



BINSEY LINK

The magazine that reaches out to everyone in our communities

binsey.org.uk

Charity Number:
1169267

Serving and informing the Mission Community of:
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,
Torpenhow, Uldale and Wythop

May 2023

The CORONATION

This time last year, preparations were being made across our nation to celebrate the Platinum Jubilee of Her Majesty the Queen and her remarkable achievement of having reigned for 70 years. Of course, following her death in September, we are now preparing to celebrate the Coronation of King Charles III.

Many people will not have witnessed a coronation as the King has had to wait until the later stages of his life before acceding to the throne.

As I write this article the final details for the Coronation Service in Westminster Abbey on Saturday 6th May are still being finalised. The service will follow a tradition that can be traced back to 973 and the coronation of King Edgar by St. Dunstan. However, we have already been advised that that the service will be revised and simplified to reflect something of the changing role of the monarchy in this modern era, and therefore much shorter than the coronation service for Queen Elizabeth II. We also know that a far more varied group of people from across all areas of society have been invited to attend the service compared to 1953.

The Coronation will take place within a service of holy communion and His Majesty will be anointed as King, and from a Christian perspective this is the most significant and sacred part of the service. The anointing symbolises God's blessing upon the King, and also King Charles' desire to dedicate himself to the service of God and the service of the United Kingdom and the Commonwealth. We know that Queen Elizabeth II found the anointing a deeply profound and spiritual moment, which continued to inspire and guide her dedicated life of service as monarch throughout her lifetime.

Whether or not, you watch the service on television, then hopefully many of us will take part in the different events that have been organised in our villages on both Saturday and Sunday to celebrate the coronation of King Charles III. Prayers will also be said for the King and for our nation in each of our services taking place in the Binsey Team on Sunday 7th May, and our churches will be open (as always) for private prayer and reflection over the Coronation weekend.

We pray for our King, that, both now and always,
God may grant him wisdom and grace
for his ministry and service among us.
By the power of the Holy Spirit,
may we, with Charles our King,
give ourselves to the service of God and others,
that our communities may flourish
and be places of trust and friendship. Amen.

Stephen

Revd Stephen Banks



May Services

Sunday 7th May – 5th Sunday of Easter			Sunday 14th May – 6th Sunday of Easter		
Church	Time	Service	Church	Time	Service
Boltons	9.30am	Holy Communion	Embleton	9.30am	Holy Communion
Isel	9.30am	Morning Worship	Setmurthy	9.30am	Morning Worship
Bassenthwaite Chapel	11am	Morning Worship	Torpenhow	9.30am	Holy Communion
Plumbland	11am	Holy Communion	Allhallows	11am	Holy Communion
Wythop	11am	Holy Communion	St. John, Bassethwaite	11am	Morning Worship
St. Bega, Bassenthwaite	3pm	Holy Communion			
Embleton	6pm	Evening Prayer	Ireby	6.30pm	Evening Prayer
Sunday 21st May – 7th Sunday of Easter			Sunday 28th May – PENTECOST		
Church	Time	Service	Church	Time	Service
Wythop	9.30am	Morning Worship	Boltons	8am	Holy Communion
Bassenthwaite Chapel	11am	Morning Worship	Ireby	9.15am	Holy Communion
Isel	11am	Holy Communion	Setmurthy	9.30am	Holy Communion
Plumbland	11am	Family Service with Baptism	Torpenhow	9.30am	Morning Worship
			Allhallows	11am	Morning Worship
Embleton	6pm	Evening Prayer	St. John, Bassethwaite	11am	Holy Communion
Thursday 18th May – ASCENSION Day					
Ireby		9.30am		Holy Communion	

The Licensing Service for the Revd John Freeman is on Tuesday 23rd May at 6.30pm in Torpenhow Church and everyone is warmly invited to attend.

From the Registers

BAPTISMS

There were no Baptisms.

WEDDINGS

There were no Weddings.

FUNERALS

The funeral of James McCune, from Threapland, took place at Carlisle Crematorium on 20th April 2023

The funeral of Laurence Martindale, from Bothel, took place at St. Michael & All Angels, Torpenhow on 18th April 2023.

The funeral of Mavis Smith, formerly of Fletchertown, took place at Carlisle Crematorium on 5th April 2023

The funeral of Ronnie Nicholson, from Bothel, took place at St. Michael & All Angels, Torpenhow on 23rd March 2023.

The funeral of Peggy Cartmel, formerly of Bolton Low Houses, took place at St. James, Ireby on 22nd March 2023.

Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child.

Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.



BAPTISM

To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541 Please note that St James, Uldale is not currently available because of major restoration work.



If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests, and St James, Uldale is not currently available because of major restoration work

Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

Binsey Information

New Vicar for Binsey

We are delighted to be welcoming the Revd John Freeman and his wife, Steph, and their young daughter, Molly, to the Binsey Team. They will be moving into Bassenthwaite Vicarage at the start of May and they will have a couple of weeks to settle in before John starts work here.

They are moving up from Reading, where John has been curate at Greyfriars Church for nearly 4 years. Whilst John will be based in the Binsey Team, he will also be working across a wider area as he is being part-funded by the Church Commissioners in an exciting new role. Alongside the normal church and parish activity in Binsey, which John will support as Vicar, he will also (with our support) look to start to gather together younger adults and children as part of a new church group over the next few years.

John will be licensed at a special service on Tuesday 23rd May and everyone is warmly invited to attend the service and welcome John, Steph and Molly to the Binsey Team.

The Bishop of Penrith will be leading the service, which will take place in Torpenhow Church at 6.30pm on 23rd May and there will be refreshments afterwards in Torpenhow Village Hall.

Please pray for John, Steph and Molly.

**The Licensing Service for the Revd
John Freeman is on
Tuesday 23rd May
at 6.30pm in Torpenhow Church
Everyone is warmly invited to attend.**



Binsey Link Donations

We are running our usual annual appeal for the Binsey Link but if you are able to support us at no extra cost to yourselves ongoing this would be very much appreciated—after this article in last months Binsey Link we now have two people signed up and to date have fundraising of £7.21.

Do you shop online? You can support the Binsey Link in the process! Please remember to use easyfundraising every time you shop.

Over 7,000 brands will donate to us, including all the big names like eBay, John Lewis & Partners, Argos, ASOS, Expedia, M&S, Just Eat, Uswitch and many more! This means you can raise **FREE donations** for us no matter what you're buying. If you haven't signed up to support us yet, it's easy and completely FREE. These donations really help us, so it would be great if you could take a moment to get started!



Go to: www.easyfundraising.org.uk/causes/binsey-link

Binsey Link Donations

Dear Reader,

Firstly, thank you for the previous support you have generously provided to the Binsey Link Community Magazine, which is really appreciated as it would not be possible to maintain the circulation of the magazine without your support. The Binsey Link is funded entirely from our advertisers and contributions from you, the readers and users of Binsey Link!

The magazine remains valued by many in our village communities and we are committed to making sure the news, notices and general information contained in the magazine remains as relevant as possible and that we continue to deliver ten copies each year to every home in the parish.

