



BINSEY LINK

The magazine that reaches out to everyone in our communities

binsey.org.uk

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Serving and informing the Mission Community of:
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,
Torpenhow, Uldale and Wythop

October 2020

HARVEST THANKSGIVING

In any other year, there would be plenty happening in our churches and villages to celebrate Harvest. Whilst the current circumstances prevent some of these events going ahead, Harvest is still a time when we should count our blessings and be thankful for all that is good on 'the bit of earth' entrusted to our care. And, like the people who live on it, the earth itself also needs to be respected and cherished.

During these past few months we have had chance to reflect on how fortunate we are to live in rural villages with plenty of opportunities for walks and fresh air. Many of us have also spent more time tending and caring for our gardens and growing our own fruit and vegetables.

Here in these farming communities, we are very aware of our mutual dependence upon the earth and God's creation. Certainly lockdown has made everyone think about where their food comes from, and we have been even more grateful for our farms, farm shops, and local suppliers, many of whom have organised deliveries direct to our homes. There is something basic about the earth, about having our feet on the ground, and about having to get our hands dirty. This points to the reality of life, and our need to get alongside each other and work together.

This is important for us, because so much of modern life removes and distances us from a real sense of dependence upon the earth, with everything available from the supermarket cleaned and packaged, or via the internet delivered straight to our doors.

Yet, even the earth can't be relied up on, with floods, droughts and hurricanes happening more frequently.

As with all of God's gifts to us, there is an ambivalence to our relationship with the earth. To love and to cherish it can bring both good and evil. To possess and enjoy something can be good and fulfilling in itself or it can be all consuming. We need to be careful, because God has given us responsibilities in caring for his creation.

We need scope for greater generosity if we are truly to live by the belief that the earth and all that it brings forth is NOT ours, but God's.

Harvest Thanksgiving reminds us that we are creatures of the earth, dependent on the earth; creatures entrusted with huge powers to make it beautiful or lay it waste; to take it for granted or to be thankful; to be selfish with it, or be generous.

In these continuing harder times, the call to be generous will challenge many of us, but generosity takes us to the heart of the Gospel and the love of Jesus Christ.

We are blessed by God as we receive his gift of love and we are further blessed in sharing that gift.

Sharing and generosity should be at the heart of all Christian Communities.

Stephen

Revd Stephen Banks



Monthly Letter



Revd. Peter Gilroy

Surge Capacity in the Pandemic

Recently, there have been a few planned blackouts while electricity North West works on our electrical system in Cumbria. These have been inconvenient, no doubt, but planned and short-term. However, what can we expect regarding this pandemic? How is this affecting people? It is not strange to feel overwhelmed and off balance in fact.

Imagine, a power outlet with an adapter plugged into every socket and a plug in each of these sockets. What could happen as we plug in one device too many? A power outage or even a fire!

Some may remember the power outage across the UK on Friday 9th August 2019, which affected around 500,000 people. Or the Manhattan power outage in New York, caused by a transformer fire on 13th July of the same year. Similarly, our emotional power supply, our lifestyle, routines, and connections to those dearest, are all being disrupted.

For many of us, our capacity is nearing a kind of overload because of the uncertainty and risk we have been facing, with the possibility that things will drag on into the next year and longer. One psychologist has called this 'ambiguous loss' [Dr. Pauline Boss, www.ambiguousloss.com]. That is what we may be feeling.

We are in a once-in-a-century crisis, and we find it difficult to accept the 'new normal', because it is not! This can prompt stages of grief, and not always in order: denial, anger, bargaining, depression.

Happier news is out there, however, because there are multiple good-news stories, as people have rallied around friends and neighbours in kind efforts to help and cheer up. As Jesus taught, 'we should do unto others, as we would have things done unto oneself'. The Golden Rule, as this is called.

What can we do to cope better in this crisis? I am no expert on plagues and pandemics, but a few tips I have picked up that may help are as follows:

- Unplug from the daily news, filled with negatives and speculations, or at least limit the intake.
- Take care of yourself as well as others.
- Accept that we are in an abnormal situation.
- Do not give up, but lower your expectations of what you can accomplish.
- Take deep breaths, and slowly let them out, calming our stress response.
- Get out and about, lowering stress levels naturally.
- See your GP if you are not coping - we all need to ask for help sometimes.
- Little, positive actions, and routine activities can help with the sense of being overwhelmed.
- Pray and practice mindfulness, proven to improve well-being.
- Bible verses to ponder - Psm 23, Phil 4:4-8; Matt 11:28-30; Isa 41:10; Prov 3:5-6.
- Rest your body and mind - sleep is restorative and we cannot run on empty.

