



BINSEY LINK

The magazine that reaches out to everyone in our communities

binsey.org.uk

Charity Number:
1169267

Serving and informing the Mission Community of:
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,
Torpenhow, Uldale and Wythop

September 2023

Restart

I wonder if you're the sort of person who likes to set a New Year's resolution each year?

It's a mixed bag for me: sometimes I do, sometimes I don't. But according to YouGov research, about 20% of us set a resolution this year, and that number has been on the rise in recent years, and amongst younger people in particular. It would appear that there is something in us that likes a chance to start again afresh, to try something new, and to grow and improve in our lifestyle, health or character.



But it's not quite that straightforward, is it? Good intentions are one thing, but the same research says that of those people who made resolutions, only 28% managed to keep them. That means that as we go about our day-to-day lives, just 1 in 20 of the people we come into contact with are managing to make the changes, achieve the goals and become the sorts of people they've set out to be. To be honest with you, I'm surprised the number is as high as that.

The New Year is full of this energy to change, but one of the things I love about September is that it seems to be another time of year when we have another chance to start again. For many of us, this is another beginning – another opportunity to start afresh, set new goals, and work towards building the life and becoming the sorts of people we want to be. Yes, it's a time of year that is filled with busyness and challenges, but it also carries this invitation: to have another go, try again, and dream that things could be different.

But please: don't worry if you miss it. These opportunities to start again are not just limited to 1st January or 6th September. In fact, this rhythm of starting again, of having yet another second chance is also what I love about Sundays. As the church gathers to worship each week, we take time to remember that while things may not have gone how we wanted over the last 7 days, the next 7 days don't need to be the same. We can leave the past behind, find forgiveness, and receive help to try again, to have a second chance, to build a different life.

The hope of the Christian gospel is that God will always give us another second chance. Things don't need to be the way that they were yesterday; tomorrow can be brighter and better and more beautiful. My prayer for us all, as we begin again this September, is that we would know God's power to restore, renew and refresh us as we turn to him again for a restart.

John

Revd John Freeman



The Binsey Link Restarts after a month off.

Please look through all the community news to see what is happening in September: Fancy Scottish Dancing or maybe you prefer Line Dancing?, Village Shows, Breakfast the most important meal of the day? Yoga for the energetic perhaps join the Binsey Book club? Relax with coffee at MacMillan Coffee mornings—of course not forgetting the cakes....

September 2023

September Services

Sunday 3rd September– 12th Sunday after Trinity			Sunday 10th September– 13th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Boltons	9.30am	Holy Communion	Embleton	9.30am	Holy Communion
Isel	9.30am	Morning Worship	Setmurthy	9.30am	Holy Communion
Bassenthwaite Chapel	11am	Morning Worship	Torpenhow	9.30am	Morning Worship
Plumbland	11am	Holy Communion	Allhallows	11am	Morning Worship
Wythop	11am	Morning Worship	St. John, Bassenthwaite	11am	Holy Communion
Ireby	11am	Family Service with Baptism			
St. Bega, Bassenthwaite	3pm	Holy Communion			
Embleton	6pm	Evening Prayer	Ireby	6.30pm	Evening Prayer
Sunday 17th September– 14th Sunday after Trinity			Sunday 24th September– 15th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Wythop	9.30am	Holy Communion	Boltons	8am	Holy Communion
Plumbland	9.30am	Morning Worship	Ireby	9.15am	Holy Communion
Bassenthwaite Chapel	11am	Morning Worship	Setmurthy	9.30am	Morning Worship
Isel	11am	Holy Communion	Torpenhow	9.30am	Holy Communion
Embleton	11am	HARVEST Service with Baptism	Allhallows	11am	Holy Communion
			St. John, Bassenthwaite	11am	Morning Worship

From the Registers

BAPTISMS

Izzy Mounsey was baptised at St. Cuthbert, Plumbland on 2nd July 2023.

FUNERALS

The funeral of Sheila Turner, from Blennerhasset, took place at Carlisle Crematorium on 10th July 2023.

The funeral of Les Bowness, from Gilcruix, took place at St. Kentigern, Aspatria on 17th July 2023.

The funeral of Richard Beattie, formerly of Mealsgate, took place at Carlisle Crematorium on 16th August 2023.

WEDDINGS

The wedding of Thomas Greenbank and Amy Richardson took place at All Saints, Boltongate on 1st July 2023.

The wedding of Stuart Wilson and Letitia Woodhouse took place at St. Bega, Bassenthwaite on 1st July 2023.

The wedding of Tejvir Barhey and Lucy Pritchett took place at St. John, Bassenthwaite on 8th July 2023.

The wedding of David Ward and Sarah Clements took place at St. Bega, Bassenthwaite on 22nd July 2023.

The wedding of Warwick Turner-Noakes and Clementine Anderson took place at St. Bega, Bassenthwaite on 22nd July 2023.

Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child. Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.



BAPTISM

To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541. Please note that St James, Uldale is not currently available because of major restoration work.



WEDDINGS

If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests, and St James, Uldale is not currently available because of major restoration work.

Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

Binsey Information

'Thanks for the Memories'

September 1st, 2023 will see me joining John Spedding in the ranks of Emeritus Readers. Hopefully I will be bringing out my cassock from time to time should my services be needed (no pun intended!).

It was in the Autumn of 1994, whilst Teaching at Boltons school, that Bob Shaw, then Rector of the Benefice of the Boltons, Ireby and Uldale, asked me if I would take the young people's group which John and I ran, to be part of his Family service in Bolton Low Houses Village Hall. We did so the following month and to cut a long story short, I began taking the Family service for him.

So began my involvement with the soon to become five parishes of Torpenhow, All Hallows, Boltons, Ireby and Uldale. Bob retired and Roland Hirst and Jeff Fearnley came as the new clergy. In the summer of 1995, as Roland was ill, I was licensed to Revd. Michael Braithwaite, then Rural Dean. Since then I have witnessed the addition of more and more parishes, until the original 3 have become 11!

