

binsey.org.uk

Charity Number: 1169267

# **BINSEY LINK**

The magazine that reaches out to everyone in our communities

Serving and informing the Mission Community of:
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,
Torpenhow, Uldale and Wythop

March 2024

#### The Play's the thing.....

When I was in London recently I was lucky enough to see The Motive and the Cue, a new play by Jack Thorne. It's based on the true events in the rehearsal room of a production of Hamlet. But not any old production. This is the iconic version of the play on Broadway in 1964 with Richard Burton as Hamlet, directed by Sir John Gielgud. However, Burton finds it virtually impossible to accept direction! He was at the height of his career, recently married to Elizabeth Taylor with the world at his feet. What could an aging classical actor like Gielgud possible have to say to him?



As the play unfolds he becomes more and more erratic, turning up to rehearsals drunk and abusive, disrupting the work of his colleagues and being increasingly belligerent with his director. Will this ever get staged?

Eventually we realise, as he does, that it is his uncertainty about the role that's causing the heartache. Can he do this? Can he find a way into this character that so many great actors have played before him?

After all, Gielgud's own Hamlet was the triumph of his career at the age of only 25. Burton wants Gielgud to tell him how to do it, but Gielgud neither can nor will. "You have to find your own way. Your own Hamlet. No one else can do it for you." Hence the title of the play. Burton has to find his own 'motive' for wanting to avenge his father, the murdered king, and his own 'cue' – the passion for doing so.

The work of the director is to reflect back the ideas, to push the boundaries, to keep the space, so that the players can work it out for themselves. By the end of the play Burton does, of course, find his 'Hamlet' and Gielgud leaves the theatre before the opening night curtain rises.

Although it's a witty play, it's also intensely moving, and it makes me think about how we each need to find ourselves in our God-givenness. As we come to know Jesus and grow in our faith in him, there will be people around who can help us on the way, who can give us pointers and act as mentors. But no one can inhabit the place that each of us is called into by God; that is a unique and cherished place for each of us to find and make our own. Christianity isn't a 'one size fits all' religion. Every one of us is called into being by the God who loves us and desires us to be the very best 'Julia' or 'Thomas' or 'Elizabeth' that we can possibly be.

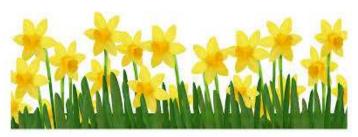
Lent is a good time to reflect on the specialness that is God's gift to each of us. Just as Burton grew in confidence that 'he could build a new Hamlet for our time', so we can grow in confidence as we take our place in building God's kingdom here and now.

With every blessing

Julia

Revd Julia Hedley





# **SERVICES for MARCH 2024**

Sunday 3rd March – 3rd Sunday of Lent			Sunday 10th March – Mothering Sunday		
Church	Time	Service	Church	Time	Service
Boltons	9.30am	Morning Worship	Embleton	9.30am	Holy Communion
Plumbland	9.30am	Holy Communion	Setmurthy	9.30am	Morning Worship
Wythop	9.30am	Morning Worship	Torpenhow	9.30am	Morning Worship
Bassethwaite Chapel		Joint service with St. Bega's 3pm	St. John, Bassenthwaite	11am	Holy Communion
Isel	11am	Holy Communion	Allhallows	11am	Morning Worship
St. Bega, Bassethwaite	3pm	Holy Communion			
Embleton	3pm	Evening Prayer	Ireby	6.30pm	Evening Prayer
Sunday 17th March – 5th Sunday of Lent			Sunday 24th March – PALM Sunday		
Church	Time	Service	Church	Time	Service
Isel	9.30am	Morning Worship	Team Service Allhallows		
Bassethwaite Chapel	11am	Morning Worship	Church	10.30am	Holy Communion
Plumbland	11am	Morning Worship			
Wythop	11am	Holy Communion	Thursday 28th March – Maundy Thursday		
St. Bega,	11am	Family Service	Ireby	7pm	Holy Communion
Bassethwaite		with Baptism			
Embleton	3pm	Evening Prayer	Sunday 31st March – EASTER DAY		
Friday 29th March – GOOD FRIDAY		Boltons	8am	EASTER Communion	
Boltons	10am	Good Friday Service	Ireby	9.30am	EASTER Communion
Embleton	10am	Good Friday Service	Plumbland	9.30am	EASTER Worship
Setmurthy	12pm	Good Friday Service	Setmurthy	9.30am	EASTER Communion
			Torpenhow	9.30am	EASTER Communion
Allhallows	2pm	Good Friday Service	Allhallows	11am	EASTER Communion
			St. John, Bassenthwaite	11am	EASTER Communion
			Dasselllimaile		
Isel	5pm	Good Friday Service	Isel	11am	EASTER Communion

# From the Registers

#### **BAPTISMS**

Albert Wilson was baptised at St. Michael & All Angels, Torpenhow on 28th January 2024.

#### **FUNERALS**

The funeral of Stephen Lambert, from Plumbland, took place at St. Cuthbert, Plumbland on 20th January 2024.

The funeral of Margaret Barclay, from Plumbland, took place at St. Cuthbert, Plumbland on 8th February 2024.



#### **Baptism in the Binsey Team Mission Community**

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child. Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.



To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541 Please note that St James, Uldale is not currently available because of major restoration work.



# Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests, and St James, Uldale is not currently available because of major restoration work

# **EASTER** – Jesus is alive!

#### Easter is the most remarkable event in history.

Jesus, who had been publicly executed two days before, had miraculously risen from the tomb where his body had been placed on Good Friday evening.

We cannot properly imagine how those followers of Jesus felt that morning when they saw the stone rolled away and discovered their Lord's body was missing.

John, in his gospel account (John chapter 20), makes clear that their initial reaction was one of shock & confusion – as they did not believe that Jesus had been raised from the dead.

In darkness, before dawn, Mary Magdalene goes to visit the tomb of Jesus for the first time. Every bereaved person can have some understanding of how Mary felt as she made that journey. To her shock & horror, the tomb is empty and she runs to find Peter and John, convinced not only that Jesus is dead, but even worse his body has now been taken away. Peter and John run to the tomb to see for themselves.

For them the seeds of faith begin as they see the neat arrangement of the folded grave clothes -placed in such a way as though the body of Jesus had simply vanished through them. But Mary taking another glance inside the tomb – repeats her earlier cry of anguish 'They have taken my Lord away.'

Sobbing uncontrollably in deep grief, Mary's tears represent the countless tears of grief and pain in our world still today amplified by her anguished cry of love and despair. Suddenly, Jesus comes and stands alongside her, but Mary, blinded by her tears and pain, thinks Jesus is the gardener.

In our own darker moments of bereavement, or those times of great shock, fear and complete bewilderment, can't we relate to such moments of utter confusion? It is only when Jesus speaks her name, when Jesus calls her by name, that Mary finally recognises him.

Just as with Mary, Jesus looks to stand alongside each person in their grief, fear, distress or despair, and to call you by name. To identify personally with everyone in all the joys and sorrows of life.

