



BINSEY LINK

The magazine that reaches out to everyone in our communities

binsey.org.uk

Charity Number:
1169267

Serving and informing the Mission Community of:
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,
Torpenhow, Uldale and Wythop

February 2024

LIVING WELL

Whether you have already resolved to do things better this year or to adopt a more healthy lifestyle, all of us should look to live well by taking good care of ourselves.

One of the difficulties we face today, is the sheer amount of information available as to how to lead healthier lives. We can also find entirely contradictory advice about the best way to exercise, and the foods we should or shouldn't eat. One moment, we are told that certain foods are very good for us, but then we later read of their harmful effects!



No doubt, most of us use common sense and try to eat a good balance of different food types.

However, we also understand that living well involves more than having a balanced diet and getting regular exercise, as it is essential for our well-being that we also nourish our minds.

One of the reasons that I take so much pleasure from walking fells is the positive effects that such physical exercise has on me. I find being out on the fells helps me to relax by taking away the pressures of life and also gives me a greater sense of God's love and care for the whole of his creation. In every sense, walking the fells nourishes my body, mind and soul, despite some of the aches and pains!

Others of you will nourish your minds and souls by practising a musical instrument or singing in a choir; or drawing and painting; knitting or other such craft activities; gardening; baking; and reading a book or listening to music. God wants us to live well and take good care of ourselves, but he also wants us to play our part in caring for others – in that sense we should live well in our relationships and friendships with one another.

As Jesus instructs his followers – *"in everything, do to others what you would have them do to you."*

Lent begins this month, and it is often regarded as a time when we give up something we enjoy, like chocolate or alcohol. However, in looking to take better care of ourselves, may we be inspired to do something creative or take up a new activity, and also to show more kindness and friendship to one another.

In living well, we will discover more of Jesus' amazing love for each of us and for our world.

Stephen

Revd Stephen banks



SERVICES for FEBRUARY 2024

Sunday 4th February – 2nd Sunday before Lent			Sunday 11th February – Sunday next before Lent		
Church	Time	Service	Church	Time	Service
Boltons	9.30am	Holy Communion	Embleton	9.30am	Holy Communion
Isel	9.30am	Morning Worship	Setmurthy	9.30am	Holy Communion
Bassenthwaite Chapel	11am	Morning Worship	Torpenhow	9.30am	Morning Worship
Plumbland	11am	Morning Worship	Allhallows	11am	Morning Worship
Wythop	11am	Holy Communion	St. John, Bassenthwaite	11am	Holy Communion
St. Bega, Bassenthwaite	3pm	Holy Communion			
Embleton	3pm	Evening Prayer	Ireby	6.30pm	Evening Prayer
Sunday 18th February – 1st Sunday of Lent			Sunday 25th February – 2nd Sunday of Lent		
Church	Time	Service	Church	Time	Service
Plumbland	9.30am	Holy Communion	Boltons	8am	Holy Communion
Wythop	9.30am	Morning Worship	Ireby	9.30am	Holy Communion
Bassenthwaite Chapel	11am	Morning Worship	Setmurthy	9.30am	Morning Worship
Isel	11am	Holy Communion	Torpenhow	9.30am	Holy Communion
			Allhallows	11am	Holy Communion
Embleton	3pm	Evening Prayer	St. John, Bassenthwaite	11am	Morning Worship
Wednesday 14th February 2024 – ASH WEDNESDAY					
<u>Team Services</u>					
Isel			11am		Holy Communion
Ireby			7pm		Holy Communion

From the Registers

BAPTISMS

Effie Foster was baptised at All Saints, Allhallows on 19th November 2023.

FUNERALS

The funeral of Joseph (Jos) Teasdale, formerly of Embleton, took place at St. Cuthbert, Embleton on 29th November 2023.

The funeral of Jackie Hetherington, from Fletchertown, took place at All Saints, Allhallows on 11th December 2023. The funeral of Norman Wilson, from Bothel, took place at Distington Crematorium on 13th December 2023.

The funeral of Patricia Bellingham, formerly of Embleton, took place at St. Cuthbert, Embleton on 18th December 2023.

The funeral of Florence (Flo) Falconer, formerly of Plumbland, took place at St. Cuthbert, Plumbland on 20th December 2023.

The funeral of Ingrid Turner, from Bolton Wood Lane, took place at All Saints, Boltongate on 8th January 2024.

The funeral of Frank Edmondson, from Fletchertown, took place at All Saints, Allhallows on 12th January 2024

INTERMENT of ASHES

The interment of ashes of Jean Curtis, formerly of Wythop Mill, took place at St. Margaret, Wythop on 8th September 2023.

Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child.

Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.

To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541 Please note that St James, Uldale is not currently available because of major restoration work.



BAPTISM



WEDDINGS

Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests, and St James, Uldale is not currently available because of major restoration work

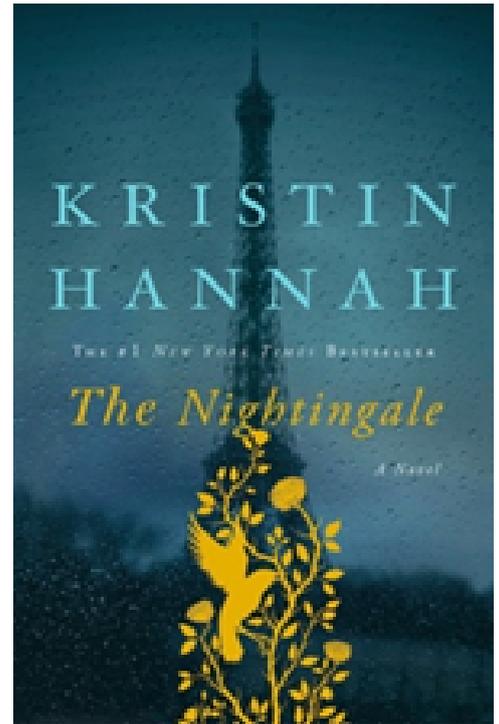
Book Review

The Nightingale by Kristin Hannah

I have to admit this has been on my 'To be read' list for quite some time now, so when The Binsey Book Club was formed I saw an opportunity to get it done. We read it and talked a great deal about it. Some loved it and some certainly didn't; it divided the room! Maybe you should read it and see which side of the room you would sit on.

In the quiet village of Carriveau, Vianne Mauriac says good-bye to her husband, Antoine, as he heads for the Front. She doesn't believe that the Nazis will invade France...but invade they do, in droves of marching soldiers, in caravans of trucks and tanks, in planes that fill the skies and drop bombs upon the innocent. When a German captain requisitions Vianne's home, she and her daughter must live with the enemy or lose everything. Without food or money or hope, as danger escalates all around them, she is forced to make one impossible choice after another to keep her family alive.

Vianne's sister, Isabelle, is a rebellious eighteen-year-old, searching for purpose with all the reckless passion of youth. While thousands of Parisians march into the unknown terrors of war, she meets Gaëtan, a partisan who believes the French can fight the Nazis from within France, and she falls in love as only the young can...completely. But when he betrays her, Isabelle joins the Resistance and never looks back, risking her life time and again to save others.



This is a story that explores the concept of the 'hero'. At times the hero of the story is clear: huge acts of bravery, incredible self-sacrifice and suffering for the sake of others, but there are quieter heroic moments and characters who act in what appear to be far smaller ways that are equally heroic and effective. In war, it appears to be the daily acts of heroism, that seem the hardest and most challenging of all.

