



BINSEY LINK

The magazine that reaches out to everyone in our communities

binsey.org.uk

Charity Number:
1169267

Serving and informing the Mission Community of:
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,
Torpenhow, Uldale and Wythop

July 2023

Rest

As we head into the summer months, I've started to think about rest, holidays, and taking a break. As I think about them, I realise there isn't a quick-fix, 5-step-plan to getting true, proper rest. A good night's sleep is one thing, but what about the deep rest that goes all the way to the core of our souls and resists burnout, enables true life and creates the fertile soil in our lives that we need to flourish and grow? Is that sort of rest possible?

I believe the answer is yes – that this sort of rest isn't just an unattainable pipedream. In fact, in the Bible, it's the sort of life we're told we are created for. But believing that is one thing – experiencing it is another! It will come as no surprise that to achieve this sort of life takes more than just a day off, a walk in the fells, or a nice holiday. It means choosing and receiving a *better* rest.

I've found that to go forwards in experiencing this rest, it can be helpful to look backwards. There's ancient wisdom – some of it discovered and explored by men and women throughout history who knew Cumbria well – that says this sort of rest comes in part from daily, weekly, and yearly choices that help to make us the sorts of people we want to become.

The followers of Jesus, for generations, have chosen daily to carve out time to slow down, to reflect, to be thankful and to be with God in prayer and scripture. They've created daily moments of rest rather than just waiting for the possibility of rest tomorrow.

They've worked hard each week to carve out 'sabbath' rest – sometimes a dedicated 24-hours away from the grind of life, but at other times whatever they could manage to do to step away from their work and remember they are human *beings* before they are human *doings*.

And they've taken time in a yearly rhythm to celebrate, to remember, to look around at all the things they have and be grateful for with friends and family. We call these 'holidays', but they were originally about 'making the days holy' – setting apart time to be something special, something life giving, and something significant.

As I begin life and work in Cumbria heading into a time that for some will be full of work and for others will hold special moments of rest, my prayer for us all is that we would find time this summer to set apart parts of our days, weeks and months so that we might be restored. It's the gift that God longs to give us.



John

Revd John Freeman

July Services

Sunday 2nd July – 4th Sunday after Trinity			Sunday 9th July– 5th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Boltons	9.30am	Morning Worship	Embleton	9.30am	Holy Communion
Wythop	9.30am	Morning Worship	Torpenhow	9.30am	Holy Communion
Bassen- thwaite Chapel	11am	Morning Worship	Setmurthy	9.30am	Morning Worship
Isel	11am	Holy Communion	Allhallows	11am	Holy Communion
Plumbland	11am	Family Service with Baptism	St. John, Bassenthwaite	11am	Holy Communion
St. Bega, Bassethwaite	3pm	Holy Communion			
Embleton	6pm	Evening Prayer	Ireby	6.30pm	Evening Prayer
Sunday 16th July– 6th Sunday after Trinity			Sunday 23rd July – 7th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Isel	9.30am	Morning Worship	Boltons	8am	Holy Communion
Plumbland	9.30am	Holy Communion	Ireby	9.15am	Holy Communion
Bassethwaite Chapel	11am	Morning Worship	Setmurthy	9.30am	Holy Communion
Wythop	11am	Holy Communion	Torpenhow	9.30am	Morning Worship
			Allhallows	11am	Morning Worship
Carlisle Cathedral	3pm	Farewell Service for Bishop James	St. John, Bassenthwaite	11am	Morning Worship
			Embleton	5pm	Evening Prayer
Sunday 30th July– 8th Sunday after Trinity					
Church	Time		Service		
<u>Team Service</u> St. Michael & All Angels, Isel	10.30am		Holy Communion		

August Services

Sunday 6th August– 9th Sunday after Trinity			Sunday 13th August– 10th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Boltons	8am	Holy Communion	Embleton	9.30am	Holy Communion
Isel	9.30am	Holy Communion	Torpenhow	9.30am	Holy Communion
Bassenthwaite Chapel	11am	Morning Worship	Allhallows	11am	Morning Worship
Plumbland	11am	Morning Worship	St. John, Bassenthwaite	11am	Holy Communion
Wythop	11am	Holy Communion			
St. Bega, Bassenthwaite	3pm	Holy Communion	Setmurthy	3.30pm	Songs of Praise
Embleton	6pm	Evening Prayer	Ireby	6.30pm	Evening Prayer
Sunday 20th August– 11th Sunday after Trinity			Sunday 27th August– 12th Sunday after Trinity		
Church	Time	Service	Church	Time	Service
Plumbland	9.30am	Holy Communion	Boltons	9.30am	Morning Worship
Bassenthwaite Chapel	11am	Morning Worship	Setmurthy	9.30am	Holy Communion
Isel	11am	Family Service with Baptism	Torpenhow	9.30am	Morning Worship
			Allhallows	11am	Holy Communion
			St. John, Bassenthwaite	11am	Morning Worship
Wythop Old Church (Kelsick)	3pm	Open-Air Service	Ireby Old Church	2.30pm	Evening Prayer
Embleton	6pm	Evening Prayer			

From the Registers

BAPTISMS

Noah Barber and William Barber were baptised at St. Cuthbert, Plumbland on 21st May 2023.

Poppy Stephenson and Wesley Stephenson were baptised at St. Cuthbert, Plumbland on 21st May 2023.

WEDDINGS

The wedding of James O'Brien and Gemma Suttle took place at St. Michael & All Angels, Isel on 2nd June 2023.

The wedding of Christopher Colburn and Wendy Cottrell took place at All Saints, Boltongate on 10th June 2023.

FUNERALS

The funeral of John Chester, from Mealsgate, took place at All Saints, Boltongate on 22nd May 2023.

The funeral of Winnie Shanklin, from Aspatria, took place at Carlisle Crematorium on 5th June 2023.

The funeral of Lena Slater, from Sunderland, took place at St. Michael & All Angels, Isel on 15th June 2023.

Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child. Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.



BAPTISM

To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541. Please note that St James, Uldale is not currently available because of major restoration work.



If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests, and St James, Uldale is not currently available because of major restoration work

Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

Binsey Information

Hello! My name is John, and I am excited to have joined the Binsey Team and moved up to be a part of the community here. I'm married to Steph, and we have a nearly three-year-old daughter called Molly. We've moved quite a long way to be here, having come from Reading in Berkshire, which is near where both Steph and I grew up. While we're sure there will be plenty to learn about the particularities of life here, we're loving it so far, and have been so grateful for the warm welcome we've received from many, many friendly faces.

I've worked for churches for several years now, both as a priest and as a musician, around Reading and in London. Before that, I studied Biochemistry at university but decided early on that what I was most passionate about was helping people to experience Jesus for themselves, in their real lives, today. I've experienced Jesus myself as someone who knows me, loves me, and who works in my life daily so that I can experience life to the full. I want others to be able to experience that as well! And so that's what I've joined the team in Binsey as an Associate Priest to do, and I'll be one of the vicars who will be serving in churches, schools, and the community.

Alongside my role in Binsey, I've also been invited by the diocese to be a 'church planter'. What that means is that my job is going to be to help gather a new community of people, particularly those who have been disconnected from church or perhaps have never had any interest in church to this point. Together, we will explore what a new kind of church could look like here. The vision behind this new job – and my own heart for what we'll do as well! – is that it would be a community that is particularly for younger people and younger families who have struggled to connect anywhere else.

If this is something you think you'd be interested in, or if you have thoughts and ideas about what a new church community like this should look like, I would love to chat with you.

You can contact me directly at johnfreeman@binsey.org.uk – let's arrange a time to chat together.

Otherwise, you can sign up at bit.ly/A66Plant to find out more about what we're up to as it happens.