Stress is the response we have to stimulation of the tasks and pressures upon us. Some stress is good, like training hard to win a race or produce at work, but over-stress, or *dys-stress* as one writer calls it, is what becomes unhealthy for us as demand exceeds supply.

As a power blowout will do, overstress can lead to a blow-up/breakdown, with sparks, smoke, and danger. None of us can do it all, know it all, or be it all. In this unfolding and uncertain pandemic, we need to unplug from the overload, and rely on the things that will help us. Take heart - here is a final promise - this crisis will come to an end!

Isaiah 40:31 - *Those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.*
With every blessing, Revd Peter.

From the Registers

BAPTISMS

Charlotte Alice Graham was baptised at St. Cuthbert, Embleton, on 13th September 2020.

WEDDINGS

The wedding of Sarah Bean & Anthony Smith took place at St Bega, Bassenthwaite on 20th August 2020.

The wedding of Robert Slaughter & Pamela Jones took place at St Michael & All Angels, Torpenhow, on 21st August 2020.

FUNERALS

The funeral of Edwin Hall from Ireby, took place at St. James, Ireby, on 1st September 2020.

The funeral of Colin Murray, formerly of Setmurthy, took place at St. Barnabas, Setmurthy, on 2nd September 2020

Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

Due to current guidelines, weddings are slightly different to what we are used to but are now able to happen. The numbers attending weddings are currently restricted to a maximum of up to 30 people, this number includes

everyone present. Many of our church buildings are not big, meaning 30 cannot be guaranteed alongside the current social distancing guidelines.

If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that we are not currently taking any new bookings for St. Bega, Bassenthwaite due to its size, location, and to ensure the safety of all volunteers under the current climate.

St James, Uldale is also not currently available because of major restoration work.

Team News

Binsey Team Annual Parochial Church Meeting (APCM)

The 2020 Annual Parochial Church Meeting for the Parish of the Binsey Team (Binsey Team Mission Community) will be held on Monday 12th October at 7pm in Embleton Village Hall.

The main purposes of this meeting will be:

- 1) To formally confirm the following:
 - the District Churchwardens as elected at the 2020 Annual District Church Meetings,
 - the District Lay Representatives nominated to sit on the Derwent Deanery Synod,
 - the representatives of the District Church Councils and Methodist Church Council nominated to serve on the Parochial Church Council.
- 2) The appointment of the Independent Examiner
- 3) The receive and presentation of:
 - The Team Rector's Annual Report,
 - The Annual Report of and Accounts from the

Parochial Church Council for 2019,

- The Annual Report of the Team Safeguarding Officer.

The main meeting will be followed by a short meeting of the new Parochial Church Council to elect/appoint Lay Chair, Treasurer, Secretary, Electoral Roll Officer, Safeguarding Officer and Finance Committee.

Note: Although this is an open meeting, due to Covid-19 regulations, the hall is limited to 30 socially distanced attendees. If you would normally attend but are not nominated to serve on the Parochial Church Council for 2020-2021, please contact the PCC secretary, email address pcc.sec@binsey.org.uk or leave a message, with your details, on the vicarage phone as soon as possible. Attempts will be made to allocate places evenly across the churches.

Electronic versions of the Annual Report and lists of representatives for approval can be issued if requested on provision of an email address.

Team News continued...

THE NEW BINSEY TEAM WEBSITE

We are delighted to announce the arrival of a new parish website for the Binsey Team, which was launched at the beginning of September and very appropriately has a picture of Binsey on the home page.

The new website has the same address - www.binsey.org.uk

Several of you have already accessed the new website and we are grateful for the comments and feedback. It is still a work in progress, but special thanks must be given to Catriona Kinghan, our Parish Administrator until March of this year, who designed and created the website, before she moved onto her new career as a Teaching Assistant.

The website will only publish the Sunday services taking place across the Binsey Team one week in advance due to the current circumstances, but for more information about the church services that are due to take place please contact one of the churchwardens or the Team Rector.



HELP SUPPORT OUR TWELVE CHURCHES IN BINSEY

For centuries our twelve parish churches have been a spiritual home to generations of villagers. Our inspirational buildings, not only help shape the character of our villages, but are also reminders of the presence of God in our daily lives, supporting people at times of joy and sorrow.

We are very grateful to all who support our work; generously giving their time, their talents, and their money. We hope that the twelve parish churches of Binsey can continue to be very much at the heart of our community life, offering a haven of peace and reflection to all our parishioners.