This is a huge story with a sweeping range of characters who each deal with their personal situations, losses, and tragedies in different ways. The emotional journey is steep and jagged at times which for some readers may result in a profound emotional bond with these characters. Many readers say this novel changed their lives, generated a deeper understanding of what people in war experience, both those who go out to fight and those who fight to stay alive at home.

This is without doubt a tale full of action and emotion, full of suffering and pain, but ultimately it is also a tale full of love and devotion. Love certainly does not conquer all in this novel. Nobody could ever claim that. However, it does provide the hope, the light, and the strength.

Clare Doherty

(Chapel House, Plumbland)

Grants Available from Aspatria Charity Shop

Aspatria and District Community Charity Association have grants of up to £1,000 available for organisations such as Churches, Schools, Village Halls and Clubs who are in need of financial help to complete their projects.

The areas available for these grants cover all parts of the Binsey Link distribution area.

The committee meets monthly

For further information or application forms please ring Marie Rose on 016973 21230 or call in the shop for a form.

The shop is completely volunteer run and managed and provide a wonderful service supporting the local community

February birthdays

- 1 Feb. 1915 Sir Stanley Matthews, the first ever soccer player to be knighted.
- 2 Feb. 1650 Nell Gwyn, actress and mistress of King Charles II by whom she had two sons.
- 3 Feb. 1928 Frankie 'Mr Moonlight' Vaughan, Liverpool-born crooner famous for his tuxedo, top hat and cane.
- 4 Feb. 1920 Sir Norman Wisdom, one of the true greats of British comedy and international star of stage, television and the silver screen.
- 5 Feb. 1788 Robert Peel, Lancashire-born Conservative politician and Prime Minister, as Home Secretary he reorganised the London police force who are still referred to today as the 'Peelers' or 'Bobbies'.
- 6 Feb. 1665 Queen Anne, the last Stuart ruler of Great Britain and Ireland.
- 7 Feb. 1812 Charles Dickens, the most widely known English writer after Shakespeare, his many novels present a vivid portrayal of social life in Victorian England.
- 8 Feb. 1819 John Ruskin, London-born writer, his many books on the subject including Modern Painters established him as the leading art critic of the day. Ruskin College at Oxford is named after him.
- 9 Feb. 1865 Mrs Patrick Campbell, nee Beatrice Stella Tanner, actress famous for her roles in *The Second Mrs Tanqueray* and as Eliza in George Bernard Shaw's *Pygmalion*.
- 10 Feb. 1894 Harold 'Supermac' Macmillan, Conservative politician and Prime Minister 1957-63; Famously led his party to victory in the 1959 elections with the slogan 'You've never had it so good'.
- 11 Feb. 1800 Henry Fox Talbot, Dorset-born pioneer of photography which he developed independently of Daguerre in 1838. He went on to invent flash photography and the use of photographic negatives to make prints .
- 12 Feb. 1809 Charles Robert Darwin, scientist and founder of the modern theory of evolution.
- 13 Feb. 1728 John Hunter, Scottish surgeon who moved to London to study at St. George's Hospital and developed such a flair for dissection that he is now considered the founder of scientific surgery.
- 14 Feb. 1766 Thomas Malthus, Surrey-born economist and clergyman, his *Essay on the Principle of Population* suggested that populations increase faster than the means of subsistence. This problem he addressed by promoting sexual abstinence and birth control.
- 15 Feb. 1748 Jeremy Bentham, philosopher and pioneer of utilitarianism, an ethical doctrine which argues that the aim of all actions and legislation should result in the greatest happiness and least pain for the greatest number of people.
- 16 Feb. 1822 Sir Francis Galton, Birmingham-born scientist and founder of eugenics (the science of creating superior offspring). Not surprising therefore, that he supported the theories of his cousin Charles Darwin.
- 17 Feb. 1934 Alan Bates, actor of stage, television and the silver screen
- 18 Feb. 1517 Mary Tudor, Roman Catholic daughter of Henry VIII, King of England, and Catherine of Aragon, she was also known as "Bloody Mary" because of her relentless persecution of Protestants.
- 19 Feb. 1717 David Garrick, Hereford-born actor and Drury Lane theatre manager, he dominated the English stage for 30 years.
- 20 Feb. 1888 Dame Marie Rambert, dancer and founder of the Ballet Rambert, born in Warsaw she moved to London in 1918, and was made DBE in 1962.
- 21 Feb. 1801 John Henry Newman, Cardinal and theologian noted for his philosophical writings. His poem *The Dream of Gerontius* was set to music by Edward Elgar.
- 22 Feb. 1857 Sir Robert Baden-Powell, soldier and hero of the Siege of Mafeking in the Boer War, he is best known however as the founder of the Boy Scout movement (1908)
- 23 Feb. 1633 Samuel Pepys, the son of a London tailor, his celebrated *Diary* from 1660-69, intertwines the confessions of a man with a distinct love of life, naval administration, court intrigue and the three disasters of that decade.
- 24 Feb. 1500 Charles V. Born in Ghent, Belgium he was crowned Holy Roman Emperor in 1519, and thereby became the most powerful monarch in Europe at the tender age of 19.
- 25 Feb. 1943 George Harrison, Liverpool-born pop musician and former member of the Quarrymen, who adopted the name The Beatles in 1960.
- 26 Feb. 1879 Frank Bridge, composer and conductor of the New Symphony Orchestra from its inception at Covent Garden in 1905..
- 27 Feb. 1932 Dame Elizabeth Taylor, London-born film star. She moved with her family to Los Angeles in 1939, where she made her screen debut at the age of ten. Famous for her many Academy Award nominations and marriages.
- 28 Feb. 1820 Sir John Tenniel, self-trained artist and cartoonist who supplied the original illustrations for Lewis Carroll's *Alice in Wonderland* (1865) and *Through the Looking Glass* (1872).

Around The Parishes

Allhallows

Allhallows Church

All Saints Church, Annual General Meeting, Wednesday 6th March 2024 at 1:30pm in the Church Vestry.

To Unsung Heroes

I would like to commend the ladies who make Afternoon Teas in Allhallows Centre.

They make beautiful cakes, scones and sandwiches with the sole aim of raising much needed money for the Church. Their efforts should be appreciated.

Also praise to the ladies who run the Lunch Club, for the lovely meals they provide. This has become a must go to for many people.

Finally to the Centre Committee who work to keep things going in this very difficult economic climate. Many thanks to you all, and may you have a happy and healthy New Year.

Mavis Wilson

Allhallows Community Centre

Allhallows Christmas party a mention, many thanks to all who helped out... Caroline McKenzie, Gillian Marr, Carol Marr and Andy Goodman. They were all heroes on the day. Huge thanks to all who came and supported us.

A whopping £1000 was raised for the centre.

Sunday 18 Feb. Afternoon tea in the Community Centre 2pm till 3.30pm.

'flecky fellas' group second meeting on the 7th 6.30pm till 8.30m.