Mary may have found the empty tomb, but Jesus found her.

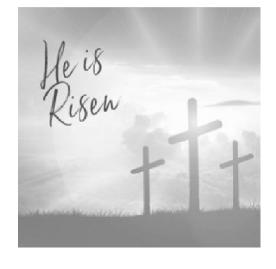
It's a transforming moment; a resurrection moment.

Jesus came through suffering and death, so that we might live.

Easter is a time of new beginnings. Happy Easter to you all.

#### Stephen

**Revd Stephen Banks** 



#### **Easter Creed**

We believe in God, Maker, Redeemer and Sustainer of life, without beginning or end, whose life giving love was let loose on the first Easter Sunday and whose life giving love we share and proclaim here today.

We believe in God, who gave up the divine life and submitted to the darkness and terror of the grave and who enters with us into every terror and darkness we shall ever face.

We believe in God, who raised Christ from the death of the grave to glorious new life and who raises our lives from sin and despair to newness and hope again.

We believe in God, who met the grief-stricken Mary in the garden and called her into hope by the uttering of her name and who meets us in our grief and gives us hope and courage again by tenderly calling our name.

We believe in God, who sent Mary from the garden to be the witness and apostle of the resurrection and who commissions us, like Mary, to be bearers of hope and good news in our world.

We believe in God, Maker, Redeemer and Sustainer of life, without beginning or end, whose life giving love was let loose on the first Easter Sunday and whose life giving love we share and proclaim here today

to all women and men, wherever and whoever they are, loved, blessed and called by God without beginning or end.

Nicola Slee (2004) Praying like a Woman - page 67 (published by SPCK)

## March birthdays

- 1 March. 1910 David Niven, Scottish-born film actor whose films included The Pink Panther and The Guns of Navarone.
- 2 March. 1545 Thomas Bodley, scholar, diplomat and founder of Oxford's famous Bodleian Library.
- 3 March. 1847 Alexander Graham Bell, Scottish-born inventor of the telephone, photo phone, graphophone, microphone and a host of other really useful phones.
- 4 March. 1928 Alan Sillitoe, author and playwright whose books included Saturday Night and Sunday Morning and The Loneliness of the Long Distance Runner.
- 5 March. 1133 King Henry II, son of Matilda and Geoffrey of Anjou who was to become the first Plantagenet king of England.
- 6 March. 1806 Elizabeth Barrett Browning, Victorian poet whose works including Sonnets from the Portuguese, are perhaps now overshadowed by her more famous husband Robert Browning.
- 7 March. 1802 Edwin Henry Landseer, painter and sculptor of the lions in London's Trafalgar Square.
- 8 March. 1859 Kenneth Grahame, Scottish author of the children's book The Wind in the Willows.
- 9 March. 1763 William Cobbett, radical author, politician and journalist who championed the cause of the underprivileged and wrote the Rural Rides in 1830.
- 10 March. 1964 Prince Edward, youngest son of Queen Elizabeth II.
- 11 March. 1885 Sir Malcolm Campbell, holder of the world speed records on land and sea.
- 12 March. 1710 Thomas Arne, English composer who wrote Rule Britannia.
- 13 March. 1733 Dr Joseph Priestley, scientist who, luckily for us all, discovered oxygen in 1774.
- 14 March. 1836 Mrs Isabella Beeton, author of Mrs Beeton's Book of Household Management everything a Victorian middle class woman should know!.
- 15 March. 1779 William Lamb, Viscount Melbourne, twice British Prime Minister in the early 1800's. His wife Lady Caroline, scandalised London society with her affair with Lord Byron.
- 16 March. 1774 Mathew Flinders, English explorer after whom the Flinders mountain range and Flinders River in Australia are named.
- 17 March. 1939 Robin Knox-Johnston, the first person to sail single-handed, non-stop around the world.
- 18 March. 1869 Neville Chamberlain, British prime minister who tried unsuccessfully to make peace with Hitler. He returned from Munich in 1938 claiming 'peace in our time'. Within a year, Britain was at war with Germany.
- 19 March. 1813 Dr David Livingstone, Scottish missionary and explorer, the first white man to see the Victoria Falls. His missionary work was less successful apparently he only ever made one convert.
- 20 March. 1917 Dame Vera Lynn was born in London and by the age of seven, was singing on a regular basis in working men's clubs. She made her first broadcast in 1935. During the Second World War Vera found fame as the "Forces Sweetheart", keeping up the spirits of the public with such songs as "We'll Meet Again" and "White Cliffs of Dover". These songs, and some films, catapulted Vera Lynn into what would now be referred to as superstardom.
- 21 March.1925 Peter Brook, director of stage and film.
- 22 March. 1948 Andrew Lloyd Webber, composer of musicals including Cats, Evita and Phantom of the Opera, to name but a few.
- 23 March. 1929 Dr Roger Bannister, who, as a medical student, was the first person in the world to run a mile in under four minutes (3 min 59.4 sec)
- 24 March. 1834 William Morris, socialist, poet and craftsman who was associated with the Pre-Raphaelite Brotherhood.
- 25 March. 1908 David Lean, film director responsible for such greats as Lawrence of Arabia, Dr Zhivago and Bridge over the River Kwai.
- 26 March. 1859 Alfred Edward Housman, scholar, poet. and author of A Shropshire Lad.
- 27 March. 1863 Sir Henry Royce, car designer and manufacturer who co-founded, with C.S.Rolls the Rolls-Royce motor company.
- 28 March. 1660 George I, King of Great Britain and Ireland from 1714. Became king following the death of Queen Anne. He spent most of his reign in Hanover, never having mastered the English language.
- 29 March. 1869 Edwin Lutyens, architect known as the last English designer of country houses. Other works include the cenotaph, vice-regal palace in New Delhi and Roman catholic cathedral (Paddy's wig-wam) in Liverpool.
- 30 March. 1945 Eric Clapton, songwriter and guitarist.
- 31 March. 1621Andrew Marvell, poet, political writer and buddy of John (Paradise Lost) Milton

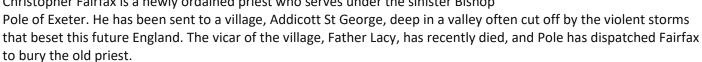
### **Book Review**

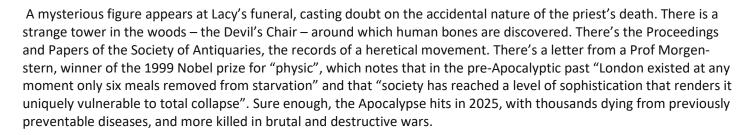
#### The Second Sleep by Richard Harris

"All civilisations think they are invulnerable. History warns us none is." So when someone suggested we read a Robert Harris novel my toes curled a little. I thought I knew what to expect: cliché after cliché, the same old formulaic writer, a male author writing about history and war. But oh dear, how wrong I was. This is a well written, cleverly crafted novel completely devoid of cliché.