There are now some challenges for us, as the current restrictions continue to prevent most social events, group meetings and fundraising activities from taking place. Church services are very restricted in the number of people who can attend due to social distancing guidelines and the relatively small size of most of our buildings.

These regulations have a particular impact upon funerals, weddings, and baptisms, all of which are limited to only a maximum of 30 people, if the building allows. In the case of weddings and baptisms many of these services are

being delayed until next year and whilst funerals must go ahead despite the restrictions, the number of people who can attend them is greatly reduced.

All of this has had a significant impact on the income of each of our churches, and yet most of the running costs and financial commitments remain the same. The Binsey Team receives no external funding and is entirely reliant on donations. Therefore, if any of you could consider making a financial donation, your gift would be very gratefully received. Your donation can be made as a one-off gift or you can make a regular monthly donation instead. If you are able to make a financial contribution, then you can send a cheque (made payable to the 'Binsey Team Ministry') to the Binsey Team Treasurer and his address details are on the back page (please give details of whether you wish your gift to be used for any specific purpose or a specific church). Alternatively, you can visit the website and click on the 'donate' button on the home page or 'give' on the churches page, where a direct internet link allows a financial gift to be made to any of our twelve churches using your debit card.

Stephen
Rev'd Stephen Banks

Binsey History by Mick Jane

Wigton Advertiser, 6th July 1901.

Where does the name 'BAGGROW' come from?

Our attention is next claimed by what was, before 1876, the most populous part of our parish - Baggrow, Baggraw, Baggrey, Baggray, or Baggrew. Here, till the year I have mentioned, was the only place in the parish, except one, where half-a-dozen houses could be found near to each other. The etymology and the derivation appear as confusing as the unsettled spelling. I may suggest that standing on the side and top of a how or hill, and taking into consideration the proximity of Gallahow, it may possibly be derived from "The Bigger How," which could be corrupted into all the above forms. Another idea is, that being just on the edge of the old Common it might be "Beggars' How," the camping place of the old gypsy's or beggars. In this connection we may compare "Mumps Ha'" on the Border, the resort of the beggars or "Mumpers," as the Scots called them.

Baggrow at first sight appears to belong to, and form a part of Blennerhasset. Indeed, the little river Ellen is the sole separating line between the two. Great changes have taken place within the last forty years in the appearance of this little hamlet. Two farmhouses have been converted into small tenements, and instead of three tenant farmers, or including a small holding on the top of the hill, four, there is now but one, Mr. Nixon, who holds the Baggrow East Farm. The land attached to the others has been taken by Sir Wilfrid Lawson, the owner, into his own hands. In Baggrow there is the only Inn in the parish, the Grey Goat. This was for many years kept by members of a family named Charters. It is now in the occupation of Mr. Tom Thompson. Leaving Baggrow and going northwards, we pass the "Knowe," the residence of Mr. J.J. Mitchell.

The Knowe is connected with intellectual progress of our county. Mr. Mitchell's wife was sister to The Revd. William Mandel Gunson, who was a very distinguished gentleman, both at Cambridge University and locally. The Revd. Gunson, along with George Moore, were mainly responsible for building Allhallows School near Mealsgate, this was some years before Fletchertown itself was built. The village will have shown great changes now in 2020, but it is always good to look back to the way we were.

For more information on local history you can contact me; Mick Jane, 5 Front Street, Fletchertown, or visit www.cumbrianhistory.co.uk.



The Station at Baggrow

Mrs Blair, Mrs Farrell, Mrs Sutton, Miss Nixon and her sister, Mrs Oglanby and Ethel Rumney

Around The Parishes

Allhallows

We are pleased to announce the community centre reopened on 1st September after all relevant steps had been taken to ensure it met COVID-19 guidelines.

In order to keep all users and volunteers safe, there have been several changes and everyone is asked to ensure that all guidelines and procedures are adhered to. This includes hirers carrying out their own risk assessment and signing to say they have received and read the COVID-19 conditions of hire, which will be reviewed in line with changes in guidelines.

No one is to enter the centre if they have or have had COVID-19 symptoms in the last 7 days, or if they have been in contact with someone with COVID-19 symptoms within the previous 14 days.

Plans for centre events, Bingo and Lunch Club are ongoing, please look out for information on noticeboards, or via the Facebook page or website (details below).

Arrangements for booking the centre have changed. You can now book through the Facebook page, website or by phoning 07593 638830.

Facebook: [wwwfacebook.com/allhallowscentre](https://www.facebook.com/allhallowscentre)
Web: <https://allhallowscentre.btck.co.uk>

We look forward to welcoming people back to what is the 'normal' where things can change quite quickly. Keep safe and well.