Community Centre:

REGULAR EVENTS

📅 Bingo - First Friday of every month, Eyes Down at 7:30pm

£1.00 Entry fee (including refreshments)

50p per book, 5 games (including 1 snowball game)

Adults and children* (8 years+ only) *Children must be supervised by an adult, at all times

Adults are welcome to bring their own drinks

📅 2 by 2 Baby and Toddler group (0 - 4years) - Every Tuesday (term time only) 10am until 11.30 am. Parents, grandparents, childminders, carers etc. For more details please contact twobytwoplaygroup@hotmail.com

📅 Derwent Patchworkers - Every 2 weeks, on Wednesdays, 10am until 4pm

For further details or information, please contact Barbara Strong on 07833 692144

📅 Tales in the Tea Room - First Friday of every month, 7-9pm

📅 Allhallows Readers (Wordsworth Trust) - First Friday of every month, 1:30-3:30pm

Please let us know if there are any particular events or activities you would like to see happen at your community centre

ROOM HIRE

If you wish to make a booking for room hire, please ring 07593 638830, leave a message and someone will get back to you, as soon as possible. Alternatively, you can message us, directly, via the following:

Facebook: www.facebook.com/allhallowscentre

Website: <https://www.allhallowscentre.org>

Email: allhallowscentre@gmail.com

Bassenthwaite

St. John's cleaning : Sue and Vic Siddall

Flowers. No flowers in Lent.

St. Bega's cleaning and flowers: Christine Ladd.

The DCC would like to thank Debbie and Mark at Bassenfell Manor for the warm welcome they gave us for our December coffee morning. We had a lovely morning amongst friends and raised funds for St. John's church. Thank you so much.

Thanks also to everyone who cleaned or provided flowers in 2023, and all who decorated the church for Christmas. Your efforts greatly enhanced our worship.

A big thank you to Christine Ladd, who once again provided the Christmas Tree at St. Bega's.

Soup Lunch will be held on Tuesday 13th February 12noon to 1.30pm. In the Parish Room. £4. Everyone welcome.

Thank you to everybody who helped to set up the Christmas tree on the village green.

Also a big thank you to High Close site and Gary for supplying the tree and not to forget Val for the refreshments.

February 2024

Bassenthwaite

TO BOOK OR ENQUIRE ABOUT BASSENTHWAITE PARISH ROOM

Please contact our Co-Ordinator, Louise, by email bookbassenthwaiteparishroom@gmail.com

Our web address: www.bassenthwaite.org.uk>book-the-parish-room

Saturday 24 February 2024, Bassenthwaite Parish Room are please to welcome Cumbrian based Jessie McMeekin and Dave Camlin for an evening of stories and songs exploring the enduring power of place. They'll weave a magical odyssey uniting Cumbria's Neolithic heritage with the landscapes, Celtic myths and legends of North Wales, Ireland and the Isle of Man.

Bar & Doors open 6.30 for 7pm start
Adults £12 U18 £6 Family £25

BASSENTHWAITE WINTER DROP-IN/POP-IN

Bassenthwaite Parish Room

Call in any time between 10.30 am and 2 pm on the Tuesday dates Identified below for a chat, coffee and refreshments –

£1 per person

Tuesday 6th February
Tuesday 20th February

You can also join in a "bring and share" lunch at 12 noon or bring your own lunch. Catch up with friends or spend time on your favourite pastime/hobby. You may also fancy a game of cards, bingo

or join in a board game
PLEASE JOIN US – ALL ARE WELCOME
Further information from:

Helen 017687 76222 or Margaret 017687 76175

The Long Way Home
A journey in story and song around
Cumbria's Celtic Connections

Kirkgate Arts Out West

Dave & Jessie
Camlin & McMeekin

Feb 24th 2024, 7pm
Bassenthwaite Parish Room
Tickets: clairewebzell1@gmail.com
Claire Brewis 077 4389 3489
www.kirkgateartsandheritage.org.uk/arts-out-west

Two fascinating talks by Ros Downing

with delicious supper in aid of Hospice at Home Carlisle and North Lakeland
Bassenthwaite Parish Room Thursday 29th February 6.30 for 7pm—£8 per person

In addition there will be a bar and a raffle. Please book and pay in advance
Ros Downing 017687-76471 ros@langside.org.uk

Programme

6.30 – time to buy a drink and some raffle tickets

Talk 1 (7.00 – 7.45) A Pictorial Journey Through Cumbrian History, highlights from the region's past, evidence for which is still visible in the present

Supper – home-made soup, savouries, cakes, tea/coffee

Talk 2 (9.00 – 9.45) Things I Didn't Know I Didn't Know. a personal, comic classification of knowledge with autobiographical anecdotes, whimsical musings, and a few serious suggestions

Boltons

BOLTONS PARISH HALL weekly events:

Monday. SHORT MAT BOWLS 1.30 - 3.30

Call 07879613838 for info.

Monday. CIRCUITS 9.30 - 10.30am

Wednesday. PILATES 9.30 - 10.30am

All the above classes with Helen 07900410076

Thursday. BEGINNERS LINE DANCING 2-3pm. Fun, friendly class, No experience needed, just come along and join in!

Call Ness 07718264700 or just turn up, all welcome! The Parish Hall is an ideal venue for meetings, classes, parties etc., Central Heating and WiFi! To hire the Hall call 07879613838.



POP IN AND MORE 2024

At Bolton Low Houses Parish Hall
at 1.30pm – 3 pm



EVERY SECOND TUESDAY OF THE MONTH 2024

Please drop in and spend time with friends and neighbours.
All welcome.



For further information phone Judy on 07879613838

or Gill Skillicorn 07376 258564

NFC Village Agent for Boltons, Ireby & Uildale

email: gillian.skillicorn@northernfellsgroup.org.uk



Embleton

St Cuthbert's.

Happy New Year to you all and a big thank you for your support for all our community and church events during the Christmas season. Wasn't the carol singing good fun? Special thanks for the support of Scales Farm for our Christmas Shed; it is really helpful. [Next one at Easter!] Our church folk will have pencilled in activities for 2024 by now and we will be joining with Dewode to support their excellent work with the health centre out in Uganda; as well as celebrating the life of our valley community. It becomes boring, BUT we have to keep fund raising to keep our little church maintained and operating. You should see the long list of jobs that need doing! With the help of volunteers, we hope to stay active and buoyant into the foreseeable future. Wish us luck and if you ever want to help out, you'd be very welcome.

Dates for your diary; Spring pop-up March 23 rd /24 th .

On the hill at Wythop Mill.

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's OR in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode.

Any items or comments for the next edition please send to Jean at jeanmaca@aol.com or 01768776184 by February 7th please.

Embleton Village Hall Notice Board.

Hi everyone. Happy New Year to you all.

As you can see there is a change in our weekly classes. Moo-Music and Friday Yoga class have finished, but John McNamee is starting a weekly art class on Monday.

What's on in February?

Monday: Art Class 10am littlepicturesjohn@gmail.com.

Monday: Mah-jong 2.30 pm Vivian 01900829490.

Monday: Dance class 6.30p.m. Edna 01768776630.

Tuesday: Footy tykes 10.30 -1130 am.

Tuesday: Yoga 6.15pm Rebecca 07735 439126.

Thursday: Circle dance 7pm, Kathleen 76532.

Friday: Youth Club 6.30pm.

Sunday; Dance class 7.00pm, Edna 76630.

Thursday 1st : U3A Photography group 9.30am.

Sunday 4th : Cockermouth orchestra 9-4pm

Wednesday 7th : Village hall Meeting 6.15 pm.

Tuesday 13th U3A Folk dance 2pm.

Wednesday 14th : W.I. 6.15pm.

Saturday 17th : Private Function 4pm -12am

Thursday 20th : Music appreciation 2-4pm

Wednesday 21st : Flower club 12.30pm

Wednesday 21st : Parish council 7pm

Friday 23rd : Seniors club 11am.