As always, we welcome your comments and suggestions to assist us in ensuring the magazine best meets your expectations and to enable us to make improvements.

Volunteers assist in keeping costs to an absolute minimum and although much has been done to maintain costs at the same level as last year, printing and editing means that it still costing us just over 65 pence for each copy of the magazine.

Please give what you can, using the envelope provided, either cash or cheques (made out to '**The Binsey Team Ministry**'), and if you pay UK Income Tax, you can Gift Aid the donation, which means we can increase your donation by claiming money back from the Inland Revenue, without any extra cost to you.

Envelopes can be placed in boxes in any of our churches, given to members of the Ministry Team, Churchwardens or your magazine distributor. If you prefer, a cheque can always be sent to me at The Vicarage in Torpenhow or to our Treasurer. (addresses below)

Alternatively, if you wish to make a donation directly to the Team account, payment details are as follows:

Name of Account: The Binsey Team Ministry

Sort Code: 40-52-40 & Account Number: 00029127

Please add a Reference: BL Donation

We want to be able to continue delivering the magazine to every home in our Team so that everyone can find out what is happening in our villages and can also contact local trades people if they need to have work undertaken. Please help us to carry on doing this with your donation.

Once again, thank you for your support and for the articles you have sent in over this past year. Please keep them coming in during 2023. We wish to make it a publication that you find helpful, informative and enjoy reading.

With best wishes

Stephen

Revd Stephen Banks

Team Rector

The Vicarage, Torpenhow, Wigton, CA7 1HT

Team Treasurer: Craig Williamson, The Ghyll, Threapland, Aspatria CA7 2EL

**THANK
YOU!**

Book Review

The Island at the End of Everything by KiranMilwood Hargrave

Shortlisted for the Costa Book Awards and the Blue Peter Book Awards 2017

'There are some places you would not want to go. Even if I told you that we have oceans filled with sea turtles and dolphins, or forests lush with parrots that call through air thick with warmth... Nobody comes here because they want to.

The island of no return.'

Ami lives with her mother on an island where the sea is as blue as the sky. It's all she knows and loves, but the arrival of malicious government official Mr Zamora changes her world forever: her island is to be made into a colony for lepers. Taken from her mother and banished across the sea, Ami faces an uncertain future in an orphanage. There she meets a honey-eyed girl named for butterflies, and together they discover a secret that will lead her on an adventure home. Ami must go back to the island of no return, but will she make it in time?



What a beautiful book! When I read this, I was profoundly affected by the experience of the child separated from her mother and the impact that has. Her unrelenting desperation to be with her mother at all cost makes for interesting thought and debate. The main female characters here are strong, brave, and deeply connected to one another by both friendship and family. Their loyalty and devotion permeate this exquisitely written novel with its detailed and imaginative description, and compelling plot lines.

I would unhesitatingly recommend this as a gorgeous holiday read. Life affirming optimism and an infectious appeal. You can't go wrong with a story like this...and the ending? Just fabulous!

Questions with the answers next month:

- 1 Why not buy a copy for your child (Y5-8) and reward them for answering these questions.
- 2 Who comes to the house to tell Ami and her mother about the meeting at the church?
- 3 What colour dress does Ami wear to the meeting at the church?
- 4 After they discovered that Ami does not have Leprosy she climbs into bed with Nanay.
- 5 What does Ami slip into her Mother's pocket?
- 6 On the morning when Ami is to leave what does she and Nanay have for breakfast?
- 7 When the children first meet Luko the cook, what is he making?
- 8 When the girls fix up the boat they name it Lihim. What does it mean?
- 9 When Ami and her friends are making their way to the hospital they see Bandoc. What does he secretly throw to her?
- 10 When Ami wakes up in hospital who is the first person she sees?
- 11 What does Ami cook Sol for her breakfast?
- 12 Why is Sol surprised by Ami's work clothes?

Clare Doherty

(Chapel House, Plumbland)

An update on Peter Gilroy

Peter remains in Puerto Rico as he continues to recover from the injuries he sustained in the car accident and since early December he has been staying with Bridget's mother. However, after a delay and 2 postponements, Peter has now had further major internal surgery on his stomach and bowel. The six hour operation took place on 18th April and Peter is currently recovering in hospital. Understandably, Peter is feeling very sore and fragile, but the operation has gone well and we continue to pray for his recovery to full health.

He is extremely grateful for the continuing prayers and messages of support from everyone here, and we wish him well, and hope he will be fit enough to travel in the next few months.

On this day.....

How much do you know about key dates in History?

1 May 1707 The Union between England and Scotland is proclaimed.

2 May 1611 The Authorized Version of the Bible (King James Version) was first published, and became the standard English language Bible.

3 May 1841 New Zealand was declared a British colony.

4 May 1471 The Battle of Tewkesbury, the last battle in the Wars of the Roses, took place; Edward IV's Yorkists defeated the Lancastrians.

5 May 1821 Napoleon Bonaparte "the Little Corporal", died in exile on the remote British island of St. Helena. He was 51.

6 May 1954 Roger Bannister was the first man to run a mile in under 4 minutes, at the Iffley Road Sports Ground, Oxford, England.

7 May 1945 Nazi Germany surrendered to the Allies at Rheims and the war in Europe ended. VE Day is celebrated across Europe and North America on the following day.

8 May 1429 The French warrior maiden, Joan of Arc, led the Dauphin's troops to victory over the English laying siege to Orleans.

9 May 1887 Buffalo Bill's Wild West Show opens in London.

10 May 1940 Promising his people nothing but "blood, toil, tears and sweat", Winston Churchill replaces Neville Chamberlain as British Prime Minister. Churchill is to form an all-party war government as German troops storm Europe.

11 May 973 Edgar the Peaceful was crowned at Bath as King of all England; he then went to Chester, where eight Scottish Kings and Welsh princes rowed him on the River Dee.

12 May 1926 Britain's Trades Union Congress called off the General Strike that had brought the nation to a standstill for nine days. Workers across the country had downed tools in support of miners, protesting a wage cut.

13 May 1607 Riots took place in Northamptonshire and other Midland counties of England in protest at widespread enclosure of common land.

14 May 1080 Walcher, Bishop of Durham and Earl of Northumberland was murdered; William (the Conqueror) consequently ravaged the area; he also invaded Scotland and built the castle at Newcastle-upon-Tyne.

15 May 1567 Mary Queen of Scots married Bothwell in Edinburgh.

16 May 1943 RAF Lancaster bombers caused chaos to Nazi German industry by destroying two huge dams. Dr Barnes Wallis's bouncing bombs skimmed the surface of the water to reach their targets.

17 May 1900 The siege of the British garrison at Mafeking by Boer forces was broken. Commander of the garrison, Colonel Robert Baden-Powell and his forces had held firm for 217 days.

18 May 1803 Bored with nobody to fight for almost a year, Britain abandons the Treaty of Amiens and declares war

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on France, again!