1468. A young priest, Christopher Fairfax, arrives in a remote Exmoor village to conduct the funeral of his predecessor. The land around is strewn with ancient artefacts – coins, fragments of glass, human bones – which the old parson used to collect. Did his obsession with the past lead to his death?

As Fairfax is drawn more deeply into the isolated community, everything he believes – about himself, his faith and the history of his world – is tested to destruction. Christopher Fairfax is a newly ordained priest who serves under the sinister Bishop





This is of course in an incredibly thought-provoking novel. One cannot resist entertaining thoughts of what would happen if...how would we cope if...what would it look like if? The novel forces us to consider our privileged living conditions as well as our propensity to allow technology to dominate our lives rendering us all 'uniquely vulnerable'. Have a look around your life and see what you think. I wonder if we could survive now without a mobile phone, without the internet, without electricity.

Six meals away from starvation? We'd all better grow more veg!

#### **Clare Doherty**

(Chapel House, Plumbland)

# **Grants Available from Aspatria Charity Shop**

Aspatria and District Community Charity Association have grants of up to £1,000 available for organisations such as Churches, Schools, Village Halls and Clubs who are in need of financial help to complete their projects.

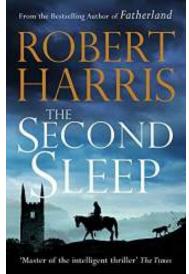
The areas available for these grants cover all parts of the Binsey Link distribution area.

The committee meets monthly

For further information or application forms please ring Marie Rose on 016973 21230

or call in the shop for a form.

The shop is completely volunteer run and managed and provide a wonderful service supporting the local community



# World Book Day 7th March 2024

The charity World Book Day® is holding its annual celebration on Thursday 7<sup>th</sup> March right across the UK and Ireland. The Charity Mission is to promote reading for pleasure, offering every child and young person the opportunity to have a book of their own. Reading for pleasure is the single biggest indicator of a child's future success – more than their family circumstances, their parents' educational background or their income. We want to see more children, particularly those from disadvantaged backgrounds, with a life-long habit of reading for pleasure and the improved life chances this brings them.

World Book Day was created by UNESCO on 23rd April 1995 as a worldwide celebration of books and reading. World Book Day is marked in over 100 countries around the globe.

The first World Book Day in the UK and Ireland took place in 1997 to encourage young people to discover the pleasure of reading. As World Book Day founder, Baroness Gail Rebuck, recalls "We wanted to do something to reposition reading and our message is the same today as it was then – that reading is fun, relevant, accessible, exciting, and has the power to transform lives."

www.worldbookday.com



# **Around The Parishes**

# **Allhallows**

#### **Allhalows Church**

All Saints Annual General Meeting will be held on Wednesday 6th March 1:30pm in the Church Vestry. Good Friday Service on 29th March at 2pm, It will be a joint Service with Plumbland Church. Followed by a walking procession from the Church to Allhallows Centre, where teas and refreshments will be available. Local children are invited at 3pm to join us and make an Easter Card and Easter Garden (everything provided). Everyone is welcome.

The next meeting of the George Moore Memorial Hall Trustees will be held on Wednesday the 10th April at 1:30pm. Registered local groups who require help and support for a project can request donations from the Trustees. For more information please contact Gillian Marr on 016973 71478 or by email at <a href="mailto:petemarr@aol.com">petemarr@aol.com</a>.

#### **Allhallows Community Centre**

Friday 1st March is bingo. 7pm for eyes down at 7.30pm. Saturday 2nd March, Quiz night with pie n pea supper (vegetarian option available). 7.30pm start. £8 per person, tables of 4. To book please call Helen 07849713207 and please let her know your food option.

Saturday 16 March we have coffee and craic from 10am to If you wish to make a booking for room hire, please ring 12pm. Come along and catch up with friends and neighbours for a chat over a brew n biccies.

Sunday 17th March is Allhallows church afternoon tea 2pm to 3.30pm, home bakes and a brew.

Thursday 28th March is lunch club 12pm.

Friday 29th March, Good Friday we have Easter Gardens and crafts 2.30pm to 4.30pm

Easter Saturday 30th March we have an Easter egg hunt with a special guest!! 1 to 3pm. There will also be a prize for finding the "golden egg"

Again, Easter Saturday from 4pm we have chocolate bingo.....what's not to like about that one then??? The events team have been busy making lots of plans. Many thanks to Emma and Helen for their time and brilliant ideas. Watch this space for more upcoming gatherings, and fun.

Flower Decorating Evening: 26th April at 7:30pm in the Community Centre. Entrance £5 includes refreshments. The evening will be hosted by Mrs Margaret Abbott

#### **REGULAR EVENTS**

Bingo - First Friday of every month, Eyes Down at 7:30pm

£1.00 Entry fee (including refreshments)

50p per book, 5 games (including 1 snowball game) Adults and children\* (8 years+ only) \*Children must be supervised by an adult, at all times

Adults are welcome to bring their own drinks 2 2 by 2 Baby and Toddler group (0 - 4years) - Every Tuesday (term time only) 10am until 11.30 am. Parents, grandparents, childminders, carers etc. For more details please contact twobytwoplaygroup@hotmail.com

Derwent Patchworkers - Every 2 weeks, on Wednesdays, 10am until 4pm

For further details or information, please contact Barbara Strong on 07833 692144

2 Tales in the Tea Room - First Friday of every month, 7-9pm

2 Allhallows Readers (Wordsworth Trust) - First Friday of every month, 1:30-3:30pm

\*\*\*Please let us know if there are any particular events or activities you would like to see happen at your community centre\*\*\*

#### **ROOM HIRE**

07593 638830, leave a message and someone will get back to you, as soon as possible. Alternatively, you can message us, directly, via the following:

Facebook: www.facebook.com/allhallowscentre Website: https://www.allhallowscentre.org

Email: allhallowscentre@gmail.com

#### **Bassenthwaite**

#### St. John's and St. Bega's March

St. John's cleaning: Daphne and Isobel Flowers: no flowers in Lent. Easter Flowers: vacant. St. Bega's cleaning and flowers: vacant.

Soup Lunch, Tuesday 12th March 12noon to 1.30pm in the Parish Room. £4 for Church Funds. Everyone welcome.

Advance notice! Save the date Thursday 18th April, for Coffee Morning at Armathwaite Hall. Hope to see you there.

# BASSENTHWAITE WINTER DROP-IN/POP-IN Bassenthwaite Parish Room

Call in any time between 10.30 am and 2 pm on the Tuesday dates below for a chat, coffee and refreshments – £1 per person

Tuesday 5th & 19th March

You can also join in a "bring and share" lunch at 12 noon or bring your own lunch. Catch up with friends or spend time on your favourite pastime/hobby. You may also fancy a game of cards, bingo or join in a board game PLEASE JOIN US – ALL ARE WELCOME Further information from:

Helen 017687 76222 or Margaret 017687 76175

#### **Bassenthwaite A Trip Down Memory Lane**

This is a one hour "slide show" of historic photographs On Saturday 6th April between 10am to 4pm at Bassenthwaite Parish Room.