Saturday 24th : Social Dance 7pm, Edna 76630

Tuesday 27th : U3A folk dance 2pm.

The ducks are preparing to go to Paris for the Olympics with passport in beaks. Chris.

Ireby

Parish Church of St James, Ireby

The monthly morning service on the fourth Sunday will now start at the slightly later time of 9.30am rather than 9.15am

A very big THANK YOU to all the people who helped to make our celebration of Christmas really special: Those involved in the Carol Service – Janice Havelock & Ireby Village Singers, readers, Susan Allison for playing the organ; Val Grayson for preparing the order of service; and those who prepared and served the delicious refreshments which everyone enjoyed.

Those who helped to decorate the Church and erect the tree (and those who helped in clearing away in January). The staff and pupils of Ireby School and their meaningful Nativity production.

The people who came to our service on Christmas Day. On a more sombre note – please can all Christmas wreaths be removed from the Churchyards before 13th February.

COFFEE & CHAT – Thursday 14th March, 10.30am, at Crosby House, Ireby

The Globe Hall, Ireby
Friday, March 8, 2024 7:00 PM

London Mountain Film Festival @ Ireby

Fundraising for Community purchase of The Black Lion Pub Admission £10 (under 18 £5) Bar at The Black Lion
Further details and booking: andrewblcg@gmail.com

Ireby Carnival & Sports Committee would like to invite all Ireby and Boltongate Over 60's to:



Annual Christmas Dinner



Friday 23rd February 2024

6.00pm W I Hall, Ireby

Please contact Emma on 016973 71796 or Diane on 016973 71283 by Friday 16th February to book your place. Thank You

**This is a free evening for all those eligible.
There will be a donation box on the night.**

Get in contact on above numbers if you would like to know any more information.

Isel

St. Michael and All Angels Church

The church committee would be most grateful if those who placed Christmas wreaths on family graves, could remove them. With time and wind and rain they become tired and damaged and get unsightly and blown about.

Please take any wreaths home to dispose of and don't place them on the compost heap, this is purely to be used for material that will rot down.

Many thanks.

Coffee at The Great Escape, Moota will be on Monday 12th February at 10.30am.

QUIZ NIGHT

??????

BLINDCRAKE VILLAGE HALL

7pm SATURDAY 24 February 2024

QUIZMASTER KEITH BATY

Come as a team of 4 or make a team on the night

ADVANCE BOOKING ESSENTIAL

CASH BAR

RAFFLE

£10 per team cash at the door includes Table Snacks

Proceeds to Blindcrake Village Hall and Cumbria Overseas Aid Trust

To book a place contact Sue

sue.buckwell@btopenworld.com

or 07789 163106

Isel

Blindcrake Village Hall

January

30th Tuesday 7:30pm **Special Parish Council meeting.** [Regarding the Clints Quarry planning application.] **OPEN MEETING**

February

Saturday 3rd 10am-1pm **Bible Study Group** All welcome
Wednesdays 6:30-7:30pm **Pilates** with Angela Price.

Please contact Angela at <https://www.mipilates.co.uk/>

Saturday 10th 10am-1pm **Bible Study Group.** All welcome

Saturday 17th **Evening Inn** from 8pm. Join us for the usual good craic and beer, not to mention The Quiz.

Saturday 24th **COAT quiz**

Isel and Bridekirk Parishes First

Responders 150 Club Draw

December 2023

1st Prize J Gate, 2nd Prize R

Harrick's

3rd Prize N Pilling 4th Prize G Dixon

Drawn 9th December 2023 Blindcrake Village Inn Evening,



TO HIRE BLINDCRAKE VILLAGE HALL:

Look at <https://blindcrakevillagehall.org.uk/>, click on HIRING, and use the CONTACT FORM to request bookings, or to make enquiries, etc.

Hiring charges: £8 per hour for meetings, classes, etc, and £12 per hour for parties and functions.

To hire the hall for your event, meeting, class, exhibition, or party, please book on the village hall website.

OR contact the bookings secretary using 07503 763590, TEXT ONLY, please, (due to poor signal). The village hall phone is checked daily, and the bookings secretary will ring you back (from a landline).

Do have a look to see what else you can find, on the website. (We have an automatically updating calendar on the Home page, worth checking to see what's coming up soon, or plan what date you'd like to hire the hall, based on current bookings.)

Please also look for up-to-date information on our parish's facebook page <https://www.facebook.com/groups/166193357452161>

Plumbland

St. Cuthbert's Church.

Well here we are at the start of a completely New Year, perhaps making promises to ourselves to improve our lives as we face up to what many may consider to be a difficult time ahead of us. We hope that the worst of the rain has passed us by without causing too much upset, but not forgetting those who have been affected here and abroad in our prayers. We never know what the elements may bring, but we face it as a community, supporting and caring for each other, combined with our faith and belief, knowing that God is watching over us, and cares for us. The future may look bleak, but together, as part of the family of God we will be able to surmount the trials and tribulations that come our way..

From Plumbland we send out our best wishes to you all and invite you to come and join us in our worship, as all are welcome

Best Wishes and God Bless,

The Plumbland family.

Plumbland PreSchool

Term times on Fridays from 9am—11am in Plumbland Village Hall. Everyone is welcome when accompanied by a child aged birth to four. Attendee include parents, grandparents, carers & childminders.

For further information please contact Gillian Winder 07789542736

Plumbland Community Group presents

Baby & Toddler Table Top Sale

Sunday 24th March 2024

10am – 11:30am

Plumbland Village Hall CA7 2DQ

Entry 50p per adult

Cash Only Event

Come grab a bargain!

Pre-loved baby and toddler clothes, toys, equipment, accessories and nursery décor...

all goods suitable for 0-4 years old!

£10 per table, to book contact Holly: 0738090488

Have you got great quality items you wish to donate?

Contact Holly to donate items to raise funds for Baby Basics West Cumbria.

Torpenhow including Bothel & Blennerhasset



Torpenhow Village Hall

Torpenhow Old & New Exhibition

Displays featuring
**Our village history &
Photo competition entries**
Friday 2nd February
6.30pm to 8pm, with bottle bar
Saturday 3rd February
10.00 to 12.00 noon
Free Coffee & Cake
Saturday 3rd February
6.30pm to 8pm, with bottle bar

The Big Breakfast
Sunday 4th February
9.00 to 11am



With the support of
Torpenhow Farmhouse Dairy
featuring local produce
Adults £6.00 & Children £3.00
Veggie option available
Advance bookings only

WhatsApp message or call Julie on 07803 619725

Big Night Inn
Friday 23rd February
7.30pm to 10.30pm



All our welcome to our village pub night
Featuring Local Guest Ale

Follow us on Facebook & Instagram.
For bookings contact
torpenhowvillagehall@gmail.com

1st Torpenhow Brownies is on a Tuesday evening in Torpenhow Village Hall. We meet from 6.00 to 7.30pm during term time for games, crafts and much more. Just ring 016973 71514 or email torpenhowbrownies@gmail.com for more information



Blennerhasset & Baggrow Village Hall

COFFEE MORNING -

Every 1st Wednesday of the month is our Coffee Morning. We give such a warm welcome to visitors from neighbouring villages and locals, plus our baking is brilliant.