Embleton

St Cuthbert

Things are changing so quickly; we are holding services, but church must be locked in between and there is no singing even with mask wearing. However, we are very grateful to Val who plays two verses of each hymn so that we have the pleasure of hearing the music at least. By the time you read this our gift day will have happened so thank you in advance to all who contributed. Our happy band of volunteers are hoping that we will continue to find the money to pay our way and keep St Cuthbert going and we are so grateful for community support.

We had to take the late decision to cancel the harvest market after more restrictions were announced, but we have plenty of produce, preserves, plants and crafty things to sellso watch out for pop-up stalls appearing somewhere in the valley! The first of these will be on Saturday mornings in front of church on October 10th and 24th between 10am and 12 midday (hopefully with some home baking too). We are planning to put a stall with an honesty box in Wythop Mill too so keep your eyes open when you pass that way.

Polite Notice: If anyone has information about the removal of the vintage coat rack in the church porch, we would love to hear from you. We are left with some unsightly holes in the plaster!

Dates for your diary: **"Pop up Produce" at St Cuthbert on October 10th and 24th from 10am to 12pm.**

Ragbags; unwanted clothing, linen, shoes, handbags, and belts; all welcome. Items can be left in the porch at St Cuthbert **OR** in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode.

Any items or comments for the next edition, please send to Jean at jeanmaca@aol.com or 017687 76184 by October 7th please.

Embleton & District Village Hall Notice Board.

Hi everyone, it was good to receive my copy of the Binsey Link this month, it felt like a little step forward to normal life. The hall had one or two activities in September but unfortunately many of our groups will find it hard to comply with social distancing. I really do not expect to see a lot of groups re-starting before Christmas. The charity bazaar is unlikely to take place this year as I can't see how we can bring items from various homes and have people milling about safely.

What is on in October?

Thursday 1st: U3A Digital Photography, 9.30am. Private function TBC.

Tuesday 6th: Moo Massage (baby massage), 9.30am. Private function.

Saturday 10th: Art Workshop, 9.30am. Private function.

Sunday 11th: Art Workshop, 9.30am. Private function.

Monday 12th: P.C.C Meeting, 7pm. Private function.

As you can see this is very different from pre lock down, but these groups are easily managed, and it is a start. The ducks want to know if anyone has a mask that will fit around a beak and won't come off when you dive in the water?

Late notice: due to the change to government guidelines I will be contacting all groups to discuss cancellations. Chris.

Ireby

Parish Church of St James, Ireby

Ireby Church Bell

Since the last edition of Binsey Link we have received many favourable comments about the bell. The fact that people have been able to hear it and also the sound it makes, so much better than the old bell. It was rung to celebrate VJ Day and for recent services.

We appreciate the work done by the Diocesan Bell Advisor and his team to lower the old bell and to hang the new one.

We are still trying to get the scaffolding removed and have the damage to the church roof repaired. Fundraising has been halted but we were fortunate to have received most of our grants and donations before lockdown occurred. Like all charities and organisations, we have been hit financially by the closure of the church and lockdown. We are, therefore, especially grateful for the regular support we receive from our many faithful givers.

Lent Boxes

Lent seems a long time ago but to help the Missionary Agency USPG (United Society Partners in the Gospel), please can Lent boxes and USPG boxes be brought to church or given to the Churchwardens. Thank you.

Ireby and Uldale Parish Council would like to thank Joe Rudd for repairing the Ireby noticeboard and Charles Payne for painting it.

W.I. Hall, Ireby

We are pleased to announce that the W.I. Hall in Ireby will be open for bookings from 1st October 2020.

Due to Coronavirus restrictions, the maximum allowed in the hall at any time will be 6.

For further information, please contact Elspeth Alexander, Bookings Secretary on 016973 71843 or elspeth020@gmail.com.

Isel

Isel and Bridekirk Parishes First Responders 150 Club Draw, September 2020

1st Prize C. Rawlinson, 2nd Prize A. Lester, 3rd Prize A. Hodgson, 4th Prize A. Britcher

Drawn 3rd September 2020 at the First Responders Business Meeting, Old School House, Isel.

The First Responders offer an invaluable service to the parishes of Isel, Bridekirk and Setmurthy; they are all trained in life support and give their time freely, bringing their skill and equipment to an emergency in those vital first few minutes. The "150 club" is a main source of income to provide these volunteers with training and equipment. If you would like to join the "150 club", or know someone who would, contact Moira Purvis on 016973 20534 or email moirapurvis@hotmail.com.