Free entry but donations welcome for Great North Air Ambulance

There will be refreshments on sale

The photos will be projected automatically on the big screen in a continuous loop, so you can arrive and leave at any time.

# TO BOOK OR ENQUIRE ABOUT BASSENTHWAITE PARISH ROOM

Please contact our Co-Ordinator, Louise, by email bookbassenthwaiteparishroom@gmail.com
Our web address:

www.bassenthwaite.org.uk>book-the-parish-room

#### **Boltons**

#### **BOLTONS PARISH HALL weekly events:**

Monday. SHORT MAT BOWLS 1.30 - 3.30 Call 07879613838 for info.

Monday. CIRCUITS 9.30 - 10.30am Wednesday. PILATES 9.30 - 10.30am

All the above classes with Helen 07900410076 Thursday. BEGINNERS LINE DANCING 2-3pm. Fun, friendly class, No experience needed, just come along and join in!

Call Ness 07718264700 or just turn up, all welcome!

**Bolton Low Houses** Our Parish Hall is available for Hire and is an ideal Venue for Classes, Meetings, Dances, Parties etc. etc. The Hall has Central Heating, WiFi, a fully fitted Kitchen and has a Drinks Licence.

For more information or to come and have a look around phone Judy on 07879613838







At Bolton Low Houses Parish Hall at 1,30pm — 3 pm





EVERY SECOND TUESDAY OF THE MONTH 2024

Please drop in and spend time with friends and neighbours.
All welcome.



For further information phone Judy on 07879613838 or Gill Skillicorn 07376 258564

> NFG Village Agent for Boltons, Ireby & Uldale email: gillan.skillicorn/flnorthemfellsgroup.org.uk



#### **Embleton**

#### St Cuthbert's.

Spring is definitely on the way. If you get chance, visit our lovely churchyard to see the spring flowers at their best – as the snowdrops fade the crocus and daffodils take over for a short while. If you are feeling generous you could always offer to help the ever-dwindling group who maintain the church yard over the coming months. We look forward to seeing you at our first joint pop-up of the year on March 23rd & 24th at Wythop Mill. [All proceeds split equally between church and Dewode; Uganda as usual.] If you are interested, have a look at the charity's Facebook page to see a photo of the Christmas baby leaving the health centre and ongoing progress building / digging the staff latrine. Of course, you would be welcome to join in our Easter services, full details at the front of the magazine. In April after the clocks change, our evening services will return to summer time; 6pm.

#### **Lorton and Derwent Fells Local History Society**;

Thursday 14<sup>th</sup> March at 7.30pm at Yew Tree Hall, High Lorton, CA13 9UJ. Dr Rob David will speak on 'Secrets of Muncaster Castle: protecting the Tate Collection during WWII. £4 to include refreshments. This is likely to be a popular talk, so anyone intending to attend is advised to get there early. Parking is always tricky.

#### Dates for your diary;

St Cuthberts AGM; 7pm on March 5<sup>th</sup>. Everyone welcome. Spring pop-up March 23<sup>rd</sup>/24<sup>th</sup>. On the hill at Wythop Mill. April; Evening prayer services return to 6pm.

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's OR in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode. Any items or comments for the next edition please send to Jean at jeanmaca@aol.com or 01768776184 by March 7th please.

#### **Embleton Village Hall Notice Board.**

Hi everyone. A new yoga class is starting on a Thursday afternoon with Rebecca Shepherd, also the youth club is having a break for a few months to regroup. We need new committee members to run the village hall if anyone is interested, please contact me for a chat or join us at our next meeting on the 3rd April at 7pm

#### What's on in March.

Monday: Art Class 10am littlepicturesjohn@gmail.com. Monday: Mah-jong 2.30 pm Vivian 01900829490. Monday: Dance class 6.30p.m. Edna 01768776630.

Tuesday: Footy tykes 10.30 -1130 am.

Tuesday: Yoga 6.15pm Rebecca 07735 439126. Thursday: Yoga 1pm Rebecca 07735 439126 Thursday: Circle dance 7pm, Kathleen 76532. Sunday; Dance class 7.00pm, Edna.76630. Thursday 7th U3A Photography group 9.30am.

Tuesday 12th U3A Folk dance 2pm. Wednesday 13th: W.I. 6.15pm.

Saturday 16th Private Function 54pm -12am Tuesday 19th: Music appreciation 2-4pm Wednesday 20th: Flower club 12.30pm Wednesday 20th Parish council 7pm

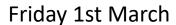
Saturday 23rd: Social Dance 7pm, Edna 76630

Sunday 24th: Cycle race 8am to 5pm Tuesday 26th: U3A folk dance 2pm. Friday 29th Seniors club 11am.

The ducks are asking you to please ensure the lights are off and doors closed when you leave the hall, it can be very chilly on the tail feathers in this weather. Chris.

**Embleton Youth Club**; As of December 2023 the youth club has closed. This is due to lack of members and unfortunately lack of support, commitment and involvement from parents. It has been a difficult decision to make as it has been running for 22 years. In that time we have seen children enjoy a wide range of activities they may not have otherwise had the opportunity to experience. We will leave the charity running until December 2024 so if anyone would like to take up the role of youth leader it will still be in place. [Contact Edna on 01768776630] We thank everyone who has attended or supported us over the last 22years. Edna, Paul & Hannah.







Sunday 17th March

#### **Ireby**

#### Parish Church of St James, Ireby

We were delighted to welcome everyone to our **Christingle Service** on Sunday, 21st January, and were so pleased that **Janet** was able to play the organ for the Christingle song! Thank you for your **Candle box** donations for the work of the Children's Society.

During **Lent** we aim to raise money for **USPG** to further their work. There are special USPG boxes, available for collection from Church, to be used for donations. Please return the boxes to Church on Easter Sunday.

<u>COFFEE & CHAT</u>: Thursday 14th March, 10.30am at Mains Hall Ireby.

Come and join us for a cuppa – all welcome!

#### **Globe Hall Ireby AGM**

The Annual General Meeting will be held on Monday 22nd April 2024 at 7.30pm in The Globe Hall Everyone is welcome to attend. Please support your Village Hall. Come along to the meeting, find out what goes on at the hall and give us your thoughts and ideas. We'd love to see you.

Any questions about the hall, contact: <a href="mailto:david.rooney@btopenworld.com">david.rooney@btopenworld.com</a>

#### **Ireby Film Night**

Bad news.. Universal have withdrawn all licensing for Oppenheimer until mid April. As a consequence we will no longer be able to hold this event in March.

#### **Plant & Seed Swap**

Northern Fells Group and North Cumbria Food Growing Network would like to welcome you to a Plant & Seed Swap event at the Globe Hall, Ireby on Saturday April 6th 10am- 12noon.

Bring plants/seeds to swap Get vegetable growing advice Take part in Gardening themed family activities Refreshments available!