GET FIT – STAY FIT–Weekly classes

We have a weekly programme of exercise classes to appeal to all ages, abilities and goals. These include Dance, Yoga, Step & Circuits. The class timetable can be found on our website www.bbvh.uk

Check out our website www.bbvh.uk (Blennerhasset & Baggrow Village Hall BBVH) for more information on all of our events. Follow us on our Facebook page: Village Hall, Blennerhasset & Baggrow

Torpenhow including Bothel & Blennerhasset

Bothel Village Hall

February Weekly Activities

Bowling Mondays 7.30pm
Yoga Wednesdays 10am
Fencing Wednesdays 7.30pm
Circuits Thursdays 7pm
Dance Class Fridays 4.30pm

Thursday 1st - History group 7.30pm
Tuesday 6th - WI Manor Barn Organics 7.00pm
Wednesday 14th - Craft Group 7.30pm
Tuesday 20th - Gardening club Pine Tree Nurseries 7.30pm
Friday 23rd - Bingo 7.00pm
Monday 26th - Lunch Club 12noon
Tuesday 27th Community Wildlife Goup

Rainbows is a Girlguiding group for all girls ages 4-7 years old, for fun, games, crafts and learning through adventures. We are also opening a waiting list as we seem to have quite a few 3 year olds in the community who are interested but a bit young yet! We will be running Tuesdays 5.15-6.15pm in Bothel Village Hall. We can be contacted at bothelrainbows@gmail.com for more information.



Community Wildlife Group a new group in Bothel, open to everyone. Through winter we have a series of talk evenings ,then summer we hope to get out and about . Find us on FaceBook Bothel Community Wildlife Group or for further information contact Aimee email twisp@live.co.uk.

Dates for your diary :

27th February squirrel night.

Binsey red squirrel and river Ellen REDS will join us to highlight the importance of saving our reds . They will explain about their role s and what we can do to help the red squirrel population in the local area .

Everyone welcome

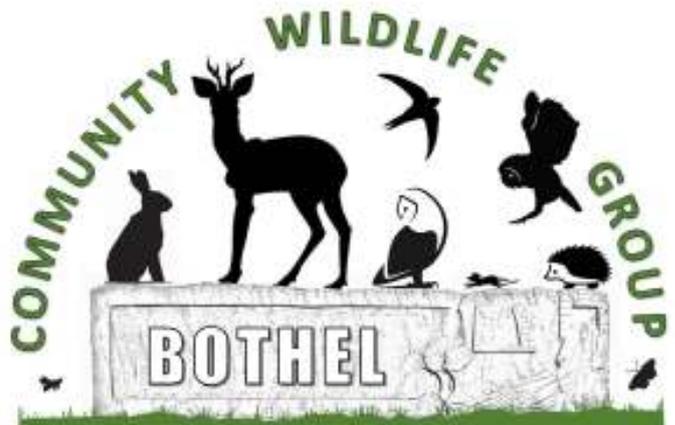
Please follow @Bothel community wildlife group on Facebook

26th March golden eagle night .

23rd April swift night

All at Bothel village hall 7.30pm

Talk ,craft activities ,coffee and cake .



Your Voice Matters—Children's Mental Health Week

Being a young carer can be incredibly rewarding but it can also be incredibly tiring and many young carers can find it difficult to juggle their caring responsibilities with school, social life and some leisure time. This constant juggling can lead to increased stress, anxiety and low mood so it is very important they take some time to look after themselves. Children's Mental Health Week is taking place 5-11 February and the theme this year is "My Voice Matters". My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves. When we feel empowered, this can have a positive impact on our wellbeing. Children and young people who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem.

At Carer Support West Cumbria we offer regular 1:1 support, social activities and trips to allow young carers to express how they feel about their caring role, both with our support workers and other carers.

If you are a parent, guardian or young carer who needs some support to find your voice get in touch with us at general@carersupportwestcumbria.co.uk or call 01900 821976.

Julie Crellin
Carer Support West Cumbria

February 2024

Uldale

St James

Work is now underway on the remaining renovations / repairs. Please bear in mind that the Church will not always be accessible during this work.

Commemorative chairs

The revised prices for the Church chairs have now arrived, albeit perhaps subject to a further very slight increase. They are: Chair £119.00, with arms +£14.00, with box for Hymn book / Bible, etc. +£13.85. Orders to one of the Churchwardens.

Offers of help to distribute the Binsey Link around Uldale would still be very welcome.

NFG Septic Tank Syndicates. Significant savings can be made on orders Please contact Gillian Skillicorn 07874 24160 Order dates March & November

The **Uldale Sports Committee** has now registered with easyfundraising.org.uk, and this means that over 7000 brands such as Amazon, Ebay and M&S will now donate to us a small percentage of your spend every time you shop with them. The great thing is that it doesn't cost us, the shopper, anything as the donations come directly off the margins the various brands make from our shopping. To register please scan the QR Code visit easyfundraising.org.uk and help the Uldale Sports Committee make further improvements to the Uldale Play Park.



Setmurthy

St Barnabas Church

Cleaning & Flowers Mrs A Richardson & Mrs B Richardson

Services: Please check the Binsey Link ,Church Notice Board or website for details of services.

Thank you to those who provided refreshments following the carol service.

DCC meeting, The next meeting will be held on Tuesday 20th

Parish Hall

The Parish Hall is available for bookings, please contact Mrs Nicola Laws tel 017687 76483

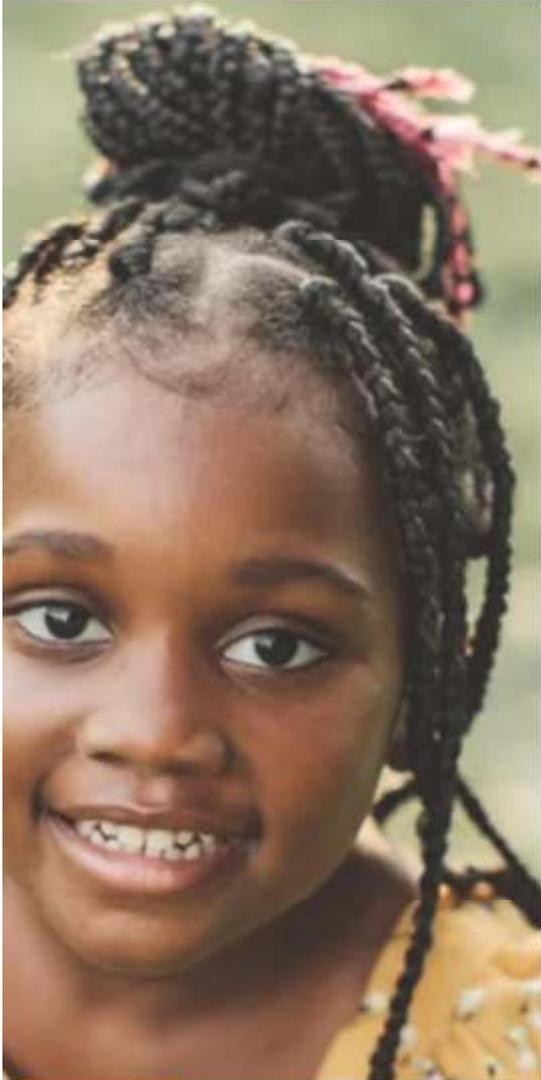
Wythop

Please could all the remaining Christmas Wreaths be removed from the Churchyard. They are lovely in their prime, but when they start to deteriorate it does not take much wind to make them blow about and look rather unsightly. The Archdeacon's Visitation to Binsey is taking place early in February, and we look forward to welcoming him to St. Margaret's for the first time.