If not, please do just feel free to drop me a message and say hello – I'd love to get to know the people of the Binsey community more as I settle into life here. God bless you!

To find out our more, sign up at: bit.ly/A66Plant.

Grants Available from Aspatria Charity Shop

Aspatria and District Community Charity Association have grants of up to £1,000 available for organisations such as Churches, Schools, Village Halls and Clubs who are in need of financial help to complete their projects.

The areas available for these grants cover all parts of the Binsey Link distribution area.

The next meetings dates of the committee are 3rd July & 31st July.

For further information or application forms please ring Marie Rose on 016973 21230

or call in the shop for a form.

The shop is completely volunteer run and managed and provide a wonderful service supporting the local community

On this day.....

- 1 July.1838 British scientist Charles Darwin presented a paper to the Linnean Society in London, on his theory of the evolution of species and natural selection.
- 2 July.1644 Parliamentarian forces defeated Prince Rupert at the Battle of Marston Moor.
- 3 July.1996 It was confirmed that the Stone of Scone, the symbol of the Scottish nation taken by Edward I of England in 1296, was to be returned to Scotland from Westminster Abbey where it has been used in the coronation of 30 British monarchs.
- 4 July.1776 Congress accepted the Declaration of Independence written by Thomas Jefferson, formally ending American links with Britain.
- 5 July.1791 George Hammond was appointed the first British Ambassador to the USA.
- 6 July.1535 Former favourite of King Henry VIII Sir Thomas More was executed after refusing to recognise the King as the head of the Church.
- 7 July.1307 English King Edward I, conqueror of Wales and “Hammer of the Scots” dies on the way to Scotland to fight Robert the Bruce.
- 8 July.1822 Leading romantic poet Percy Bysshe Shelley drowned in the Bay of Spezia, when his boat sunk in a storm.
- 9 July.1877 The inaugural Lawn Tennis Championship was played on top of the croquet lawns at Wimbledon, Spencer W Gore taking the men’s singles title.
- 10 July. 138 Death of the Roman Emperor Hadrian who ordered the building of a wall across northern England to keep out the barbarian Scottish tribes.
- 11 July. 1690 Deposed Roman Catholic King of England James II was defeated by the current king, William III or William of Orange, at the river Boyne, Ireland.
- 12 July. 1910 British pilot Charles Stewart Rolls, 33, died after his French built biplane crashed at a flying competition in Bournemouth, Dorset. He was a partner in the Rolls-Royce car manufacturing company.
- 13 July. 1923 The British parliament passes a law banning the sale of alcohol to under-18’s.
- 14 July. 1858 Birthday of Emmeline Pankhurst, English suffragette who suffered imprisonment in order to gain the vote for women.
- 15 July. 1857 200 British men, women and children are chopped up by local butchers and thrown down a well at Cawnpore, as the Indian Mutiny continues.
- 16 July. 1557 Death, from natural causes, of Anne of Cleves, fourth wife of Henry VIII.
- 17 July. 1453 French troops defeat the English at Castillon, effectively ending the Hundred Years’ War. Calais remains under English control.
- 18 July. 1920 750,000 war dead are commemorated with the unveiling of a new national monument in Whitehall, London. The Cenotaph takes its name from the Greek words kenos and taphos meaning empty tomb.
- 19 July. 1545 King Henry VIII looks on as his newly refitted flagship the Mary Rose sinks in the Solent, off England’s south coast, with the loss of 700 lives.
- 20 July. 1588 The Spanish Armada consisting of 130 warships set sail for England from Corunna.
- 21 July. 1969 The Eagle lands on the moon and US astronaut Neil Armstrong is the first man in history to walk on its powdery surface. (Editors note—Allegedly!)
- 22 July. 1946 More than a year after the end of World War Two, bread is rationed in Britain. The shortage is blamed upon a poor harvest and drought.
- 23 July. 1940 The Local Defence Volunteers changes its name to the Home Guard. The one million-strong force, which includes many World War One veterans, is intended to form Britain’s last line of defence against the expected German invasion.
- 24 July. 1567 Mary Queen of Scots abdicates after defeat by the Protestants at Carberry Hill, near Musselburgh.
- 25 July. 1814 The chief engineer at the Killingworth colliery, George Stevenson, unveils Blucher, a steam powered locomotive that can haul eight carriages loaded with 30 tons of coal at the break-neck speed of 4 mph.
- 26 July. 1978 The worlds first test-tube baby is born in Oldham General Hospital near Manchester. Gynecologist Patrick Steptoe and physiologist Dr Robert Edwards are credited with this pioneering work.
- 27 July. 1953 The Korean War is formally ended with the signing of a peace agreement at Panmunjom.
- 28 July. 1540 A busy day for King Henry VIII as he has Thomas Cromwell beheaded and then goes on to marry Catherine Howard.
- 29 July. 1588 The Spanish Amada is sighted off the coast of Cornwall. The English fleet under the command of Charles Howard and Francis Drake set sail from Plymouth, to establish the birth of British naval supremacy.
- 30 July. 1966 England win the Jules Rimet trophy, Association Football’s World Cup, at Wembley Stadium in London after beating Germany 4-2 in extra time.
- 31 July. 1667The Second Anglo-Dutch War ends with the peace of Breda.

On this day.....

- 1 August 1740 'Rule Britannia' sung for the first time in public, in Thomas Arne's 'Masque Alfred'.
- 2 August 1100 King William II (Rufus) killed by a crossbow bolt in mysterious circumstances while hunting in the New Forest, his ghost is still said to haunt the woods.
- 3 August 1926 Britain's first set of electric traffic lights appear on the streets of London.
- 4 August 1914 Britain declared war on Germany in support of Belgium and France, and on Turkey because of her alliance with Germany. Find out more in our article concerning the Causes of World War One.
- 5 August 1962 Nelson Mandela imprisoned for attempting to overthrow South Africa's apartheid rule.
- 6 August 1881 Birth of Sir Alexander Fleming, Scottish discoverer of penicillin.
- 7 August 1840 Britain bans the employment of climbing boys as chimney sweeps.
- 8 August 1963 Britain's Great Train Robbery – £2.6 M stolen from Royal Mail.
- 9 August 1757 Birth of Thomas Telford, Scottish civil engineer credited with opening up northern Scotland by building roads, bridges and waterways.
- 10 August 1675 King Charles II lays the foundation stone of the Royal Observatory in Greenwich.
- 11 August 1897 Birth of best-selling children's writer Enid Blyton, whose books have been among the world's best-sellers since the 1930s, with more than 600 million sold.
- 12 August 1822 Lord Castlereagh, British Foreign Secretary, commits suicide. In his role as Foreign Secretary he managed the coalition that defeated Napoleon.
- 13 August 1964 Peter Allen and John Walby become the last people to be hanged in Britain.
- 14 August 1945 Japan surrenders to the Allies, ending the Second World War.
- 15 August 1888 Birth of Thomas Edward Lawrence 'of Arabia'.
- 16 August 1819 The Peterloo Massacre took place in Manchester at St. Peter's Fields.
- 17 August 1896 Mrs. Bridget Driscoll of Croydon, Surrey, became the first pedestrian in Britain to die after being hit by a car.
- 18 August 1587 Birth of Virginia Dare, the first child of English parents to be born in the Roanoke Colony in what is now North Carolina, USA. What became of Virginia and the other early colonists remains a mystery to this day.
- 19 August 1646 Birth of John Flamsteed, Britain's first Astronomer Royal. He would go on to publish a catalogue that identified 2,935 stars.
- 20 August 1940 Winston Churchill referring to the RAF pilots, says " Never in the field of human conflict was so much owed by so many to so few".
- 21 August 1765 King William IV born. William would go on to serve in the Royal Navy, earning him the nickname the "Sailor King".
- 22 August 1485 Richard III becomes the last English king to die in battle, killed at Bosworth Field in Leicestershire.
- 23 August 1940 The first night of the Blitz as German planes bomb the city of London.
- 24 August 1875 Matthew Webb (Captain Webb) started his attempt from Dover in Kent, to become the first person to swim the English Channel. He reached Calais, France at 10.40 am the following morning, having been in the water for 22 hours.
- 25 August 1919 World's first international daily air service begins between London and Paris.
- 26 August 1346 With the help of the longbow the English army of Edward III defeats the French at the Battle of Crecy.
- 27 August 1900 Britain's first long distance bus service begins between London and Leeds. The journey time being 2 days!
- 28 August 1207 Liverpool is created a Borough by King John.
- 29 August 1842 Great Britain and China sign the Treaty of Nanking, ending the First Opium War. As part of the treaty China gave the territory of Hong Kong to the British.
- 30 August 1860 Britain's first tramway opens in Birkenhead, near Liverpool.
- 31 August 1900 Coca Cola is sold for the first time in Britain.