Contact Gill gillian.skillicorn@northernfellsgroup.org.uk 07376 258564 Facebook: Northern Fells Group

#### Isel

#### St. Michael and All Angels Church

Please see details of Easter services at the front of the Binsey Link.

#### **Coffee Morning**

Saturday 23<sup>rd</sup> March at 10.30 am-12 noon Blindcrake Village Hall

Coffee/ Tea with boundless scones, biscuits etc

There will also be a raffle.

Admission £4

This is in aid of church funds

**Coffee** at The Great Escape, Moota will be on Monday 11th March at 10.30am.

# Isel—continued

#### **Blindcrake Village Hall**

MARCH

Wednesdays 6:30-7:30pm Pilates with Angela Sat 9th 10am-5pm Bible Study Group Sat 16th 10am-1pm Bible Study Group Sat 16th 8pm-late Evening Inn Mon 18th 7:30pm Parish Council meeting Sat 23rd 9:30am-1pm Coffee Morning (DCC) Mon 25th 7:30pm Village Hall committee meeting Sat 30th 10am-3pm Bible Study Group

Looking ahead to future events—SAVE THE DATES!

JUNE Sun 30th BLINDCRAKE GARDEN SAFARI 2024

Please let us know if you can help us in any way for this year's Garden Safari. We are looking for gardeners who would welcome visitors to their gardens (perfection is not required!!). Also donations of plants for the plants stall, helpers in the village hall on the day, drivers for the 'hail&ride' bus, bakers to help provide food for the event, plus lots more.

JULY Sat - Sun 6th-7th July **VINTAGE MODEL RAILWAY EXHIBITION** entry fees to support the village hall. Many more details to follow in the coming months, in the Binsey Link and on our parish facebook group page.

TO HIRE BLINDCRAKE VILLAGE HALL:

Look at <a href="https://blindcrakevillagehall.org.uk/">https://blindcrakevillagehall.org.uk/</a>, click on HIRING, and use the CONTACT FORM to request bookings, or to make enquiries, etc.

Hiring charges: £8 per hour for meetings, classes, etc, and £12 per hour for parties and functions.

To hire the hall for your event, meeting, class, exhibition, or party, please book on the village hall website. OR contact the bookings secretary using 07503 763590, TEXT ONLY, please, (due to poor signal). The village hall phone is checked daily, and the bookings secretary will ring you back (from a landline).

Do have a look to see what else you can find, on the website. (We have an automatically updating calendar on the Home page, worth checking to see what's coming up soon, or plan what date you'd like to hire the hall, based on current bookings.)

Please also look for up-to-date information on our parish's facebook page <a href="https://www.facebook.com/groups/166193357452161">https://www.facebook.com/groups/166193357452161</a>

#### **Plumbland**

#### **Plumbland St Cuthbert**

Greetings to all our friends near and far, hoping you are weathering the stormy weather of late, but more than pleased to see the appearance of the Snowdrops and daffodils starting to show themselves as the harbingers of Spring, and better weather to come.

It has been a relatively quiet time here in Plumbland, but, like all the other Churches in the 'Team' we have recently had out inspection by the Archdeacon, pleased to say that he was satisfied with what your church council is doing in maintaining your lovely building as 'Fit for purpose!' Enabling us to do that, we extend our thanks to all the volunteers and contributors who really do make a difference to the upkeep of the Church. THANK YOU! We are intending to hold a Saturday social in the village hall at the end of April, It will be a Tea, Coffee, Cake affair, with a 'Sale' table, possibly a raffle (drawing) An occasion to relax after a busy mornings shopping, meet friends, have a chat, catch up on any gossip, and relax in a friendly atmosphere. All will be welcomed and details will be included in the next edition of the 'Link'.

Plumbland PreSchoolTerm times on Fridays from 9am—11am in Plumbland Village Hall. Everyone is welcome when accompanied by a child aged birth to four. Attendee include parents, grandparents, carers & childminders. For further information please contact Gillian Winder 07789542736

**Plumbland Bowling Club** New Members Welcome... No Experience Needed! Monday and Tuesday, 7pm - 9pm Plumbland Village Hall

£2.50 per session, refreshment break between halves

Plumbland Community Group presents

# Baby & Toddler Table Top Sale

Sunday 24<sup>th</sup> March 2024 10am – 11:30am Plumbland Village Hall CA7 2DQ Entry 50p per adult Cash Only Event

Come grab a bargain!

Pre-loved baby and toddler clothes, toys,
equipment, accessories and nursery décor...
all goods suitable For O-4 years old!

£10 per table, to book contact Holly: 07738090488

Have you got great quality items you wish to donate? Contact Holly to donate items to raise Funds For Baby Basics West Cumbria.

#### **Torpenhow** including Bothel & Blennerhasset



St Michael and All Angels Church, Torpenhow

#### EASTER FLOWERS

Would you like to remember a loved one by donating towards the cost of Easter flowers? The name of the loved one(s) will be included on the Easter memorial which will displayed on the Font.

Please contact either Eileen Bell 016973 71921
Or Lyndsay Lomax 016973 21277
email: lyndsaylomax@talktalk.net
with your details and those of who you wish
to be remembered

St Michael and All Angels Church, Torpenhow



#### SOUPERDAY



Saturday 9th March 2024

12.00-1.30

**Bothel Village Hall** 

Homemade Soups, Tea/Coffee and Cake

Adults £5 Children £2 under 5 Free Raffle

Please join us and support your Church

Donations of cakes and raffle prizes most welcome

#### Churchyard

Torpenhow DCC kindly request that all Christmas wreaths and flowers( including artificial ones) be removed ASAP or . before the start of Easter. Please note these will have to be taken away as there are no disposal facilities in the Churchyard.

1st **Torpenhow Brownies is** on a Tuesday evening in Torpenhow Village Hall. We meet from 6.00 to 7.30pm during term time for games, crafts and much more. Just ring 016973 71514 or email torpenhowbrownies@gmail.com for more information



**Torpenhow Village Hall** 

#### **Coffee Morning and Book Share**

Saturday 2<sup>nd</sup> March 10.00 to 12.00 noon





& loads of books to share

#### Big Night Inn

Friday 22<sup>nd</sup> March 7.30pm to 10.30pm

All are welcome to our village pub night featuring this month's Guest Ale on tap



Follow us on Facebook & Instagram.
For bookings contact
torpenhowvillagehall@gmail.com

# Torpenhow including Bothel & Blennerhasset



# Blennerhasset & Baggrow Village Hall COFFEE MORNING -

Every 1st Wednesday of the month is our Coffee Morning. We give such a warm welcome to visitors from neighbouring villages and locals, plus our baking is brilliant.