There are some snowdrops and primroses flowering already and the daffodils are now several inches tall, which encourages thoughts of Spring and Easter, which is early this year.



FUNDRAISING COFFEE MORNING TORPENHOW VILLAGE HALL



**Saturday 24 February
10.30 am - 12 noon**

For delicious coffee and cakes and to learn how this impactful programme will make all the difference to children and families in one of the world's poorest countries. All welcome!

CULTURE CRAFT IMPROVING SCHOOL READINESS *for* MALAWI'S LITTLE LEARNERS

THEORY OF CHANGE

Providing children with learning opportunities based on familiar songs, stories and traditions, gives them stronger foundation skills, and a higher level of readiness for formal education.

3
GEOGRAPHICAL
REGIONS

5,000
TEACHERS

100,000
CHILDREN



PROBLEM

African Early Childhood Education lacks integration of indigenous knowledge and undervalues local play based learning, favouring structured and old-fashioned approaches to teaching and learning for children under 6 years old.

SOLUTION

An African research-informed programme, co-created with communities, that builds on traditional heritage to create a learning framework that empowers teachers and parents, and significantly increases levels of school readiness.



**"Learning through play is not a new concept.
It is deeply ingrained in many societies. We have always done this."**

Professor Seth Oppong, PhD.

Professor of Psychology, University of Botswana. University of the Witwatersrand

School News

Boltons

The children have all settled back well into school after their Christmas break. They have all enjoyed getting back into routine, despite having to get up on these dark, cold mornings.

Year 3 and 4 are currently busy practising their dance for the UDance Festival which takes place on Wednesday 20th March at The Crown and Mitre Hotel, Carlisle. They are all looking forward to performing to the children in school and to their family on the evening. They have worked hard to help choreograph their dance and are excited to wear their costumes and perform.

It's been another busy term of sport; the children have all been enthusiastic about learning new skills in gymnastics, which is being taught by the coaches from CUFC. The children in Years 3-6 have started their swimming lessons and are enjoying going to Wigton Baths every Wednesday afternoon.

The children in Year 2 and Year 6 are currently working hard on their Archbishop of Yorks Young Leaders Award. They thoroughly enjoyed introducing their work and explaining what they are going to do to their parents in their recent class assemblies.

Everyone is enjoying taking part in our whole-school reading challenge and thoroughly enjoyed taking part in our termly book club. This is where all the children in each class bring in their favourite book to school and have the opportunity to discuss their book with their peers. They also complete some fun activities based on the books they bring in. They are enjoying listening about the teachers' favourite books too and recommending books to each other.

Year 3 and 4 have been busy planning their class assembly and are looking forward to telling the children and parents all about what they have learnt in RE and their current unit – 'What kind of world would Jesus want?'

Ireby School News

A very happy new year to you all! Our Christmas term ended on a high with a fantastic whole school nativity "Prickly Hay" performed in church. We all miss Bobble the donkey, but this year Mary travelled through Ireby on a well-behaved pony who played the role of donkey beautifully - thank you, Helen Branthwaite! At the end of our performance and following some thoughtful words and prayers from Rev. Stephen Banks, the children, staff and governors said farewell to a truly wonderful and inspirational member of our school community, Janet Clayton. Janet has volunteered at Ireby School for 20 years, teaching singing and music to our pupils, including keyboard lessons, piano accompaniments for many violin performances and exams, not to mention teaching songs for numerous school concerts and nativity shows. She fondly recalled how she saw a Christmas concert shortly

after moving to the village and thought the school might benefit from a little help musically, so offered some of her expertise! We will all miss her enormously and hope she and Mike come back and visit us from time to time. Thank you to Beth Mackenzie, a past pupil, who helped present Janet with a local print to thank her and to remind her of us all in Ireby. The school then enjoyed a delicious Christmas dinner with parents, grandparents, carers and friends from our community – all cooked and served in school by our fantastic cooks, Alison and Jason.

The youngest pupils, Binsey Class (Nursery and Reception), are learning about Space this half term. The children will be finding out about our planet, Earth, the moon, the sun, and the planets in the solar system. They will be learning about space travel, astronauts and the International Space Station including exploring the moon landings and finding out about famous astronomers and astronauts like Neil Armstrong, Mae Jaimeson, Tim Peak and Caroline Hershel. The children will also be learning about people who looked at the stars like Galileo and reading traditional stories to try and explain the stars e.g. The Hunting of the Great Bear. This class are also continuing with their Global ambassador curriculum through Tree Top Tuesdays – exploring the local area and community and understanding what it means to be a good citizen. They will also be joining the KS1 class on Thursday afternoons for swimming lessons at Wigton Baths. The KS2 class will be swimming after half term. This half term, Year5/6 will be competing with local primary schools in a Dodgeball tournament at St. Herbert's, Keswick, and Year 3/4 have a hockey tournament hosted here at Ireby School. Pupils will also be practising and learning a group dance to perform at U Dance this term. There was celebrating in KS2 as six pupils have won a young writer's competition and will have their work published in a book along with other winners. They had to write a piece of creative writing about a crazy creature.

The PTA are hosting a Wine and Cheese night in the Globe Hall on 23rd February, £20. Look out for details on our Facebook page and on the notice board. The school now has a clothes bank for anyone to donate their unwanted clothes which will help contribute to fundraising. And finally, Ireby School is on a reading for pleasure mission! We want all of our children to enjoy and feel inspired by the books they read. A huge part of this involves updating our school and class libraries. If you would like to donate a book to our school library, you can visit our KS1 book wish list on Amazon.



Bassenthwaite

Our December meeting, a Christmas craft evening, made a lovely start to the Christmas season. To a background of Christmas music we were all able to create attractive table decorations to take home.

Many thanks to Valerie who organised all materials and prepared containers, candles, fir cones, orange slices and varied foliage to complete the arrangements. Thank you also to Sandra who assisted Valerie and members who generously provided equipment.

At our February meeting Stephen Barnes will give us a talk 'Products from the Hive'. The competition will be a bee related item. Hostesses for the evening will be Mesdames Isobel Bowe and Mary Brewis.

Embleton

Our president, Amanda Durkan, welcomed 27 members and one guest for our first meeting of 2024 on 10 January. She outlined the plans that have been made to celebrate the 100th birthday of our branch with a party at the Village Hall on 14 February. Members are being encouraged to dress in '1920s style' and guests have been invited from several other local WI branches. We are all looking forward to it.

Our speaker this evening was Pratima Misra who gave a fascinating demonstration of Indian vegetarian cookery. Pratima is a retired GP who learnt her cooking from her mother and mother-in-law. She prepared a delicious paneer curry during the meeting which she served with pilau rice and mangoras for us all to sample.

The raffle was won by Barbara Wills. Lucy Elkerton won the competition, Judith Sanderson came second.

Our meetings are held at 19.30 at the village hall on the second Wednesday of each month. We are always pleased to welcome guests and new members; please contact our secretary Judith Sanderson on 07709 089982



The BIG SWITCH OFF

On the evening of 8th February, we will be inviting people to join us at Crow Park Keswick to enjoy some star gazing and learn about the various benefits of Dark Skies. Around 50 street lights in that area will be switched off and businesses and homeowners in that area will also be invited to get involved by turning off their lights

Uldale and Ireby

We celebrated the start of the New Year with a first meeting on January 4th – the regular 'Pie and Peas' members night. There wasn't much business to discuss so we mainly ate pies, as many peas as we could from the enormous saucepan of them brought by Betty, and as much pudding as possible afterwards. We had a choice of roulade, pineapple cake, rice pudding, Eve's pudding and more! The competition was for a badge which was won by Jennie with Sue Allison in second. Marion Pattinson won the raffle.