Isel/Bridekirk Community First Responder Group

The last six months has proved very testing for our local Community First Responders (CFRs). Call outs are vetted and assessed by the Ambulance Service, to reduce the risk of volunteers being exposed to the Covid-19 virus and everyone must now wear protective gear, this is to protect the patient as much as the wearer. A high proportion of our responders are retired people and despite them being fit, able and willing, they are classed as Covid-19 vulnerable. This has meant



that for now, we have a 50% reduction in available responders. Nevertheless, CFR attendance at local callouts has been maintained despite our reduced numbers. Just before lockdown, several Heart Start sessions had to be postponed. Watch out for future dates and if you are interested in attending a session or becoming a CFR, please call 01900 823763. You could also sign up for our monthly 150 club prize draw!

The Wybergh Fund: Support for Students, Senior Citizens and Parishioners in Need of Financial Assistance

- The trustees of the Wybergh Fund would like any students who are about to start or return to University, College or 6th Form to apply for a grant in writing with the details of which University, College or 6th Form they will be attending, what they will be studying and their essential requirements. The types of assistance offered include for necessary books, educational equipment, or travel expenses. Grants will be distributed at the December Carol Service at Isel Church.

Also, applications can be sent in confidence on behalf of anyone you know who might need some financial assistance. If you feel in need of some extra help yourself, we would also like to hear from you. This financial assistance can help towards food, fuel, or other extra costs incurred during the winter months. All nominations should be sent to Julie Jackson, Horsemoor House, Blindcrake, Cockermouth, Cumbria. CA13 0QP by the 31 October 2020.

Setmurthy

Please see Isel section for a piece on Isel/Bridekirk
Community First Responder Group.

Torpenhow

BROWNIES

It is hoped that the Brownie meetings held on Tuesday evenings in Torpenhow Village Hall will soon be able to restart. The Guiders are looking forward to welcoming back their existing Brownies. The meetings are open to any girls (aged 7 to 10) in the Binsey Team area who would like to join in the fun. Just ring Gwen on 016973 71514 to register your interest. The leaders would also like to hear from anyone over 18 who would like to help at these meetings.



COFFEE MORNING and BOOK SWOP

Saturday 3rd October between 10am and midday in Torpenhow Village Hall.

All welcome to share coffee and cake and socially distanced chat as well as choosing some new reading materials.

Don't forget your mask.



Uldale

St. James' Church, Uldale

It is with great sadness that we report the deaths of two of the most faithful members of our congregation, just before lockdown. Due to ongoing work at St. James', neither could have their funeral there.

Margaret Redmond's took place at Boltongate to a packed church, with many of her friends from her time as a headteacher in Liverpool present. It was a truly joyous service of celebration led by Hilary Chaddock.

Willa Johnson died shortly after Margaret and was cremated at Carlisle. There was a moving Memorial Service for her held at St. James' Church, Ireby.

Both will be greatly missed.



Update on building work and renovation

After a long pause during the lockdown and then awaiting a re-start date, work has now re-started.

The work was further delayed when a major fault was discovered with the Chancel Arch which led to an instant suspension of work until the Arch could be repaired. The

first stage of this has been completed and the second will take place in early October. Heritage Consolidation can then resume the work covered by the first two Faculty applications while we prepare and submit the third. This will include levelling the floor in the Nave, installing a small kitchen area, re-wiring the church and installing new heating and lighting. In addition to this, the Vestry will be re-designed to incorporate a disabled toilet, which can be used by all attending the church.

This will then lead to redecoration, new carpets and ensuring that the church is ready to meet the demands of the future.

All this has been made possible by a generous bequest from the family of John Whiles. Money which can be spent on the church and the churchyard.

For those who live in the Binsey Parish, this copy of the Binsey Link will include more detailed information about the work planned and an opportunity for feedback.

Uldale Lunch Club. As the magazine was a little late being delivered, I don't think people knew the lunch club was taking place, so only two people went, but it was very good, as usual.

October's lunch club will be on Thursday 1st at 12 midday. Booking as always is essential by the previous Tuesday with Mark on 016973 71369 or mark@maestearooms.co.uk.

The November lunch club will be on Thursday 5th Nov.

Wythop

SUNDAY 18th OCTOBER - GIFT DAY & HARVEST SERVICE

Our gift day this year will be at the service on Sunday 18th. As you can imagine, our income is down this year as we have not been able to hold any fundraising events. So, we hope you will be able to donate either at the service or please send to the treasurer.

We are not asking for harvest gifts for the food bank to be brought to church this year, but please consider donating via the supermarkets. We will be sending a donation to the Bishop's Harvest Appeal from our Mission Fund as our church Harvest gift.