19 May 1536 Anne Boleyn, King Henry VIII's second wife, was beheaded in London. She was 29. The charges brought against her included incest with her brother and no less than four counts of adultery.

20 May 1191 English King Richard I 'the Lion Heart' conquered Cyprus on his way to join the Crusaders at Acre in north west Israel.

21 May 1894 The official opening of the Manchester Ship Canal by Queen Victoria.

22 May 1455 In the first battle of the Wars of the Roses, Richard of York and the Nevilles attacked the court at St Albans, capturing Henry VI and killing Edmund Beaufort, Duke of Somerset.

23 May 878 The Saxon King Alfred defeated the Danes at Edington, Wiltshire; as part of the peace agreement, the Danish King, Guthrum, accepted Christianity.

24 May 1809 Dartmoor Prison in Devon is opened to house French prisoners of war.

25 May. 1659 Richard Cromwell resigns as Lord Protector of England.

26 May 735 The Venerable Bede, English monk, scholar, historian and writer, died having just completed his translation of St. John into Anglo-Saxon.

27 May 1657 Lord Protector Oliver Cromwell refuses parliament's offer of the title King of England.

28 May 1759 Birthday of William Pitt (the Younger), English statesman who became the youngest ever British Prime Minister at the age of 24.

29 May 1660 Charles Stuart entered London to become King Charles II, restoring England's monarchy following Oliver Cromwell's commonwealth.

30 May 1536 Eleven days after he had his wife Anne Boleyn beheaded, King Henry VIII marries Jane Seymour, former lady-in-waiting to Anne.

31 May 1902 The Peace of Vereeniging ended the Boer War, in which 450,000 British troops had fought against 80,000 Boers.

**Divorced,
Beheaded 19 May 1536,
Died,
Divorced,
Beheaded,
Survived'**

Blennerhasset & Baggrow Scarecrow Festival

There's a tremendous amount of effort that goes into creating these annual feature events. The planning and detail are crucial to the slick running of the day when it finally arrives. With that in mind the thank you list is a long one and every single person who promotes, markets, posts the leaflets, does the radio interviews, makes the scarecrows, encourages the laal 'uns to put the play-station down and stuff a pair of tights, bakes, bakes and bakes, dresses the hall, and turns up on the day to graft, makes this brilliant day come to life. It really is incredible what can be achieved when our Communities come together.

This year we had 32 Scarecrows in the theme of Cartoons & Kid's films. Age definitely had a bearing on the chosen Scarecrow. We had everything from Spiderman, to Yogi bear, Dangermouse to Ariel, Dennis the Menace and trusty side-kick Gnasher to the mis-understood Cruella, the gang of Southpark (poor Kenny) and Snoopy & Co. You name it they were here, and boy were they good! The creativity, skills and commitment to bringing them to life(ish), was outstanding.

The weather was kind to us, and as is Cumbria's glorious way we experienced, hail, showers, a light breeze and enough sunshine to keep us happy. None of which slowed you down, with over 450 people descending on our villages, to explore the Scarecrow delights and munch your way through endless egg and bacon baps and the sensational home-baked cakes. We literally had nothing left at the end. A job well done. You voted for your favourites and it couldn't have been closer. There were only 10 votes separating the first place to the fifth in the adult made category.



So here are your winners.

Adult Made: 1st Place – Wizard of Oz & 2nd Place – BFG

Kid's Made: 1st Place – Rapunzel & 2nd Place – Shaun the Sheep

Out of the box: 1st Place – Southpark & 2nd Place – Honey I shrunk the kids

Pop over to our website www.bbvh.uk to see pics of many of the Scarecrows. Finally, everyone's efforts put £1000 into the coffers of the Village Hall funds which is a fantastic result and will allow us to continue to improve the facilities at our wonderful Village Hall making it a warm-hub we can all be proud to belong to.

Chris
Village Hall Chair

Snooty Fox at Uldale

It was with a personal sadness to read on Facebook from Pat & Mark that The Snooty Fox will close its doors for the final time on Sunday 30th April, after over 20 years at the pub.

From Facebook: "We have made some fantastic friends and memories over the years and always tried to make the Snooty Fox a special place to come and visit. We would like to say a massive thank you to all out customers, suppliers & staff past and present who have made this experience so very special." Pat Barker & Mark Richardson

Both myself and Rev Banks have been regularly visitors over the years as I am sure have many readers and we all have fond memories of our time there and we would like to take this opportunity to thank all the staff team and wish them all the very best for the future.

Craig

May 2023

Around The Parishes

Allhallows

Annual Flower Arranging Demonstration is scheduled for May 2023. Please look out for the date for confirmation.

All Saints Church will celebrate the Coronation of King Charles III in the Community Centre, Fletchertown over the Bank Holiday weekend 6th to 8th May.
With afternoon tea proposed for Sunday 7th May.

ALLHALLOWS CENTRE

What's on at the Community Centre?

Lunch Club - Everyone welcome!

Last Thursday of every month, 12-1:30pm (be early to avoid missing out!)

Soup and a roll, pudding and hot drink included, £5.00 per person (Takeaway option available, on request)

Bingo: First Friday of every month

£1.00 Entry fee (including refreshments)

50p per book, 5 games (including 1 snowball game), Eyes down at 7:30pm Adults and children (8 years+ only) - Children, over 8 years, must be supervised by an adult Adults are welcome to bring their own drinks.

2 by 2 Baby and Toddler Group (0-4 Years) - Parents, grandparents, childminders, carers, etc. Every Tuesday, 10am until 11:30am £1.50 per family

Derwent Patchworkers Every 2 weeks, on Wednesdays 10am until 4pm. For further details or information, please contact Barbara Strong on 07833 692144

Tales in the Tea Room. First Friday of every month 7-9pm

Allhallows Readers First Friday of every month 1:30-3:30pm

Dates for your diary:

Sunday 7th May – Allhallows Church and Allhallows Community Center are joining forces to put on a Coronation Afternoon Tea at the Community Centre. Keepsakes will be given to all children (aged 0-16 years) in the Parish.

Please note: Only children who attend the celebration will be given keepsakes*

Monday 8th May (Bank Holiday Monday) - National "Big Help Out" community volunteering event. Weeding in the village, street tidy up, cleaning of signs... let's put the pride back in our parish!!!

The Community Centre needs support from the community to keep going... We are looking for prizes to be donated, to keep the regular centre events going. If you, (or anyone you know of), would like to donate prizes for events, please contact the Management Committee with details.

Room Hire. If you wish to make a booking for room hire, please ring 07849 713207., leave a message and someone will get back to you, as soon as possible. Alternatively, you can message us, directly, via the following: Facebook: www.facebook.com/allhallowscentre Website: <https://www.allhallowscentre.org> Email: allhallowscentre@gmail.com

Bassenthwaite

Bassenthwaite St. John's and St. Bega's.

St. John's cleaning: J.Stephens, M Green

Flowers: M. Craig and F. Moore.

St. Bega's cleaning and flowers, Janaki and John Spedding.