The end of 2023 was lively with a packed house in November when we thrashed through our business and notices before welcoming Lionel Bidwell to talk about "The Games and Puzzles of Lewis Carroll."

We were entertained by his wonderful presentation, detailing the chess game which opens the book Alice Through the Looking Glass. We noted that Lewis Carroll – as Charles Letwidge Dodgson is more well known, had a fascination with chess, chess pieces and playing cards. He had a grasp of logic and puzzles baffling to most and was responsible for the creation of the concept of portmanteau words – when two words are melded together into one – smoke and fog into smog for example. We attempted word ladder puzzles, made bangers and enjoyed looking at some of the beautiful illustrations used since the Alice stories were first published more than 100 years ago. Huge thanks to Lionel for joining us.

Lily Holmes won the drawing – she often does! Debra won the competition – cryptically titled, "Inspired by Lewis Carroll" and Janice Havelock came second. We were pleased a new member, Christine was able to join us, and to see Jane – another recent recruit – once again. Colina and Colina Junior were our excellent hostesses.

In December our member Debra Binns led our meeting where we made wreaths. Most of us now have some experience of this but we appreciated having her expert eye to help guide us. Doreen Gleed won the raffle and Janice Havelock won the competition for 'A Homemade Christmas Card'.

We meet on the first Thursday of every month, 7.30pm at Ireby WI Hall. Please contact our Secretary on UldaleandIrebyWI@gmail.com if you would like to join us. At our next meeting, we welcome Sue Hinde to talk about 'Joe the Quilter'.

Parish Council

Allhallows

The January meeting of Allhallows Parish Council took place on January 3rd in the Allhallows Centre

Present: Margaret Abbott (Chair), Margaret Bowness, Susan Barton, Diane Thompson, Janet Mansfield. Kevin Thurlow (Cumberland Council) Apologies were received from Ricky Bowness and Kath Faulder.

Matters discussed:

Allhallows Centre: The building is doing well; the ridge tiles need repointing but it is very difficult to find somebody to do the work.

Baggrow Lonning: Despite expressing concern about the state of the Lonning, Cumberland Council have stated that no further improvements will be undertaken. Our Cumberland Councillor was made aware of our dissatisfaction with this decision.

Planning: No objections had been expressed.

Councillors' portfolios. The allotments are in good order.

Despite concerns after heavy rain and a flood alert, the River Ellen has stayed within its limits

Allotments: There will be no increase in the annual rent.

Speed Indicator: After an absence of response from the police, Mike Johnson the Deputy Police Commissioner will investigate and hopefully reconsider the application for an indicator.

Grass cutting: A search is continuing for a new contractor.

D Day commemoration: An appeal is going to be made to see if any members of the Parish had participated.

Parish Christmas tree: A member of the public had asked for on in 2024. This idea was welcomed and the proposal will be investigated.

Grit bin: A member of the public had requested, but the cost may be prohibitive.

VACANCY FOR A PARISH COUNCILLOR

Boltons Parish Council

Do you have time to spare?

Are you interested in your local community?

The Council has a vacancy for a Parish Councillor.

If you are interested, please contact the Clerk,
Elizabeth Clark 07510 259 784 or Email:
boltonspc@aol.com

Embleton & District

Serving the Parishes of Embleton, Setmurthy and Wythop With very best wishes to you all for 2024 from Embleton & District Parish Council.

WASTE COLLECTIONS - Garden Waste Collections are due to restart in March. Information about all Bin Collection days can be found on My Allerdale.

MY ALLERDALE - It takes less than a minute to register to be able to submit and track the progress of enquiries and reports on-line using myAllerdale on-line reporting. Click on the Register now button and create

your account to be kept informed, and track progress of, your report and enquiries. Once registered you can report problems such as blocked gullies and drains, potholes, damage to roads 24 hours a day, 7 days a week through the website or by downloading the free myAllerdale app to your smart phone or tablet.

There is a host of useful information and advice and a full A-Z of services on www.allerdale.gov.uk

NOTICEBOARDS - The two new noticeboards at Wythop and Setmurthy have been fitted and the contractors will look to undertake the refitting of the Dubwath noticeboard and to fit one of the old noticeboards in Lambfoot Bus Shelter.

HIMALAYAN BALSAM – It is hoped that a Volunteer Himalayan Balsam Bashing event can be organised at the appropriate time in 2024.

MINUTES - Copies of the minutes of the parish council meetings can be found on the council's website www.embletonwordpress.com

VACANCIES - There are vacancies on the Parish Council. If you are interested in joining us contact any Parish Councillor or our clerk, Bex Carter.

DATE OF NEXT MEETING - The next meeting of the Parish Council will be WEDNESDAY, 21st February 2024 at 7pm in Embleton Village Hall. All are welcome to attend.

Ireby & Uldale

Summary of the Meeting of the Parish Council held on 2nd January, 2024 in the WI Hall, Ireby. Present: Cllrs K.

Bridges (Chair), E. Alexander, R. Cockburn, A. Forrest, J.W Hall and G. Moore. Also present J. Perry, Cumberland

Councillor and four parish members. Matters discussed included: **Planning** - Applications received: None.

Decisions: Lake District National Park Authority - 7/2023/2191 – Gehawian, Aughertree - Build new garden shed – GRANTED. **Donation Request** - The request for financial assistance from the Great North Air Ambulance Service was considered. It was agreed to grant £350.00.

Grass Cutting Contract - The Parish Council are in the process of renewing their grass cutting contract for the forthcoming year commencing in May 2024. Tenders are invited for cutting 6 areas of grass in Uldale and an area of grass at Ruthwaite in the vicinity of the bus shelter.

Tenders should be submitted to the Parish Clerk, 1 Sun Croft, Ireby, CA7 1ES by 1st March, 2024. Further information can be obtained from the Parish Clerk.

Vacancy – Two expressions of interest were considered. Peter Normington was duly elected and co-opted onto the Parish Council.

Date of next meeting: Bi-monthly meeting Tuesday 5th March, 2024 - WI Hall Ireby – 7.30pm Clerk: Janice Rae, 1 Sun Croft, Ireby, CA7 1ES

Telephone: [07547 368 323](tel:07547368323)

Email: info@ireby-uldalepc.org.uk

Website: www.ireby-uldalepc.org.uk

Community Purchase of the Black Lion in Ireby

Good news - we have finally received confirmation from the Financial Conduct Authority of the registration of The Black Lion Community Group Limited as a Community Benefit Society. Receipt of the registration enables us to move things forward in terms of: opening a bank account, going ahead with a share launch to raise the money to purchase the pub and securing funding from various organisations.

More good news - our project was successful at the second level pre-bid stage of the Community Opportunities Fund (COF), to determine which projects should receive free assistance from COF advisors to enable us to secure the funding support we seek from them. Factors taken in to account included: the management of the project, commercial viability and the benefit to the community as a whole from securing the future of the village pub. The proposal to turn the pub in to a community hub and the scope to work with the Globe Hall to enhance its reputation as a venue for music and drama, were particularly well received. Whilst not guaranteeing that we will receive the funding we require, it does mean that the prize is within our grasp.