For the time being, we are opening the church for private prayer on Wednesdays and Sundays from 10am to 4pm. If there is a service in church on a Sunday, we will close the church immediately after the service.

If anyone has a bit of time and energy to help with a bit of gardening in the churchyard, please contact one of the Churchwardens. The path borders need a good tidy up before the winter!

Women's Institute News

Bassenthwaite W.I.

On Thursday 27th August we enjoyed a socially distanced picnic on Bassenthwaite village green. Despite the weather not being ideal for a picnic, 21 members put on their waterproofs, set out their chairs and umbrellas, and enjoyed the chance to meet and chat. (Note to anyone planning an outside activity in August that is reliant on good weather, consult the W.I. then choose another date!). We had another enjoyable picnic on 10th September, and although chilly, it did not rain! Again, a lovely opportunity to see each other and catch up, perhaps the last chance to do this in person for a while.

Embleton W.I.

Although all our regular meetings were cancelled at the start of the lockdown, a group of members met outdoors at Memorial Gardens in Cockermouth on a warm and sunny Saturday afternoon in August. We each brought deck chairs and our own refreshments to allow appropriate social distancing. It was a lovely opportunity to catch up with friends we had not seen for so long. We held a minute's silence to remember Caroline Poyntz Wright, a dear friend and former W.I. member, who died suddenly on 4 August.

We had hoped to start our monthly meetings again in September, but following the Prime Minister's announcement on 9 September, all meetings remain cancelled until further notice.

Bothel and Kirkland W.I.

At last! **Bothel and Kirkland W.I.** met again under strict Covid 19 rules for the first time since March. Jenny Wren explained all the details of hand sanitising and social distancing and no refreshments would be served at the meeting! A Covid First Aid Box had been produced for emergency use. She explained that W.I. Headquarters have extended the financial year to April 2021. It was agreed that Eileen Bell would arrange walks in October – a short and a long one. Jenny then introduced Pia Martin BSc Hons, MICM, one of our members, to give a

talk on Fraud.

Pia started by talking about phishing emails. With the increase in online shopping and confirmation emails coming in regularly, fraudsters are taking advantage of this and often asking for your bank details, these should never be given. She pointed out all the errors that could be found. The answer is to delete it without opening it! Fraudulent texts and phone calls, purporting to come from your bank fraud team, the bank will never ask for your details, they already have them! Ring off and **use another phone** to call your bank to confirm whether the call was true or not.

Pia talked about malicious applications, social media scammers, suspicious dating messages, counterfeit goods, event ticket resellers, fake charity requests, scam compensation, money transfers, and fake loans. It is a dangerous world out there! Follow your gut, slow down and report it.

Action Fraud - www.reporting.actionfraud.police.uk/login or 0300123 2040.

Maggie Bell thanked Pia for a helpful and interesting talk. Bothel and Kirkland W.I. will now meet on the first Tuesday of the month at 7pm (instead of Wednesdays!). Next month – with social distancing and refreshments the speaker still has to be confirmed. Visitors welcome – at a distance.



School News

Bothel

Hello again everyone, I hope you are all well and that the past months have been as kind as possible to you. We have all been affected by the virus to a lesser or greater extent and I really do hope that you and all your family have not experienced loss or hardship.

School remained open during the lockdown and I am glad to say that we managed, in our own small way, to help by looking after the children of key workers. Staff from a number of other schools took it in turns to come to our school and one of the really positive things that I saw during the whole time, was how people were willing to put the needs of others before their own.

Now that we are fully open, I've seen again how people can deal with an awful situation with generosity and kindness. I have been so impressed with how my staff, the children and their parents have calmly returned to school and supported each other with kindness and sensitivity. I have also seen how one thing is incredibly important to all our children: friendship. It has been so good to see how happy they have all been to be back together again and how quickly they pick up where they left off!

I hope that between now and the next time I write everything goes well for you, and that all your loved ones stay safe and well.

Mr May

Ireby

Well it really is fantastic to be back! The new school year has started well and we have welcomed five children into our Reception class. We were sad to say goodbye to James and Johnny in July and wish them well as they begin their new adventures at their new school.

It has certainly been an exciting first week back which has involved a bell and an egg! Firstly, with special thanks to our former governor Mr Chris Adams, Ireby School now has a new and working school bell. This has involved a lot of planning, hard work (and crossed fingers!), but would not have been possible without help from The Gurney Trust, The Joyce Wilkinson trust and the Aspatia and District Community Charity Association. We are all very grateful - thank you. It really is a special thing to see the working school bell back in place.