Armathwaite Hall coffee morning. Thanks to all the staff at Armathwaite for making us feel so welcome and for all the help they gave us at our recent coffee morning. Thanks also to all who came to support us. We had a really lovely morning in such beautiful surroundings and raised £370 for church funds. Thanks to everyone.

BASSENTHWAITE DROP-IN / POP-N

A VERY "WARM" WELCOME

to Bassenthwaite Parish Room

Call in any time between 10.30 am and 2 pm on the Tuesday below for a chat, coffee and refreshments

£1 per person

2nd & 23rd May & 20th June

Please note that during the summer months there will be one Pop-In each month instead of two

You can also join in a "bring and share" lunch at 12 noon or bring your own lunch Catch up with friends or spend time on your favourite pastime/hobby You may also fancy a game of cards, bingo or join in a board game

PLEASE JOIN US – ALL ARE WELCOME

Further information from:

Helen 017687 76222 or Margaret 017687 76175

Bassenthwaite

Sunday 7th May
from 1pm
on the Village Green
**BASSENTHWAITE
CORONATION PICNIC**
Bring your own Picnic
and Crown.
Some seating will be provided.

Bassenthwaite Coronation Wildflowers

To celebrate King Charles III love of gardening and wildflowers Bassenthwaite villagers are invited to celebrate the coronation by joining in a village wildflower planting. Every household in Bassenthwaite Parish will receive a special pack of Bassenthwaite Coronation Wildflowers. It is hoped that these will be planted in pots and borders to give a colourful show throughout the summer and autumn.

In addition, mini wildflower meadows will also be planted in communal areas such as around the jubilee tree on the village green, outside the parish room and at the beck edge.

To get involved in preparing coronation seed packets or sewing the mini meadows please keep an eye on the Bassenthwaite Parish Facebook page and the village noticeboards from mid April for dates, times and locations.

Bassenthwaite Coronation Memorabilia Exhibition

As part of the village celebrations there will also be a display of Coronation memorabilia in the Bassenthwaite Methodist Chapel. If you have any memorabilia from previous coronations please let Alison (017687 76393) or Helen (017687 76222) know.



PLANT SALE
Sunday 14th May

10am - 3pm
Bassenthwaite Parish Room

Good quality, good prices.
Bedding plants, perennials and veg plants.
Raffle & Refreshments.



Proceeds to Bassenthwaite Parish Room

Boltons

All Saint's Church, Boltons

If anyone would like to help with the flowers in Church either by giving a donation or their time it would be appreciated please contact one of the Churchwardens on 016973 71909 or 016973 42306

Boltons Parish Hall

PILATES Wednesdays 9.30am - 10.30am

CIRCUITS Mondays 9.30am - 10.30am,
both with Helen, all classes £5.

For more information contact Helen on 07900410076.

BEGINNERS LINE DANCING every Thursday during school term time beginning 20th April. Fun, friendly and only £2 per session. Contact Ness on 07718264700 or just come along, ALL WELCOME!



NORTHERN FELS GROUP POP IN - 2nd Tuesday of each month 10.00am - 11.30.

Coffee (or Tea!) cake and a chat. Come along and have a crack plus find out what's going on in your local area! For more info contact Gill 07874241604 or Judy 07879613838. All Welcome.

The Parish Hall is available for private hire for meetings, classes, parties etc. Central heating and WiFi! For details call Judy 07879613838

Boltons Oil Syndicate: Orders February, May, September & November & **Septic Tank Syndicates.** Significant savings can be made on orders Order dates March & November. Please contact Gillian Skillicorn 07874 24160 for either.

Embleton

St Cuthberts

Thanks again for your support with our Easter pop-up stall and sales in the shed. Special thanks to Sheila and Thomas at Scales Farm for looking after the goodies for us. Money raised continues to help maintain our lovely church and to keep the Dewode funded Pakegido Health Centre in Uganda running efficiently. For more detail look at Dewode's Facebook page for regular updates on their Mums' and babies' health care.

However you celebrate the coronation this month, we hope you have fun. God Save the King!

And...if the coronation puts you in a volunteering spirit, St Cuthbert's churchyard team really need some help with keeping the grass around the church neat and tidy. Offers of help would be greatly appreciated.

Lorton and Derwent Fells Local History Society. Thursday 11th May 7.30. Ray Greenhow will talk about 'The Loweswater Burglary of 1816 and its aftermath'. Talks are at the Yew Tree Hall, High Lorton, CA13 9UJ. Parking is limited; allow plenty of time. Charge for visitors: £4.00 including refreshments.

Dates for your diary:

Advance notice; Parish walk; June 17th / Strawberry Teas; July 23rd .

Art and craft groups at St Cuthbert's Sunday School, all are welcome. Cuthbert's Crafters on Mondays at 2pm Artists meet on Wednesdays at 2pm.

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's OR in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode.

Any items or comments for the next edition please send to Jean at jeanmaca@aol.com or 01768776184 by May 7th please.

Embleton Village Hall Notice Board.

Hi everyone, I hope you have all had a good Easter and ready to get together for the Coronation celebration to be held in the hall and adjacent field, weather permitting, on the 7th May. Some activities stop or change venue for the summer so check with your organiser please.

What's on in May?

Monday: Moo-Music 9.50 and 10.50 lou@moomusic.co.uk.

Monday: Mah-jong 2.30 pm Vivian 01900829490.

Monday: Dance class 6.30p.m. Edna 01768776630

Tuesday: Yoga 6.15pm Rebecca 07735 439126.

Thursday: Circle dance 7pm, Kathleen 76532.

Friday: Yoga 9.30am, private function.

Friday: Youth Club 6.30pm.

Sunday; Dance class 7.00pm, Edna .76630

Monday 1st : Private exercise group 10 - 11.30am.

Thursday 4th : U3ADigital photography group 9.30am.

Sunday 7th : Coronation Celebration 2pm.

Tuesday 9th : U3A Folk dancing group 2pm.

Wednesday 10th : W.I. 7.30pm.

Wednesday 17th : Parish council 7pm.

Saturday 20th : Private function 9- 3pm.

Tuesday 23rd : U3A Folk dance group 2pm

Friday 26th : Seniors club 11am.

Saturday 27th : Social Dance 7.30 pm Edna 76630.

Sunday 28th : Yoga 11.30 – 1.30pm.

The Ducks have finally finished their Easter eggs, persuading Daisy not to sit on them first was difficult. Another fine mess they got into! Chris.



Ireby

Parish Church of St James, Ireby

THANK YOU!

- For the help received to spring clean the Church.
- For the donations towards Easter flowers and to those who helped to decorate the Church.
- To Ireby School for their meaningful Easter Service – and for their Easter gardens which were lovely to have in Church!
- For the Lent boxes in aid of USPG – it's not too late to hand in your box.