So many changes in 29 years, so many struggles and juggling of rotas; Bishops and Clergy came and went, I became the first woman to take services in Setmurthy and Isel and Common worship eventually became the norm. Under Chris Sims we became the Binsey Team, then under Tricia Rogers, a pioneering Ecumenical Mission Community with the Methodist Minister attending our ministry team meetings. There were Diocesan and team missions, even one at Uldale with help from Embleton and Wythop - another first

So many activities, a Toddler service at Ireby, Prayer Breakfasts at a different church each month, Agape suppers on Maundy Thursday; a post confirmation group at Ireby Vicarage run by Lucy and Ramsey Lunn. Fellowship, Lent and Advent groups, Pentecost Plod, Stepping Stones in the Globe Hall Messy Church at Isel, Teaching days with Bishop James, Travelling Light, Keswick Convention speakers at Bassenthwaite and Uldale and the afternoon Convention speaker by Bassenthwaite Lake - St Bega's ready in case of rain - a very rare occurrence. Soup Lunches at Bassenthwaite and Torpenhow, Healing services; prayer groups, pet services, 'Gad About' suppers at Boltons, Flower Festivals, Palm Sunday Walks of witness at All Hallows and Uldale, the latter with Margaret Redmond's donkey, Christingles, monthly team services in village halls followed by lunch, school assemblies and end of term services, a baptism and millennium bonfire on top of Binsey. People we loved and see no more, baptisms and joyful wedding celebrations, new hymns that are now old hymn. On and on now the memory cogs are in gear, but I will spare you!

The purpose of this rather indulgent trip down Memory Lane is to thank each congregation who has welcomed me into their midst, encouraged, helped and enriched me by their friendship. Thank you! Also I give thanks for all the past clergy from Bob Shaw to Peter Gilroy, and my fellow Readers all who shared and affirmed my ministry and gave me their friendship too. None of you will be forgotten.

I hope I will be around for a few years yet and will still see you. But this seemed a good time to let you know how much I have valued and esteemed each one of you. Finally may I encourage you to continue to fight the good fight of faith, proclaiming Jesus as Lord and, empowered by the Holy Spirit, set this diocese alight with love for God.

With my love and prayers,

Hilary

Hilary Chaddock

Updates

We are very pleased to let you know that **Revd Peter Gilroy** has successfully completed all his surgery and treatment and has now left Puerto Rico, where Bridget's family have been looking after him in recent months.

Peter is currently spending time with friends in Atlanta and will be returning to this country to see his family before visiting family in Australia. He is very grateful for all the prayers and support of everyone and thankful for his remarkable recovery.

Another former member of the Binsey Team, the **Reverend Canon Tricia Rogers**, was licensed and installed on 27th July at St. Martin, Brampton, by Bishop James of Carlisle, as the interim Team Rector of the Eden, Gelt and Irthing Team Ministry.

It was a wonderful service and really well attended.

On this day.....

- 1 Sept. 1159 The death of the only English Pope Adrian IV (Nicholas Breakspeare).
- 2 Sept. 1666 The Great Fire of London begins in Pudding Lane and rages for 5 days, but kills only 9 people.
- 3 Sept. 1939 Britain and France declare war on Germany.
- 4 Sept. 1962 The Beatles start their first recording session at EMI's Abbey Road Studios, London
- 5 Sept. 1800 The end of the Siege of Malta, as Napoleon's forces surrender to the British following a two year long naval blockade.
- 6 Sept. 1620 The Mayflower sets sail from Plymouth, Devon, carrying the Pilgrim Fathers to America.
- 7 Sept. 1533 Birth of Queen Elizabeth I, daughter of Henry VIII and Anne Boleyn.
- 8 Sept. 1944 The first V2 flying bombs kill 3 people in London.
- 9 Sept. 1513 James IV of Scotland is killed at the Battle of Flodden.
- 10 Sept. 1771 Birth of Mungo Park, Scottish explorer who published his 'Travels in the Interior of Africa' in 1799.
- 11 Sept. 1915 Britain's first Womens Institute opens in Wales.
- 12 Sept. 1908 Marriage of Winston Churchill to Clementine Hozier.
- 13 Sept. 1902 Harry Jackson becomes the first person in Britain to be convicted on fingerprint evidence.
- 14 Sept. 1752 The first day of the Gregorian calendar in Britain.
- 15 Sept. 1830 MP William Huskisson becomes the first rail fatality at the opening of the Liverpool Manchester Railway.
- 16 Sept. 1400 Owain Glyndwr proclaimed Prince of Wales.
- 17 Sept. 1701 King James II of England died whilst in exile in France.
- 18 Sept. 1709 Birth of Samuel Johnson, compiler of the first English dictionary.
- 19 Sept. 1356 The Black Prince, eldest son of Edward III, leads the English to victory over the French at the Battle of Poitiers.
- 20 Sept. 1258 Consecration of Salisbury Cathedral.
- 21 Sept. 1327 Death of Edward II, murdered with a red hot poker by his jailers.
- 22 Sept. 1735 Britain's first Prime Minister, Sir Robert Walpole moves in to 10 Downing Street.
- 23 Sept. 1848 Chewing gum is produced commercially for the first time.
- 24 Sept. 1776 The first St. Leger horserace is run at Doncaster, Yorkshire.
- 25 Sept. 1818 First transfusion of human blood is performed at Guy's Hospital, London.
- 26 Sept. 1580 The Golden Hind arrives in Plymouth harbour having sailed round the world under the captiancy of Sir Francis Drake. Drake plundered a few Spanish ships en-route to keep morale high!
- 27 Sept. 1888 First use of the name, 'Jack the Ripper' in an anonymous letter to the central news agency.
- 28 Sept. 1745 'God Save the King' is sung for the first time at London's Drury Lane Theatre.
- 29 Sept. 1758 Birth of Horatio Nelson.
- 30 Sept. 1938 Misguided British Prime Minister Neville Chamberlain says, after meeting Hitler in Munich, 'I believe it is peace for our time'

World Alzheimer's Month

September is World Alzheimer's Month

Caring for someone with Dementia. As well as being a positive and rewarding experience, caring for someone with dementia can be challenging, both emotionally and physically. Becoming a carer can be a gradual process and in the early days many people do not consider themselves to have a caring role, however they will increasingly put the needs of the person they are supporting above their own. This can result in a decline in the carer's physical, mental and emotional health. Looking after yourself is important for both you and the person you are supporting.

Registering with your local carer's organisation means that you will be in a position to access help and support when you need it. **Carer Support West Cumbria** can help you to identify areas where greater support can offered, such as:

☑ Information on all aspects of your caring role, ☑ One-to-one support - sometimes, all you need is a friendly listening ear ☑ Contingency Planning ☑ Social Events and Activities ☑ Referral to other support services e.g. occupational therapist or social care ☑ Benefit Support

Refer online at carersupportwestcumbria.co.uk/referral-form or call 01900 821976.

Julie Crellin
Carer Support West Cumbria

September 2023

Book Review

Still Life by Sarah Winman.

Whilst on holiday at Lake Garda in May, I read this most phenomenal book. I read it because someone recommended it at the Salsa class in Plumbland Village Hall one rainy Wednesday evening. I didn't think much about it really but downloaded it onto my kindle....and wow am I glad I did?! This is an incredible read.