Book Review

Chocolat

You may wonder why this month's review is of a book from so long ago...bear with me and I'll tell you at the end!

Back in 1999, a beautiful novel burst onto the literary scene. It seems such a long time ago, but I remember reading this as if I had just closed the final page yesterday. It won some minor prizes at the time, and yet only a year later was turned into a film. The real testament of its power and brilliance though stands the fact that it has stood the test of time and even now, readers rave about its incredible prose and its incredible impact. This novel is pure sensuous joy from start to finish.

Chocolat is a timeless novel of a fairly dull, restrictively traditional, straitlaced village's awakening to joy and pleasure. In tiny Lansquenet, where nothing much has changed in a hundred years, mysterious newcomer Vianne Rocher and her exquisite chocolate shop arrive and instantly begin to play havoc with Lenten vows. Each box of luscious bonbons comes with a free gift: Vianne's uncanny perception of its buyer's private discontents and a clever, caring cure for them. Is she witch? Soon the parish no longer cares, as it abandons itself to temptation, happiness, and a dramatic face-off between Easter solemnity and the pagan gaiety of a chocolate festival. It's a battle for the hearts and minds of the villagers between the old ways and the new thinking which puts love, kindness and people at its heart instead of rules, judgements and constraints.

Chocolat's every page offers a description of chocolate to melt in the mouths of chocoholics everywhere.

The descriptive passages pull the reader magnetically into a world of the warm, comforting aromas of melting chocolate and spices nobody could resist. The tiny hint of magic makes this an truly enchanting and bewitching novel: a real modern classic.

This is a fabulous holiday read especially if you are venturing to a quiet French village...look out for the chocolate shop!

And if you are staying put, then I'll be bringing the magic of chocolate to you. Later this month in Cockermouth a tasty, magical shop will appear to tempt and tantalise you! Read on and see the advert for more info.

Clare Doherty

(Chapel House, Plumbland)

Monthly Mottoes

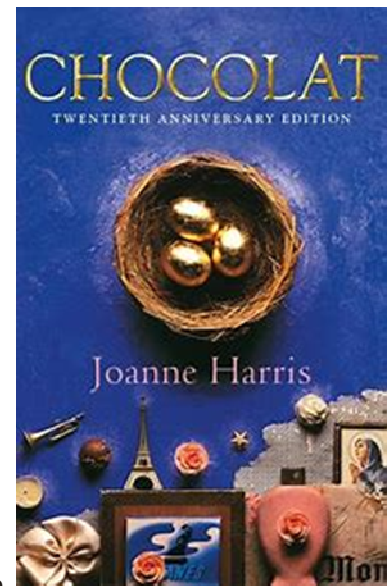
15th July St Swithin Day

'St Swithin's Day, if it do rain, for forty days it will remain. St Swithin's Day on it be fair, for forty days t'will rain nae mair'

24th August St Barthholomew Day

'All the tears St Swithin can cry, St Bartlemy's mantel wipes them dry.'

'If the 24th of August be fair and clear, then hope for a prosperous autumn that year'



Around The Parishes

Allhallows

Sunday 9th July Afternoon tea in the community Centre 2pm to 3:30pm. In support of Allhallows Church.

Senior Citizens day out to Alnwick. Many thanks to all those who came along and enjoyed a brilliant day out. Suggestions for next years excursion would be greatly valued.

Please look out for further supporting events.

VOLUNTEERS WANTED

Lunch Club plays an important part for so many in our community and provides a social gathering for people of all ages. Lunch Club is held on the last Thursday of each month, between 12noon and 1:30pm. A delicious selection of soup and a roll, puddings and hot drinks are available at £5 per person. We are looking for volunteers to join the "Lunch Club Crew" and keep this event thriving, as it has done for so many years. If you are interested or know of someone who is, please contact the management committee on allhallowscentre@gmail.com for further information.

We are also looking for new members to join the Management Committee. If you feel you can spare some of your time and would be willing to join the committee, please contact us on allhallowscentre@gmail.com.

DATE(S) FOR YOUR DIARY:

☑ Saturday 29th July - Produce Show
(Details will be communicated through our social media pages and website). Entry forms will be available, from the centre, mid-June onwards.

REGULAR EVENTS

- ☑ Bingo - First Friday of every month, Eyes Down at 7:30pm £1.00 Entry fee (including refreshments) 50p per book, 5 games (including 1 snowball game) Adults and children* (8 years+ only) *Children must be supervised by an adult, at all times
Adults are welcome to bring their own drinks
- ☑ 2 by 2 Baby and Toddler Group (0-4 Years) - Every Tuesday, 10am until 11:30am
Parents, grandparents, childminders, carers, etc., £1.50 per family
- ☑ Derwent Patchworkers - Every 2 weeks, on Wednesdays, 10am until 4pm
For further details or information, please contact Barbara Strong on 07833 692144
- ☑ Tales in the Tea Room - First Friday of every month, 7-9pm
- ☑ Allhallows Readers (Wordsworth Trust) - First Friday of every month, 1:30-3:30pm

ROOM HIRE

If you wish to make a booking for room hire, please ring 07593 638830, leave a message and someone will get back to you, as soon as possible. Alternatively, you can message us, directly, via the following:
Facebook: www.facebook.com/allhallowscentre
Website: <https://www.allhallowscentre.org>
Email: allhallowscentre@gmail.com

Bassenthwaite

JULY: St. John's: Cleaning : I Bowe & D Barron. Flowers E. Wood (J Wren): St. Bega's: Cleaning and Flowers Vacant.
August

St. John's: Cleaning: M Green & J Stephens. Flowers: In memory Mary&Thomas Ewart. (D.Mattinson)
St. Bega's: Cleaning and Flowers Vacant.

BASSENTHWAITE DROP-IN/POP-IN

Bassenthwaite Parish Room

Call in any time between 10.30 am and 2 pm on the Tuesdays below for a chat, coffee and refreshments £1 per person

Tuesday, 18th July & Tuesday 15th August

Please note that during the summer months there will be one Pop-In each month
All welcome

Helen 017687 76222 or Margaret 017687 76175



Boltons

All Saint's Church, Boltons

If anyone would like to help with the flowers in Church either by giving a donation or their time it would be appreciated please contact one of the Churchwardens on 016973 71909 or 016973 42306

Boltons Parish Hall

PILATES Wednesdays 9.30am - 10.30am

CIRCUITS Mondays 9.30am - 10.30am,

both with Helen, all classes £5.

For more information contact Helen on 07900410076.

BEGINNERS LINE DANCING every Thursday during school term time beginning 20th April. Fun, friendly and only £2 per session. Contact Ness on 07718264700 or just come along, ALL WELCOME!

NORTHERN FELS GROUP POP IN - 2nd Tuesday of each month 10.00am - 11.30.