CHURCHYARD CARE

The grass cutting in the churchyards will be underway shortly. **Donations towards the cost**, from families who have graves in the churchyards, will be very much appreciated and may be given to the churchwarden or clergy

Ireby CE Primary School

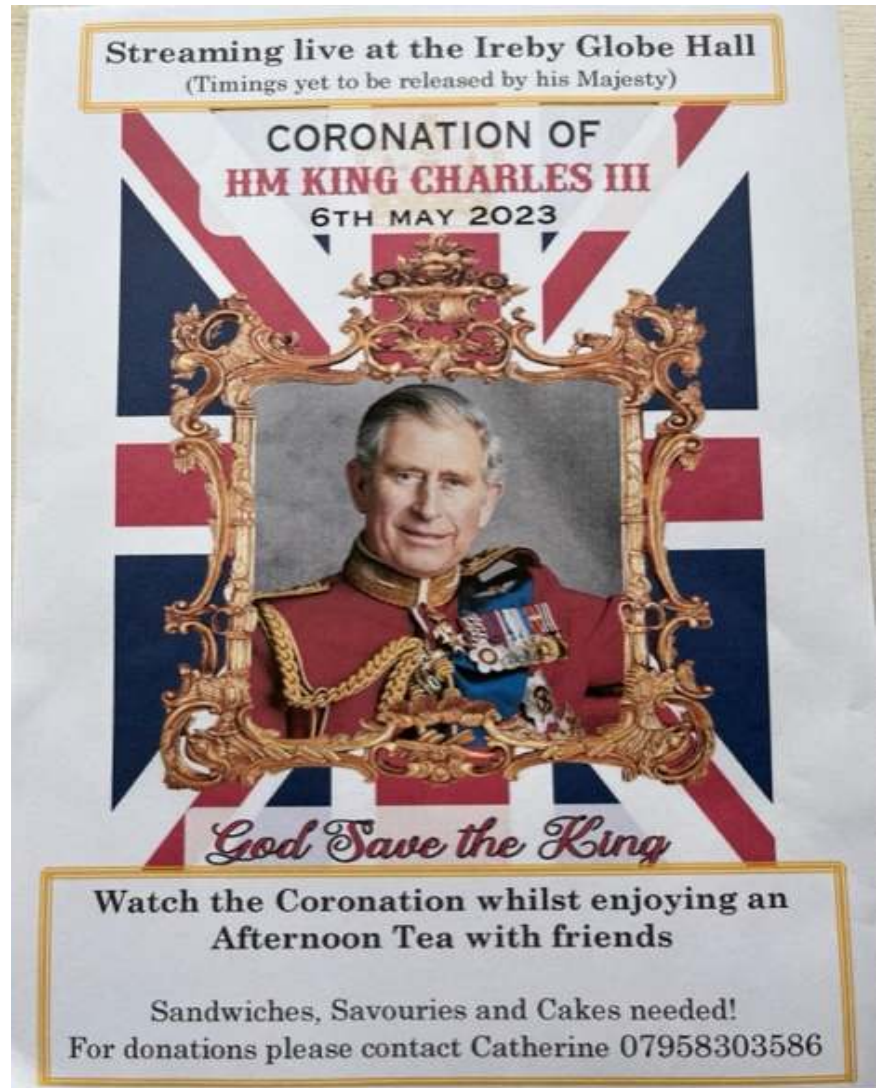
Binsey Toddlers

Every Wednesday Morning
9:00am – 10:30am.

Donations are most welcome and will go towards
resources for Binsey Class and the school
library.

refreshments available

For further details or to sign up, please
contact Amy King at
amyking@ireby.cumbria.sch.uk



Coffee will be at the Great Escape Café, Moota on Monday 8th May at 10.30 am.

BLINDCRAKE VILLAGE HALL

MAY

Mondays 6-7pm Yoga with Sarah. For more information, please contact Sarah Green sarah.e.green@hotmail.com
Wednesdays 6:30-7:30pm Pilates with Angela. For more information, please contact Angela Price <https://www.mipilates.co.uk/>

Thurs 4th No election needed in the village hall

Sun 7th Picnic Lunch VILLAGE EVENT: 12:30 on the village green, weather permitting. If it's wet/windy, in the village hall. All welcome. Bring your own food, and picnic blanket or seat.

Tues 9th 7:30pm Blindcrake Village Hall Management Committee AGM (all welcome)

Fri 12th 7pm Mervyn Stutter, Comedian. 'Arts Out West' presents Mervyn Stutter.

"Merv treats his audience as welcome guests. He chats a bit, tells a few jokes, makes some pithy observations, with lots of clever comedy songs on guitar".

Entry £10 (£5 under 18/students. Bar available.



Sat 20th 10am Bible Study Group. All welcome. For more information, please contact 07888850210

Sat 27th 10am Bible Study Group. All welcome. For more information, please contact 07888850210

JUNE

Sat 3rd 10am Bible Study Group All welcome. For more information, please contact 07888850210

Mondays 6-7pm Yoga with Sarah. For more information, please contact Sarah Green sarah.e.green@hotmail.com
Wednesdays 6:30-7:30pm Pilates with Angela. For more information, please contact Angela Price <https://www.mipilates.co.uk/>

Sunday 25th **BLINDCRAKE PARISH GARDEN SAFARI DAY** If you'd like to help with this event, please email Rachel or Ros at bvhbookings@blindcrakevillagehall.org.uk We need volunteer helpers in the hall on the day, donations for the plants stall, people willing to help with baking, and offers of donations for the raffle!

TO HIRE BLINDCRAKE VILLAGE HALL: Look at <https://blindcrakevillagehall.org.uk/>, click on HIRING, and use the CONTACT FORM to request bookings, or to make enquiries, etc. Hiring charges: £8 per hour for meetings, classes, etc, and £12 per hour for parties and functions. To hire the hall please book on the new website, or contact the bookings secretary using 07503 763590, TEXT ONLY, please, (due to poor signal). The village hall phone is checked daily, and the bookings secretary will ring you back (from a landline). Why not have a look to see what else you can find, on the website. (We have an automatically updating calendar on the Home page, worth checking to see what's coming up soon, or plan what date you'd like to hire the hall based on current bookings.) Please also look for up-to-date information on our parish's facebook page <https://www.facebook.com/groups/166193357452161>

Isel and Bridekirk Parishes First Responders

150 Club Draw

April 2023

- 1st Prize Mrs A Prickett
- 2nd Prize Mr A Lester
- 3rd Prize Mr D Roberts
- 4th Prize Mr K Bowe



Drawn 19th April 2023 First Responders Social Evening, Ravenstone Lodge

The First Responders offer an invaluable service to the parishes of Isel, Bridekirk and Setmurthy; they all trained in life support and give their time freely, bringing their skill and equipment to an emergency in those vital first few minutes. The "150 club" is a main source of income to provide these volunteers with training and equipment. . If you would like to join the "150 club", or know someone who would, contact Moira Purvis on telephone 01697320534 or email moirapurvis@hotmail.com

Plumbland

St Cuthbert's

What a lovely service we had in Church when the school children brought their teachers and parents/ relatives to join them in their Easter service. All were well behaved, a credit to themselves and the school. Rev Stephen held their attention as he explained what the word EASTER indicated when broken down into individual letters, the singing was done with great fervour and the readings clear and well read. The service ended with the younger pupils singing a couple of songs they had learnt before the senior pupils served us all with Light refreshments, a lovely service.