In the Key Stage 2 class there was a Royal Mail delivery last week which was addressed to the pupils sent from The Natural History Museum. There was huge excitement and a dragon's egg appeared! An accompanying letter then stated that this had been found and needed to be looked after. All very intriguing. The KS2 children have now started a topic on Nature and we are looking forward to finding out what they discover.

Meanwhile in the Key Stage 1 class, the children are excited to be starting Forest School again and are looking forward to trips to Stockwood again.

As always you can follow our adventures and activities on our Facebook page and on Twitter @IrebyCESchool.

Parish Council Information

Embleton and District Parish Council

FOUR VACANCIES ON EMBLETON & DISTRICT PARISH COUNCIL

The full complement of Embleton and District Parish Council consists of thirteen councillors serving the parishes of Embleton, Setmurthy and Wythop, with no councillor serving one parish. Our main task is to look after the interests of each of our three parishes: to monitor and respond to any proposed changes that are likely to affect the Embleton area at Parish, Borough (Allerdale) and County level. It is natural that we are especially alert to matters affecting the residents in our own home patches. All such information is presented, discussed and, if appropriate, decided upon at our meetings, which are held on the third Wednesday of each month except August and December. We keep everyone informed via the Binsey Link, village noticeboards, the Parish Council website, emails, phone calls, mailshots, and occasional newsletters and even in these rather unusual times we still manage to have conversations with our neighbours.

If you think that you might be interested in joining us,

please come along to a meeting. At present these are held in a Virtual Meeting Room, so just dropping in is not an option but, instead, please email our Clerk, Becx, whose contact details are below and she will tell you how you can join in. Online meetings seem so alien, but our new-style remote Parish Council Meetings are friendly and inclusive in a way that I did not think they could possibly be!

DATE OF THE NEXT MEETING:

Wednesday 21 October 2020 at 7pm in a Virtual Meeting Room. Details are on the website and they will also appear on the agenda for that meeting, which will be posted on the Parish Noticeboards.

For further information, please contact our Clerk, Becx Carter, on embletonparishclerk@hotmail.com or 077866 78283.

Parish Council Information continued...

Ireby & Uldale Parish Council

Summary of the Virtual Meeting of the Parish Council held on 1st September 2020.

Matters discussed included: Planning - Applications received: LDNPA - 7/2020/2175 Orthwaite Farm, Uldale CA7 1HL - Nonmaterial amendment to planning approval 7/2019/2203 (Demolition of existing living area. Construction of new larger living area) – Revised window layout to new room and change of location of multi-fuel stove and flue) – For information only and not consultation. Allerdale Borough Council - LBC/2020/0022 Standing Stone Cottage, Ireby - Retrospective listed building consent for replacement window fitted in 2014/15. HOU/2020/0138 – Rosedene, Ireby - Insertion of window in the south facing gable end first floor of property. Decisions - LDNPA -7/2020/2093 – Pyerigg, Aughertree - Demolish existing out buildings and build extension to adjoining house - APPROVED. Parking Issues in Ireby – A resident had raised the issue of incidents of inconsiderate parking in the vicinity of the Square/Public

House. The Parish Council would ask residents to consider others when parking in the area. Noticeboard, Ireby – Following a report that the noticeboard in Ireby was damaged, repairs have now been carried out. The Parish Council would like to thank Joe Rudd, Joiner for undertaking the repairs and Charles Devlin for re-painting the noticeboard. Both had carried out the work without charge.

Date of next meeting: 3rd November 2020. Anyone wishing to attend the virtual meeting please register their interest with the Clerk 48 hours prior to the meeting.

Clerk: Janice Rae, 33 Scholars Green Wigton, CA7 9QW. 016973 42138 / janice.rae220@btinternet.com
www.ireby-uldalepc.org.uk

General Team Items

Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child. Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.

To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

Baptisms are subject to the same restrictions as any church service; masks must be worn and no more than 30 people may be present at any one service. Please note that not all of our buildings can accommodate 30 people under the current social distancing guidelines.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541 or the Team Vicar, Revd. Peter Gilroy on 016973 71430.

Please note that we are not currently taking any new bookings for St. Bega, Bassenthwaite due to its size, location and to ensure the safety of all volunteers under the current climate. St James, Uldale is also not currently available because of major restoration work.



Keep in touch with us on **facebook**

See what's happening in your area and the wider Christian community.
Visit **facebook.com/binseyministry** or search for **Binsey Ministry**.