Coffee (or Tea!) cake and a chat. Come along and have a crack plus find out what's going on in your local area! For more info contact Gill 07874241604 or Judy 07879613838. All Welcome.

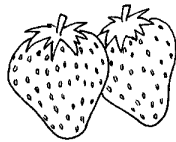
The Parish Hall is available for private hire for meetings, classes, parties etc. Central heating and WiFi! For details call Judy 07879613838

Boltons Oil Syndicate: Orders February, May, September & November & **Septic Tank Syndicates.** Significant savings can be made on orders Order dates March & November. Please contact Gillian Skillicorn 07874 24160 for either.

Embleton

St Cuthbert's. It's that time again when we begin worrying about how to organise our annual strawberry tea event. Have we already had summer? Will we be lucky with the weather for three years in a row and be able to sit outside? Should we try to enlist more helpers to do table service again? What if it rains? etc! Suffice to say that we are planning and it will happen: do come and join us!

Afternoon Tea with Strawberries
July 17th 3pm at St Cuthbert's.
£7 per head / family ticket £20.



Lorton & Derwent Fells Local History Society: Thursday 13 July. Kevin Grice will speak on 'Loaves and Fishes; the mills, fishponds and grange of Shap Abbey'. 7.30pm at the Yew Tree Hall, High Lorton, CA13 9UJ. Parking is tricky, so please allow plenty of time. The charge for visitors is £4.00 to include refreshments.

Dates for your diary:

Strawberry Teas; July 23rd 3pm / Songs of Praise 5pm.

Harvest Market; September 16th / Harvest service and gift day September 17th.

Art and craft groups at St Cuthbert's Sunday School, all are welcome. Cuthbert's Crafters on Mondays at 2pm & artists meet on Wednesdays at 2pm.

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's OR in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode. Any items or comments for the next edition please send to Jean at jeanmaca@aol.com or 01768776184 by August 7th please.

Embleton Village Hall Notice Board.

Hi everyone. Three bank holidays in a month does cause some confusion in days; so, apologies to anyone I forgot to open up for. Luckily, the most I was late was 10 minutes, so not too bad. Things are quietening down in the hall with the school holidays, please check with your group organiser the dates that are scheduled.

What's on in July/August?

Monday: Moo-Music 9.50 lou@moo-music.co.uk.

Monday: Mah-jong 2.30 pm Vivian 01900829490.

Monday: Dance class 6.30p.m. Edna 01768776630.

Tuesday: Yoga 6.15pm Rebecca 07735 439126.

Thursday: Circle dance 7pm, Kathleen 76532.

Friday: Youth Club 6.30pm.

Sunday; Dance class 7.00pm, Edna .76630.

Saturday 1st: Social dance 7.30 Edna76630.

Tuesday 4th: U3A Folk dancing group 2pm.

Saturday 8th: Cycle race 12.30 -5pm.

Wednesday 12th: W.I. 7pm

Tuesday 18th: U3A Folk dance 2- 4pm.

Wednesday 19th: Parish Council 7pm.

Friday July 21st 11am Seniors Coffee Morning [Instead of the 28th]

Saturday 22nd: Private function 10am- 1pm.28th

Sunday 23rd: Yoga 11.30- 1.30pm.

Saturday 29th: Social dance 7.30pm Edna 76630

Sunday 30th Private Function 10 am -5 pm.

August:

Saturday 5th: Art class 10 -12pm

Sunday 20th: yoga11.30 -1.30pm.

Wednesday 23rd: P.C.I 2pm.

September

Saturday 9th Whitehaven Male Voice Choir at 7.30 p.m.

The Ducks are complaining about a lack of water for the duck race season, I fear they are planning a rain dance so if it starts raining and forgets to stop you know who blame. Chris.

Ireby

Parish Church of St James, Ireby

The mystery of last month has been solved! A family decided to clear part of a corner of the new churchyard, near to a family grave.

Help in keeping the churchyard tidy is always welcome, but at the moment the garden bins are full. Once they are emptied, more tidying can take place.

THANK YOU for donations towards the cost of grass cutting! Further donations will be most welcome.



SUNDAY 16th JULY 2023
1pm onwards

TICKETS:

adult	£ 7
child	£ 5
family (2 adults 2 children)	£ 20
under 5s	free

Please purchase tickets from Ireby School by Friday 7th July

School Office: office@ireby.cumbria.sch.uk
016973 71367
Philippa Irving: 07887 844351



Saturday 8th July 2023

1pm start @ Ireby School

Fancy Dress, Carnival Procession

Sports Events and Fell Race

Sports Tea in the Globe Hall (after fell race)

Tea admission £3 Adults £1 Under 16's

Fancy dress Themes: Sports, Disney, Circus

Prizes for the best categories: Sports, Disney, Circus, Adults, Pre-School and Nursery

All Floats Welcome!

Please come and support your annual village event

July 2023

Isel

There will be a coffee morning held in Blindcrake Village Hall on Saturday 8th July. Coffee/ Tea with boundless scones, biscuits etc There will also be a raffle.

Admission £4

This is in aid of church funds

Coffee will be at the Great Escape Café, Moota on Monday 3 rd . July and Monday 7 th . August at 10.30 am.

Blindcrake Village Hall

JULY

Mondays 6-7pm **Yoga** is taking a break for the summer. Please contact Sarah

Green. sarah.e.green@hotmail.com for more information

Wednesdays 6:30-7:30pm **Pilates** with Angela

Price <https://www.mipilates.co.uk/> Please check with

Angela for holiday weeks, and for more information.

Saturday 8th Isel Church **Coffee Morning**

Monday 17th 7:30 **Parish Council meeting**

AUGUST:

See July re Pilates and Yoga

SEPTEMBER:

Saturday 2nd Bible Study Group 10am. All welcome.

Pilates and Yoga back to normal

Saturday 23rd Bible Study Group 10am. All welcome.

TO HIRE BLINDCRAKE VILLAGE HALL:

Look at <https://blindcrakevillagehall.org.uk/>, click on HIRING, and use the CONTACT FORM to request bookings, or to make enquiries, etc.

Hiring charges: £8/hour for meetings, classes, etc, and £12/hour for parties and functions.

To hire the hall for your event, meeting, class, exhibition, or party, please book on the village hall website, or contact the bookings secretary using 07503 763590, TEXT ONLY, please, (due to poor signal). The village hall phone is checked daily, and the bookings secretary will ring you back (from a landline).

Do have a look to see what else you can find, on the website. (We have an automatically updating calendar on the Home page, worth checking to see what's coming up soon, or plan what date you'd like to hire the hall based on current bookings.)

Please also look for up-to-date information on our parish's facebook page <https://www.facebook.com/groups/166193357452161>

Isel and Bridekirk Parishes First Responders 150 Club Draw June 2023

1st Prize Yvonne Bell

2nd Prize Nigel Prosser

3rd Prize Mary Nixon



Plumbland

St Cuthbert Plumbland,

Flower Rota

July: 2nd & 9th Mrs S Carruthers, 16th & 23rd

Ms C Lazonby & 30th Mrs M Rutherford,

August 6th & 13th Mrs M Rutherford, 20th & 27th

Mrs B Eilbeck.

Greetings to you all, hope that you have all been enjoying the recent period of good weather and been able to have some decent 'Family' time during the schools half term break. It won't be long now until the long 'Summer' school holidays when, hopefully, our senior pupils will be receiving the results of their exams and families will be preparing to take up their long awaited holidays. We do hope that the results echo the hard work of our pupils and are now able to plan where they wish to continue their education or take up employment in a chosen trade or profession. Some younger pupils will, of course, be looking forward to going on to the 'Big School', we wish all of them well in their chosen path. Most of all we hope that all our neighbours and friends are able to enjoy the long 'holiday' period, enabling them to return home refreshed and invigorated.