Tuscany, 1944: As Allied troops advance and bombs fall around deserted villages, a young English soldier, Ulysses Temper, finds himself in the wine cellar of a deserted villa. There, he has a chance encounter with Evelyn Skinner, a middle-aged art historian who has come to Italy to salvage paintings from the ruins and recall long-forgotten memories of her own youth. In each other, Ulysses and Evelyn find a kindred spirit amongst the rubble of war-torn Italy, and set off on a course of events that will shape Ulysses' life for the next four decades.

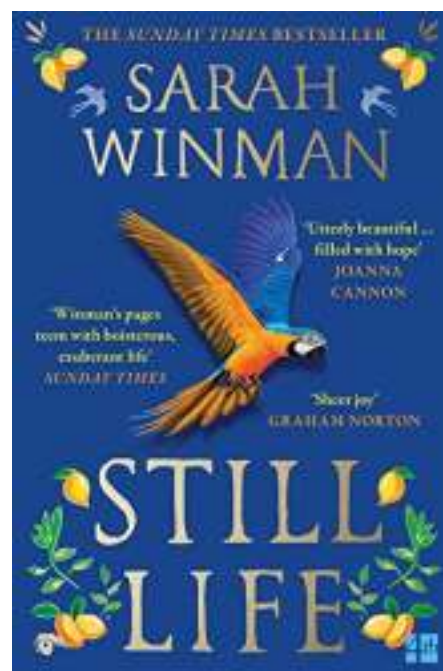
As Ulysses returns home to London, re-immersing himself in his 'crew' at The Stoat and Parrot -- a motley mix of pub crawlers and eccentrics -- he carries his time in Italy with him. And when an unexpected inheritance brings him back to where it all began, Ulysses knows better than to tempt fate, and returns to the Tuscan hills.

This novel is written in the most beautiful prose, with a touching tenderness, and brilliant comic moments full of light. *Still Life* is a sweeping portrait of unforgettable individuals who come together to make a family, and a richly drawn celebration of everything that is beautiful in life, and love in all its forms. This is a story which explores the cement strong bonds that can form when people choose a family rather than stay with the family they were born to. It's an incredible moving tale of how loyalty, friendship and love can span the ages, as well as the continents. It reminds us that some people in our lives are always there no matter what and that every kite needs an anchor.

Now I've read it....I absolutely have to go to Florence.

Thanks Alison, this book changed my life in no small way.

And the parrot? Well, we definitely need to discuss that one!



The Binsey Book Club

Do you love reading and would like to share that passion with other people?

Do you feel you haven't time to read a book every month for a reading group?

Or maybe you never read anything and wonder what all the fuss is about?!

We would like to start a Binsey Book Club that meets approximately once a month. The intention is to get together and spend the first half of the meeting chatting about reading in general and swapping books we no longer need, then the second half of the meeting have a more focused discussion about a book we have decided to read collectively. Anyone who hasn't read the book would be more than welcome to stay or go at that point. No need to read the book every month!

If you are interested in being part of the group, please drop me a line at the address below.

When we have an idea of numbers, we will confirm a venue.

info@thecreativereadingcompany.co.uk

Clare Doherty

(Chapel House, Plumbland)

Around The Parishes

Allhallows

Allhallows Church

Sunday 10th September Afternoon Tea in the Community Centre 2pm to 3.30pm. Everyone is invited to join us for a cuppa and catch-up, with refreshments and raffle.

In support of Allhallows Church.

Wednesday 13th September All Saints DCC Meeting at 1.30pm in Allhallows Church.

Saturday 16th September, Gift Day for Allhallows Church. Your Church will be open from 10am to 4pm to welcome anyone wishing to meet DCC members and look around a wonderful building.

Sunday 8th October at 11am, Harvest Service at Allhallows Church. Please support your church on this special occasion.

Sunday 15th October Afternoon Tea in the Community Centre 2pm to 3.30pm. Lots of tasty treats to enjoy while supporting Allhallows Church and the Community Centre.

ALLHALLOWS PRODUCE SHOW & FAMILY FUN DAY

We held our very first produce show and family fun day on Saturday 29th July and what a day it was!

There were lots of amazing produce exhibits to see and the judges had a very hard time making their final decisions...who knew there were so many talented growers, makers and bakers in the community!!! Most of the exhibits were auctioned off at the end of the day and the raffle was very successful too! After a very busy and fun day, the centre took a whopping £448.17, and we were overwhelmed by the support of our local community. Special thanks to: All of the growers, bakers and makers for sharing their exhibits and making the auction so much fun, Claire's Handmade, Shake, Waffle and Roll & Ruth Reay

Thanks to Tesco, Aikton Arms, Claire's Handmade, Presticroft Patisserie, Liz Goodman & all the individuals for the raffle prizes generously donated.

Watch this space for next year's event, which we're sure will be even bigger than this year's "taster"!!!

YOUR COMMUNITY CENTRE NEEDS YOU...!

As you will be aware, the centre is a very old building and requires some modernising to keep it running for many more years to come. We need the support of our local community at events and fundraisers, for us to keep our centre at the heart of our community.

VOLUNTEERS NEEDED

Lunch Club plays an important part for so many in our community and provides a social gathering for people of all ages. Lunch Club is held on the last Thursday of each month, between 12noon and 1:30pm. A delicious selection of soup and a roll, puddings and hot drinks are available at £5 per person. We are looking for volunteers

to join the "Lunch Club Crew" and keep this event thriving, as it has done for so many years. If you are interested or know of someone who is, please contact the management committee on allhallowscentre@gmail.com for further information.

We are also looking for new members to join the Management Committee. If you feel you can spare some of your time and would be willing to join the committee, please contact us on allhallowscentre@gmail.com

REGULAR EVENTS

📅 Bingo - First Friday of every month, Eyes Down at 7:30pm

£1.00 Entry fee (including refreshments)

50p per book, 5 games (including 1 snowball game)

Adults and children* (8 years+ only) *Children must be supervised by an adult, at all times

Adults are welcome to bring their own drinks

📅 Quiz - Dates to be confirmed for September/October; keep an eye on our Facebook page for further details

📅 2 by 2 Baby and Toddler Group (0-4 Years) - Every Tuesday (Term Time Only), 10am until 11:30am

Parents, grandparents, childminders, carers, etc., £1.50 per family

📅 Derwent Patchworkers - Every 2 weeks, on Wednesdays, 10am until 4pm

For further details or information, please contact Barbara Strong on 07833 692144

📅 Tales in the Tea Room - First Friday of every month, 7-9pm

📅 Allhallows Readers (Wordsworth Trust) - First Friday of every month, 1:30-3:30pm

Please let us know if there are any particular events or activities you would like to see happen at your community centre

ROOM HIRE

If you wish to make a booking for room hire, please ring 07593 638830, leave a message and someone will get back to you, as soon as possible. Alternatively, you can message us, directly, via the following:

Facebook: www.facebook.com/allhallowscentre

Website: <https://www.allhallowscentre.org>

Email: allhallowscentre@gmail.com

Bassenthwaite

September Cleaning St. John's: Sue and Vic Siddall
Flowers: D. Mattinson, Bassenthwaite Hall Farm
St. Bega's: cleaning and flowers Sandra Stockdale.
Good News - Soup Lunch is back. On Tuesday 12th
September, 12noon to 1.30pm. Soup, Scone, cheese and
biscuits, tea or coffee £4. for church funds. We look
forward to seeing our regulars and welcoming new ones.
All welcome.

