The Vicarage,
Torpenhow,
CA7 1HT

Tel. 016973 71541
teamrector@binsey.org.uk

Associate Priest and Church Plant Pioneer



The Revd John Freeman

Tel: 07311 734773
johnfreeman@binsey.org.uk

Methodist Ministers



The Revd. Paul Saunders and
Deacon Kina Saunders

Tel. 01900 823273
superintendent@westernfells.uk

Honorary Assistant Clergy



Revd. Julia
Hedley
017687 76844

Binsey Team Safeguarding Officer

Ruth Pearce—07527 136030
safeguarding@binsey.org.uk

Lay Minister



Mr. Graham Cox
016973 21898

Emeritus Lay Ministers

Mrs. Hilary Chaddock 016973 42342
Mr. J. Spedding 017687 75356

Church Wardens

All Saints, Allhallows

Mrs. D. Hetherington 016973 20321

St. Bega & St. John, Bassenthwaite

Mr. A. Bowe 017687 76405

Mrs. S. Stockdale 07773365029

All Saints, Boltons

Mrs. E. Foster 016973 42306

Mrs. B. Grainger 016973 71909

St. Cuthbert, Embleton

Mr. K. Evans 017687 76620

St. James, Ireby

Mrs. B. Johnson 016973 71578

St. Michael, Isel

Mr. D. Roberts 01900 823547

Mrs. A. Thompson 01900 823763

St. Cuthbert, Plumbland

Mr. A. Watson 016973 21906

Mr. G. Cox 016973 21898

St. Barnabas, Setmurthy

Mrs. E. Marrs 01900 823329

St. Michael, Torpenhow

Miss E. Bell 016973 71921

Mr. R. Cox 016973 22007

Mr. D. Lomax 016973 21277

St. James, Uldale

Mr. A. Coxon 016973 71939

Mrs. R. Pearce 016973 71566

St. Margaret, Wythop

Mrs. A. Cameron 017687 72394

Mrs. K. Brandwood 017687 76330

Copy deadline for the November issue is 10th October 2023

Editor - Craig Williamson
binseylink@binsey.org.uk

Parish Admin - Sandra Hillyard
admin@binsey.org.uk
07392 443969

Treasurer - Craig Williamson
accounts@binsey.org.uk
07967 635238

The Ghyll, Threapland, Aspatria, CA7 2EL