General

Caldbeck Surgery - Flu Vaccination 2020

This year the flu vaccination programme needs to be run differently to previous years. We can't rely on vaccinating people when they happen to be in the surgery for another matter, and we don't have space for safe queueing on our site. We've decided that to get as many people vaccinated as quickly as possible, we need to run our flu clinics off-site where we can have queues under cover and socially-distanced.

We normally vaccinate the over 65s and those who have a condition that puts them more at-risk from flu. This year we also have those who have been officially advised to shield due to Covid-19, and the prospect (not yet confirmed by the NHS) of adding the 50-64 year olds to those eligible. Our plan is to run flu-specific clinics at Caldbeck village hall, spread over 6 weeks (since our vaccine is delivered in tranches over this period).

We will prioritise as follows:

1. Those who are officially shielding i.e. have received a shielding advice letter from NHS England, including their household-members who are on the 'at-risk' list,
2. Those who are at-risk and those who are over 65 (the normal flu groups),
3. Those who are 50-64 (should this cohort become included).

You will receive either an SMS text or a letter inviting you to a specific date and either an AM or a PM clinic, please attend at this time and date if at all possible. The dates that the clinics will be running are shown below, if you are unable to attend at your designated time please ring us to arrange an alternative date, *after the date you were invited*. Please be aware you may need to wait longer. If you attend earlier, we may not have enough vaccine and will have to turn you away. In particular, if you have not been officially advised to shield, *do not attend on the shielding days*.

Keeping this group of patients separate from others is of vital importance to their safety.

Please do not attend if you have not received a letter or SMS text invite. If you believe you are in an eligible group and have not been invited by 30th September, please call us. We have just enough vaccine to cover our priority populations as above (pending NHS vaccine supply for the 50-64s), and we will not be able to vaccinate anyone who is ineligible (and who would therefore pay for vaccination) until we are certain that the priority groups have all been vaccinated.

Dates for flu clinics are as follows:

Weds 7 Oct - Shielding only
Thurs 8 Oct - Shielding only
Tues 13 Oct - Over 65s/ at-risk
Weds 14 Oct - Over 65s/ at-risk
Thurs 15 Oct - Over 65s/ at-risk
Tues 27 Oct - Over 65s/ at-risk
Weds 28 Oct - Over 65s/ at-risk
Thurs 29 Oct - Over 65s/ at-risk
Tues 10 Nov - Over 65s/ at-risk
Weds 11 Nov - Over 65s/ at-risk
Thurs 12 Nov - Over 65s/ at-risk

Clinics will run from 09.00-12.00 and 14.00 – 17.00 on each day. Hall access will be closed outside these times.

Please note that we will be using the hall side doors for entry and exit only, as the front steps aren't suitable for limited-mobility access. To preserve safe queueing and social distance, all entry will be via the right-hand door, and all exit via the left-hand door. Dates for 50-64 year-olds will be provided in due course once we have NHS confirmation of eligibility and additional vaccine stock has been provided.

Northern Fells Excess Apple Scheme

Sadly, we have had to take the decision not to run the scheme this year. This is not because we would not have had plenty of apples donated, as it is probably going to be a bumper fruit year, but it was thought we would have had a problem selling the juice as so many of the events at which we usually sold it are not now taking place.

We are sorry to disappoint our many loyal customers but having none this year will hopefully encourage you all to buy twice as much next year to make up for what you are missing this autumn.

Tim and Anne Cartmell

Skiddaw U3A: With the easing of the restrictions of lockdown, Skiddaw U3A is restarting many of its activities again so if you are retired or semi-retired and want to stay active, learn new things and make new friends, visit our website www.skiddawu3a.co.uk or contact Tony Marsh on 017687 72137

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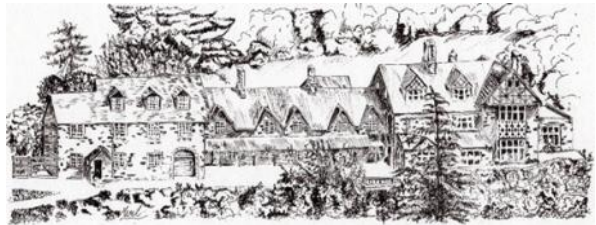
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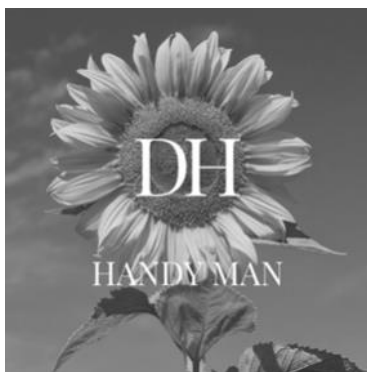
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
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