BASSENTHWAITE DROP-IN/POP-IN at Bassenthwaite
Parish Room Call in any time between 10.30 am and 2 pm
on the Tuesday dates Identified below for a chat, coffee
and refreshments – £1 per person
Tuesday, 5th September & Tuesday 19th September
Tuesday, 3rd October & Tuesday 17th October
You can also join in a "bring and share" lunch at 12 noon
or bring your own lunch. Catch up with friends or spend
time on your favourite pastime/hobby. You may also fancy
a game of cards, bingo or join in a board game
PLEASE JOIN US – ALL ARE WELCOME
Further information from:
Helen 017687 76222 or Margaret 017687 76175

Macmillan coffee morning at Southerndale Bassenthwaite
on the 29th September at 10am - 12 noon. Come and
have a coffee and biscuits. Usual cake stall, drawing and
tombola.

TO BOOK OR ENQUIRE ABOUT BASSENTHWAITE PARISH
ROOM FOR YOUR
MEETING/FUNCTION/CLASS OR ANY EVENT PLEASE
CONTACT OUR CO-ORDINATOR, LOUISE, BY EMAIL
bookbassenthwaiteparishroom@gmail.com
Our web address - www.bassenthwaite.org.uk>book-
the-parish-room

Scottish Country Dancing

Bassenthwaite Scottish Dancing Class starts again in
Bassenthwaite Parish Room (CA12 4QJ) on Monday,
4th September 2023.

Our friendly group welcomes new members,
all ages, all abilities!

We have two qualified, experienced teachers who
combine tuition with dancing to traditional
Scottish tunes. You don't need a partner, just bring
soft shoes. Every Monday 7pm until 9pm, only £2
per session.

For further details contact Marlene Jackson on
017687 76054 or marlenejjackson@btinternet.com

Join us for Fun, Fitness and Friendship!

Boltons

BOLTONS PARISH HALL weekly events:

Monday. SHORT MAT BOWLS 1.30 - 3.30
Call 07879613838 for info.

Monday. CIRCUITS 9.30 - 10.30am

Tuesday. NEW CLASS!!
MUMS & TOTS PILATES 10.30 - 11.30am

Wednesday. PILATES 9.30 - 10.30am

All the above classes with Helen 07900410076

Thursday. BEGINNERS LINE DANCING 2-3pm. Fun,
friendly class, No experience needed, just come
along and join in!
Call Ness 07718264700 or just turn up, all welcome!

QUIZ NIGHT. Saturday 9th September 7.30pm
Teams of up to 6 people, bar, hot dogs, raffle!
Call 07879613838 for details.

CHRISTMAS FAYRE & TABLE TOP SALE Saturday 25th
November 10.00am

Call 07879613838 for details or to book a table.

The Parish Hall is an ideal venue for meetings, classes,
parties etc., Central Heating and WiFi! To hire the Hall call
07879613838.

NORTHERN FELLS GROUP POP-IN. Tuesday 12th
September. 10.00- 11.30am

Tea or Coffee plus cake and a chat. For more info contact
Jackie 07376225134.

Embleton

St Cuthbert's.

The wet weather plan worked and our strawberry tea picnic in church was very well attended and much enjoyed. Huge thank you for coming out on another wet day in July and to our volunteers who made it happen. Our next focus is a Harvest Market on September 16th & 17th on the hill at Wythop Mill for the pop-up stall. We then have a special event at church on Sunday 17th; combining our harvest service with a baptism at 11am. We will be welcoming Wilson family members; parents, Celia and Tysen, are bringing baby Josie all the way from Melbourne, Australia, to be christened while visiting family here. Celia has a close connection with St Cuthbert's where she attended as a child. Do come along and join in with our harvest celebrations and baptism too if you can.

Dates for your diary:

DCC meeting September 5th .

Lorton & Derwent Fells Local History Society: Thursday 14 September. Mags Loth-Hill; The Dacre Family history. Our [hopefully short] AGM is first, followed by the talk: 7.30 at the Yew Tree Hall, CA13 9UJ. Parking is limited, so please leave time. Visitors; £4.00 including refreshments.

Harvest Market; Saturday September 16th

Family service, baptism, harvest thanksgiving and gift day: 11am September 17th .

Art and craft groups at St Cuthbert's Sunday School, all are welcome. Cuthbert's Crafters on

Mondays at 2pm & artists meet on Wednesdays at 2pm.

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's OR in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode.

Any items or comments for the next edition please send to Jean at jeanmaca@aol.com or 01768776184 by September 7th please.

Embleton Village Hall Notice Board.

Hi everyone. It's a busy time in the hall now that holidays are over, lots of the groups are ready to get going again. A quick reminder to the village hall committee that the meeting on the 6th is at 6pm.

A new group starting this month is U3A Music appreciation who are meeting on the 4th Tuesday of the month.

What's on in September?

Monday: Moo-Music 9.50 lou@moo-music.co.uk.

Monday: Mah-jong 2.30 pm Vivian 01900829490.

Monday: Dance class 6.30p.m. Edna 01768776630.

Tuesday: Yoga 6.15pm Rebecca 07735 439126.

Thursday: Circle dance 7pm, Kathleen 76532.

Friday: Yoga 9.45 am Sarah 07712531365.

Friday: Youth Club 6.30pm.

Sunday; Dance class 7.00pm, Edna .76630.

Saturday 2nd: Social dance 7.30 Edna76630.

Tuesday 5th : U3A Folk dancing group 2pm.

Wednesday 6th : Village Hall meeting 6 pm.

Thursday 7th : U3A Photography group 9.30am.

Saturday 9th : Bee seminar private function 9am-5pm

Saturday 9th : Male voice choir 7pm.

Wednesday 13th : W.I. 7pm.

30th Private Function 10 am -2 pm.

Saturday 17th : Yoga 11.30 am.

Tuesday 19th : U3A Geology group 9.30am.

Tuesday 19th : U3A Folk dance 2- 4pm.

Wednesday 20th : Parish Council 7pm

Saturday 23rd: Private function 10am- 1pm.