Our graveyard is looking especially lovely at this time, particularly in our 'wild flower' area, we know it only means that we shall have to start 'mowing the grass again, but sure that our willing helpers will continue to help us maintain the well kept appearance for us. Just one small problem has arisen, the recent high, strong, winds have succeeded in uprooting and toppling one of the mature trees on the North East corner of the churchyard which has fallen onto the adjoining field. Good news is that we have been able to make arrangements for it's disposal! As promised in the last edition of the LINK; we are able to publish the Flower Rota

May 7th & 14th.....Margaret Miller.

May 21st & 28th.....Dot Sanderson.

Thank you to all our helpers and volunteers, enjoy the celebrations being held locally for King Charles Coronation, hope to see you soon, Best Wishes to you all from your family at St Cuthberts.

Graham Cox

Plumbland Village Hall

Friday 5th May - Youth Club: will have a bit of a Coronation theme with some crafts and Decorations.

Saturday 6th May - Plumbland Village Hall will open at 10.30am so anyone who wishes to can watch the Coronation on the big screen. Tea, Coffee with scones & traybakes will be available throughout the morning. There will also be a bar available in the Hall during the day.

Sunday 7th May - Plumbland Village Hall will open at noon for lunch and refreshments.

Sports in the school field will begin at around 1.30pm in the afternoon.

The bar will be open in the village hall which will close at around 4pm.

After the sports ends everyone is invited to The Last Man. We hope to serve steak (or cheese) pie and peas suppers at the subsidised price of £2.00 pp. Pre order to Sharon please so we have some idea of numbers, otherwise you may be disappointed.

There may be some music or entertainment on the go if we can secure a booking!

Gin night—join us for gin night on Saturday 17th June—only 28 places and you need to book in advance
Contact Sharon 07783830015

Keep up to date with all Plumbland events on the facebook page: Plumbland Parish News.

Perhaps back by popular request Wine tasting in July—keep a look out on FaceBook

Setmurthy

St Barnabas Church

Cleaning : Mrs Julia Fisher & Mrs Marjorie Swales
Services

Please check the Binsey Link ,Church Notice Board or website for details of services.

A Polite Notice: It is preferred that artificial flowers are not used on graves in the churchyard as this contravenes the churchyard rules for rural graveyards. A different set of rules apply to cemeteries which are under council control. Please help us to keep these beautiful areas as natural as is possible. With the thanks of the DCC.

Easter services; We had two contrasting services listening to readings on good Friday of the events of that day followed on Sunday by a service of joy. We were as usual invited to Higham following the service for Coffee & biscuits . We wish to thank George & his team for continuing this tradition.

May 2023

Claiming the date for Sunday 11th June St Barnabas service followed by lunch in the hall, further details in June Binsey Link

Parish Hall

Saturday 20th May 10-00am to 12noon

Coffee Morning & Plant sale

Raffle & Cake stall

at Setmurthy Parish hall

Spring Lunch : Thank you to all who supported this event. £330 was raised for hall funds but more importantly our community & its supporters came together & enjoyed good food in good company. A huge thank you to the committee who provided the excellent lunch.

The Parish Hall is available for bookings, please contact Mrs Nicola Laws tel 017687 76483

Torpenhow including Bothel & Blennerhasset

Torpenhow

Church Flowers

If anyone is interested in flower arranging and would like to help arrange the flowers in Church please contact Eileen Bell. 016973 71921

Torpenhow Village Hall

Get ready now as everyone is invited to join in the fun at **TORPENHOW SHOW** on Sunday, 3rd September in Torpenhow Village Hall. List of classes now available Email torpenhowshow@gmail.com or ring 016973 71514

Torpenhow Village Hall
Coronation Celebration Coffee Morning
and Plant Share
Saturday 6th May
10.00am to 12 noon



Featuring lots of cake and our first plant share



Bring along any spare plants to swap with your neighbours, have a natter and grab a plant or book, plus lots of hot coffee.

Torpenhow Village Hall
Quiz Night with Pie and Peas
Friday 19th May
7.30pm to 10.30pm



Join us at the Village Hall for our annual quiz
Teams of up to 8 people with families welcome

Message Julie on 07803 619725 to book
£7 for entry to the quiz plus Pie and Peas
All food must be pre-ordered, veggie option available

Bothel Village Hall

Lots of events for everyone to enjoy in May. On Saturday 6th May we will be celebrating the **Coronation with a Hog Roast and Karaoke starting at 6pm**. Leaflets will be delivered soon which will need to be returned if you wish to attend. Lots of work is going on in preparation for the big day - thanks to all participating in the decorating. Do walk around the village to see all the wonderful craft work.

Saturday 13th May AT 10AM our WI are holding a **EUROVISION COFFEE MORNING**. Competitions, quiz and a children's quiz. **EUROVISION SWEEPSTAKE** and of course coffee and homemade bakes. Entry is free so come and have an enjoyable Saturday morning.

Saturday 27th May is the Gardening Club's **ANNUAL PLANT SALE WITH BACON BUTTIES!!** 10am start

Bowling and Circuits have ceased for the summer.
Yoga Wednesday mornings during term time
Next bingo Friday 26th May at 7.00pm
Next Lunch Club Monday 22nd May 12noon - 2pm (last Monday in May is a bank holiday)
100 club winners March 1.J.Bowe 2. B.Earle 3. H & M. Braithwaite
April 1.L. Chapelhow 2. M. Lewis 3. L. & B. Clegg

BOTHEL GARDENING CLUB

ANNUAL PLANT SALE
(Bedding Plants, Perennials, Alpines
& Veg. etc.)
TEA, COFFEE
& BACON BUTTIES

SATURDAY 27th MAY
10am - 12Noon

@
BOTHEL VILLAGE HALL

Everyone Welcome -
Come early to avoid disappointment
Strictly no sales before 10am!!!!

Torpenhow including Bothel & Blennerhasset

Blennerhasset & Baggrow Village Hall

The Year at the Village Hall is warming up nicely even if the weather isn't. It's a busy couple of months ahead, so make sure you like our Facebook page, 'Village Hall, Blennerhasset & Baggrow' to stay up-to-date and pop over to our website which is constantly being revised at www.bbvh.uk.

CORONATION TEA –BANK HOLIDAY MONDAY 8th May

To celebrate the Coronation of King Charles III we will be flinging the doors open to a 'good old knees up'. The bunting will be out, the kettle will be on and the banter will be flowing. We will be meeting at the Village Hall at 10am to grab a brew and head off to plant up the Coronation flower beds throughout the Village. Once done we'll down tools and head back to the Village Hall for sandwiches & cakes at 12pm. There will be a street party inside the hall, with games for everyone and even a bit of singing together. This celebration is open to everyone who has enjoyed the Village Hall this year wherever you may live. Please feel free to come and share this day with us.