Life goes on as normal here at St Cuthbert, enjoying regular services and joining in with our 'Team' family for 'Joint' services, as we did when we met at Torpenhow recently to take part in the service to witness and welcome our new Associate Priest Revd John Freeman when he was installed by the Bishop of Penrith..We pray that John and his family will be given a warm Cunbrian welcome by all who meet them.

Make a date in your Diaries,
2pm Saturday 5th August
St Cuthberts Plumbland

FLOWER DEMONSTRATION
by Margaret Abbot
(assisted by her apprentice-H.S.)
FREE ADMISSION

Teas, scones & cakes available and
Sale table
ALL WELCOME

Plumbland Village Hall.

The Coffee Morning held on Saturday 20th May was a great success with nearly £750 raised to support the 'No Quarry Here' working group legal fees.

Thanks to everyone who contributed to make the event so enjoyable.

SAVE THE DATE— 10th September for:



Information will be distributed with the July Parish Newsletter. List of classes now available from Email: craigvillagehall@gmail.com

Salsa will be taking a break over summer but we welcome new starters on our return, which will be Wednesday 13th September. This will be the one year anniversary of the group and many thanks to Pam & Paul Wilson for their instruction (and patience) over the last year. Keep up to date with all Plumbland events on the facebook page: Plumbland Parish News.

PLUMBLAND SCHOOL SIBSON TRUST

The Trustees of the above Trust will hold a meeting at the end September 2023 to consider all requests made to them by any eligible person for assistance from the fund.

The aim of the Charity is to provide pupils or ex-pupils of the school who live in the Parish of Plumbland (under 25 years of age), help in furthering their education and supporting further studies. Such support may be the funding of provision of text book, training manuals and tools etc.

All applicants must be in writing stating clearly the reason for the request and be sent to Mr A Watson, Looking-Stead, Plumbland, Wigton, CA7 2ET no later than 1st September 2023.

Setmurthy

St Barnabas Church

Cleaning July :Mrs Nicola Laws & Mrs Barbara Petecka
August Mrs Kathleen Greenbank & Mrs Elizabeth Marrs

Services

Please check the Binsey Link ,Church Notice Board or website for details of services.

Sunday 13th August No morning service but:

Walk.....Eat.....Worship

1-30pm Meet at Setmurthy Parish hall for a walk by the river

2-30pm Afternoon tea served in hall

3-30pm Worship An informal Songs of praise

Join us for all or any one of the above you will be very welcome. No charge but any donations will be used for the care of St Barnabas Church

Donations of food would be appreciated.

Parish Hall

Thanks to all who supported the plant & cake sale. £802 was raised for hall funds

Events:--

Tuesday 12th September games evening—this event has been CANCELLED

Friday 15th September Cheese & Wine

Tuesday 17th October quiz evening more information in September Link

The Parish Hall is available for bookings, please contact Mrs Nicola Laws tel 017687 76483

Further Education classes

We hope to organise these to start in September with a basic food hygiene course & then move on to craft based classes. No further details available as we go to print but hopefully more information in September Link.

Setmurthy Education Foundation Trust

Individual applications are invited to the Trust, for consideration of a grant, from any young person over 11 years of age and in full time education- who has lived in the Parish of Setmurthy for 12 months or more- giving their name, age, interests/hobbies and what they might like to do in the next 12 months.

Applications are also invited from any further education classes meeting in the Parish Hall.

Please send your request letter to the secretary by the 1st August.

Mrs Carole Richardson, Greenlands Farm,
Cockermouth,CA13 9SF

Torpenhow including Bothel & Blennerhasset

Bothel Village Hall

Bothel village sports day 8th July 2023 Lots of events for all ages (including parents) come along for some fun and a delicious tea. Sports 1.00pm on the school field and tea about 3pm in the village hall.

100 club winners May 2023 1. E. Mattinson 2. E. Goldsack 3. D. Nicholson

June 2023 1. B. Earle 2. C. & J. Reeve 3. J. & J Gibson

Don't forget Bingo is now the last Friday each month - next session Friday 28th July at 7.00pm

Children's Dance Classes also Fridays 4.30pm - 6.30pm 07971 412802 for details.

Bothel Gardening Club have two great events in July:

Tuesday 11th July Village open gardens (route and timings will be available)

Sunday 23rd July Village Produce Show in the Village Hall.

Torpenhow including Bothel & Blennerhasset

Torpenhow Village Hall
Our organised village events are now taking
a summer break until September
A BIG



to everyone who supported us during the last year

We look forward to welcoming you back
during the first week of September

Saturday 2nd September
Coffee Morning 10 – 12 noon

Sunday 3rd September
Torpenhow Village Show 2.30pm

We remain open for
individual or regular bookings -
for more details please call or message
Julie on 07803 619725
or email torpenhowvillagehall@gmail.com

Blennerhasset & Baggrow Village Hall

Following a successful AGM the Committee was returned for a further year at the Village Hall. We've hit the ground running and are delighted to announce some favourites back again and some new events which we hope everyone will enjoy.

FROCK SHOP – SATURDAY 29TH - SUNDAY 30TH JULY This Frock Shop will be our first 'His 'n' Her' version. That's clothing & accessories for the grown-ups. Shoes, Bags, Trousers, Jewellery, Jackets, Coats ... the whole gambit. Doors are open now for you to submit your items and will close on the 16th July to give us loads of time to tag your bits up. All details are available on the website www.bbvh.uk or call Chris 07739 184942.

SING FOR UR SUPPER – SATURDAY 15TH JULY. (Doors open 7pm) If you love Musical Theatre, this is a MUST. An evening of theatre songs from talented Locals who just have to sing. This evening will be a chance to enjoy the performances with a drink and nibbles. Tickets strictly limited. Book at www.bbvh.uk.

GET FIT – STAY FIT–Weekly classes We have a weekly programme of exercise classes to appeal to all ages, abilities and goals. These include Dance, Yoga, Step & Circuits. The class timetable can be found on our website www.bbvh.uk

BINGO – Weekly every TUESDAY 7.30pm start Doors open 7pm. Eyes down 7.30pm. Great craic and always a giggle.

Coffee Morning - Next WEDNESDAY 5TH JULY Every 1st Wednesday of the month is our Coffee Morning. We give such a warm welcome to visitors from neighbouring villages and locals, plus our baking is brilliant.

Table Tennis–Back in SEPTEMBER With the great weather upon us we've let the bat and balls take a break abroad. They'll be back in September with a stonking tan.

Check out our website www.bbvh.uk (Blennerhasset & Baggrow Village Hall BBVH) for more information on all of our events.

Follow us on our Facebook page: Village Hall, Blennerhasset & Baggrow

We hire the hall. Also, clothing rails, tables & chairs x 60 for your external events.

Email help@bbvh.uk or call Chris 07739 184942 or send us a Fb message.



Uldale

St James

Grass cutting

It will soon be that time of year when regular grass-cutting needs to resume and, therefore, we would welcome any donations towards the cost of this necessary work.

Donations can be left with either of the Churchwardens.

Thanks in advance.

If anyone would like to help with the distribution of the **Binsey Link** in sections of the Uldale Parish, please contact Andrew Coxon, Churchwarden.

Pews from the Church are now available for purchase, with offers above £60 gratefully accepted. These are the pews in the main part of the Church, **not the shorter ones in the Chancel**. Six people can fit on one, up to eight at a squeeze! We seem to be missing one of the smaller pews from the Chancel, if you have inadvertently taken this could you please return and exchange for the longer pew. Please be aware that they are heavy, will need some TLC and the purchaser will have to arrange for their removal. Please contact one of the Churchwardens to verify availability.

Would you like to purchase a new chair for use in Church. The expected cost is £80 - £100 each. We can supply a small plaque if you are buying it in memory of someone. In this case, please supply the necessary details.