Tuesday 26th : U3A music appreciation

Wednesday 27th : Private function 10-1pm.

Friday 28th : Seniors group 11am.

The Ducks are very sorry that the rain dance worked so well but they were winners of the world champion duck dunking competition. Chris.

Ireby

IREBY FILM NIGHT

at the Globe Hall in association with CINE NORTH



Friday 29 Sept 2023 7:30pm - Doors open 7:15pm

Tickets £5 (cash on door)

For every 3 tickets bought for one booking, get 1 ticket free!

Bookings: irebyfilmmight@gmail.com or Mick 07893802204



COMING SOON: *The Little Mermaid* 20 October 6pm

Isel

A Harvest Festival Service will be held in St. Michael and All Angels' Church, Isel on Sunday 1st . October. The time of the service is yet to be confirmed and will be displayed in the October edition of the Binsey Link and on the notice boards and social media sites nearer the time

The Annual Harvest Pie and Pea Supper and Auction will take place on Tuesday 3 rd October at 6pm.in Blindcrake Village Hall. Tickets will be available by the middle of the month. They will be half price for children under 12. If you have any produce to spare that is suitable for the auction please either give it to a member of the church committee or bring it with you on the night.

Coffee will be at the Great Escape Café, Moota on Monday 11 h September at 10.30 am.

Blindcrake Parish Charity

This Charity scheme established in 1981 is the successor to Isel School Charity; its object is to: Apply its " income for such charitable purposes for the general benefit of the inhabitants of the Parish of Blindcrake as the Trustees think fit." The Trustees would welcome suggestions from the inhabitants as to any schemes or proposals which might benefit from grants the Trustees have power to make. Such suggestions would need to be both charitable and for general benefit.

Please respond by 8 th November 2023 to the Clerk, David Roberts, The Old Almshouses, Isel, CA13 0QG. Tel: 01900 823547 email roben.cor@btinternet.com

Isel and Bridekirk Parishes First Responders 150 Club Draw July 2023: 1st Prize T Carr, 2nd Prize S Hewitt 3rd Prize R Balowin, 4th Prize M Soppitt Drawn 12th July 2023 Mission House Sunderland

The Wybergh Fund: Support for Students, Senior Citizens and Isel Parishioners in Need of Financial assistance.

The Trustees of the Wybergh Fund would like any persons who are:- Preparing for, entering upon or engaged in any trade, occupation or profession, or about to start or return to University, College or 6th Form; to apply for a GRANT, in writing, with details of their proposed occupation, and the institution they will be attending; what they will be studying and their essential requirements.

The types of assistance offered is to enable people to earn their own living or advance them in life to include necessary books, instructional or educational fees and equipment and travel expenses.

Grants will be distributed at the December Carol Service at Isel Church. ALSO, applications can be sent in confidence by or on behalf of anyone (young or not so young) in the Parish who might be sick or infirm or in need of some financial assistance. This assistance could, for example, help towards food, fuel or other extra costs incurred during the winter months

All nominations should be received by 4pm on 31st October 2023 and be sent to the Clerk to the Charity:- David Roberts, The Old Almshouses, Isel, Cockermouth, CA13 0QG.

Email: roben.cor@btinternet.com Tel: 01900 823547



Plumbland

Greetings to all our friends and neighbours, we do hope the summer break has proved a time of family togetherness with happy holidays and family get togethers. We must start preparing for the autumn to come as we here at St Cuthberts do by relying on our volunteers and other helpers, to maintain a tidy, peaceful courtyard. Unfortunately, of late, one of two people have commented on an apparent untidiness in our grave yard. We regret this very much but there is not much we are able to do about the rabbits who love to nibble and disturb the flowers and attempt to dig new holes, and then there are the magpies who love to pull out the flowers!!

Some 50 plus people attended our 'Colours' flower demonstration on the 5th August a good number of who were enthralled by the displays created by Margaret Abbott, aided by Heather, The theme was 'colours', so for each display music was played referring to the colour and we had the guess. With refreshments of homemade cakes, scones and also a raffle all went away happy and satisfied. A very big thank you to all who came, our contributors, volunteers and especially Margaret & Heather. Normal activities continue and the Village Hall activities are returning to regular times. Flower Rota for September 3rd & 10th Miss D Rooke: 17th & 24th September Mrs M Lockhart

Best wishes to you all from your friends at Plumbland
Graham

September 2023

Plumbland

Plumbland Village Hall

Plans are progressing for the return of the Plumbland Show on Sunday 10th September, the class list is on display in the village hall and bus shelter. If you would like a copy or offers to help contact Craig—craigvillagehall@gmail.com or 07967635238.

In the morning whilst entries are being set up we will be selling bacon sandwiches with a vegetarian sausage option. Once the hall reopens we will have live music and are also welcoming the Belfagan Morris Dancers to the village — audience participation is optional! Refreshments will be served, perhaps you might want to partake in a game of soft-ball or relax and enjoy a salsa dancing display. A full events list will be published nearer the time

Setmurthy

St Barnabas Church
Cleaning July : Mrs Julia Fisher & Mrs Marjorie Swales
Services: Please check the Binsey Link ,Church Notice Board or website for details of services.
DCC meeting 1-30pm Tuesday 19th

September in Parish hall
Friday 15th September Cheese & Wine 6.00pm to 7.30pm
in the Parish hall Cost £15
To book please contact Nicola tel 017687 76483

Further Education classes Thurs 14th September Basic Food Hygiene Class 9,30am to 1.00pm in Parish Hall cost £72 per person

Contact Elizabeth 01900823329 to book on this course. We hope to run craft classes this winter but have yet to book a tutor please contact Elizabeth if you have any suggestions

The Parish Hall is available for bookings, please contact Mrs Nicola Laws tel 017687 76483

Torpenhow including Bothel & Blennerhasset

Blennerhasset & Baggrow Village Hall

Thank you so much for all your support with our latest Frock Shop. Together we sold £1849 of your clothing and accessories, meaning roughly £1500 back to your purses. Our best result. It's a busy few months down at the Village Hall.

ONE BIG BREAKFAST TREASURE HUNT – SATURDAY 9TH SEPTEMBER. (Doors open 10am) One Big Breakfast is back and this time with a Village Treasure Hunt. Have your brekkie with us, grab your treasure map from the Village Hall and head off for a wander around the Villages collecting clues and doing some serious sleuthing.

FROCK SHOP – SATURDAY 21ST- SUNDAY 22ND OCTOBER Our final, Frock Shop of the year, is Mams & Lambs. That's clothing & accessories for the Ladies and Kids. Shoes, Bags, Trousers, Jewellery, Jackets, Coats - the whole gambit. We are accepting Sellers in September ONLY. Please call Chris 07739 184942 to reserve your place.