#### **GET FIT – STAY FIT–Weekly classes**

We have a weekly programme of exercise classes to appeal to all ages, abilities and goals. These include Dance, Yoga, Step & Circuits. The class timetable can be found on our website www.bbvh.uk

Check out our website www.bbvh.uk (Blennerhasset & Baggrow Village Hall BBVH) for more information on all of our events. Follow us on our Facebook page: Village Hall, Blennerhasset & Baggrow

#### **Bothel Village Hall**

March Weekly Activities Bowling Mondays 7.30pm Yoga Wednesdays 10am Fencing Wednesdays 7.30pm Circuits Thursdays 7pm Dance Class Fridays 4.30pm

Monday 25th March Lunch Club 12 noon Tuesday 5th March W.I. Women's Health 7.00pm Tuesday 19th March Gardening Club Geraniums with Pat Murphy 7.30pm

Tuesday 26th March Wildlife Group Golden Eagles 7.30pm Wednesday 13th March "Craft Group 7.30pm Wednesday 27th March Bingo 6.00pm N.B. Note change of time

**Events in April** 

Saturday 6th April Whitehaven Breast Foot Forward BINGO / RAFFLE /TOMBOLA Refreshments to include cakes!!! 1.00pm - 4.00pm Please support this important charity event Sunday 7th April Mawbray Glass Workshop 4,00pm - 7.00pm

See notice boards for further details.

**Event in May** 

SAURDAY 25TH MAY SUMMER HOG ROAST

100 club winners

January 1. A.Butler 2. R.& S. Teasdale 3. L. Chapelhow February 1. J. Thirlwall 2. Village Hall 3. B. Sanderson

**Rainbows** is a Girlguiding group for all girls ages 4-7 years old, for fun, games, crafts and learning through adventures. We are also opening a waiting list as we seem to



have quite a few 3 year olds in the community who are interested but a bit young yet! We will be running Tuesdays 5.15-6.15pm in Bothel Village Hall. We can be contacted at <a href="mailto:bothelrainbows@gmail.com">bothelrainbows@gmail.com</a> for more information.

Community Wildlife Group a new group in Bothel, open to everyone. Through winter we have a series of talk evenings ,then summer we hope to get out and about . Find us on FaceBook Bothel Community Wildlife Group or for further information contact Aimee email <a href="mailto:twisp@live.co.uk">twisp@live.co.uk</a>.

Bothel village hall **7pm 26th March**: Rick Taylor will tell us about the work of the south of Scotland Golden Eagle project . As the eagle flies the project release sites in the Moffat hills lie 50 miles from Bothel ,could we be lucky enough to have them fly over in search of new territory.



#### Setmurthy

#### St Barnabas Church

Cleaning & Flowers Mrs N. Laws & Mrs B Petecka

#### **Services**

Please check the Binsey Link , Church Notice Board or website for details of services.

Annual District Church Council Meeting will be held on Tuesday19th March at 1-30pm in the Parish Hall. This meeting is open to all parishioners.

#### **SPRING LUNCH**

to be held on Saturday 16<sup>th</sup> March at 12.30pm in the Parish Hall cost £15 Booking essential please contact Nicola on 017687 76483

The Parish Hall is available for bookings, please contact Mrs Nicola Laws tel 017687 76483

#### **Uldale**

#### St James

Work is now underway on the remaining renovations / repairs. Please bear in mind that the Church will not always be accessible during this work.

#### Commemorative chairs

The revised prices for the Church chairs have now arrived, albeit perhaps subject to a further very slight increase. They are: Chair £119.00, with arms +£14.00, with box for Hymn book / Bible, etc. +£13.85.

Orders to one of the Churchwardens.

Offers of help to distribute the Binsey Link around Uldale would still be very welcome.

**NFG Septic Tank Syndicates.** Significant savings can be made on orders Please contact Gillian Skillicorn 07874 24160 Order dates March & November

The **Uldale Sports Committee** has now registered with <u>easyfundraising.org.uk</u>, and this means that over 7000 brands such as Amazon, Ebay and M&S will now donate to us a small percentage of your spend every time you shop with them. The great thing is that it doesn't cost us, the shopper, anything as the donations come directly off the margins the various brands make from our shopping. To register please scan the QR Code visit <u>easyfundraising.org.uk</u> and help the Uldale Sports Committee make further improvements to the Uldale Play Park.



#### **Wythop**

This Easter St. Margaret's is happy to collaborate with St. Cuthbert's to share Services. There will be a joint Good Friday Service at Embleton at 10.00 a.m. and on Easter Sunday there will be a Service of Easter Worship at Wythop at 11.00 a.m. An early Easter usually ensures that we have the best daffodils to decorate the Church.

Despite dire warnings about snow from the Met. Office, we were able to welcome the Archdeacon for his Visitation as planned.

#### **School News**

#### **Boltons**

Last half term was a busy and tiring one, but it is so lovely returning to school on the lighter mornings and going home when it is not dark.

The children in all classes are recently enjoyed taking part in another book club. This is where they all bring their favourite books into school and discuss their favourite parts of the story. We have had some good recommendations, which has encouraged some of the children to read and buy different books. We are all looking forward to World Book Day on Thursday 7<sup>th</sup> March, where the children will be dressing up in their pyjamas and listening to or reading bedtime stories.

Primary Puppets are coming to school this month and the children always love watching and participating in the assemblies.

Many of the children have enjoyed continuing participating in the range of extra curricular clubs available after school. Children in KS1 are enjoying computing and art club and children in KS2 are enjoying making delicious food in cooking club, learning how to code in coding club and participating in tag rugby and football with external coaches.

Year 3 and 4 are very excited about performing in the U.Dance Festival at The Crown and Mitre Hotel in Carlisle this month and have been extremely busy practising their dance. They can't wait to perform it to everyone in school and to their parents on the day.

They are all currently busy practising for our Easter Assembly at the end of this half term



#### Ireby

We've reached the midway point through the Spring term this week when our children and staff can look forward to a half term break and re-charge!. Through storms, wild weather and the odd power cut, it has managed to be, as always, a busy and active month in school. Our young pupils in Reception and KS1 have been getting out for weekly visits to Wigton Baths learning to swim and play with confidence in the water through fun activities. KS1 and KS2 recently all took part in a cross-county running event hosted by Netherhall School, and KS2 will be having swimming lessons after half-term.

This half-term, Binsey Class (Nursery and Early Years) have an exciting new topic, "Travel and Transport" to look forward to. The pupils will be experiencing all different types of transport — modern day and from the past. They plan to go to the Transport Museum and also plan to experience travel for themselves on a boat, a bus and a train. They will look at contrasts between travelling within our local area and for longer journeys and discuss how people from different cultures travel. They will travel back in time and learn about George Stevenson and the invention of the steam train including an exciting trip to Ravenglass on Lal Ratty to help us bring learning to life. Binsey Class also continue their Global Ambassador curriculum with "World Around Us Wednesday" understanding what it means to be a global citizen.

As part of our Easter topic, Years 1 and 2 will be making Easter animal puppets for their textile unit. If anyone would like to come into school and support our "making and joining" part on Thursday 7<sup>th</sup> March, we would be delighted to welcome you. Please contact Mrs King at <a href="mailto:amyking@ireby.cumbria.sch.uk">amyking@ireby.cumbria.sch.uk</a>. You are all very welcome to join us for our Easter service at the end of term which will be on Thursday 28<sup>th</sup> March at 10am at St. James's Church and will be followed by the great Ireby tradition – The Egg Dump – back at school, organised by the PTA.