We are still welcoming donations towards the cost of grass-cutting in the Churchyard. Again, please leave donations with one of the Churchwardens.

Uldale Sports committee. The relaunch of Uldale 100 club. If you would like a number please contact Marion Pattinson 016973 71287 The committee look after the tennis court and playground. Your support is greatly appreciated.

NFG Septic Tank Syndicates. Significant savings can be made on orders Please contact Gillian Skillicorn 07874 24160 Order dates March & November

Uldale Foundation Governors Educational Grants 2023

Applications are welcome for the coming school academic year- September 2023
Individual grants are awarded, by the Uldale Foundation Governors, to those who are resident in Uldale Parish, are aged between 16 and 22 and are in education. Up to three grants can be made to individuals. Any other grants may be awarded at the discretion of the Committee.

If you wish to apply, please do so in writing to:-

Uldale Foundation Governors

c/o Mrs Marion Pattinson

Uldale Hall

Uldale

Wigton

CA7 1HA

For further details contact 016973 71287

Applications need to be made prior to or at the latest by the end of October 2023

Wythop

We are halfway through the year already and with so much that has been happening, like the Coronation and the Celebration Party at the village hall, the pandemic thankfully now seems like a distant memory.

One event that was not affected by lockdowns was the Kelsick Open Air Service. It will take place as usual on the third Sunday of August, 20th, at 3.00 p.m. For anyone who has not been before and would like a run out on a nice sunny day, the post code for your Satnav is CA13 9YR. The snag, however, is that it is the same post-code for Wythop Hall, which is on the other side of the valley from Kelsick! When you go up into the Wythop valley from Wythop Mill, just keep on going right up to the fell gate, which should have a sign on it unless you are very early. Go through the gate, please remembering to close it after you as there will be sheep on the fell, then carry on up to the farm where you can park. It is a shortish, pleasant walk from there to the Kelsick Church ruins.

Please make a note in your diaries that the **Whitehaven Male Voice Choir** has kindly agreed to give a concert for us in Embleton Village Hall on **Saturday, 9th September, 2023 at 7.30 p.m.** They came to entertain us several years ago, which we all thoroughly enjoyed, and were even able to join in!

More details will be given in the next issue of the Binsey Link.

School News

Bothel

We are in the final half term of a school year that has absolutely flown by, and as we enter these final few weeks of school before the summer holidays, we are already in full swing with both our curriculum and all of the exciting events that this term has in store.

This term, KS1 are learning about important people and placing them within history, as well as thinking about superheroes in their art work. KS2 are learning about the Vikings, and in art they are producing a range of different portraits, while our Early Years children in Nursery and Reception are thinking about the sea and all of the creatures that live there. There is lots of sport this half term too, with after school club sessions with "Cricket Chris", a rounders competition, a cricket afternoon, and multi-skills too. In the next few weeks, our EYFS and KS1 children will be taking part in Beach School activities at Allonby and Years Four to Six are looking forward to an exciting residential visit to Edinburgh!

Last week we had our annual sports day which was a great success with lots of friends and families coming along to cheer the children on in the lovely sunshine. KS2 are in full swing with rehearsals for their end of year musical production: *The Plastic Pirates*, which is a musical extravaganza about sea pollution; our children are always looking for ways to help people think about protecting our world, so this was the perfect choice!

As we get closer to the end of term, we are looking at preparing our wonderful Year Six children for the excitement and adventures ahead as they leave for secondary school. This week, they will be attending the Church Schools leavers service at Carlisle Cathedral as well as helping to plan their own leavers' assembly in school in the final week of term. There is so much to say about our lovely Year Six children and we will wish them a proper goodbye in the next issue!

We would, as always, love to show you round our lovely, friendly, spacious and well-resourced school, so please get in touch on admin@bothel.cumbria.sch.uk or on 016973 20632 if you are looking for a school place. We would love to meet you and everyone is always welcome!

Ireby

As we are well into the final half of the summer term now, it feels like a good time to reflect on the experiences and adventures our pupils have had over the year. Two of our pupils are nearer the end of their journey through Ireby School and are preparing for adventures new when they start secondary school. It is wonderful to see how these children have grown and developed into mature pupils who we are sure will thrive in the challenges awaiting them. Our Leaver's Service on Tuesday 18th July at 9am in church will be an emotional celebration and reflection on their time at Ireby and a chance to wish them well and say goodbye.

However, there is still plenty going on in school.... The KS2 class have been enjoying weekly trips to Eden Rock Climbing wall in Carlisle where the pupils are learning some excellent bouldering techniques. The younger pupils will be visiting St. Bees to enjoy a seaside visit. Binsey Class (Early Years & Foundation Stage) have been asking this big question, "Why do we like to be beside the seaside?" In Design & Technology there is learning and creativity happening involving food and cooking. Whinlatter Class (Year 1&2) are creating recipes and designing packaging for smoothies they will be making. Year 3&4 are focusing on adapting a recipe and Year 5&6 are creating a 3-course meal in the style of Come Dine With Me. Hopefully we will see the results of their cooking and creating on our Twitter and Facebook feeds soon. In music, KS2 are working on creating compositions for an animation. Miss Hartwell will be encouraging the children in learning to verbalise how a piece of music makes them feel, and to create actions or movements appropriate to each section of a piece of music. Finally, the children will play melodies and rhythms which represent the section of animation they are accompanying.

As we have recently been enjoying weeks of glorious sunshine, we are keeping our fingers crossed the sun will be shining for our Sports Day on 30th June held at school between 11am – 3.15pm which will include a picnic lunch in the school grounds, and also for Year 4,5&6 when they participate in a cricket tournament at Cockermouth Cricket Ground on 12th July with Jon Gibson. We have had great feedback from Jon about the children's enthusiasm and skills so we wish them well, and it is always wonderful to hear coaches telling us what a pleasure and joy it is to come to Ireby and work with the pupils. The term will end with a Fun Activity Day on Wednesday 19th July organised by our PTA. I hope you are following Miss Hartwell's progress in her challenge to walk up Binsey 50 times this term on our school Facebook page. £700 raised so far towards our new minibus! Well done Frankie.

And finally, please join us if you can at our annual School BBQ on Sunday 16th July from 1pm. Tickets are available from school office@ireby.cumbria.sch.uk or by phone 016973 71367. £7 adult, £5 child (under 5's free) or Family 2 adults / 2 children £20. There will be a bar, raffle and fun activities for the children and this is a wonderful opportunity for our school and wider village community to come together and celebrate another successful school year.

School

Plumbland

It has been an enjoyable and busy term so far.

We had a whole school Sikhism themed morning and our Year 6 children did a brilliant job of leading the group activities. We made mango lassi, Sikh flags and the children learnt about the 5Ks, the gurdwara, Guru Nanak, the Sikh festival of Vaisakhi and the Langer, the community kitchen.

Our chair of Plumbland Parish Council, Mr Rutherford visited us and gave every child a commemorative coin to celebrate the coronation of Charles III. We all enjoyed our afternoon tea in Plumbland village hall and we wore red, white and blue as part of our celebrations.

Year 5 and 6 children went on a STEM farm visit to Torpenhow as part of the 'Grass to glass and beyond' project. They learnt about organic farming, managing weeds, the importance insects play in grass production and the goodness given back to the cows. This then led on to further learning about making cheese and ice cream. During the visit the children also participated in some scientific experiments. The buttermilk the children brought back from their farm visit was used by them to cook pancakes on the forest fire, during one of their forest school learning sessions. There other visits have involved them learning to whittle, build dens and shelters and play team games. A huge thank you to Mr and Mrs Lee and Donna from STEM for a brilliant educational visit.