SING FOR UR SUPPER – BACK AGAIN IN NOVEMBER If you love Musical Theatre, this is a MUST. An evening of theatre songs from talented Locals who just have to sing. A cracking night, we're thrilled to have the team back again. Tickets strictly limited. Book at www.bbvh.uk.

GAMES NIGHT–FRIDAY 22ND SEPTEMBER Every 4th Friday of the month is home to Games Night. Table Tennis is joined with 3 new additions: Pool, Table Football & Air Hockey. Bar & Tuck Shop make this a firm favourite for the whole family.

GET FIT – STAY FIT–Weekly classes We have a weekly programme of exercise classes to appeal to all ages, abilities and goals. These include Dance, Yoga, Step & Circuits. The class timetable can be found on our website www.bbvh.uk

BINGO – Weekly every TUESDAY 7.30pm start Doors open 7pm. Eyes down 7.30pm. Great craic and always a giggle.

COFFEE MORNING - Next WEDNESDAY 6TH SEPTEMBER Every 1st Wednesday of the month is our Coffee Morning. We give such a warm welcome to visitors from neighbouring villages and locals, plus our baking is brilliant.

Check out our website www.bbvh.uk (Blennerhasset & Baggrow Village Hall BBVH) for more information on all of our events.

Follow us on our Facebook page: Village Hall, Blennerhasset & Baggrow

We hire the hall. Also, clothing rails, tables & chairs x 60 for your external events.

Email help@bbvh.uk or call Chris 07739 184942 or send us a Fb message.

Torpenhow including Bothel & Blennerhasset

Bothel Village Hall

MACMILLAN CANCER SUPPORT COFFEE MORNING

Friday 29th September

10am - 12 noon

in Bothel Village Hall. Coffee with homemade scones and biscuits.

Cake and produce stalls and Raffle. All are welcome and Jenny and the team look forward to seeing you there.

Autumn approaches with shorter days and longer nights. It also heralds the resumption of many activities in the village hall and news of Bothel's brand new Community Wildlife Group. This is an informal group for all ages interested in wildlife and our environment - next meeting Tuesday 26th September 2023 at 7.30pm.

Tuesday 5th September W.I 7pm Oxfam Working Globally

Wednesday 6th September Yoga with Fiona 10am

Wednesday 13th September Craft group 7.30pm

Monday 18th September Bowling 7.30pm

Tuesday 19th September Gardening Club 7.30pm

Monday 25th September Lunch Club 12 noon

Tuesday 26th September Wild Life Group 7.30pm

Friday 29th September Bingo 7.00pm

Circuits - date tba

Fencing group every Wednesday 7.30pm

Dance Classes Fridays 4.30pm

OUR ANNUAL RACE NIGHT IS ON SATURDAY 28TH OCTOBER 2023.

An entertaining evening with pie and pea supper!

100 Club winners July 1. H. Martin 2.D. Marrs 3. J. & W. Warwick

August 1. L. Clegg 2. J. Thirlwall 3. H. Story

Torpenhow Village Hall



We hope you had a good (if slightly damp) summer and are ready to help us celebrate the 20th anniversary of our Village Hall.

Our anniversary events include an anniversary quiz and a photo competition.

For further details please follow us on Facebook

In the meantime our events kick off in September with

**Saturday 2nd September
Coffee Morning 10 – 12 noon**

**Sunday 3rd September
Torpenhow Village Show
from 2.30pm**

**Friday 29th September
Big Night Inn
7.30 – 10.30pm
All are welcome**

families and local beer fans alike.
Call Julie on 07803 619725
to book your Shepherd's pie
meaty and veggie options available

Calling all girls aged 7 to 10

Looking for a fun activity to do then why not join 1st **Torpenhow Brownies** on a Tuesday evening in Torpenhow Village Hall.

We meet from 6.00 to 7.30pm during term time for games, crafts and much more.

Looking forward to meeting you and making new friends on Tuesday, 12th September.

Just ring 016973 71514 or email

torpenhowbrownies@gmail.com for more information



Uldale

St James

The final stages of the renovation process for the Church might have already started at the end of August. If not, they are scheduled to start at the beginning of September. These will include a lot of work, including levelling the floor of the Nave, installing a Kitchenette, converting the Vestry into a small office/store room and toilet and laying a new carpet in the Chancel and around the altar. There will be a new electricity system and heating will be via radiators, though the intention is to maintain the Chancel as it was, with the original furniture. Obviously, there will be a direct water supply to the Church and seating will be on chairs. If you would like to purchase one of these in memory of a loved one, please contact one of the Churchwardens. The cost is expected to be between £80 - £100. A small, engraved brass plate can be attached. There will also be new surfaces for the footpaths to the Church.

We would like to thank those who have already purchased or reserved pews. There are still a few left and we are hoping for upwards of £60 for each. Please contact one of the Churchwardens to arrange payment.

Uldale Sports committee. The relaunch of Uldale 100 club.

If you would like a number please contact Marion Pattinson 016973 71287 The committee look after the tennis court and playground.

Your support is greatly appreciated.

NFG Septic Tank Syndicates. Significant savings can be made on orders Please contact Gillian Skillicorn 07874 24160 Order dates March & November

Uldale Foundation Governors Educational Grants 2023

Applications are welcome for the coming school academic year- September 2023

Individual grants are awarded, by the Uldale Foundation Governors, to those who are resident in Uldale Parish, are aged between 16 and 22 and are in education. Up to three grants can be made to individuals. Any other grants may be awarded at the discretion of the Committee.

If you wish to apply, please do so in writing to:-

Uldale Foundation Governors

c/o Mrs Marion Pattinson

Uldale Hall

Uldale

Wigton

CA7 1HA

For further details contact 016973 71287

Applications need to be made prior to or at the latest by the end of October 2023

Wythop

It is starting to get dark much earlier and there is a distinct autumnal feel in the evening. At least that means we will soon be rewarded with some gorgeous colours across our woodlands.

We are looking forward to an evening of entertainment from the Whitehaven Male Voice Choir at 7.30 p.m. on Saturday, 9th

September, in Embleton Village Hall. In the past we have even enjoyed joining in with them! Entry is free, but we would welcome donations for the Church. There will be Light Refreshments, and also a Raffle.

Grants Available from Aspatria Charity Shop

Aspatria and District Community Charity Association have grants of up to £1,000 available for organisations such as Churches, Schools, Village Halls and Clubs who are in need of financial help to complete their projects.

The areas available for these grants cover all parts of the Binsey Link distribution area.

The next meetings dates of the committee are 11th September then again in October at a date to be confirmed

For further information or application forms please ring Marie Rose on 016973 21230
or call in the shop for a form.