Thank you to everyone who has kindly bought us books from our Amazon Wish Lists. The children are loving the new books and are always very excited for reading book change day. We all look forward to seeing our pupils' response and love of reading on World Book Day on 8<sup>th</sup> March. The link for this can be found on our X (Twitter) feed or on our Facebook page.

### **School News**

#### **Plumbland**

It has been a rather busy start to the year especially with our sporting calendar. Our children in Reception, year 1 and 2 have been developing their cricket skills with kinder cricket tuition led by Chris Hodgson. Reception children have also taken part in a multi skills festival at Beacon Hill School and fully enjoyed their experience. The young leaders were exceptionally supportive and encouraging towards this group of children. Children in Key stage 2 have developed their hockey skills with tuition from Rob Jefferson and also had the opportunity to compete against other schools at the festival at Solway Sports Centre. Some children in years 3,4,5 and 6 were able to focus on their control and coordination in a development session they attended at the same venue.

Our forest learning programme has been running for seven years and we are now using 'forest school passports' to closely track the knowledge and skills progression within this unique experience our school offers. Children in year 5 and 6 have recently completed their blue badge for fire lighting skills and they have used a kelly kettle and will soon be cooking on the open dutch fire grill. The equipment has been kindly provided by our fundraising group FOPs. (Friends of Plumbland School) and we are always very grateful to this group for the vital work they do for our school, in order for us to provide these wonderful experiences.

The Christian value we have been focusing on this term in school is thankfulness and children in year 5 and 6 led a worship time on this theme. Part of the planning process for this involved them spending quiet time in our well being garden to gather their thoughts.

They used the story of Zaccheus from the bible, as well as an inventive game and singing to give over the message. What was impressive was the way they supported and encouraged younger children to participate in this session. Our Reception children joined the other children of this age in our cluster for an Art morning at Bothel village hall. The activities included sculpting using clay, decorating hats, sketching animals and developing their printing skills using paint. We always value the opportunities to work with the schools within our cluster where the children can meet and socialise with one another.

Our year 5 and 6 children have been further developing their musical skills with ukulele tuition provided by Cumbria Music Service and our Infant children have further developed their rhythm and beat with African drumming tuition from ZoZo. They are always fascinated with the stories and songs ZoZo teaches them from his African heritage.

#### WI

Bassenthwaite A great start to the new year when local resident, Jean Sibson, came to share her interest in metal detecting. Jean has always been interested in History and bought her first metal detector in 2019. She quickly progressed from detecting in her garden and those of relatives and sought permission from two local farmers to survey the fields in front of the Parish room and behind it. Jean quickly realised that she would need a more advanced machine! She joined a Cumbrian group of likeminded people and her metal detecting experiences expanded. Jean brought along some of her finds. Of particular interest was an Edward the first coin and two bronze axe heads. The thrill of finding and being the first person to hold something after it had been lost or discarded over 3,000 years ago must be amazing. It was fascinating to hear of the time spent looking at and comparing old maps, discovering settlements that are no longer in existence today. Rich areas for exploration. Jean stressed that permission must be sought before starting to metal detect and explained what finds must be reported. Her relaxed manner invited questions as she went along and an enjoyable evening was had by all. The competition for an old coin was won by Daphne with a Birmingham workhouse penny. Our March meeting will be the AGM and catered supper. The competition is one spring flower. Ourhostesses for the evening are Suzy Smith and Alison Trafford.

#### **Uldale & Ireby**

We had a great turnout this February when we welcomed Sue Hinde for her much anticipated talk on 'Joe the Quilter'. Joe was 76 when he was murdered at his home in Hexham – we heard the gory details of the killing and were as perplexed as the Peelers investigating at the time as to who could have done it. The crime remains unsolved. Elizabeth Gill won the competition for 'A quilted item' with Janice Havelock in second place. Sue Allison won the drawing and many thanks to Angela Marrs, Mary Ritson and Daphne McWilliams for being our hostesses for the evening.

Our group is also enjoying regular get togethers for coffee and cake at Woodlands in Ireby. We are pleased to be supporting a local business with these smaller informal gatherings which take place on different days around the middle of the month, between meetings. If you miss a meeting and would like to go – contact Janice for details of the date and time. We have a varied plan of meetings scheduled for the remainder of the year. Please get in touch with our Secretary on

UldaleandIrebyWI@gmail.com for more details or if you would like to join us. We meet at 7.30pm on the first Thursday of every month in the Ireby WI Hall.

March 2024

#### WI

#### **Bothel and Kirkland**

At the February meeting of Bothel and Kirkland W.I.our speaker for the night was Tracey Lindsay from Manor Barn Organics. Unfortunately there was a power outage but thankfully the backup lighting worked in the hall. After a while power was restored and we were able to enjoy W.I. essentials, a cup of tea and cake!

Tracey trained as a engineer but after she and her husband worked in Qatar she decided to train as a Aromatherapy practitioner treating people with essential oils. She also makes candles.

We were given sticks dipped in different oil and were asked what the smell reminded us off, what memories they evoked. As they were very concentrated we had some difficulty decided what they were. She said such as lavender is good for aiding sleep, frankincense helps lungs and expands the mind and peppermint for nausea and digestive problems. She was thanked for her very interesting talk by Jenny.

#### **Parish Council**

#### **Bothel and Threapland**

Summary of the Meeting of the Parish Council held on Tuesday 9th January, 2024 at Bothel Village Hall at 8.10 pm. The meeting was preceded by a public meeting with Karl Melville the Assistant Director of Highways and Transportation, Cumberland Council regarding the A595 at <a href="www.bothelandthreaplandpc.org.uk">www.bothelandthreaplandpc.org.uk</a> Bothel.

Present: C. Macaulay, J. Mitchell, P. Musk, J. Smith, M. Story and R. Wren. Also present: J. Perry Cumberland Councillor and two parish members. Matters discussed included: Planning Applications received - HOU/2023/0193 - The Old School, Bothel -Erection of 1.8m high round post ranch type fence. Decisions - FUL/2023/0195 - Overgate, Mealsgate -Retrospective application for the alteration to former entrance - REFUSED. LBC/2023/0027 - Overgate, Mealsgate - Retrospective application for Listed Building consent for an alteration to former entrance - REFUSE LISTED BUILDING CONSENT. 2/23/9004 - High Close Quarry, High Close Farm, Plumbland - New vehicular access to quarry (resubmission of withdrawn access application ref 2/19/9011) – WITHDRAWN. HOU/2023/0193 - The Old School, Bothel - Erection of 1.8m high round post ranch type fence - GRANTED. Dog Fouling - The recent increase in dog fouling and dog owners failing to clean up after their dogs was raised. Residents are reminded that it is an offence not to clean up after a dog, which could result in a maximum fine of £1000 if prosecuted. Residents should also report any incidents to Cumberland Council. A595 and Cumberland Council – The public meeting held before the Parish Council meeting with Karl Melville was very well attended with residents raising various issues relating to the A595 at Bothel. It was agreed that speed counters would be used to record current data to compare with the data from 2023, residents should report any incidents occurring on the A595 in the vicinity of Bothel to Highways and Environmental Health would be approached to enquire if a traffic noise survey could be carried out. Date of Next Meeting -Tuesday 12th March, 2024 – Bothel