Our sports programme has been a busy one with events for our upper juniors as part of the orienteering league, competing at various venues around the lake district. All children in school have benefitted from multi sports tuition with coaching from members of the Allerdale sports partnership and our Junior children have enjoyed their swimming tuition at Wigton swimming pool.

A huge thank you to Mrs Sharpe who gave our Infant children an informative tour of St Cuthbert's Church, Plumbland as part of their RE curriculum. The children were fascinated to hear some of their names read out in the baptism record and learning about the history of our church.

Our school Eco committee have completed an evaluation of our school site and will implement some changes to help the environment. Their projects will be planned in their weekly after school Eco club as we work towards achieving Eco School status.

We were all very happy to welcome Reverend John Freeman and his family at his recent licensing service at Torpenhow and we look forward to his regular Worship time visits to our school.

Parish Council

Embleton & District

Serving the Parishes of Embleton, Setmurthy and Wythop

ANNUAL GENERAL MEETING At the AGM on 17 May 2023, Ernie Boardman was elected Chairman of Embleton & District Parish Council for the year 2023-24 and Anne Burton, Vice-Chairman.

SORRY TO SEE YOU GO: At that meeting we said goodbye and thank you to Paul Carr and Peter Howard, both of whom have given valuable service to our communities during their time on the Parish Council. Paul has worked tirelessly on improving our Play Area and its surroundings, and Peter and his wife, Judith, have given hours of sterling service by monitoring the speed of vehicles through Embleton with the aid of a speed gun loaned by Cumbria Police.

The departure of both Peter and Paul creates two vacancies on the Parish Council. If you might be interested in joining us, please contact our Clerk, Becx Carter.

FOOTWAY REPAIRS IN EMBLETON. The yellow 'Road Works About To Happen' signs went up to signify the start of the works to repair the footway opposite The Wheatsheaf. Then they disappeared. Queries made on our behalf by our Cumberland Councillor, Jill Perry, discovered that the works are extensive in that they will involve repairing the damage to the retaining wall on the field side, so this has been postponed until the Autumn.

CUMBERLAND REPRESENTATION ON LDNPA. We have a local interest here in that Markus Campbell Savours, Cumberland Councillor for Keswick, is now a Council Representative on the LDNPA. Also, elections will shortly be taking place to elect the Parish Level representative for the Northern Distinctive Area of the National Park, which is where we are situated.

DATE OF THE NEXT MEETING. The next meeting of the Parish Council will be on WEDNESDAY, 19 JULY, 2023 at 7.00pm in Embleton Village Hall, and all are welcome to attend.

If you have a matter that you would like to raise, please contact our Clerk, Becx Carter, on 077866 78283 or email her at embletonparishclerk@hotmail.com.

WI

Bassenthwaite Judith Johnstone, speaker for our May meeting, gave a very interesting talk on her writing journey. Judith started working life in local government administration progressing to the ranks of middle management. After a career break, which helped her to evaluate the type of work she wanted to do, she was advised to consider writing as an alternative career better suited to her personality as she preferred working on her own. Judith had always enjoyed writing and after following an online writing course, where advice was to start by writing non-fiction, wrote short stories and articles for an executive jobseeker's publication and was later commissioned by How To Books to write several titles giving advice and guidance on selection and recruitment topics as well as personal development. These were very successful and several editions of the books were published. However after revising and updating for up to 6 editions Judith decided to branch out and turned to fiction writing. Helping her mother to research her family history inspired Judith to write a family saga 'A Necessary Fiction', under the pseudonym Jane Emerssen, and a sequel 'A Plain and Simple Truth'. Judith brought along a folder of notes, drawings and maps to illustrate the background research needed to write a novel. Descriptions of her characters, a drawing of the house they lived in, complete with floor plan, colours of the rooms, map of the village they lived in, everything she needed to know about the characters and their backgrounds before starting writing. Judith is now continuing her writing journey with a genre she really enjoys and has written a selection of sci-fi stories using the pseudonym C J Dacre. Judith publishes her own books through her company JayStone Publications. The competition for a bookmark was won by Ros Roberts.

For our June outing 15 members enjoyed a visit to Lowther to see the ceramic daffodils, a great display. In total 15,000 have now been made and at the time of our visit at least 10,000 had been ordered. Some of our members went to help make the daffodils. A tremendous effort for the six local charities that are to benefit from the proceeds. We were hoping to see the rose garden in full flower, but unfortunately the roses were still in bud. However, Lowther's wildflower meadows were well in flower and the view from the viewpoint over the River Lowther to Askham and the Ullswater fells was stunning, it was such a lovely clear sunny day. Our own Ros Downing is the speaker for the 13th July meeting and her subject 'A Pictorial Journey through Cumbrian History'. The competition is something related to Cumbrian history. The hostesses for the evening are Mesdames L. Adamson and V. Trafford. There is no meeting scheduled for August.

Bothel and Kirkland At our June meeting Jenny welcomed two new members. She also congratulated the "Yarn Bombers" their work was much admired and some will be recycled. Arrangements were made for our outing next month to Cockermouth Mountain Rescue.

Our speaker for the night was Wendy Hessel - Richardson who has trained to be a Holistic Therapist, she practises various therapy's to enhance wellbeing and fitness. She does workshops and classes. We then did some very easy, gentle exercises. She was thanked answered questions afterwards.

Parish Council

Ireby & Uldale

Summary of the Annual Parish Meeting and Annual Meeting of the Parish Council held on 23rd May, 2023 in the WI Hall, Ireby. Present: Cllrs E. Alexander, R. Cockburn, A. Forrest, W. Hall, J. Logan and G. Moore. Also Present: J. Perry, Cumberland Councillor, P. Walter and five parish members.

Annual Parish Meeting – Mr. Peter Walter was in attendance and advised that he would be standing for election as the Northern Distinctive Area Parish representative on the LDNPA. Incidents of dog fouling in Ireby are increasing. Residents/visitors are reminded that it is an offence not to clean up after a dog. Speeding issues was raised. A parish member advised that she was willing to provide speed reduction wheelie bin stickers if anyone wanted these. Annual Meeting of the Council - K. Bridges was re-elected Chair and G. Moore re-appointed Vice Chair. Defibrillators in Uldale and Ireby – The Parish Council resolved to adopt the defibrillators in Ireby and Uldale. Planning - Applications received: LDNPA - 7/2022/2318 – Rose Lea, Uldale - First floor extension and alterations to rear of property to form first floor shower room. Decisions: LDNPA - 7/2022/2134 – Overwater Hall Hotel, Ireby - Redevelopment of hotel to provide additional bedrooms, leisure and dining facilities. Siting of 12 no. 'dark-sky' cabins, creation of new car park and change of use and adaptation of outbuildings to provide offices and staff accommodation. Associated access, drainage and landscaping works – REFUSED. 7/2023/2011 – Huntsman Cottage, Ireby - Erection of single-storey side extension for additional living accommodation – GRANTED. 7/2022/2318 – Rose Lea, Uldale - First floor extension and alterations to rear of property to form first floor shower room - GRANTED. Annual Audit 2022-23 The annual audit was completed. The period for the exercise of public rights will commence on 5th June and will end on 14th July. A notice will be displayed on the parish notice boards notifying electors of their rights to inspect the accounts.

Date of next meeting: Bi-monthly meeting 4th July, 2023 - WI Hall Ireby – 7.30pm

July 2023

Parish Council

Blennerhasset and Torpenhow Summary of the Annual Parish Meeting and Annual Meeting of the Parish Council held on Wednesday 10th May, 2023 at Torpenhow Village Hall. Present: Cllrs. J. Bowe, M. Giddings, D. Telford and W. Powley. Also Present: J. Perry, Cumberland Councillor. Matters discussed included: Annual Meeting of the Parish Council – Cllr J. Bowe was re-elected Chair for council year 2023-24. Dog Fouling Issues – Cllr Perry reported that Cumberland Council are in the process of putting a new dog ban area order in place. In the meantime, the Street Scene Officer had agreed to look at locations for stencilling and carry out patrols.