The shop is completely volunteer run and managed and provide a wonderful service supporting the local community

School News

Ireby

The damp and very un-summer like weather at the end of term might have resulted in our annual school BBQ being postponed until September but there were plenty of opportunities to celebrate a wonderful school year here at Ireby. The whole school had a fantastic day at Lowther Castle, thanks to PTA fundraising, and there were other memorable trips this term included Year 3 and 4 visiting The Rum Story as part of their history topic about The British Empire, and the Early Years/ Foundation Stage class travelling to the seaside at St Bees for a fun outing. There was a great event which was quite fantastic to witness when the whole school walked up Binsey with Ms Hartwell to celebrate her achievement of climbing Binsey Fell 50 times. The whole school community is incredibly proud of Ms Hartwell who has raised an amazing and quite incredible £1700 towards a replacement school minibus. Well done Frankie – an inspiration to her pupils.

Our Leavers Service held in St. James' Church was a delightful, uplifting and emotional service with participation from the whole school, staff and some governors celebrating the achievements of two fantastic Year 6 pupils. Kind words, reflections and songs were part of the service which included the children themselves remembering their time at Ireby. We wish them both good luck and very best wishes as they embark on their next chapter at Keswick School where we are all in do doubt that they will continue to develop, mature and thrive. They had a quite fabulous send off on their last day as they walked out of school to the bagpipes played by Miss Jackson. While they are starting their next stage of education, we are looking forward to welcoming new starters to Ireby School and look forward to another exciting school year.

The end of a school year is also an important time to say thank you to the many people who contribute and support our little rural school in a variety of ways. From the staff, governors, PTA and many volunteers who give up their time to hear readers, drive our minibus and help out with our many curriculum enriching visits. We sadly said goodbye to Linda this term, one of our school cooks, who is leaving us after many years. You will be greatly missed in the canteen, Linda, and we wish you all the best. Thank you, also, to Reverend Banks, Reverend Freeman and Mr Christian for providing engaging faith assemblies throughout the year and helping our children understand our school Christian vision. We were also deeply sad to hear that Bobble, the sweetest and kindest donkey, died this summer. The late Margaret Redmond introduced us all to Bobble many years ago and there will be children young and old who will have very fond memories of his many starring roles in school Nativity services and visits to school, not forgetting Donkey Day which was an annual event for our nursery and toddler groups.

We hope you have all had a happy, peaceful and fun Summer holiday and look forward to welcoming back our pupils, feeling refreshed and full of energy, for a new school year full of many new and exciting learning adventures.

WI

Embleton

On 14 June, 25 members and guests attended our June meeting and were pleased to hear that our entry in the WI competition at the Cumberland Show came joint fifth with 65 points; the winning entry got 70 points.

We were delighted to welcome Margaret Rees back as our speaker for the evening, talking about World Instruments. Margaret wore a beautiful orange and yellow minstrels dress and headband which she'd made from a pair of curtains found in a charity shop! She introduced her subject by playing to us on a lute which had been specially made for her. She then unpacked and handed round handmade instruments collected from her travels all over the world. A gazelle hide sound box from Chad, Balinese musical wooden frogs, Wooden Lyres from Crete, pan pipes from South America, aboriginal rain makers from Cairns in Australia - too many to list. It was a fascinating presentation and our president Amanda Durkan thanked Margaret on behalf of us all.

One of our guests, Marjorie Hopkins, won the competition for a record sleeve; Diana Tillman came second.

Our next meeting will be on 12 July when we'll be having a talk about the Alhambra Cinema in Keswick. Our annual outing will take place in August.

Our meetings are held at 19.30 at the Village Hall on the second Wednesday of every month. We are always pleased to welcome guests and new members. Please contact our secretary, Joanna South 01900 828110 for more information.

Parish Council

Boltons

Report on the Ordinary Bi-Monthly Meeting held in The Bell Church, Boltongate on Tuesday the 18th of July 2023.

CLLrs. Present: David Colborn (Chair), Richard Benson, Geoff Bateman, Mike Johnson, Malcolm Grainger & Chris Littlewood.

A representative from Boltons, Ireby & Uldale first responders group joined the meeting to discuss the parish council taking over the management of the Mealsgate defibrillator – this proposal was accepted by the council.

The council discussed the possibility of a defibrillator in the old telephone box at Sandale, it was agreed that this be looked into further (costings, electricity supply etc). Correspondence from The Great North Air Ambulance & The Northern Fells Group thanked the parish council for their donation.

Cllr Johnson reported on the new Cumberland Council Community Panel, of which there are eight, with each being made up by the ward councillors for that area. The panel meet up to decide what their communities need, and to direct investment towards projects that tackle those priorities. (Online survey <https://forms.office.com/e/1fs36f4FU>) There is currently a parish councillor vacancy - Are you interested in your local community? If so, please contact the clerk to find out more on how to become a Parish Councillor.

Full copies of the Minutes & Agendas are available from the clerk, Elizabeth Clark on 016973 45665, boltonspc@aol.com or see www.boltonsparishcouncil.wordpress.com.

The next meeting of the parish council will be held on Thursday the 7th of September 2023 in Boltons Parish Hall commencing at 7.00pm. ALL PARISHIONERS WELCOME TO ATTEND.

Embleton & District

Serving the Parishes of Embleton, Setmurthy and Wythop

Wythop Old School Trust - Cllr S Wilson has been appointed to the trust. She joins Cllr E Boardman as representatives of the Parish Council.

New Noticeboards The Parish has two brand new noticeboards at Embleton Village Hall and Hundith Hill crossroads. The other noticeboards at Wythop and Setmurthy will be replaced in due course.

Plan Bee -Embleton & District Parish Council have taken up Cumbria's Plan Bee pledge recognising the importance of biodiversity and support for pollinating species. Bird and Bee Hotels are sited in the Playground area and will be distributed around the parish.

Waste Bins - Unfortunately, there has been no progress on the waste bin situation. The Council is prioritising its statutory duty of collecting residual waste, and is advising people to use bring sites for recycling. At Cockermouth Sul-lart Street you don't need to separate cans, bottles, and plastics. And there are also paper/cardboard bins. You can also use the Keswick Otley Road Car Park Recycling centre,

Vacancies: There are vacancies on the Parish Council. If you are interested in joining us contact any Parish Councillor or our clerk, Becx Carter. DATE OF NEXT MEETING The next meeting of the Parish Council will be WEDNESDAY, 20th SEPTEMBER 2023 at 7pm in Embleton Village Hall. All are welcome to attend. If you have a matter that you would like to raise, please contact our clerk, Becx Carter on 077866 78283 or e-mail her at embletonparishclerk@hotmail.com

WI

Bothel and Kirkland

For our July Meeting we visited Cockermouth Mountain Rescue Team at their headquarters. We had a very interesting talk about the formation in 1953, and how things have changed since then regarding equipment and new technical advances. People wishing to become members have to be assessed then be committed to ongoing training. All have first aid qualifications and some are trained in water and mine rescues. Two search dogs are also part of the team, one saving the life of someone lost in the snow. Many people have been assisted over the years, often with the help of Search and Rescue helicopters. Often they have rescued animals, sheep which have become stranded. Sadly there are often tragic incidents, in the early days involving members of the team. Near to home they were involved in assisting when Cockermouth suffered awful flooding at two separate times.