AGM – FRIDAY MAY 12th Well, this year has flown by and that means it's time for the AGM. Doors open at 7.30pm with the meeting starting at 8pm. If you wish to be considered for the Committee 2023 then please contact us at help@bbvh.uk and we can talk you through the process. Everyone welcome.

GET FIT – STAY FIT–Weekly classes

We have a weekly programme of exercise classes to appeal to all ages, abilities and goals. These include Dance, Yoga, Step & Circuits. The class timetable can be found on our website www.bbvh.uk

BINGO – Weekly every TUESDAY 7.30pm start

Doors open 7pm. Eyes down 7.30pm. Great craic and always a giggle.

Coffee Morning - Next WEDNESDAY 3rd May

Every 1st Wednesday of the month is our Coffee Morning. We give such a warm welcome to visitors from neighbouring villages and locals, plus our baking is brilliant.

Table Tennis - Next FRIDAY 26th May

Every 4th Friday of the month, 7-9pm. With 3 tables we have singles, doubles, games of chance and skill. Everything for novices and fancy pants. All ages. Players from neighbouring Villages welcome. A great social event.

We hire the hall. Also, clothing rails, tables & chairs x 60 for your external events.

Email help@bbvh.uk or call Chris 07739 184942 or send us a Fb message.

Uldale

St James

Grass cutting

It will soon be that time of year when regular grass-cutting needs to resume and, therefore, we would welcome any donations towards the cost of this necessary work.

Donations can be left with either of the Churchwardens.

Thanks in advance.

If anyone would like to help with the distribution of the **Binsey Link** in sections of the Uldale Parish, please contact Andrew Coxon, Churchwarden.

Uldale Sports committee. The relaunch of Uldale 100 club. If you would like a number please contact Marion Pattinson 016973 71287 The committee look after the tennis court and playground.

Your support is greatly appreciated.

March 100 club winner

Gordon Moore

April 100 club winner

Jeremy Hunt

NFG Septic Tank Syndicates. Significant savings can be made on orders Please contact Gillian Skillicorn 07874 24160 Order dates March & November



Please scan the QR code to join us

You may need to log onto the wi-fi where you have no phone reception

Uldale & Ireby Parish News

You are welcome to join us on Facebook for

- Local News
- Local Services
- Events
- Recommendations
- Businesses
- Local Photos

Wythop

We are looking forward to the Coronation of King Charles III on 6th May, and also to a Wedding at St. Margaret's on the same day, one of three which will be taking place at Wythop this year. King Charles will be only the sixth crowned Monarch since the Church was consecrated in 1866, and the seventh Monarch if you include Edward VIII who was never crowned.

We will do our best to make sure that the surroundings of the Church are as tidy as possible, but as usual the main grass cutting will not take place until near the end of the month, to ensure that we have our usual amazing display of daffodils next year.

Parish Council

Blennerhasset and Torpenhow

Summary of the Meeting of the Parish Council held on Wednesday 8th March, 2023 at Torpenhow Village Hall. Present: Cllrs. B. Armstrong, J. Bowe (Chair), M. Giddings, D. Telford and W. Powley. Also Present: J. Perry, Cumberland Councillor.

Matters discussed included: Planning: Applications received - CON/2023/0009 – Newbiggin Grange, Torpenhow - Compliance with Condition 3 (archaeological watching brief) of application HOU/2022/0111. Decisions: FUL/2022/0240 – Vacant Plot, Unnamed road from High Road, Blennerhasset - Single dwelling unit – GRANTED. Trees on Blennerhasset Village Green – Electricity North West Limited had requested consent to clear vegetation near the overhead electricity lines at Blennerhasset. A595 Torpenhow Junction – Members noted that the works have been extended to the 7th May, 2023. Two residents in Torpenhow had complained about construction traffic travelling through the village to the site of the A595/Torpenhow junction causing considerable damage to the verges. Claimed Restricted Byway at Whitrigg – Three Public Right of Way User Evidence Statements had been received and will be forwarded to Cumbria County Council. Parish Elections – Parish Elections will be held on Thursday 4th May, 2023. Nominations commence on 21st March and close at 4.00pm on 4th April, 2023. Nomination papers must be hand delivered to Electoral Services at Allerdale House, Workington. Date of next meeting – Annual Parish Meeting and Annual Meeting of the Parish Council Wednesday 10th May, 2023 Torpenhow Village Hall at 7.00pm

Janice Rae, Parish Clerk, 1 Sun Croft, Ireby, CA7 1ES
Tel: 0790 328 5461 Email: bandtpc@gmail.com
www.blennerhasset.com

Blindcrake

The Parish Council met on the 20th March and the full meeting minutes can be found on the Parish Council website.

Elections 4 May 2023. Parish Council elections were due in May, but Blindcrake Parish will hold no election as by the deadline for nominations on the 4th April there were 8 nominations for 9 seats, so the election is uncontested. While this doesn't give parishioners a choice of Councillors the Parish Council is saved the expenses of an election which it would have had to meet. We are saying goodbye with many thanks for all their contributions to Alan Purvis of Sunderland who decided to retire as a Parish Councillor. Once the new Council accepts their offices in May the process of filling the vacancy will begin. This vacancy will be filled by co-option.

UU works. The access point removal contract has been awarded by UU but due to the Council changeover Allerdale and Cumbria CC to Cumberland no applications

that require a road closure will be submitted before May 2023. UU will inform the First Responders and the school bus providers where and when road closures will occur. They will also let the Parish Council know and door knock in the vicinity.

On the **15th of May** three meetings will be held back to back. The Annual Parish Meeting, The Annual General Meeting and the May Parish Council meeting. At the Annual Parish Meeting the Chair will report on the business of the Council over the last 12 months and parishioners can bring forward any items that they believe that the Council should consider in the coming year. At the Annual General Meeting the officers for the coming year (Chair and Vice Chair) will be elected and they and all of the newly elected Councillors will sign their declaration of acceptance of office. The May meeting of the Parish Council will be chaired by the newly elected officer and cover the scheduled business including signing off the 22-23 accounts for audit submission.

Embleton & District

A **Coronation Celebration Afternoon** Tea on SUNDAY 7 MAY 2023 at 2pm in Embleton Village Hall and in the field opposite the Hall. Please email judy.sanderson9@gmail.com to let her know that you are coming along and, also, if you can help in any way.

Litter Pick (and free refreshments!) on Community Volunteering Day, MONDAY 8 MAY

Bassenthwaite Lake Station will be hosting a volunteer litter pick on Monday 8 May 2023 from 9am until 11am in the vicinity of the station. Refreshments will be provided in the marquee for all volunteers who bring back a bag full!

TREE PLANTING The Parish Council is to plant three trees with Royal connections. They are: a Field Maple in the Queen's Green Canopy Woodland at Bassenthwaite Lake Station, and a Crab Apple to replace the one that fell down at the Play Area as well as a 30-year-old Oak Tree kindly donated by a local resident; both trees are to mark the occasion of the Coronation of King Charles III.