Planning (a) Applications received: HOU/2023/0048 – Whitrigg Hall, The Old Granary, Whitrigg - Mounting of 15 solar panels rated at 340W each on existing roof – south facing. LBC/2023/0008 – Whitrigg Hall, The Old Granary, Whitrigg, CA7 1JG - Mounting of 15 solar panels rated at 340W each on existing roof – south facing (b) Decisions:

HOU/2023/0048 – Whitrigg Hall, The Old Granary, Whitrigg - Mounting of 15 solar panels rated at 340W each on existing roof – south facing - GRANTED. LBC/2023/0008 – Whitrigg Hall, The Old Granary, Whitrigg - Mounting of 15 solar panels rated at 340W each on existing roof – south facing - LBC GRANTED. Annual Audit 2022-23 – The Annual Audit had been completed. The period for the exercise of electors' rights will commence on 5th June and will end on 14th July. A notice will be displayed on the parish notice boards notifying electors of their rights to inspect the accounts. Vacancies – Following the parish elections of 4th May there are four vacancies on the council. Anyone with an interest in the community and would like to be considered for co-option onto the parish council please contact the Clerk for further information. Date of next meeting **Wednesday 5th July, 2023** Blennerhasset Village Hall at **7.30pm** Janice Rae, Clerk, 1 Sun Croft, Ireby, CA7 1ES Tel: 0790 328 5461 Email: bandtpc@gmail.com www.blennerhasset.com

Boltons Report on Boltons Annual Parish Meeting & the Annual Meeting of Boltons Parish Council held in the the Parish Hall, Bolton Low Houses on Tuesday the 16th of May 2023. Cllr Colborn was elected as Chairman for the 2023/24 Council Year and signed the chairman's declaration of acceptance of office. Cllr Grainger was elected as vice chairman.

The chairman & responsible financial officer were authorised by the council to sign the financial statements & annual audit for the year ending 31st March 2023. Ian Ridley & Chris Littlewood were co-opted onto the council.

There are currently two parish councillor vacancy - do you have time to spare? Are you interested in your local community? If so, please contact the clerk to find out more on how to become a Parish Councillor.

Donations of £400 to the Northern Fells Group & £700 for the grass cutting at Boltongate church were authorised. Other items discussed include; the Sandale Telephone Box, the new notice boards, broadband and the missing litter bin in Bolton Low Houses. Full copies of the Minutes & Agendas are available from the clerk, Elizabeth Clark on 016973 or see www.boltonsparishcouncil.wordpress.com. The next meeting of the parish council will be held on Tuesday the 18th of July 2023 in The Bell Church Institute, Boltongate commencing at 7.00pm.

Bothel & Threapland Summary of the Annual Parish Meeting and Annual Meeting of the Parish Council held on Tuesday 9th May, 2023 at Bothel Village Hall at 7.30pm Annual Parish Meeting - Cllr Story on behalf of a parishioner raised the issue of traffic noise levels on the A595. Cllr Wren thanked the volunteers who had been busy cleaning and painting the bus shelters in Bothel. A huge thank you also goes to those who had decorated the village for the Coronation weekend with particular thanks to the Craft Group and the WI. Cllr Story on behalf of the Village Hall Committee thanked the Community Fund Committee for funding the celebrations for King Charles III coronation. It was noted that approximately 162 people had attended the event in the village hall. Annual Meeting of the Parish Council - P. Musk was elected Chair and C. Macaulay appointed Vice Chair. Former councillors N. Todhunter, G. Bowe, S. Austin and R. Teasdale did not seek re-election at the parish elections held on 4th May. Members thanked the former councillors for their work in the parish during their time on the Parish Council. Matters discussed included: Planning: Applications received - Consultation on application relating to a Mineral Site. Reference 2/19/9010 and 2/23/9004 - High Close Quarry, High Close Farm, Plumbland. It was agreed that the parish council's position had not changed and would continue to oppose the application. LBC/2023/0015 - Overgate, Mealsgate - Listed building consent for replacement roof trusses to single storey barn, rebuilding of existing stone gable wall to barn and floor strengthening to existing farm house. Decisions – FUL/2023/0007 – Field 31844 538534 Bothel - To erect four wooden stables and attached store in L shape – Granted. VAR/2023/0006 – Old Chapel Close, Bothel - Variation of Conditions 1, 5, 6 and 7 of application VAR/2019/0003 for variation to site entrance wall, substation location, garden walls, treatment of existing hedge and new hedge planting – Granted. VAR/2023/0007 – Old Chapel Close, Bothel - Variation of Condition 8 of application VAR/2019/0013 for removal of section of existing hedge to permit visibility at road crossing – Granted. Community Fund – Grants were awarded to Bothel and Kirkland WI and Bothel Village Hall. Date of Next Meeting -Tuesday 11th July, 2023 – Bothel Village Hall at 7.30pm

General

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Skiddaw U3A: Our monthly meetings are now being held in Crosthwaite Parish Room Keswick. We have more than 50 different activity groups so if you are retired or semi-retired and want to stay active, learn new things and make new friends, pick up a copy of our Annual Guide to Groups which is available in Keswick Library or visit our website www.skiddawu3a.co.uk or contact Tony Marsh on 017687 72137.

VACANCY FOR A PARISH COUNCILLOR

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If you are interested, please contact the Clerk, Elizabeth Clark on 07510 259 784,

Email: bassenthwaiteclerk@aol.com or come along to the next meeting. Venue: The Parish Room, Bassenthwaite.

Date: Thursday, 6 th July 2023 at 7:30 p.m.

Uldale Lunch Club First Thursday of the month.
Please contact Mark Nellist 016973 71369

COCKERMOUTH HARMONIC SOCIETY CONCERT –DREAMING – 8 JULY 2023

Cockermouth Harmonic Society's next performance – "Dreaming" - is of music by twentieth and twenty-first century composers, who have created new settings of traditional sacred words.

The Sunrise Mass by Ola Gjeilo is a setting of the Mass written both to excite and to transport. Patrick Hawes' Quanta Qualia and pieces by Eric Whitacre are great examples of modern music for choirs. The programme includes a choral version of Nimrod from Enigma Variations by Edward Elgar. Ian Wright will conduct the choir, which will be accompanied by the Throstle String Ensemble.

The concert will take place at Christ Church, Cockermouth at 7.30pm on Saturday 8 July 2023. Tickets will cost £15 (£14 from a choir member) or £5 for under 16s.

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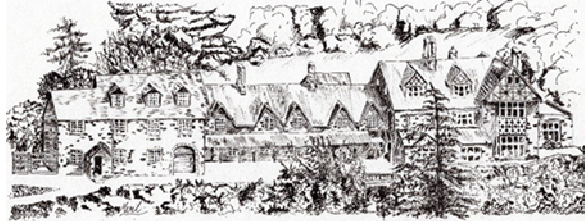
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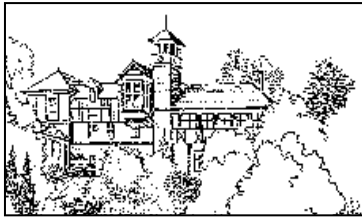
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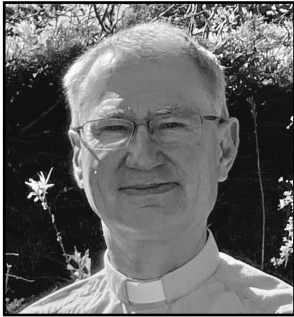
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No Issue in August. Copy deadline for the September issue is 10th August 2023

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