Next steps:

- > Now that we know that we have a viable project, we can start to deliver the level of communication which a number of you have been understandably seeking. A useful starting point for this being the creation of a Website for the group
- > We are keen to involve the community in taking forward the project. It will be your village pub and we want to ensure that it provides for the needs of the whole community,
- > We can now progress the detailed work we need to do to finalise the share launch and expect to be able to update you and set a firm timetable for the launch within the first month or so of 2024. The share price, set within the operating rules of a Community Benefit Society, will be at a level which will enable everyone to take part in the offer. Once finalised, the details of the offer will be placed on our Website and discussed at meetings with the community.
- > We can build on the links with other funding organisations to secure their support. COF will match fund any grant secured this way.
- > We will continue to work on the various policies and procedures required by COF to accompany the final application for funding support.

How you can help:

- > If you have skills and available time to help the group deliver our aim, can you let me know.
 - > If you are willing to organise a fund-raising event or have any suggestions about an event which we could put on, can you let me know.
 - > **The share offer is not limited to people in Ireby and the surrounding villages.**
 - > Please support any future events.
- Many thanks for the support to date.

The Black Lion Community Group Limited.
Email andrewblcg@gmail.com



Fundraising for Community purchase of The Black Lion Pub
The Globe Hall, Ireby
Friday, March 8, 2024 7:00 PM
London Mountain Film Festival @ Ireby
Admission £10 (under 18 £5)
Bar at The Black Lion
Further details and booking: andrewblcg@gmail.com

General

Caldbeck Surgery

Repeat Prescriptions can be ordered on our dedicated phone line 24 hours a day/7 days a week 016974 78296
IMPORTANT NOTE: Please leave a minimum of 2 working days following your request to collect your prescription from the surgery. This also applies to any home deliveries. **COMING SOON – NEW WEBSITE** Our website is currently under development. We encourage you to check out our new website from the beginning of 2024 You will find information on all the ways to contact us, self-care, local services and much more.

Cockermouth u3a: The u3a movement caters for those people who are no longer in full time employment but who wish to pursue their hobbies and interests or learn something new with like minded people in a friendly environment. Check out our website for more information. www.cockermouthu3a.org.uk

Skiddaw U3A is a very friendly and welcoming self-help organisation for people who are no longer in full-time employment. It currently offers some 60 interest groups run by volunteers and catering for a wide range of hobbies and interests. All these groups, and their contact details, are listed on the Skiddaw u3a website. Skiddaw u3a's Monthly Meetings, which always take place on the third Wednesday of each month, are often being held in the Crosthwaite Parish Room in Keswick, although other venues may also be used. Doors open at 10am for refreshments and socialising, with the actual talk starting at 10.30am. The entry fee is £1.00 for u3a members and £1.50 for visitors. Wednesday, 21st February 2024 – Crosthwaite Parish Room, **Land's End to John O'Groats by David Felton**

A local author and publisher David Felton will recount his eventful 82-day walk from Land's End to John O'Groats;

Friendly Fitness + class at Millhouse Village Hall Mondays 7-8 pm, £8.50 a session or get a discount for a block booking. Drop into a session to move to music, tone and relax.
For more info contact debbie@get-active.co.uk or ring 0777 616 2125



Calling all singers! Would you be interested in being part of a scratch choir? We are planning an event in Caldbeck next May - to take place on Sunday 5 May, during the bank holiday week-end. It a light programme, with singing interspersed with music by individual and groups of instrumentalists. If you enjoy singing but have not been part of a choir for years, perhaps this would be an opportunity to discover again what fun it is to sing in a group. The choir will be rehearsing from the beginning of February and we will most likely hold rehearsals on Sunday afternoons, although there will be some weeks when we do not have a rehearsal (such as Easter week-end). If you are interested in taking up this opportunity please contact Sue Braithwaite, by email (sjbencore@aol.com), as soon as possible, so that you can be added to the list of potential choir members and receive details of rehearsals. Looking forward to hearing from you.

Cockermouth Harmonic Society's performance of Mozart's Requiem will take place on Friday, 2 February 2024 at St Joseph's RC Church, Crown Street, Cockermouth at 7.30pm.

Also on the programme is a selection of music for the funerals of British queens- Purcell's funeral music for Queen Mary, Handel's funeral anthem for Queen Caroline and Judith Weir's setting of Psalm 42 for the funeral of Queen Elizabeth II.

Ian Wright will conduct the choir and soloists who will be accompanied by the Throstle Sinfonia.

Tickets will cost £15 (£14 from a choir member) or £5 for under 16s.

Tickets are available from Billy Bowman's music shop in Cockermouth, 01900 826708, or from choir members.

MINT Chinese Film Festival

Keswick Alhambra Cinema is thrilled to welcome the MINT Chinese film festival back for a second year from the 1st to the 4th of February. After a hugely successful event in 2023, the 2024 festival promises to be bigger and better. If you want to experience the Chinese festive atmosphere and celebrate the Year of the Dragon with the best and most pioneering Chinese films, then this is the festival for you.

Borrowdale Hotel

bold flavours, timeless traditions

SUNDAY LUNCH

Indulge in the timeless charm of our traditional Sunday Lunch which is expertly carved tableside from our elegant silver trolley.

AFTERNOON TEA

Embark on a journey of exquisite indulgence as you savour intricately designed cakes and delicately prepared savoury delights.

View our menus and book your table online
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Enjoy a **COMPLIMENTARY** glass of prosecco or pint of beer with any dining experience when you present this flyer*

Minimum spend of £25 per person / Valid until 28th March

Golden Dawn Nurseries



Nealhouse Great Orton, Carlisle CA5 6LH

Opening 2nd March 2024, Opening Times 9.30am to 5pm

Saturday and Sunday in March and April

Seasonal bedding plants - annual / perennial, Roses, Veg plants, Spring bulbs, Lasagne Pots, Compost

Contact 07748647665 What three words - Spinners. Rails. Wacky



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Ideal for treating yourself, or someone else. A Valentines or Easter gift?

15A Main St Cockermouth
(Opposite Koppers)

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Facebook: choc of the north





HOLIDAY LET

We specialise in a home away from home for your visiting Family & Friends.
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WWW.LAALYAM.CO.UK



Happiness is only a chocolate bar away.

New shop in Cockermouth, selling international award winning, hand crafted, chocolate bars as well as locally made individual chocolates.
15A Main St, Cockermouth
(Opposite Koppers)

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GBSM ABSM ARCM
07949 821375



M Richard Griffin ARCM
07790200274

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016973 42635
Station Road, Wigton CA7 9AE

BINSEY RED SQUIRREL GROUP



Red squirrels are classed as Near Threatened in England, without conservation they could be extinct in 10 years.
We're a volunteer conservation group, working closely with landowners, farmers & our community to protect our local red squirrel populations.

AREAS COVERED: Applethwaite, Aughterfree, Boscawthorpe, Ireby, Inel, Halkwate, Sunderland & Ullock.

WE NEED YOU!

REPORT

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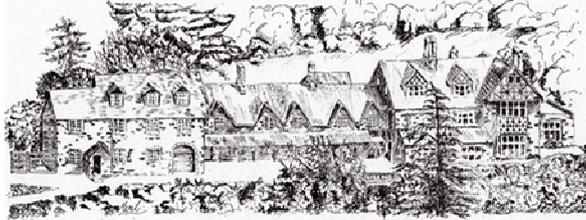
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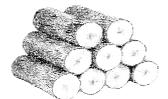
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