Village Hall at 7.30pm

Janice Rae, Parish Clerk, 1 Sun Croft, Ireby, CA7 1ES. Tel: 07547 368 323

Email: clerk@bothelandthreaplandpc.org.uk or janice.rae220@btinternet.com

#### **Blennerhasset and Torpenhow**

Summary of the Meeting of the Parish Council held on Wednesday 10th January 2024 at Torpenhow Village Hall. Present: Cllrs. B. Armstrong, J. Bowe (Chair), D. Telford and W. Powley. Also Present: J. Perry, Cumberland Councillor. Matters discussed included:

Planning Applications received: CAT/2023/0037 -Notification on an application under Section 211 of the Town and County Planning Act 1990 to carry out works to trees in a Conservation Area - Proposal: T1 - Ash Tree, Fell 1x Ash tree situated in central main lawn showing signs of approx. 80% crown die back G1 - Crown Raise group of mixed trees and shrubs over lay-by to approx. 5.2m T2 -Fell 1x Dead Scots Pine Tree Stem T3

- Fell 1x Sycamore tree situated by Oil Tank T4 - Crown Raise 1x Fir increase clearance at driveway entrance to Approx. 5m - Location: The Vicarage, Torpenhow. Decisions - None.

Play Area - The Chair on behalf of the Parish Council thanked Cllr Telford and everyone involved in the raising of funds for the installation of the new play area.

Vacancies – There are vacancies on the council. Anyone with an interest in the community and would like to be considered for co-option onto the parish council please contact the Clerk for further information.

Date of next meeting Wednesday 13 th March, 2024 at Blennerhasset Village Hall at 7.30pm

Janice Rae, Parish Clerk, 1 Sun Croft, Ireby, CA7 1ES Tel: 07547 368 323 Email: bandtpc@gmail.com www.blennerhasset.com

#### General

#### **Caldbeck Surgery**

Repeat Prescriptions can be ordered on our dedicated phone line 24 hours a day/7 days a week 016974 78296 IMPORTANT NOTE: Please leave a minimum of 2 working days following your request to collect your prescription from the surgery. This also applies to any home deliveries. **COMING SOON – NEW WEBSITE** Our website is currently under development. We encourage you to check out our new website from the beginning of 2024 You will find information on all the ways to contact us, self-care, local services and much more.

**Cockermouth u3a:** The u3a movement caters for those people who are no longer in full time employment but who wish to pursue their hobbies and interests or learn something new with like minded people in a friendly environment. Check out our website for more information. Www.cockermouthu3a.org.uk

**Skiddaw U3A** is a very friendly and welcoming self-help organisation for people who are no longer in full-time employment. It currently offers some 60 interest groups run by volunteers and catering for a wide range of hobbies and interests. All these groups, and their contact details, are listed on the Skiddaw u3a website. Skiddaw u3a's Monthly Meetings, which always take place on the third Wednesday of each month, are often being held in the Crosthwaite Parish Room in Keswick, although other venues may also be used. Doors open at 10am for refreshments and socialising, with the actual talk starting at 10.30am. The entry fee is £1.00 for u3a members and £1.50 for visitors. Monthly talk Wednesday, 20<sup>th</sup> March 2024 – Crosthwaite Parish Room **Windermere Waterbird Project** *by Ian Gee* A local author Ian Gee will tell the fascinating story of two hydroplanes built in Windermere;;

**Fair Futures for Young Carers** On Wednesday 13 March Young Carers Action Day takes place. This is an annual event organised by Carers Trust to raise awareness. It highlights the pressures and challenges young carers face, and the incredible contribution they make by caring for their family members and friends.

The theme for 2024 is "Fair Futures for Young Carers". Caring for someone should not be a barrier to learning, earning or being able to participate and get on in life. But for far too many young carers and young adult carers, it is. A shocking number are caring for fifty hours a week or more. This has a catastrophic impact on their ability to learn and ultimately to earn: young carers are significantly less likely to undertake higher education or enter employment than their peers without a caring responsibility.

Carer Support West Cumbria can provide help and guidance to Young Carers and their families around managing their caring role alongside education and learning. Our Support Workers can be someone to chat to in confidence as well as ensuring young carers are supported in school.

If you know a young carer who could benefit from our support please call 01900 821976 or complete the referral form at carersupportwestcumbria.co.uk

Julie Crellin—Carer Support West Cumbria

#### The Light District: SPACE – God, The Universe And Everything

**St Bees Priory** Thursday 14 to Friday 15 March

SPACE: God, the Universe and Everything is inspired by the 1969 Moon landings. Created by the award-winning Luxmuralis artistic collaboration, it will take people on a walking journey through St Bees Priory, revealing the universe, galaxies, space, creation, and light through a variety of sound and light installations that will transform the Priory.

In addition to the sound and light installations, Cumberland Council will deploy architectural lighting to highlight the Priory and its setting, making it a real beacon for the town.

There will be time slots between 6.30pm and 9pm each evening. https://www.discovercarlisle.co.uk/whats-on/light-district-space-god-the-universe-and-everything

Tickets are £4 (under 5s free), available from the Carlisle Tourist Information Centre (01228 598596), The Beacon Museum in Whitehaven, St Bees Post Office and online at www.skiddle.com

# **Time for Yoga**

#### Yin and Yang Yoga with Rebecca Shepherd.

I started teaching yoga in London in 2001, but it wasn't until I discovered Yin Yoga in 2003 that I found my passion. Having studied the form with its founder, Paul Grilley, since 2006, I am one of his most senior instructors.

I moved back home in 2012 and have been teaching restorative Yin and its dynamic Yang counterpart in the local area ever since. And the best part is...I now get to teach in the most perfect room for Yin Yoga - Embleton Community Hall. Yin involves relaxing on the floor and, as the hall has underfloor heating, it is perfect. If you have wanted to start a yoga practice, but haven't found a style or venue that you like yet - this could tick the boxes.



My classes are attended by runners and cyclists who know Yin can help prevent injury, to older folk who know it will keep their joints mobile. I also teach a more eclectic style of Yang Yoga if you want to move more, but are not interested in a really gymnastic style of yoga.

If you would like to learn more about the yoga and my other classes please feel free to contact me and, perhaps, join "The Yin Crowd"!

Text/Phone: 07735 43916 Email: theyincrowd@me.com



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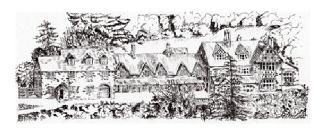
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The Revd John Freeman

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#### **Methodist Ministers**



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