THEN THERE WERE NINE The Clerk confirmed that the Community Governance Review has been approved by Cumberland Council and as of the 4th May 2023 elections Embleton & District Parish Council will be reduced to 9 seats.

DATE OF THE NEXT MEETING The next meeting of the Parish Council will be on WEDNESDAY, 17 MAY, 2023 at 7.00pm in Embleton Village Hall, and all are welcome to attend.

If you have a matter that you would like to raise, please contact our Clerk, Becx Carter, on 077866 78283 or email her at embletonparishclerk@hotmail.com.

School News

Plumbland

We have had a busy but really enjoyable Spring Term. Our children in Year 3 and 4 performed a dance routine titled 'the wondrous world of Roald Dahl' at the Sands Centre as part of the U Dance festival. The dance routine was choreographed by Mrs Robinson and the children were able to help plan the routine. The children performed brilliantly and behaved impeccably throughout the whole experience and we were particularly impressed with how they supported each other.

Our annual Easter service took place at St Cuthbert's Church, Plumbland and it was so lovely to see so many members of our community join us. The children performed their songs beautifully and completed their readings well. Thank you to Year 6 children who served refreshments at the end of the service and gave out Easter baskets.

Year 5 and 6 children took part in the recent school's basket ball tournament at Solway School, Silloth and our team came first overall, playing superbly together, displaying fantastic team work. Children in this year group have also begun this year's Orienteering League events and are looking forward to venturing out to the different locations around the county, throughout the Summer Term.

Our Infant children have been busy developing their cricket skills with lessons delivered by Chris Hodgson in Kinder cricket and have also had multi sports training from Rob Jefferson. They have continued their African drumming tuition with Zo Zo and enjoyed the 'African experience' event at Bothel Village Hall, where they joined with other Infant children from our cluster schools.

Children in Key Stage 2 have been completing a local history project where they have been learning about the history of our school and local events such as Plumbland carnival. They have viewed first hand resources and are compiling a list of questions to ask community members. Year 3 and 4 children have almost completed their forest school sessions at Torpenhow. They have observed the changes in the environment since their Autumn visit and have played team games, climbed the high bank with the aid of new ropes, listened for and identified animal sounds in the forest, learnt to whittle and organised the new mud kitchen, with the kind donation from parents of kitchen ware items.

WI

Bassenthwaite

At our May meeting on Thursday 11th we will be pleased to welcome our speaker, local author Judith Johnstone, with a talk 'From Fact to Fiction but that's another story'.

The competition is a bookmark. Our hostesses for the evening are Mesdames M. Green, S. Hill and R Roberts. New members and guests are very welcome.

Embleton

27 members and guests met at Embleton Village Hall for the WI meeting on 12 April. The speaker was Susan Allison who gave a fascinating talk about the development of musicals over the 100 years from the Gaiety Girls in 1893 to Phantom of the Opera and Les Misérables at the end of the 20th century. Mrs Allison added to the enjoyment of the talk by playing a selection of the famous songs on her keyboard and giving everyone song sheets so we could join in. It made for a very entertaining evening.

Chrissie Veitch won the competition for a decorated egg, with new member Carol Elliot second. Mrs Allison won the raffle.

Our next meeting will be on 10 May when our president, Amanda Durkan is organising a quiz. On 14 June Margaret Rees will be returning to talk to us again, this time on World Instruments.

Our meetings are held at 19.30 at the Village Hall on the second Wednesday of every month. We are always pleased to welcome guests and new members. Please contact our secretary, Joanna South01900828110 for more information.

General

Caldbeck Surgery

Please ensure you order your meds in plenty of time to allow us to process them. You can order 24 hours a day, 7 days a week by ringing **016974 78296**

Cockermouth u3a:

The u3a movement caters for those people who are no longer in full time employment but who wish to pursue their hobbies and interests or learn something new with like minded people in a friendly environment. Check out our website for more information.

cockermouthu3a.org.uk

Skiddaw U3A: Our monthly meetings are now being held in Crosthwaite Parish Room Keswick. We have more than 50 different activity groups so if you are retired or semi-retired and want to stay active, learn new things and make new friends, pick up a copy of our Annual Guide to Groups which is available in Keswick Library or visit our website www.skiddawu3a.co.uk or contact Tony Marsh on 017687 72137.

Volunteers Needed

at

Aspatria Charity Shop.

Can anyone spare 3 hours a week, either 10am - 1pm or 1 - 4pm

Please contact Marie Rose (Secretary) on 01697321230 or call in the shop to leave your details.

Uldale Lunch Club First Thursday of the month.
Please contact Mark Nellist 016973 71369

Personal Care Assistant Wanted

Looking to employ a Carer to assist a young man with a high level Spinal Cord Injury. To do all normal daily tasks within the family home. This will include all personal care, help with food, cleaning and tidying, hoisting in and out of wheelchair etc

17 hrs pw (approx 2x 8h shifts) £10.60ph

Ring for a chat and more information

Embleton 07719787114

Plant sales and Plant swaps—see under parishes

6 May Torpenhow

14 May Bassenthwaite

20 May Setmurthy

27 May Bothel

25 June Blindcrake

Great they coordinated and you can make them all!

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Mrs Yvonne Griffin

GBSM ABSM ARCM

07949 821375

M Richard Griffin ARCM

07790200274



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All Grades

EXERCISE CLASSES

(Baggrow Village Hall)

MON 12pm KEEPFIT

MON 6pm STEP

WED 6pm CIRCUITS

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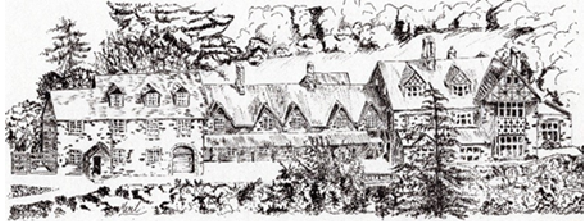
Clinical Aromatherapist

Tel: 07930 432683



RAVENSTONE MANOR

Ravenstone Manor is dog friendly, next to Dodd Wood at the foot of Skiddaw, overlooking Bassenthwaite Lake and onto the Whinlatter Hills. Originally built in 1860 for Lady Charlotte Howard as a dower house, now a family owned 22 bedroomed hotel with new bar, restaurant and rooms.



Ravenstone Manor, A591,

Bassenthwaite, Keswick, CA12 4QG

017687 76240 | www.ravenstonemanor.co.uk | info@ravenstonemanor.co.uk

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more

Please call Tina on:

07749 696693

or visit

secretgardenspa.co.uk

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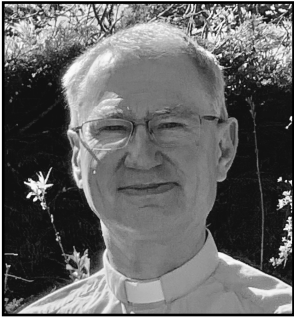
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