We had a look at some of the equipment used and the climbing wall and in the control room were told the radios carried gave the location of all involved in a call. Today new "aps" can be helpful in locating those in trouble. On the way out we saw the vehicles which are always packed and ready to go.

Jenny thanked them for our very interesting evening

General

Caldbeck Surgery

As we have recommenced our Protected Learning Times (PLT) dates when we will close at 1 pm.

Thursday 14th September & Thursday 12th October

Please ensure you order your meds in plenty of time to allow us to process them. You can order 24 hours a day, 7 days a week by ringing **016974 78296**

Uldale Lunch Club

First Thursday of the month.

Please contact Mark Nellist 016973 71369

Cockermouth u3a:

The u3a movement caters for those people who are no longer in full time employment but who wish to pursue their hobbies and interests or learn something new with like minded people in a friendly environment. Check out our website for more information.

cockermouthu3a.org.uk

Skiddaw U3A: Our monthly meetings are now being held in Crosthwaite Parish Room Keswick. We have more than 50 different activity groups so if you are retired or semi-retired and want to stay active, learn new things and make new friends, pick up a copy of our Annual Guide to Groups which is available in Keswick Library or visit our website www.skiddawu3a.co.uk or contact Tony Marsh on 017687 72137.

Open Studios

Jacquie Cowan (Paintings/Prints/Cards)

Marshalls Cottage, Nr Ruthwaite, CA7 1HG

2nd & 3rd /9th - 17th September 10am-4.30pm

Ruth Charlton (Ceramics)

Kevin O'Connor (Paintings/Prints)

Old Barn Studios, Ruthwaite, CA7 1HG

2nd – 3 rd /7th -10th /14th -17th September 10am-5pm

WI

Bassenthwaite

At our July meeting we were privileged to be the first group to enjoy Ros Downing's new talk 'A Pictorial Journey through Cumbrian History'. Recognising that to attempt an overview of the history of Cumbria in 45 minutes would be impossible, Ros has called her talk a 'journey', the choice of route being her own' and a 'pictorial journey' as all the bits of history included are illustrated by something we can still see in the landscape today.

Although the county of Cumbria was created relatively recently (1974) from Cumberland, Westmorland, Lancashire North of the Sands and a little bit of Yorkshire the name is much older.

The name Cumbria means 'land of the Cymry' the tribes who were living in this area when the Anglo-Saxons arrived in the 5th Century. Cymry has its origins in the Celtic language word kombrogi meaning fellow countryman.

Ros started her journey with the stone circles of pre-history, one of which we are all familiar – Castlerigg.

Another important feature of pre-history was the early industry of axe making from the green volcanic tuff found on Pike O'Stickle that were not only for local use but have been found widely over the United Kingdom from Norfolk to Northern Ireland.

Over the years Britain has been subject to invaders, some have stayed for a while and then left, others have stayed and all have contributed to shaping our country and Cumbria to what it is today.

From AD 43 the Romans occupied Britain for 400 years before withdrawing as their Empire began to fall apart.

In Cumbria evidence of their presence is very visible; Hadrian's wall and the Bath house at Ravenglass being but two examples. The Angles, a Germanic people, came as pagans but within two generations had converted to Christianity and the best evidence of their presence is ecclesiastical. The Norse men, often called Vikings, came raiding, found a place they liked and settled in Cumbria. Again evidence of their presence can be found in ecclesiastical settings. The final invasion came from the Normans, and many of their castles and priories, in various states of repair, can be found in Cumbria today. Living in a rural community it would be easy to forget the part that industry has played in Cumbrian history. The textile industries of wool, linen and cotton have all been represented. Mining for coal and iron and the development of the steel industry at Workington. Other minerals mined were copper, lead and graphite, graphite being used in the Pencil factory which until recently was part of Keswick. A rich heritage indeed and thanks to Ros for a most interesting talk and showing us what a great county Cumbria is.

The competition for an artifact related to Cumbrian history stimulated much interest and discussion. The winner was Ros Roberts with a copper card tray from Keswick industrial school of arts and crafts and made over 150 years ago. The entertainment was a word search and the winner Jean Hotton.

Aline Rigg is our speaker at the September meeting and her talk 'Japan at Cherry Blossom Time'.

The competition is a Japanese related article and our hostesses Ros Downing and Val Ryder.



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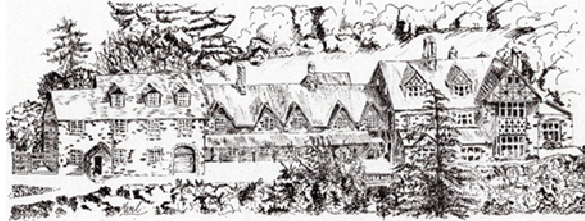
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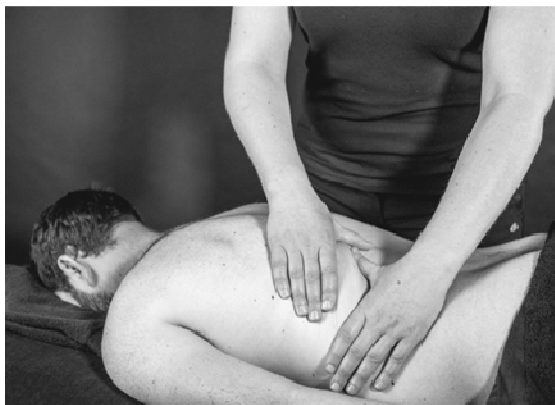
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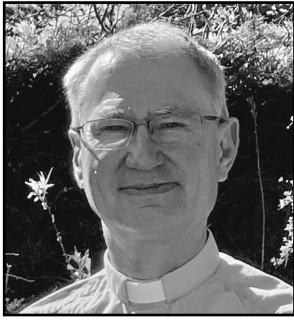
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Editor - Craig Williamson
binseylink@binsey.org.uk

Parish Admin - Sandra Hillyard
admin@binsey.org.uk
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Treasurer - Craig Williamson
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